

# CONTENTS

UNIT	GRAMMAR	VOCABULARY
<b>01</b> <i>Close to you</i>	pp4–5 Present Simple and Present Continuous <b>Grammar Video</b> ▶ p8 Reflexive pronouns p9 Indefinite pronouns	pp4–5 Family members, weddings pp6–7 Friendship p8 Family, personality p10 Language learning pp12–13 The roles of hosts and guests pp14–15 <b>Word List</b>
<b>02</b> <i>Learn to play</i>	pp18–19 Past Simple <b>Grammar Video</b> ▶ p19 <b>Pronunciation</b> : Past Simple regular verb endings p21 <i>Used to</i>	pp18–19 Classroom collocations p20 Education pp22–23 Sports and games, sports collocations p24 Sports competitions, people in sport pp28–29 <b>Word List</b>
<b>LIFE SKILLS</b> How to give a presentation <b>Life Skills Video</b> ▶ pp32–33		
<b>03</b> <i>Far from home</i>	pp34–35 Past Continuous and Past Simple <b>Grammar Video</b> ▶ p38 Relative pronouns	pp34–35 Holiday activities, travel verbs p36 Travelling p37 Places for passengers p39 At the airport pp40–41 Long-distance travel pp42–43 Positive travel adjectives pp44–45 <b>Word List</b>
<b>04</b> <i>A good buy</i>	pp48–49 Comparison of adjectives <b>Grammar Video</b> ▶ p51 Quantifiers p57 Articles with singular countable nouns	pp48–49 Adjectives to describe food p50 Food and drink <b>Pronunciation</b> : The vowels /ʌ/, /e/ and /æ/ pp52–53 Shopping p54 Fashion pp56–57 Customer service pp58–59 <b>Word List</b>
<b>LIFE SKILLS</b> How advertising works pp62–63		
<b>05</b> <i>Fit and well</i>	pp64–65 Modal verbs <b>Grammar Video</b> ▶ p67 Past modal verbs	pp64–65 Furniture and decorations, places for things p66 Household chores p69 Fitness and training pp70–71 Healthy lifestyle pp72–73 Illness pp74–75 <b>Word List</b>
<b>06</b> <i>A new you</i>	pp78–79 Future arrangements and intentions <b>Grammar Video</b> ▶ p82 Future predictions: <i>going to</i> and <i>will</i>	pp78–79 Appearance pp80–81 Phrasal verbs p82 Stages of life p83 Personality, feelings p84 Feelings and emotions <b>Pronunciation</b> : Diphthongs pp88–89 <b>Word List</b>
<b>LIFE SKILLS</b> How to plan your time pp92–93		
<b>07</b> <i>A job for life?</i>	pp94–95 Present Perfect (1) <b>Grammar Video</b> ▶ p96 Present Perfect (2)	pp94–95 Work collocations p97 Working conditions p98 Workplaces <b>Pronunciation</b> : Word stress pp100–101 Career prospects pp102–103 Part-time jobs, job application, personal qualities pp104–105 <b>Word List</b>
<b>08</b> <i>Switch on</i>	pp108–109 Verb patterns: the infinitive and the <i>-ing</i> form <b>Grammar Video</b> ▶ p114 The first conditional	pp108–109 Science and scientists p110 Computers <b>Pronunciation</b> : Vowels and diphthongs pp112–113 Social media p115 Gaming pp116–117 Electrical devices pp118–119 <b>Word List</b>
<b>LIFE SKILLS</b> How to choose a future career pp122–123		
<b>09</b> <i>Art lovers</i>	pp124–125 Past Perfect <b>Grammar Video</b> ▶ p127 Reported speech	pp124–125 Adjectives to describe art p126 The performing arts, creative jobs p127 Types of TV show pp128–129 Music p131 Literature pp134–135 <b>Word List</b>
<b>10</b> <i>Crimewatch</i>	pp138–139 The passive <b>Grammar Video</b> ▶ p142 The second conditional	pp138–139 Crime collocations p140 Types of crime p141 Law and justice pp144–145 Burglary pp148–149 <b>Word List</b>
<b>LIFE SKILLS</b> How to use online resources pp152–153		

pp154–157 Culture Spot pp158–161 Literature Spot pp162–171 Watch and Reflect ▶ (Documentary Video worksheets)

READING	LISTENING	SPEAKING	WRITING	REVISION
<b>pp6–7</b> <i>The greatest gift of life</i> <b>Documentary Video</b> ▶	<b>p10</b> A radio programme about trilingual teenagers <b>Active Listening:</b> Finding specific information	<b>p11</b> Expressing interest <b>Communication Video</b> ▶ <b>Pronunciation:</b> Intonation	<b>pp12–13</b> An informal email of introduction	<b>pp16–17</b> Revision 01 <b>Use of English &gt; p184</b>
<b>pp22–23</b> <i>Playing for the blues</i> <b>Active Reading:</b> Predicting <b>Documentary Video</b> ▶	<b>p24</b> A radio programme about sports cheats	<b>p25</b> Apologising <b>Communication Video</b> ▶	<b>pp26–27</b> A biography	<b>pp30–31</b> Revision 02 <b>Use of English &gt; p184</b>
<b>pp40–41</b> <i>Graham Hughes and the Odyssey Expedition</i> <b>Documentary Video</b> ▶	<b>p39</b> A conversation about travel problems <b>Active Listening:</b> Predicting	<b>p37</b> Asking for information <b>Communication Video</b> ▶ <b>Pronunciation:</b> Weak vowels	<b>pp42–43</b> A blog post	<b>pp46–47</b> Revision 03 <b>Use of English &gt; p185</b>
<b>pp52–53</b> <i>Mystery shopper</i> <b>Active Reading:</b> Understanding the main idea <b>Documentary Video</b> ▶	<b>p54</b> A conversation about shopping for second-hand clothes	<b>p55</b> Opinions <b>Communication Video</b> ▶	<b>pp56–57</b> A formal letter of complaint	<b>pp60–61</b> Revision 04 <b>Use of English &gt; p185</b>
<b>pp70–71</b> <i>Blue Zones</i> <b>Pronunciation:</b> Word stress <b>Documentary Video</b> ▶	<b>p69</b> A podcast about setting up a home gym <b>Active Listening:</b> The meaning of new words	<b>p68</b> Permission <b>Communication Video</b> ▶	<b>pp72–73</b> A note/short message	<b>pp76–77</b> Revision 05 <b>Use of English &gt; p186</b>
<b>pp80–81</b> <i>Confessions of a procrastinator</i> <b>Active Reading:</b> The meaning of new words <b>Documentary Video</b> ▶	<b>p83</b> A talk about optimism and pessimism	<b>p85</b> Expressing probability <b>Communication Video</b> ▶	<b>pp86–87</b> An informal invitation	<b>pp90–91</b> Revision 06 <b>Use of English &gt; p186</b>
<b>pp100–101</b> <i>International Volunteer Day</i> <b>Documentary Video</b> ▶	<b>p97</b> A radio programme about dangerous jobs <b>Active Listening:</b> Understanding the main idea	<b>pp98–99</b> Describing photos <b>Communication Video</b> ▶	<b>pp102–103</b> A formal email of application	<b>pp106–107</b> Revision 07 <b>Use of English &gt; p187</b>
<b>pp112–113</b> <i>The ups and downs of social media</i> <b>Active Reading:</b> Telling facts from opinions <b>Documentary Video</b> ▶	<b>p115</b> Three short recordings about video games	<b>p111</b> Explanations <b>Communication Video</b> ▶	<b>pp116–117</b> An opinion essay	<b>pp120–121</b> Revision 08 <b>Use of English &gt; p187</b>
<b>pp128–129</b> <i>He broke a £1m violin</i> <b>Documentary Video</b> ▶	<b>p131</b> A conversation about a novel	<b>p130</b> Informal invitations <b>Communication Video</b> ▶ <b>Pronunciation:</b> Intonation in questions	<b>pp132–133</b> A short review	<b>pp136–137</b> Revision 09 <b>Use of English &gt; p188</b>
<b>pp144–145</b> <i>How does it feel?</i> <b>Active Reading:</b> Finding specific information <b>Documentary Video</b> ▶	<b>p141</b> A radio programme about superheroes	<b>p143</b> Asking for and giving advice <b>Communication Video</b> ▶ <b>Pronunciation:</b> Silent letters	<b>pp146–147</b> A story	<b>pp150–151</b> Revision 10 <b>Use of English &gt; p188</b>