

People and personality

2

VOCABULARY

Clothes and accessories | Adjectives to describe clothes and accessories | Adjectives with *-ing/-ed* | Personality adjectives

GRAMMAR

Present Continuous | Present Simple and Present Continuous



Outfit of the Day

6,768 posts 86.2k followers 56 following

Show us your outfit of the day. Tell us what you have on. Tag #OOTD so that we can share on our profile.



Check out this #OOTD photo of Dana and Bret in their 'back-to-school' clothes. We really love Dana's shirt over top combination and Bret's jeans jacket.



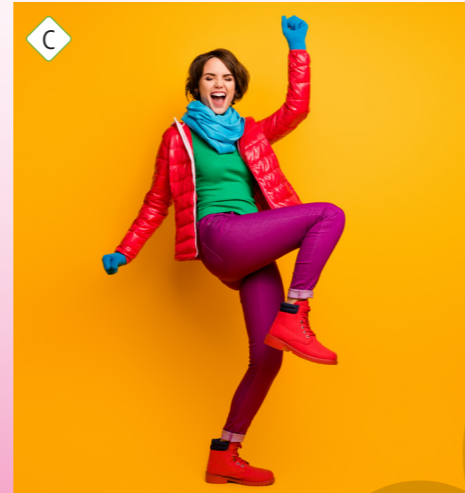
#ootd #backtoschool



It's party time! So today's #OOTD comes from Tasha in her party clothes. We love her party accessories and the wonderful smile.



#ootd #partyoutfit



We are sharing Addie's #OOTD because we love the colours of her winter clothes. The blue gloves and scarf are a perfect match.



#ootd #winterclothes

2.1 Vocabulary

Clothes

- 1 2.1 What clothes can you see in photos A–C? Study Vocabulary box A. In pairs, find three things that are NOT in the photos.

VOCABULARY A Clothes and accessories

Clothes and footwear

boots coat dress (fancy-dress) costume hoodie jacket jeans shirt shoes shorts sweater top tracksuit trainers trousers T-shirt underwear uniform

Accessories

baseball cap belt earrings glasses gloves handbag hat necklace scarf

- 2 **I KNOW!** Work in groups. Can you add more words to Vocabulary box A?
- 3 Read the posts. Whose OOTD do you like best? Why?
- 4 Which of the items from Vocabulary box A do you wear on the body parts below? Discuss in pairs.
- top part of your body
 - bottom part of your body
 - your head
 - your hands
 - your feet

- 5 2.2 In pairs, mark the sentences T (true) or F (false). Listen and check.
- Sports teams with red shirts win more often.
 - Most jeans have a very small pocket for a watch.
 - People are stronger when they wear a Superman T-shirt.
 - Baseball players wear baseball caps to protect their eyes from the sun.
 - People usually lose about fifty socks each year.

- 8 2.4 Read the text and choose the correct option. Use the photos to help you. Listen and check.
- | | | |
|----------------|------------|-------------|
| 1 a dark | b light | c tight |
| 2 a striped | b baggy | c cotton |
| 3 a striped | b plain | c checked |
| 4 a boots | b trainers | c gloves |
| 5 a gloves | b glasses | c jeans |
| 6 a hats | b costumes | c earrings |
| 7 a light blue | b striped | c dark grey |
| 8 a cotton | b woolly | c leather |

- 6 2.3 Study Vocabulary box B. Which of the adjectives can you use to describe photos A–C?

VOCABULARY B Adjectives to describe clothes and accessories

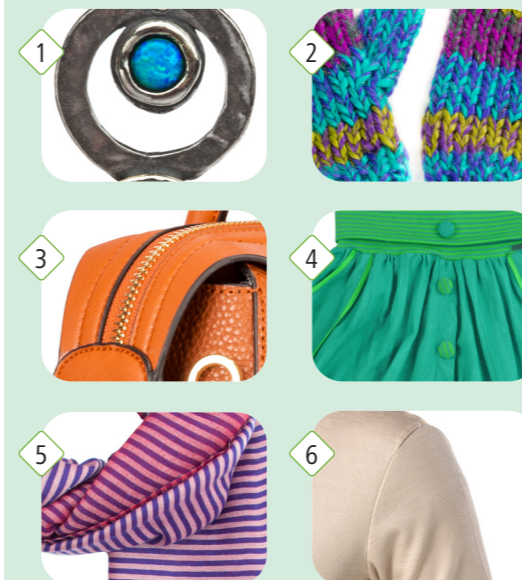
baggy checked cotton dark leather light plain striped tight woolly

Dana's got a checked shirt.

- 7 In pairs, choose the correct option to describe photos 1–6. Go to page 138 to check your answers.
- light blue *earring / necklace*
 - woolly *gloves / sweater*
 - leather *handbag / belt*
 - plain *skirt / dress*
 - striped *tracksuit / scarf*
 - tight *top / hoodie*

WHAT'S IN THE PHOTO?

Can you name these clothes and accessories?



WHO'S GOT STYLE?

André usually wears ¹ ___ trousers, and they're quite ² ___ too. He likes to wear a ³ ___ cotton shirt over a white T-shirt. He's got sunglasses, some jewellery and white ⁴ ___ with green laces.

Cleo's black leather ⁵ ___ are super cool. She's got a few pieces of jewellery: a silver necklace, a bracelet and some really big ⁶ ___. Cleo likes to wear ⁷ ___ jeans and her favourite black ⁸ ___ jacket.

VIDEO



WIDER WORLD

- 9 10 Watch six people talking about what they wear for different occasions. Write down the clothes they mention.

- 10 In pairs, ask and answer the questions.

What do you wear when you ...

- play sport?
- go to a wedding?
- go to a party?
- go to bed?

A: *What do you wear when you go to a party?*

B: *I usually wear jeans and a T-shirt. I never wear a suit.*

VIDEO **WHAT ARE YOU WEARING?**

Mum: Mia? Are you getting ready? Dad's making some toast. Do you want some?
 Mia: Yes, I'm nearly ready. Don't worry. I'm having some fruit and yoghurt.
Phone ringing
 Noah: Mia? Are you coming? I'm at the bus stop.
 Mia: Er, yes, I am. I'm leaving now. Hey, what are you wearing?
 Noah: Huh? I'm wearing my uniform, of course. See you in a minute.
One minute later
 Mia: Ta-Da!
 Noah: What? Mia, you've got a beard! People are looking at you. And why are you wearing a scarf on your head?
 Mia: I'm a pirate! This is my fancy-dress costume for Charity Day, of course.
 Noah: It's cool, but ...
 Mia: Yeah. I've got my dad's shirt and Gran's old belt ... But you aren't wearing your fancy-dress costume.



Noah: Is it really Charity Day today? I'm going home to change.
 Mia: Noah! There isn't time. The bus is coming.
 Noah: You're right. I'm just checking something ...
 Mia: Why are you laughing?
 Noah: Guess what? It isn't Charity Day today. It's next week!

1 **11** **2.5** Describe the photo. Why hasn't Mia got her uniform on? Watch or listen and check.

SET FOR LIFE

2 How can you remember important events? In pairs, discuss the ideas below. Which things do you normally do? What would you like to try?

- have a noticeboard at home with sticky notes
- use app/phone notifications
- make a note in your diary or on a calendar

3 Study the Grammar box. Find more examples of the Present Continuous in the dialogue.

GRAMMAR Present Continuous

+	-
I'm leaving now. He's making some toast. They're looking at you.	I'm not laughing. He isn't wearing a costume. They aren't talking.
?	
Are you coming? Is he going home? Are they eating? Why are you laughing?	Yes, I am./No, I'm not. Yes, he is./No, he isn't. Yes, they are./No, they aren't.

1 **2.7** Which of these activities do you and your family often do together? Read the article and tick (✓) the activities which are mentioned.

- doing a sport
- watching films
- having a meal or a snack
- taking part in outdoor activities
- playing board games
- shopping

2 Read the article again and answer the questions.

- How long do families normally spend together each weekday?
- When do Canadian families celebrate Family Day?
- What is the temperature in Ottawa today?
- What types of frozen statues are at the festival?
- What food and drink can you find at the festival?

3 **2.8** Study the Vocabulary box. Which of the words can you find in the article?

VOCABULARY Adjectives with -ed/-ing

A person, thing or situation is ...
 annoying boring embarrassing exciting
 frightening interesting relaxing tiring

You are/get/feel ...
 annoyed bored embarrassed excited
 frightened interested relaxed tired

4 Complete the words in the sentences with -ing or -ed.

- Ella loves ice-skating, but I'm not interested.
- I hate high slides. They're frighten _____.
- Do you feel tir _____ on Fridays?
- I feel embarrass _____ in this costume.
- The music at this festival is annoy _____.

5 In pairs, use words from the Vocabulary box to give your opinions about the activities in Exercise 1.

A: I think playing board games is interesting.
 B: I don't agree. I think it's boring.

VIDEO

WIDER WORLD

6 **12** Watch three people talking about how they feel on different occasions. Write down as many adjectives to describe feelings as you can.

7 In pairs, use words from the Vocabulary box to say how you feel in these situations.

- Your team is losing 5-0.
- You make a silly mistake.
- It's the last day of school.

I feel annoyed/It's annoying when ...



Family Day: how are Canadians celebrating?

Research shows that many families are only together for about thirty minutes each weekday and ninety minutes on weekend days. Canada's answer to this problem is Family Day in February. Special activities are free for families, so they can spend time together. Do families enjoy it? Here's our mini survey from the Winter Festival.

Justin: It's really cold in Ottawa today – about minus ten degrees – so we're all wearing thick jackets and snow boots. We're spending Family Day at the Winter Festival. Dad's got his penguin hat on and is singing songs from *Frozen*. It's embarrassing, but he's very funny. The Winter Festival is definitely better than boring family shopping trips!

Fleur: At home, I sometimes argue with my brother as he can be annoying. But right now, we're enjoying Family Day together. The music's relaxing, and we're looking at interesting ice sculptures of animals and birds.

Natasha: The giant ice slides are really exciting! My little sister's frightened of big slides, but there are small slides for kids. I'm tired because there's a long queue for the slide, but it's OK because we're drinking hot chocolate and we're eating marshmallows.

What about you? Are you celebrating Family Day? Is it a good idea? We want to hear your opinions.

4 Make affirmative (✓) and negative (X) sentences in the Present Continuous.

- Mia: sleep X get ready for school ✓
Mia isn't sleeping. She's getting ready for school.
- Noah: pack his bag X wait for Mia ✓
- Mia's parents: eat lunch X have breakfast ✓
- Mia: leave early X talk on the phone ✓

5 Make questions in the Present Continuous. In pairs, use the dialogue in Exercise 1 to answer the questions.

- Mia / have / breakfast / ?
 - Mia's parents / eat eggs / ?
 - Mia / wear / her school uniform / ?
 - Why / Noah / laugh / ?
- A: Is Mia having breakfast? B: Yes, she is.

6 **2.6** Complete the dialogue with the Present Continuous form of the verbs in brackets. Listen and check.

- Dad: Are you *having* (have) breakfast, Katie?
 Katie: Yes, I _____ (eat) a sandwich.
- Mum: Why _____ you _____ (put on) your trainers?
 Sam: I _____ (go) for a run.

7 In pairs, ask and answer questions about what your friends and family are doing at the moment.

A: What's your mum doing? B: She's ...

YOUR WORLD

Time for a change?

It's good to get outside and try new activities. Share your photos and ideas with us.



Dylan, Glasgow

I always get up late on Saturdays. I usually have breakfast at lunchtime! But this week my parents are doing some work on the house. They're changing the windows and they're putting in a new kitchen. The noise is terrible. So today I'm breaking my usual Saturday routine. It's only 9 a.m., but I'm not lying in my bed. I'm with my friend Gareth, and we're walking up a mountain. The sun is shining on my back. It's great! Gareth does this every week. Now I understand why.

1 2.9 Read Dylan's text and answer the questions.

- When does Dylan usually have breakfast on Saturdays?
- What is he doing today? Why?

2 Study the Grammar box. Find more examples for each rule in Dylan's text.

GRAMMAR

Present Simple and Present Continuous

- Present Simple**
Facts, habits and routines
I usually have breakfast at lunchtime.
- Present Continuous**
Things happening at the moment of speaking
We are walking up a mountain.
Things happening around now but maybe not at the moment of speaking.
This week my parents are doing some work on the house.

GRAMMAR TIME > PAGE 127

3 Choose the correct option.

- We *study / are studying* algebra this semester.
- Leo *saves / is saving* his money to buy trainers.
- Sam's two, so he *doesn't go / isn't going* to school.
- How often *do you play / are you playing* video games?
- You *don't watch / aren't watching* this. Can I change the channel?

4 Make sentences with *but* to compare what usually happens and what is happening now.

	Usually	Now
Jenny	go to bed late	tonight/early
Mike	get the bus	today/ride a bike
Abel	not read novels	a great book/at the moment
Anna	wear jeans	this morning/a skirt
We	eat meals inside	this week/sit outside

Jenny usually goes to bed late, but tonight she's going to bed early.

5 Look at Exercise 4 and make sentences about you.

6 2.10 Complete the text with the Present Simple or the Present Continuous form of the words in brackets. Listen and check.

Poppy, Norwich

I ¹ *usually go* (usually/go) straight home after school.
I ² _____ (do) my homework and then I ³ _____
(play) games online. But today I ⁴ _____ (not sit) at home.
I ⁵ _____ (walk) our dog because I want to be outdoors
and get fit. Dottie ⁶ _____ (never/listen) to me, so she
⁷ _____ (not walk), she ⁸ _____ (run)!

7 In groups, ask and answer questions to complete the sentences. Compare answers with another group.

- Adam* doesn't like dancing.
- _____ always arrives on time.
- _____ laughs a lot.
- _____ is learning to play an instrument.
- _____ is working hard these days.

A: *Adam, do you like dancing?*

B: *No, I don't.*

YOUR WORLD



1 2.11 Study the Vocabulary box. Are these adjectives positive (+), negative (-) or neutral (0)? In pairs, compare your answers.

VOCABULARY Personality adjectives

- bossy chatty cheerful clever
 confident friendly funny helpful
 kind lazy polite quiet rude
 selfish shy tidy

2 2.12 Complete the texts with words from the Vocabulary box. Listen and check.

My friend Jamie's nice, but he can be ¹ *selfish* because he often thinks of himself first. Also, he never listens to the teacher at school. I think that's very ² _____. Jamie's still a good friend because he's very ³ _____ – he's always smiling.

My friend Zanna gets good grades because she's ⁴ _____ and she studies a lot too. She leaves clothes all over her room, but her older sister is ⁵ _____ and puts things away. Zanna's sister is ⁶ _____. She often tells Zanna what to do!

3 Tell your partner about the personality of a person in your family.

My sister is always happy. She's also kind.

4 Look at the photos. What are the people doing? Think of some adjectives to describe their personalities.

5 2.13 Listen to five people talking about their best friends. Which speakers (1–5) are talking about photos A and B?

6 2.13 Listen again and choose the correct answer.

- What does the speaker say about Zanna?
 - She's a good student at school.
 - She likes to wear her sister's clothes.
 - They share the same hobbies.
- What is the speaker doing to help his grandfather?
 - cooking
 - telling stories
 - making tea
- How is Kim helping her friend?
 - She's teaching her skateboarding.
 - She's helping her make friends.
 - She's practising a new language with her.
- When do the two friends have football training?
 - On Tuesdays.
 - On Thursdays.
 - On Saturdays.
- What does the speaker say about her friend Jordan?
 - He's older than her.
 - He makes her laugh.
 - He sees her every day.

YOUR WORLD

7 In pairs, choose three adjectives from the Vocabulary box to describe:

- your personality.
- your best friend's personality.
- the personality of a perfect friend.

I'm chatty, Tom is quiet ...

2.6 Speaking

Giving and responding to news

VIDEO THE STREET DANCE LESSON

Noah: Hiya Lena! What's up? You don't look very happy.
 Lena: I'm having a bad day. My phone isn't working. It's really annoying.
 Noah: That's terrible! So what are you doing here?
 Lena: I'm waiting for Mia. We're working on an art project together this week.
 Noah: Good for you!
 Lena: What about you? How's life?
 Noah: Fine ... Er, I'm learning street dance. The class usually starts at seven.
 Lena: Street dance? No way! How's it going?
 Noah: I'm enjoying the lessons. They're fun and relaxing! Hang on, I've got a message. Oh no, I don't believe it!
 Lena: What's the matter? What does it say?
 Noah: There's no lesson today. The teacher isn't coming. He's ill.
 Lena: What a shame! Do you want to practise some dance moves?
 Noah: Cool! Let's warm up first. Copy me.
 Lena: Um. It isn't easy in skinny jeans. This is interesting, but it isn't relaxing!



SOUNDS GOOD! What's up? • How's life? • How's it going?

- ▶ 13 ▶ 2.14 Watch or listen. What are Lena and Noah doing? Why?
- Study the Speaking box. Find examples of the phrases in the dialogue.

SPEAKING Giving and responding to news

Giving news

I'm learning (how to) ...
 I'm spending a lot of time with/in ...
 I'm feeling annoyed/excited because ...
 I'm working on ...
 He/She isn't feeling well.

Responding to news

Well done! Good for you! Awesome! Great! Cool!
 That's terrible! What a shame! Poor you!
 No way! I don't believe it! You're kidding!

3 ▶ 2.15 Choose the correct option. Listen and check.

- A: My exams are going well.
 B: ____
 a Poor you! b No way!
 c Well done!
- A: I'm not sleeping well these days.
 B: ____
 a What a shame! b Good for you!
 c No way!
- A: I'm learning how to speak Chinese.
 B: ____
 a You're kidding! b What a shame!
 c That's terrible!
- A: My phone isn't working.
 B: ____
 a Awesome! b Poor you!
 c Great!

4 ▶ 2.16 In pairs, respond to the news below. Use the correct intonation. Listen and check.

- I'm writing a blog.
- I can't find my phone. It has all my photos on it!
- I'm winning the game!
- My mum says I can't go out this weekend!

5 In pairs, give and respond to news about your life. Use the Speaking box to help you.

A: *I'm doing well at school.*
 B: *Great!*

YOUR WORLD

2.7 Writing

A semi-formal email

Dear Student,
 Thank you for agreeing to this exchange visit. Here's a photo of our visitors!
 Boys: Haru, fourteen, and Kota, fifteen
 Girls: Emi, fifteen, and Asa, fourteen
 Their arrival date is 5 November. Please tell them:
 • some facts about you and your family.
 • some information about a normal school day.
 • some advice about what clothes to wear at school.
 Thank you for your help,
 Mrs Tanaka, Head Teacher

NEW HORIZON
 HIGH SCHOOL
 TOKYO



1 A group of students from Japan want to visit your school. In pairs, read the message from their head teacher and answer the questions.

- What is the date of their visit?
- What do they need to know?

2 Read the email. Who is it from?

Dear Haru,
 I'm writing to tell you about myself and my family. My name's Nina. I'm fifteen and I have two brothers. Ed is twelve and Luke is ten. They're funny and outgoing. We like listening to music, so the house isn't very quiet. Our school is Linwood High. Lessons start at 8.45 and finish at 3.15. I play volleyball after school on Wednesdays, and we have matches at the weekend. Some schools in the USA have uniforms, but we don't. Most people wear T-shirts and jeans with trainers.
 I'm looking forward to meeting you on 5 November!
 Best wishes,
 Nina

3 Study the Writing box. Find examples of the phrases in the email.

WRITING A semi-formal email with information

- Greeting**
Dear (name)
- Explain reason for writing**
I'm writing to ...
- Give more information**
My friends and I ... Our school is ...
Some/Most people ...
- Close your email**
I'm looking forward to ...
- Closing phrase**
Best wishes Kind/Best regards

4 Study the Language box. Complete the phrases below with the correct prepositions.

LANGUAGE Prepositions of time

AT the weekend night 2 p.m. New Year
ON 3 May New Year's Eve Saturday(s)
IN the morning the evening 2020 October

- | | |
|---------------------------|----------------|
| 1 <u>on</u> your birthday | 4 ____ 1999 |
| 2 ____ Valentine's Day | 5 ____ Tuesday |
| 3 ____ half past five | 6 ____ April |

WRITING TIME

5 Choose one of the other Japanese students from Exercise 1 and write an email to him/her.

- Find ideas**
 Make notes about:
 - your family and friends.
 - your normal school day.
 - the clothes students wear in your school.
- Plan**
 Organise your ideas into paragraphs. Use Nina's email to help you.
- Write and share**
 - Write a draft email. Use the Language box and the Writing box to help you.
 - Share your email with another student for feedback.
 - Write the final version of your email.
- Check**
 - Check language: are the prepositions of time correct?
 - Check grammar: are most verbs in the Present Simple with some in the Present Continuous?

WORDLIST 2.17

Clothes and accessories

baseball cap (n)
belt (n)
boots (n)
coat (n)
dress (n)
earrings (n)
(fancy-dress) costume (n)
glasses (n)
gloves (n)
handbag (n)
hat (n)
hoodie (n)
jacket (n)
jeans (n)
necklace (n)
scarf (n)
shirt (n)
shoes (n)
shorts (n)
sweater (n)
top (n)
tracksuit (n)
trainers (n)
trousers (n)
T-shirt (n)
underwear (n)
uniform (n)

Adjectives to describe clothes and accessories

baggy (adj)
checked (adj)
cotton (adj)
dark (adj)
leather (adj)
light (adj)
plain (adj)
striped (adj)
tight (adj)
woolly (adj)

Adjectives with -ed/-ing

annoyed (adj)
annoying (adj)
bored (adj)
boring (adj)
embarrassed (adj)
embarrassing (adj)
excited (adj)
exciting (adj)
frightened (adj)
frightening (adj)
interested (adj)
interesting (adj)
relaxed (adj)
relaxing (adj)

tired (adj)
tiring (adj)

Personality adjectives

bossy (adj)
chatty (adj)
cheerful (adj)
clever (adj)
confident (adj)
friendly (adj)
funny (adj)
helpful (adj)
kind (adj)
lazy (adj)
polite (adj)
quiet (adj)
rude (adj)
selfish (adj)
shy (adj)
tidy (adj)

Extra words

beard (n)
bracelet (n)
celebrate (v)
change clothes (v)
feel (v)
festival (n)
footwear (n)

get fit (v)
have a meal (v)
have fun (v)
hobby (n)
indoors (adv)
jewellery (n)
laces (n)
look cool (v)
outdoors (adv)
outgoing (adj)
party (n)
person (n)
pocket (n)
protect from (v)
shopping trip (n)
snow boots (n)
socks (n)
spend time (v)
style (n)
summer (n)
sunglasses (n)
walk a dog (v)
wear (v)
wedding (n)
winter (n)

1 Use words from the wordlist to find these things.

- three items of jewellery **earrings**, ...
- five things you can wear on your feet
- four negative adjectives that can describe personality
- three adjectives ending in **-ed** that describe positive emotions
- two words that describe materials for clothes

2 Complete the words in the sentences. Use the opposites of the words in bold. Use the wordlist to help you.

- Paul isn't **shy**, he's quite **outgoing**.
- He isn't **rude**, he's very p_____.
- Paul isn't **quiet**, he's usually c_____.
- He isn't very **sad**, he's very c_____.

3 In pairs, replace the words in bold to make correct definitions. One sentence is correct. Use words from the wordlist to help you.

- You wear **boots** to keep your hands warm. **gloves**
- A **rude** person knows the right answers in class.
- Dark blue** is a popular colour for jeans.
- A great party with all your friends is very **excited**.
- Teachers are **relaxed** when students talk in class.

4 In pairs, describe your favourite clothes. Use words from the wordlist to help you.

I like checked shirts and tight jeans.

5 In pairs, say what you think about these things. Use -ing adjectives from the wordlist.

fancy-dress parties jewellery lazy people
New Year school uniforms selfish people
summer tracksuits

I think fancy-dress parties are exciting.

6 2.18 PRONUNCIATION Listen to the underlined vowel(s) in each word and decide which sound you hear. Write the word in the correct column.

baggy belt cap chatty checked dress
fashion friendly jacket leather relaxing
sweater tracksuit

/æ/

baggy

/e/

7 2.19 PRONUNCIATION Listen, check your answers to Exercise 6 and repeat.

Vocabulary

1 Complete the words in the sentences. Then make the sentences true for you.

- I don't like **trousers**, I prefer jeans.
- I don't usually wear a b_____ with my jeans.
- I never leave my socks and u_____ on the bedroom floor.
- I love to wear my t_____ at the weekend.
- I think hats are cool, but b_____ c_____ are boring.
- In my opinion, school u_____ is a great idea.

Trousers are OK, but I prefer jeans.

2 Complete the second sentence so that it means the same as the first one. In pairs, say if the sentences are true for you.

- I'm not interested in family activities.
I don't think family activities are **interesting**.
- I get bored when I go shopping with my parents.
I think shopping with my parents is _____.
- In my opinion, waking up early is annoying.
I feel _____ when I wake up early.
- I think it's relaxing to watch films with friends.
I feel _____ when I watch films with friends.
- When we have a big family party I feel tired.
I think big family parties are _____.

I don't agree. I think family activities are sometimes interesting.

3 Look at the pictures and complete the email with adjectives from the wordlist.

Dear Fantastic Fashion,
I've got problems with my new clothes from your website. The jeans are dark blue, but I want ¹**light** blue ones. The T-shirt is baggy, but I like ²_____ T-shirts. The plain ³_____ hat is nice and warm, but it's very big. And the note says you don't have any more ⁴_____ shirts, so there's an awful striped one instead. It's really annoying!
Please help,
Sam



Grammar

4 Complete the questions with *is, are, do or does*. In pairs, ask and answer the questions.

- Are** you wearing a T-shirt today?
- _____ the sun shining at the moment?
- _____ the person next to you have a tidy desk?
- _____ your friend wear a lot of jewellery?
- _____ you like checked shirts?

5 Complete the message with the Present Simple or the Present Continuous form of the verbs in brackets.

17.18

Hey Max!

How are things with you? ¹**Are you going** (you/go) to your art classes these days?

My cousins ²_____ (visit) us at the moment. ☹️

They ³_____ (come) to stay every summer, but

I ⁴_____ (not like) it when they visit. They

⁵_____ (not like) any of the things I do. Now

they're in the living room. They ⁶_____ (give)

a concert for Mum and Dad. 😊 I'm sure my parents

⁷_____ (not enjoy) it. I ⁸_____ (not stay) here!

I ⁹_____ (leave) the house for a walk.

Message me soon!

6 Write answers to the questions. Use *at, in or on* with a time expression. Then compare with a partner.

When do you usually ...

- have a shower? • eat a lot?
- go on holiday? • go out with friends?
- go to bed? • wear T-shirts and shorts?

I usually have a shower in the morning.

Speaking

7 In pairs, role play the situation. Student A, look below. Student B, go to page 138.

Student A

- Think of some interesting news to tell Student B. Use the ideas below to help you.

a new hobby a difficult test wait for a friend

- Say hello to Student B.
- Ask what's new in Student B's life.
- Listen and respond to Student B's news.
- Give your news.

Dictation

8 2.20 Listen. Then listen again and write down what you hear during each pause.



Is everything OK?



1 In pairs, study the body language of the people in the photos and answer the questions.

Which person ...

- 1 is looking down?
- 2 is looking away?
- 3 is shouting?
- 4 is smiling?
- 5 has got wide eyes?
- 6 has got his/her head in his/her hands?
- 7 is moving his/her hands and arms?

2 How are the people in the photos feeling? In pairs, discuss how their body language shows their emotions. Use the adjectives below to help you.

angry annoyed bored calm embarrassed excited happy nervous shy stressed surprised tired worried

I think the girl in photo A is feeling angry because she's shouting.

3 In pairs, answer the questions.

- 1 Which of the emotions in Exercise 2 are positive and which are negative?
- 2 Think of situations when you feel the emotions. How do you usually react?
I'm angry when my sister uses my phone. I usually ...

4 Read the messages between two friends. Why doesn't Ben want to come out?

Tamsin
Hey, Ben – do you want to come out for a pizza tonight?

Ben
No, I can't. I need to study tonight.

Tamsin
But it's Friday! 😊

Ben
I know, but I've got a test on Monday.

Tamsin
You never come out with us anymore, Ben. 😞 Why not?

Ben
Don't you understand? I don't want a pizza. Stop messaging me, OK?

5 Why do you think Ben is behaving like this? In pairs, discuss possible reasons.

- a He doesn't like Tamsin any more.
- b He's worried about his schoolwork.
- c He prefers studying to going out.

6 🎧 2.21 Tamsin phones Ben. Listen to the conversation and check your answer to Exercise 5. What does Tamsin suggest doing tomorrow?

7 🎧 2.21 Study the Useful Phrases box. Then listen again and tick (✓) the expressions you hear in Ben and Tamsin's conversation.

8 In pairs, read the situations below. Discuss how the people are feeling and how they might show those emotions with their body language.

- a Emma is a new student in your class. She never speaks to the other students.
She is feeling shy. She never smiles and often looks down.
- b Joe often makes mistakes when he speaks English. Some students in class laugh at him and make silly comments.
- c Most students in your class have got good marks for the year, but Harry has got bad marks.

9 Read the Useful Tips. In class, discuss the questions.

- 1 Do you find it difficult or easy to talk about emotions with other people?
- 2 Do you always follow the tips when you talk to your friends?

SET FOR LIFE

10 In pairs, role play a situation where one person offers help to another person in a difficult situation. Follow the instructions.

1 Choose a situation from Exercise 8 or think of a situation from your own life.

2 Write the scene. Use the expressions from the Useful Phrases box.

Student A: Say how Student B looks and ask what is wrong.

Student B: Explain how you feel and why.

Student A: Offer help or advice.

Student B: Thank Student A for his/her suggestions.

3 Practise your dialogue. Remember to use body language and your voice to show emotions.

4 Present the dialogue for the class or record it on your phone.

USEFUL TIPS

When you communicate with someone, try to read their emotions. This can help you to understand how people are feeling and offer help.

Look at people's body language.

Listen to their voice.

Think about how you usually feel in the same situation.

Ask how a person is feeling.

USEFUL PHRASES

Identifying emotions

- You seem (a bit/quite) unhappy.
- You look/sound (really) excited/bored.

Offering help

- Is everything OK?/Is something wrong?
- What's the matter?
- Can I do anything to help?
- Do you want to talk about it?

Offering advice

- When I feel ..., I usually ...
- Why don't you/I/we ...?

