

# Extreme Sports

Photocopiable

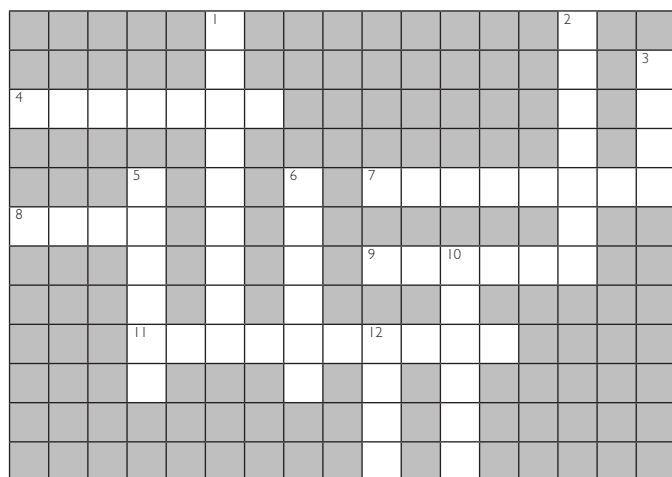
## While reading

Pages 1–3

### 1 Complete the crossword.

#### Across

- 4 In ..... you climb into a three meter ball and somebody pushes the ball down the street. (7)
- 7 In wake ..... you stand on your board and a boat pulls you over the water. (8)
- 8 In street ..... your board has wheels. You lie on your board and you go down the road very fast! (4)
- 9 In BMX bike ..... (vert) you do as many tricks as you can in one minute. (6)
- 11 In ..... in-line skating, you jump high on your skates, you kick and you do tricks. (10)



#### Down

- 1 ..... is like bungee jumping but you jump into cold water! (9)
- 2 In BASE ..... you jump off a building or bridge with a parachute. (7)
- 3 ..... gliding is the oldest extreme sport. (4)
- 5 In ..... ballet you jump out of an airplane with some friends. (6)
- 6 In ..... jumping you jump from a high place with a rope around you. (6)
- 10 In cave ..... you dive under the water with air on your back. (6)
- 12 ..... boarders do their tricks in the snow. (4)

Pages 4–9

### 2 Complete the sentences. Use words in the box.

next to from with each the after  
above in

- a US police put BASE jumpers ..... prison.
- b John Vincent went ..... prison for ninety days.
- c He jumped ..... a tall building in St Louis.
- d Yosemite is ..... most famous national park in the United States.
- e In 1978, some people jumped from El Capitan ..... parachutes.
- f ..... 100 skydives you get a BASE number.
- g The world is beautiful when you see it from .....
- h About one person dies ..... year after a jump.
- i Who will be the ..... person in the BASE Association?

### 3 Answer the questions. Choose 1, 2, or 3.

- a How old was Bill Moyes when he started hang gliding? ....
  - 1) 14
  - 2) 34
  - 3) 43
- b How old was his son, Steve Moyes? ....
  - 1) 14
  - 2) 34
  - 3) 4
- c What time did Bill wake up his son every morning? ....
  - 1) four o'clock
  - 2) six o'clock
  - 3) seven thirty
- d What did they do before Steve went to school? ....
  - 1) They made hang gliders.
  - 2) They sold hang gliders.
  - 3) They went hang gliding.
- e Bill loved flying but what didn't he like? ....
  - 1) airports
  - 2) airplanes
  - 3) airlines

# Extreme Sports

Photocopiable

## Pages 10–14

### 4 Number the sentences in the correct order.

- a Alma said, "Street luge is not for me, but I don't want to stop you."
- b Alma's friend said, "My brother has a board."
- c Tom said, "I'll stop doing street luge."
- d Tom saw luge on the TV.
- e Alma and Tom tried luge together.
- f Tom went at 113 km/h down a street.
- g Tom bought a board, clothes and shoes for street luge.
- h Tom knocked down a woman.
- i Tom said, "I'm sorry."
- j Alma wasn't happy.
- k Alma had an accident.

### 5 Match a–h with 1–8 to make correct sentences.

a Snowboarding started in ...	1) but she couldn't.
b There was snow ...	2) made the first snowboard.
c Sherman Poppen watched ...	3) winter in Michigan.
d Wendy tried to stand up ...	4) her new snowboard.
e Wendy fell ...	5) and ice on the ground.
f Sherman went to his garage and ...	6) every time.
g Wendy loved ...	7) Wendy go down the ice on some wood.
h Wendy's friends ...	8) wanted snowboards, too.

## Pages 15–19

### 6 Complete the sentences with the correct letters.

- a Michael .....ean enjoys cave diving.
- b He found an .....nstructor.
- c "Ha.....e you got a C-card?" asked the instructor.
- d "No, I haven't," Michael repl.....ed.
- e Michael said, "I wa.....t to dive in caves."
- f "That's dan.....erous," the instructor said.

Make a word from the letters.

### 7 Underline the mistakes in these sentences.

- a When you bungee jump, you jump from a mountain, from a chair, or from a bridge.
- b You have a string around your body.
- c Bungee jumping started in Old Zealand.
- d The lowest bungee jump was 180 meters from a building in Auckland.
- e When you do canyoning, you fall down and down into very cold ice cream.
- f The sport started in France, and it's safe.
- g "People are jumping into water head first from palaces thirty meters high," says extreme sports instructor Phil Maguire.
- h "Sometimes they hit their hats when they go in."
- i "Sometimes the water is walking very fast."
- j "Some people don't ride up again."

## Pages 20–26

### 8 Put a ✓ beside the correct sentences.

- a Every year, in the US there's a summer X Games and a winter X Games.
- b The first summer X Games was in 1895 in Rhode Island.
- c The winter X Games started two years later with mountain biking on snow, snowball fights and building snowmen.
- d Now there are X Games in Asia, Australia and Europe.
- e Dave Mirra, the world's number five BMX rider was the BMX vert champion.
- f Meghan Heaney-Greer can dive 55 meters under water with no air.
- g Alcatraz was a prison for extreme sports champions.
- h It's about three kilometers from San Francisco.
- i Every fall, people try to swim from Alcatraz to San Francisco.
- j The water is very cold and there are dangerous frogs in the water.
- k The Kamikaze Bike Race is the most dangerous bike race in the world.
- l Some people ride at 72 km/h on their bikes.

# Extreme Sports

Photocopiable

1 Which extreme sports use a rope and which use a parachute? Copy the extreme sport under the correct heading.

bungee jumping sky diving BASE jumping  
aerial ballet cave diving canyoning

Parachute	Rope

2 Tick ✓ the equipment which has wheels.

- a BMX bike
- b in-line skates
- c parachute
- d hang glider
- e airplane
- f ice luge
- g street luge
- h skateboard
- i wakeboard
- j snowboard
- k ice skates

3 Tick ✓ the extreme sports in, on or under water.

- a cave diving
- b sky diving
- c rock climbing
- d street luge
- e canyoning
- f wakeboarding
- g zorbing
- h swimming
- i BMX bike riding
- j surf boarding
- k aerial ballet

4 Tick ✓ the countries which are mentioned in *Extreme Sports*.

- a the United States
- b France
- c Norway
- d Brazil
- e Antarctica
- f New Zealand
- g Switzerland
- h Austria
- i Germany
- j Australia
- k Borneo
- l Britain

5 Which words which are NOT connected with these sports?

- a cave diving: air, parachute, line, swim
- b BMX vert: minute, tricks, ride, rope
- c aerial ballet: dance, run, sky, airplane
- d street luge: board, road, fast, ball
- e zorbing: jump, ball, street, push
- f running: legs, water, feet, bike
- g hang gliding: board, glider, fly, jump
- h BASE jumping: number, rope, high, bridge

6 Are these words places or people? Choose the correct answer.

- a Yosemite place / person
- b Houston place / person
- c Boenisch place / person
- d Harrison place / person
- e Kilimanjaro place / person
- f Vicki place / person
- g Costello place / person
- h Orlando place / person
- i Bren place / person
- j Alma place / person
- k Wendy place / person
- l Orłowski place / person
- m Auckland place / person
- n Nyquist place / person
- o Mehan place / person
- p Alcatraz place / person
- q Borneo place / person

7 Complete the sentences with the words below.

dive equipment wheel skates race parachute instructor

- a My first ..... was in the Pacific Ocean and I saw some beautiful fish.
- b On some very old bikes, the front ..... was bigger than the back wheel.
- c She won the 400 meter ....., and the Japanese woman came second.
- d After you jump from the airplane, you have to open your .....
- e He wanted to climb the mountain with us, but he didn't have the right .....
- f There is an ..... at the pool, and he is giving me swimming lessons.
- g You can move fast with ..... on your feet.