

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
1	6	1	live	adj	laɪv	in a live performance, is one in which the entertainer performs in front of people who are watching, rather than for a film, record etc.	He prefers going to a live concert instead of listening to the album at home.
1	6	1	gig	n	ɡɪɡ	a performance by a musician or a group of musicians playing modern popular music or jazz	The band are doing a gig in Sheffield on Nov 12.
1	6	1	fan	n	fæn	someone who likes a particular sport or performing art very much	He's a big fan of Elvis Presley.
1	6	1	particular	adj	pə'tɪkjələ	a particular thing or person is the one that you are talking about, and not any other	In this particular case, no one else was involved.
1	6	2	computer	n	kəm'pjʊ:tə	electronic machine that stores information and uses programs to help you find, organise, or change the information	The information is stored on the computer.
1	6	2	DVD	n	,di:v:'di:	a compact disc that stores a large amount of information, sound, pictures and video	The film is now on DVD.
1	6	2	have friends round	phrasal v	hæv 'frendz ,raʊnd	if you have someone round, they come to your house for meal, drink etc. because you have invited them	I had some friends round for dinner last night.
1	6	2	guitar	n	ɡɪ'tɑ:	a stringed musical instrument that you play by pulling the strings with your fingers or with a pick	Her brother plays the guitar in a band.
1	6	2	theatre	n	'θɪətə	a building or place with a stage where plays and shows are performed	We went to the theatre to see The Lion King last week.
1	6	2	yoga	n	'jəʊgə	a system of exercises that helps you control your mind and body in order to relax	She does yoga every Monday.
1	6	4	relax	v	rɪ'læks	to rest or do something that is enjoyable, especially after you have been working	I just want to sit down and relax for a bit.
1	6	4	close	adj	kləʊs	if two people are close, they like or love	My brother and I are very close.

# Gold First New Edition Wordlist

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1	7	5	tend	v	tend	each other very much if something tends to happen, it happens often and is likely to happen again	People tend to need less sleep as they get older.
1	7	5	switch off	phrasal v	swɪtʃ 'ɒf	to relax for a short time	I switch off by listening to music.
1	7	7	bring up	phrasal v	brɪŋg 'ʌp	to look after and influence a child until they are grown up	He was brought up by his grandparents.
1	7	7	activity	n	æk'tɪvəti	something that you do because you enjoy it	My free time activities include hiking and climbing.
1	7	9	vary	v	'veəri	to change something to make it different	My taste in music varies, depending on my mood.
1	8	2	subculture	n	'sʌb,kʌltʃə	a particular group of people within a society, and their particular behaviour, beliefs, and activities	The article is about music subcultures.
1	8	2	like-minded	adj	'laɪk'maɪndəd	having similar interests and opinions	The festival was a chance to meet like-minded people.
1	8	2	bond	v	bɒnd	to develop a special relationship with someone	New mothers need time to bond with their babies.
1	8	2	on its way out	n phrase	ɒn ɪts 'weɪ ,aʊt	soon to be replaced by someone or something else	I think buying music on CD is on its way out - I download everything now.
1	8	2	average	adj	'ævərɪdʒ	having qualities that are typical of most people	He's an average student.
1	8	2	reaction	n	ri'ækʃən	something that you feel or do because of something that has happened or been said	What was Jeff's reaction when you told him about the job?
1	8	2	impression	n	ɪm'preʃən	an opinion that you have about someone or something because of the way they seem	I got the impression that she wasn't very happy with her job.
1	8	2	behaviour	n	bɪ'haɪvjə	the things that a person or animal does	It is important to reward good behaviour.
1	8	2	base something on	phrasal v	'beɪs ,sʌmθɪŋ ɒn	to develop something from something else	Their impressions were based on the clothes they wore.

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1	8	2	mod style-	n	mɒd ˌstɑɪl	a member of a tribe of young people in Britain in the 1960s who wore a particular type of neat clothes, listened to soul music, and drove scooters	The mods used to listen to soul music.
1	8	2	conscious roam	adj	'kɒnʃəs rəʊm	thinking a lot about or concerned about the way you look	The style-conscious mods of the 1960s dressed very neatly.
1	8	2	around	v phrase	ə'raʊnd	to walk or travel with no clear purpose or direction	The dogs are allowed to roam around.
1	8	2	scooter	adj	'sku:tə	a type of small, less powerful motorcycle	The mods rode around on their scooters.
1	8	2	passing	adj	'pɑ:sɪŋ	going past a place or person	Michael watched the passing cars.
1	8	2	rocker	n	'rɒkə	a member of a tribe of young people in Britain in the 1960s who wore leather jackets, listened to rock 'n' roll and rode motorcycles	The rockers used to fight with the mods.
1	8	2	identify	v	aɪ'dentəfaɪ	to recognise and correctly name someone or something	The aircraft were identified as American.
1	8	2	grease	v	ɡri:s	to put oil on your hair to make it stay in place	The rockers used to grease their hair.
1	8	2	punk	n	pʌnk	someone who likes punk music and wears punk things, such as torn clothes, metal chains, and coloured hair	Punks would dye their hair pink.
1	8	2	terrorise	v	'terərəɪz	to deliberately frighten people by threatening to harm them	My dog likes terrorising rabbits when we go out on walks.
1	8	2	granny come	n phrasal	'græni	grandmother	My granny made me this jumper.
1	8	2	across be associated	v	kʌm ə'krɒs bi:	someone who seems to have particular qualities	He comes across as a very intelligent sensitive man.
1	8	2	with	v phrase	ə'səʊʃieɪtəd wɪð	to be related to a particular subject, activity etc.	There are some problems associated with this type treatment.
1	8	2	cultural	adj	'kʌltʃərəl	belonging or relating to a particular society or social group, and its way of life	There are very real cultural differences between our two societies.
1	8	2	tribe	n	traɪb	a social group of people with the same	Tribes today are looser and broader

# Gold First New Edition Wordlist

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1	8	2	loose	adj	lu:s	interests not strictly controlled or organised including many different kinds of things	than before. The tribes today are looser than before.
1	8	2	broad	adj	brɔ:d	or people	The show aims to reach the broadest possible audience.
1	8	2	access	v	'ækses	if you access something you can obtain or reach it	Music is accessed very differently these days.
1	8	2	stream	v	stri:m	if you stream sound or video, you access it on your computer while it's being transferred from the internet, rather than downloading it and then playing it	Today records are streamed or downloaded.
1	8	2	download	v	,daʊn'ləʊd	if you download sound or video, you to move them from a computer network to a personal computer	The games can be downloaded free from the internet.
1	8	2	explore	v	ɪk'splɔ:	find out about	Nowadays it is easy to explore all kinds of music.
1	8	2	openness	n	'əʊpənnəs	the quality of being willing to accept new ideas or people	An openness to music is now a natural part of being young.
1	8	2	observe	v	əb'zɜ:v	to see and notice something	Scientists have observed a drop in ozone levels.
1	8	2	participate	v	pɑ:'tɪsəpeɪt	to take part in an activity or event	Some members refused to participate.
1	8	2	pride	n	praɪd	a feeling that you like and respect yourself and that you deserve to be respected by other people	He wore his medals with pride.
1	8	2	aggression	n	ə'ɡreɪʃən	angry or threatening behaviour or feelings that often results in fighting something you do, make, wear etc. that causes people to have a certain opinion of you	Television violence can encourage aggression in children.
1	8	2	statement	n	'steɪtmənt		The type of car you drive makes a statement about you.
1	8	2	odd	adj	ɒd	different from what is normal or expected	It was an odd thing to say.
1	8	2	mass	adj	mæs	involving or intended for a very large number of people	Email has made mass mailings possible at the touch of a button,
1	8	2	undergoun d	adj	'ʌndəgraʊn d	underground music is only followed by a small number of people, and would seem	The most underground metal or hip-hop can be found not just on the internet.

# Gold First New Edition Wordlist

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						slightly strange or shocking to most people	
1	8	2	metal	n	'metl	a type of rock music with a heavy beat and strong tempo	He likes listening to heavy metal music.
1	8	2	hip-hop	n	'hɪphɒp	a type of popular music with a regular heavy beat and spoken words	The kids in the area are all into hip-hop.
1	8	2	restricted to	adj	ri,striktəd tə	small or limited in size, area, or amount	The biggest change to pop tribes is that they are no longer restricted to young people.
1	8	2	audience	n	'ɔ:diəns	the people who watch and listen to a particular programme, or who see or hear a particular performer's work	The show attracts a regular audience of about 20 million.
1	9	4	expand	v	ɪk'spænd	to become larger in size, number, or amount, or to make something become larger	Sydney's population expanded rapidly in the 1960s.
1	9	4	consequence	n	'kɒnsəkwɛns	something that happens as a result of a particular action or set of conditions	Many believe that poverty is a direct consequence of overpopulation.
1	9	4	mainstream	n	'meɪnstri:m	the most usual ideas or methods, or the people who have these ideas or methods	All kinds of music are now found in the mainstream.
1	9	4	make up	phrasal		to make a bad situation better, or replace	I'll buy you dinner to make up for being late.
1	9	4	for	v	meɪk 'ʌp fə	something that has been lost	He asked about my taste in music.
1	9	4	taste	n	teɪst	the kind of things that someone likes	He's doing really well at this stage in his career.
1	9	4	stage	n	steɪdʒ	a particular time or state that something reaches as it grows or develops	It's a stage people go through before adulthood.
1	9	4	adulthood	n	'ædʌlθʊd	the time when you are an adult	If you experience any fever or dizziness, contact your doctor.
1	9	4	experience	v	ɪk'spɪəriəns	if you experience a problem, event, or situation, it happens to you or affects you	There are ten great tracks on their new album.
1	9	4	track	n	træk	one of the songs or pieces of music on a longer record or album	
1	9	4	cassette	n	kə'set	a small flat plastic case containing magnetic tape, that can be used for playing or recording sound	My parents used to listen to music on cassettes.

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1	9	4	lack	n	læk	when there is not enough of something, or none of it	There is a lack of information available about climate change.
1	9	4	visible	adj	'vɪzəbəl	something that can be seen	The outline of the mountains was clearly visible through the window.
1	9	4	overlap	v	,əʊvə'læp	if two subjects, ideas etc. overlap, they include some but not all of the same things	Youngsters are finding that their music taste overlaps with their parents'.
1	10	1	overtime	n	'əʊvətəɪm	time that you spend working in your job in addition to your normal working hours	We're working overtime to get the job finished.
1	10	1	editor	n	'edətə	someone responsible for the information that is included in a newspaper, magazine, programme etc.	The music editor is on sick leave this week.
1	10	1	sick leave	n	'sɪk li:v	time that you are allowed to spend away from your work because you are ill [linking verb, not in progressive] used to say how something seems, especially from what you know about it or from what you can see	I'm going on leave this afternoon, I'll be back next week.
1	10	3	appear	v	ə'piə	[intransitive always + adverb/preposition] to take part in a film, play, concert, television programme etc.	It appears to be time for us to go.
1	10	3	appear think	v	ə'piə	to use your mind to decide about something, form an opinion, imagine etc.	She has already appeared in a number of films.
1	10	3	about	v	θɪŋk ə'baʊt	[transitive] to have a particular opinion or to believe that something is true	I think about my ex-boyfriend a lot.
1	10	3	think	v	θɪŋk	to need the support, help, or existence of someone in order to exist, be happy etc.	I think you're being unfair.
1	10	3	depend on somebody	phrasal v	dɪ'pend ɒn ,sʌmbədi	if something depends on something else, it is directly affected or decided by that thing	I'm depending on him to organise everything.
1	10	3	depend on	phrasal v	dɪ'pend ɒn	[linking verb] to have a particular kind of taste	Choosing the right bike depends on what you want to use it for.
1	10	3	taste	v	teɪst	[transitive] to eat or drink a small	This cake tastes delicious, well done!
1	10	3	taste	v	teɪst		Joe's tasting the soup.

# Gold First New Edition Wordlist

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						amount of something to see what it is like	
1	11	1	take off	phrasal v	teɪk 'ɒf	suddenly start being successful	Mary was a bit jealous when Jack's career started taking off.
1	11	1	take after	phrasal v	teɪk 'ɑːftə	to look or behave like an older relative	Jenni really takes after her mother.
1	11	1	take up	phrasal v	teɪk 'ʌp	become interested in a new activity and to spend time doing it	Roger took up painting for a while, but soon lost interest.
1	11	1	take over	phrasal v	teɪk 'əʊvə	to take control of something	Tom took over after the band's manager left.
1	11	1	take back	phrasal v	teɪk 'bæk	to admit that you were wrong	You'd better take back that unkind remark.
1	11	7	promote	v	prə'məʊt	to advertise something and help it develop, increase, or sell	Is this a good way for artists to promote their music?
1	11	7	drum up	phrasal v	drʌm 'ʌp	to get support, interest, attention etc. from people by making an effort	The organisation is using the event to drum up new business.
1	11	7	session	n	'seʃən	a session musician is not officially part of a band, but plays and records with lots of different bands/artists	Josh Freese is a very successful session drummer based in Los Angeles.
1	11	7	unique	adj	ju:'ni:k	being the only one of its kind	Every person's fingerprints are unique.
1	11	7	sell out	phrasal v	sel 'aʊt	if a shop sells out of something, it has no more of that particular thing left to sell	Sorry, tickets for tomorrow's show have sold out.
1	11	7	release	v	rɪ'li:s	to make a recording, video, film etc. available for people to buy or see	The new game will be released online in February.
1	12	1	varied	adj	'veəriəd	consisting of or including many different kinds of things or people, especially in a way that seems interesting	My music tastes are quite varied.
1	12	1	personal	adj	'pɜːsənəl	belonging or relating to one particular person, rather than to other people or to people in general	Italian food is my personal favourite.
1	12	1	recommendation	n	'rekəmen'deɪʃən	a suggestion to someone that they should choose a particular thing or person that you think is very good	I often discover bands through personal recommendations.

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1	12	3	stuff	n	stʌf	used then you are talking about things such as substances, materials, or groups of objects when you do not know what they are called, or it is not important to say exactly what they are	I've got some sticky stuff on my shoe.
1	12	3	be into something	prep phrase	bi: 'ɪntə ,sʌmθɪŋ	to like and be interested in something	I'm into the same music as my friends.
1	12	3	mainly	adv	'meɪnli	used to mention the main part or cause of something, the main reason for something etc.	The workforce at the hospital is mainly made up of women.
1	12	3	share	v	ʃeə	to have or use something with other people	The three of us shared a taxi home.
1	12	3	share files	n phrase	ʃeə faɪlz	to have or use music and video files that are stored on the internet, so that other people can have and use them too	I don't buy much new music - I just share my friends' files
1	12	3	show off	v	ʃəʊ 'ɒf	to try to make people admire your abilities, achievements or possessions	He couldn't resist showing off his skills on the tennis court.
1	12	audio	bother	v	'bɒðə	to make the effort to do something	I don't usually bother with Twitter or Facebook.
1	12	4	miss out	phrasal v	mɪs 'aʊt	to not have the chance to do something that you enjoy and that would be good for you	Prepare food in advance so you don't miss out on the fun!
1	12	4	come out	phrasal v	kʌm 'aʊt	when a book, record etc. comes out, it becomes publicly available	Artists will tell you when they've got a song coming out.
1	12	4	have in common		hæv ɪn 'kɒmən	to have the same interests, attitudes etc. as someone else	I found I had a lot in common with these people.
1	12	4	with	n phrase	wɪð		
1	12	4	sociable	adj	'səʊʃəbəl	someone who is sociable is friendly and enjoys being with other people	My little brother is quite shy, whereas my older brother's very sociable.
1	12	4	be obsessed with	v phrase	bi: əb'sest wɪð	if you are obsessed with something or someone, you think or worry about them all the time and you cannot think about anything else	A lot of young girls are obsessed with how they look.



# Gold First New Edition Wordlist

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1	12	4	audio influence	v	'ɪnfluəns	to affect the way someone or something develops, behaves, thinks etc.	Several factors are likely to influence this decision.
1	12	4	audio creative	adj	kri'eɪtɪv	to produce new ideas or things using the imagination	I think artists are at their most creative when they are just starting out.
1	13	2	jazz insurance	n	dʒæz ɪn'ʃʊərəns	a type of music that has a strong beat and parts for performers to play alone	My parents used to go to a jazz festival every year.
1	13	2	broker	n	ˌbrəʊkə	someone who arranges and sells insurance as their job	Sarah Collins is an insurance broker.
1	13	2	at heart	n	æt hæ:t	if you are a particular kind of person at heart, that is the kind of person that you really are even though you may appear or behave differently	Let's face it, we're all romantics at heart.
1	13	2	fondly	adv	'fɒndli	in a way that shows you like someone or something very much	It's a time that I look back on fondly.
1	13	2	haircut	n	'heəkʌt	the style your hair is cut in	Punks often had outrageous haircuts.
1	13	2	personality	n	ˌpɜ:sə'næləti	someone's character, especially the way they behave towards other people	Unfortunately, the illness can lead to changes in personality.
1	13	2	roots	n	ru:ts	someone's origins, forming a big part of their personality	Recently I've decided to return to my punk roots.
1	13	2	hang around with	phrasal v	hæŋ ə'raʊnd wɪð	to spend a lot of time with someone	The people I hang around with are much older than me.
1	15	1	perform	v	pə'fɔ:m	to do something to entertain people, for example by acting, dancing, playing music	Chenier and the band are performing at the Silver Palace tomorrow.
2	16	1	characteristic	n	ˌkærəktə'rɪstɪk	a quality or feature of something or someone that is typical of them and easy to recognise	Natural imagery is a defining characteristic of his work.
2	16	2	change your mind	v phrase	'tʃeɪndʒ jə ˌmaɪnd	to change your decision, plan or opinion about something	He father tried to persuade her to change her mind.
2	16	4	accurate	adj	'ækjərət	correct and true in every detail	The guide tries to give a fair and accurate description of each hotel.
2	16	title	relative	adj	'relatɪv	having a particular quality when	The relative methods of both

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						compared with something else	approaches have to be considered.
2	16	title	relative	adj	'relətɪv	a member of your family	I spent the holidays at my relatives' house in the countryside - it was lovely.
2	17	5	caution	n	'kəʃən	the quality of being very careful to avoid danger or risks	We must proceed with caution, and not make hasty decisions.
2	17	5	comfort	n	'kʌmfət	a feeling of being physically relaxed and happy so that nothing is hurting you etc.	The temperature in the pool was too low for comfort.
2	17	5	comfortable	adj	'kʌmftəbəl	making you feel physically relaxed, happy, without any pain etc.	The bed was so comfortable, I didn't want to get up!
2	17	5	drama	n	'drɑ:mə	an exciting event or set of events, or the quality of being exciting	Maggie's life is always full of drama.
2	17	5	dramatic	adj	drə'mætɪk	exciting and impressive	Some of the most dramatic events in American history happened here.
2	17	5	emotion	n	ɪ'məʊʃən	a strong human feeling such as love, hate or anger	Her voice was full of emotion.
2	17	5	emotional	adj	ɪ'məʊʃənəl	relating to your feelings or how you control them	She provided emotional support at a very distressing time for me.
2	17	5	generosity	n	ˌdʒenə'rɒsəti	a generous attitude, or generous behaviour	I shall never forget the generosity shown to me by the people of Bataisk, in Russia.
2	17	5	generous	adj	'dʒenərəs	someone who is generous is willing to give money, spend time etc., in order to help people or give them pleasure	She's always very generous with birthday presents.
2	17	5	harm	n	hɑ:m	damage, injury, or trouble caused by someone's actions or by an event	Put that vase on a high shelf, away from harm.
2	17	5	harmful	adj	'hɑ:mfəl	causing harm	Smoking is harmful to your health.
2	17	5	hope	n	həʊp	a feeling of wanting something to happen or be true and believing it is possible	When I first arrived in New York, I was full of hope for the future.
2	17	5	meaning	n	'mi:nɪŋ	the quality that makes life, work etc. seem to have a purpose or value	Her studies no longer seemed to have any meaning.
2	17	5	pessimist	n	'pesə'mɪst	someone who always expects that bad things will happen	Don't be such a pessimist!
2	17	5	pessimistic	adj	ˌpesə'mɪstɪk	expecting that bad things will happen or	I try not to be too pessimistic.

# Gold First New Edition Wordlist

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2	17	5	prediction	n	prɪ'dɪkt	that something will have a bad result a statement about what you think is going to happen, or the act of making this statement	The data can be used to make useful economic predictions.
2	17	5	predictable	adj	prɪ'dɪktəbəl	if something or someone is predictable, you know what will happen or what they will do	The snow had a predictable effect on traffic.
2	17	5	reliability	n	rɪ'laɪə'bɪlɪtɪ	the quality of being reliable and trusted	Reliability is the first quality I look for when choosing a new car.
2	17	5	reliable	adj	rɪ'laɪəbəl	someone or something that is reliable can be trusted or depended on	My uncle was a quiet and reliable man.
2	17	5	sympathy	n	'sɪmpəθi	the feeling of being sorry for someone who is in a bad situation	I have a lot of sympathy for her; she had to bring up the children on her own.
2	17	5	sympathetic	adj	'sɪmpə'θetɪk	caring or feeling sorry about someone's problems	She is a sympathetic friend.
2	17	5	love	n	lʌv	a strong feeling of caring about someone, especially a member of your family or a close friend	What these kids need is love and support.
2	17	5	lovable	adj	lʌvəbəl	friendly and attractive	She's such a lovable child.
2	17	8	oversimplify	v	'əʊnvə'sɪmplaɪ	to describe something in a way that is too simple and ignores many facts	I don't want to oversimplify the situation.
2	17	8	sum somebody up	phrasal v	sʌm 'sʌmbədɪ 'ʌp	to form a judgement or opinion about someone, to describe them using only a few words	I can sum him up in one sentence: He loves to have fun.
2	17	8	outlook	n	'aʊtlʊk	your general attitude to life and the world	He's got a wonderful outlook on life.
2	17	8	inconsistent	adj	'ɪnkən'sɪstənt	inconsistent behaviour, work etc. is not reliable and changes too often from good to bad	The team's performance has been so inconsistent this season.
2	17	8	contradictory	adj	'kɒntrə'dɪktəri	two statements, beliefs etc. that are contradictory are different and therefore cannot both be true or correct	The public is being fed contradictory messages about the economy.

# Gold First New Edition Wordlist

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2	17	8	thrill-seeker	n	'θrɪl,sɪ:kə	someone who does things that are dangerous because they like the feeling of excitement it gives them	The park's new roller coaster will please thrill-seekers.
2	17	8	neatly	adv	ni:tli	tidily and carefully arranged	People cannot be neatly divided into personality types.
2	17	8	alter	v	'ɔ:ltə	to change, or to make someone or something change	Our friendship hasn't altered much over the years.
2	17	8	misconception	n	,mɪskən'se pʃən	an idea which is wrong or untrue, but which people believe because they do not understand the subject properly	There is a popular misconception that too much exercise is bad for you.
2	18	1	ideal	adj	,ai'diəl	the best or most suitable that something could possible be	What do you think is the ideal number of children in a family?
2	18	1	sibling	n	'sɪblɪŋ	a brother or sister	I'm an only child - I don't have any siblings.
2	18	4	competitive	adj	kəm'petətɪ v	determined or trying very hard to be more successful than other people	He is a very competitive person.
2	18	4	jealousy	n	'dʒeləsi	a feeling of being unhappy because someone has something that you wish you had	Polly felt a sharp pang of jealousy when she saw Paul with Suzanne.
2	18	4	combination	n	,kɒmbə'nei ʃən	two or more different things that exist together or are used or put together	A combination of tact and authority was needed to deal with the situation.
2	18	2	encourage	v	ɪn'kʌrɪdʒ	to try to give someone the courage or confidence to do something	Fleur encouraged Dana in her ambition to become a model.
2	18	2	take	adv	teɪk	to believe that someone or something is worth your attention or respect	It's only a joke - don't take it seriously.
2	18	2	seriously	phrase	'sɪəriəsli	an attempt to persuade someone by using influence, arguments, or threats	The minister was under pressure to resign.
2	18	2	pressure	n	'preʃə	to behave towards someone or something in a particular way	She treats me like one of the family.
2	18	2	treat	v	tri:t	the effect or influence that an event, situation etc. has on someone or something	We need to asses the impact of climate change.
2	18	2	impact	n	'ɪmpækt	wise decisions and actions are sensible	I think you were wise to leave when
2	18	2	wise	adj	waɪz		

# Gold First New Edition Wordlist

Unit	Page	Audio	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
2	19		2	depressed	adj	dɪ'prest	and based on good judgement very unhappy	you did. She felt lonely and depressed. They gave her an enormous bunch of flowers.
2	19		3	enormous	adj	ɪ'nɜ:məs	very big in size or amount	
2	19		3	terrified	adj	'terəfaɪd	very frightened	Sid is terrified of heights. I was exhausted by the end of the journey.
2	19		3	exhausted	adj	ɪg'zɔ:stəd	extremely tired	
2	19		3	brilliant	adj	'brɪljənt	extremely clever or skilful	We think that's a brilliant idea. Her family are furious that her name has been published by the press.
2	19		3	furious	adj	'fjʊriəs	very angry	
2	19		6	judge	v	dʒʌdʒ	to form or give an opinion about someone or something after thinking carefully about all the information you know about them	You should never judge a person by their looks.
2	20		1	gifted	adj	'gɪftəd	having a natural ability to do something extremely well	She was an extremely gifted poet.
2	20		4	mixed feelings	adj phrase	mɪkst 'fi:lɪŋz	if you have mixed feelings or emotions about something, you are not sure whether you like, agree with, or feel happy about it	I had mixed feelings about meeting Laura again.
2	20		4	sibling rivalry	n	'sɪblɪŋ 'raɪvəlɪ	competition between brothers and sisters for attention or love	A bit of sibling rivalry is completely normal.
2	20		4	label	v	'leɪbəl	to use a word or phrase to describe someone or something, but often unfairly or incorrectly	The college had unjustly labelled him a troublemaker.
2	20		4	efficient	adj	ɪ'fɪʃənt	if someone or something is efficient, they work well without wasting time, money, or energy	What is the most efficient way to organise the project?
2	21		2	coach	n	kəʊtʃ	someone who gives private lessons to someone in a particular subject	My swimming coach is fantastic - I've improved so much this year.
2	21		2	protective	adj	prə'tektɪv	wanting to protect someone from harm or danger	He's very protective of his younger brother.
2	21		2	look up to	phrasal	lʊk 'ʌp tə	to admire or respect someone	I've always looked up to Bill because of

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
				v			
2	21	2	capable	adj	'keɪpəbəl	having the qualities or ability needed to do something	his courage and determination. I don't think he's capable of carrying all those boxes.
2	21	2	arty	adj	'ɑ:ti	someone who is arty knows a lot about art, film, theatre etc.	My cousin is very arty - he loves to paint, draw and sculpt.
			convention			always following the behaviour and attitudes that most people in a society consider to be normal, right, and socially acceptable, so that you seem slightly boring	
2	21	2	al	adj	kən'venfən əl		He is conventional in his approach to life.
2	21	2	set your heart on desperately	n phrase	,set jə 'hɑ:t ən	to want something very much	She had set her heart on becoming a hairdresser.
2	21	2	y	adv	'despərətli	very or very much	I desperately wanted to act too.
2	21	2	courage	n	'kʌrɪdʒ	the quality of being brave when you are facing a difficult or dangerous situation, or when you are very ill	Gradually I lost the courage to speak out about anything.
2	21	2	make it	v	'meɪk ɪt	to succeed in a particular task that means a lot to you, especially becoming famous	If we run, we should make it before the show starts.
2	21	2	novelist	n	'nɒvələst	someone who writes novels	John Grisham is a very successful novelist.
2	21	2	broadcaster	n	'brɔ:dkɑ:st ə	someone who speaks on radio or television programmes	Will Self is a famous novelist and broadcaster.
2	21	2	get rid of	adj phrasal	get 'rɪd əv	to throw away or destroy something you do not want any more	It's time we got rid of all these old toys.
2	21	2	turn up	v	tʜ:n ʌp	to arrive at a place, especially in a way that is unexpected	Steve turned up late, as usual.
2	21	2	value	v	'vælju:	to think that someone or something is important	Shelly valued her privacy.
2	21	2	intellect	n	'ɪntəlekt	the ability to understand things and to think intelligently	I've always admired her intellect and her ability to speak her mind.
2	21	2	incredible	adj	ɪn'kredəbəl	extremely good, large, or great	The view is just incredible.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
2	21	2	establish yourself	v	ɪ'stæblɪʃ jɔː'self	to make people accept that you can do something, or that you have a particular quality	He had three years in which to establish himself as Prime Minister.
2	21	2	cheque	n	tʃek	a printed piece of paper that you write an amount of money on, sign, and use instead of money to pay for things	They sent me a cheque for £100.
2	21	2	rescue	v	'reskjʊː	to save someone or something from a situation of danger or harm	Survivors of the crash were rescued by helicopter.
2	21	2	underground	n	'ʌndəgraʊnd	a railway system under the ground	She got lost on the underground.
2	21	2	sort out	phrasal v	sɔːt 'aʊt	to arrange or organise something that is mixed up or untidy, so that it is ready to be used	We need to sort out our camping gear before we go away.
2	21	2	filing	n	'faɪlɪŋ	the work of arranging documents in the correct files	We need to sort out the filing system.
2	21	2	get away	phrasal v	get ə'weɪ	to take a holiday away from the place you normally live	I just wanted to get away from everything.
2	21	2	founder	n	'faʊndə	someone who established a business, organisation, school etc.	Rupert Young is the founder of a charity.
2	21	2	depression	n	dɪ'preʃən	a medical condition that makes you very unhappy and anxious and often prevents you from living a normal life	Lucy has suffered from depression in the past, but counselling has helped her a lot.
2	21	2	tearaway	n	'teərəweɪ	a young person who behaves badly and often gets into trouble	His car was wrecked by a couple of young tearaways.
2	21	2	self-conscious	adj	,self'kɒnfəs	worried and embarrassed about what other people think of you	Jerry's pretty self-conscious about his height.
2	22	4	regret	v	rɪ'gret	to feel sorry about something you have done and wish you had not done it	Don't do anything you might regret.
2	22	4	upset	adj	,ʌp'set	unhappy and worried because something unpleasant or disappointing has happened	Anna looks upset - have you spoken to her this evening?
2	22	5	on tour	n	ɒn 'tʊə	a planned journey made by musicians, sports teams etc. in order to perform or	The Moscow Symphony Orchestra is here on tour.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						play in several places	
2	22	5	split up	phrasal v	splɪt 'ʌp	if people split up, or if someone splits them up, they end a marriage or relationship with each other	Steve's parents split up when he was four.
2	22	5	supportive	adj	sə'pɔ:tɪv	giving help or encouragement, especially to someone who is in a difficult situation	My family were very supportive throughout my illness.
2	22	2	scary	adj	'skeəri	frightening	The book is both scary and funny.
2	22	2	cute	adj	kju:t	sweet, pretty or attractive	That's really cute outfit.
2	22	2	get on	phrasal v	get 'ɒn	if people get on, they like each other and have a friendly relationship with each other	I've always got on well with Henry.
2	22	2	be worth doing	prep phrase	bi: 'wɜ:θ 'du:ɪŋ	used to say that an activity is interesting, useful, or helpful	A lot of the small towns in this area are worth visiting.
2	22	2	argumentative	adj	ˌɑ:gjə'mentətɪv	someone who is argumentative often argues or likes arguing	He quickly becomes argumentative after a few drinks.
2	22	2	step-father	n	'stepfɑ:ðə	a man who is married to your mother but who is not your father	My step-father has three daughters.
2	23	3	convinced	adj	kən'vɪnst	feeling certain that something is true	I was convinced that we were doing the right thing.
2	23	2/aud i	inspiration al	adj	ˌɪnspə'reɪʃə nəl	providing encouragement or new ideas for what you should do	Jones is an inspirational figure in Welsh rugby.
2	23	2	patient	adj	'peɪʃənt	able to wait calmly for a long time or to accept difficulties, people's annoying behaviour etc. without becoming angry	You'll just have to be patient and wait until I'm off the phone.
2	25	1	doorstep	n	'dɔ:step	a step just outside a door to a house or building	He stood on the doorstep, straightening his tie.
2	15	3	adventurous	adj	əd'ventʃərəs	not afraid of taking risks or trying new things	Andy isn't a very adventurous cook.
2	15	3	confident	adj	'kɒnfədənt	sure that you have the ability to do things well or deal with situations	Despite her disability, Philippa is very confident.



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						successfully	
2	15 7	3	independe nt	adj	ˌɪndəˈpend ənt	confident and able to do things by yourself in your own way, without needing help or advice from other people nervous and embarrassed about meeting and speaking to other people, especially people you do not know	Now that my sons are more independent, I have more time for myself.
2	15 7	3	shy	adj	ʃaɪ	achieving your aims in a way that is effective, ordered, and sensible	He was a quiet, shy man.
2	15 7	3	organised	adj	ˈɔːɡənəɪzd	a practical person is good at dealing with problems and making decisions based on what is possible and what will really work	He is a very organised person.
2	15 7	3	practical	adj	ˈpræktɪkəl	the position of having control or responsibility for a group of people or an activity	I try to be practical when planning business trips.
2	15 7	3	in charge	n phrase	ɪn ˈtʃɑːdʒ	something that is spontaneous has not been planned or organised, but happens by itself, or because you suddenly feel you want to do it	He asked to speak to the person in charge.
2	15 7	3	spontaneo us	adj	sponˈteɪniə s	a date or time by which you have to do or complete something	The crowd gave a spontaneous cheer.
2	15 7	3	deadline	n	ˈdedlaɪn	containing new and interesting ideas	He missed the deadline for applications.
2	15 7	3	imaginativ e	adj	ɪˈmædʒənə tɪv	to give special attention to one particular person or thing, or to make people do this	I like people who are imaginative.
2	15 7	3	focus	v	ˈfəʊkəs	always thinking of the things you can do to make people happy or comfortable judging and dealing with situations in a practical way according to what is actually possible rather than what you would like to happen	He needs to focus more on his career.
2	15 7	3	thoughtful	adj	ˈθɔːtfəl		It was really thoughtful of you to remember my birthday.
2	15 7	3	realistic	adj	riˈælɪstɪk		It's just not realistic to expect a promotion so soon.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
2	15 7	3	cautious	adj	'kɔ:səs	careful to avoid danger or risks	You're too cautious when making decisions.
2	15 7	3	argument	n	ɑ:gjəmənt	a situation in which two or more people disagree, often angrily	She had a big argument with her husband.
3	26	1	interest	n	'ɪntrəst	an activity that you enjoy doing or a subject that you enjoy studying	Her interests include walking and golf.
3	26	1	education	n	ˌedʊ'keɪʃən	the process of teaching and learning, usually at school, college, or university	Education is very important to me, so I'm training to be a teacher.
3	26	1	career	n	kə'riə	a job or profession that you have been trained for, and which you do for a long period of your life	He realised that his acting career was over.
3	26	1	possession	n	pə'zeʃən	something that you own or have with you at a particular time	I packed my oldest possessions in a suitcase.
3	26	3	attitude	n	'ætətju:d	the opinions and feelings that you usually have about something, especially when this is shown in your behaviour	As soon as they found out I was a doctor, their whole attitude changed.
3	26	3	astonished	adj	ə'stɒnɪʃt	very surprised about something	I was astonished by the result.
3	26	3	irresponsib le	adj	ˌɪrɪ'spɒnsə bəl	doing careless things without thinking or worrying about the possible bad results	When it comes to money, Dan is completely irresponsible.
3	26	3	affectionat e	adj	ə'fekʃənət	showing in a gentle way that you love someone and care about them	Jo is very affectionate towards her.
3	26	3	unimpressi ve	adj	ˌʌnɪm'presɪ v	not as good, large etc. as expected or necessary	Her test results were unimpressive.
3	26	3	infrequent	adj	ɪn'fri:kwənt	not happening often	I make infrequent trips to the gym.
3	26	3	inflexible	adj	ɪn'fleksəbəl	unwilling to make even the slightest change in your attitudes, plan, etc.	Her inflexible attitude towards change has been a problem.
3	26	3	unexpecte d	adj	ˌʌnɪk'spekt əd	used to describe something that is surprising because you were not expecting it	The experiment produced some unexpected results.
3	27	2	bury your head	v phrase	'beri jə 'hed	to press your head into something soft	I buried my head in my pillow
3	27	2	catch on television	v	'kætʃ ɒn 'tələvɪʒən	to see something on television	Try to catch the European Cup Final on television tomorrow.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
3	27	2	enrich	v	ɪnˈrɪtʃ	to improve the quality of something, especially by adding things to it	Owning a pet can greatly enrich your life.
3	27	2	passion	n	ˈpæʃən	a very strong liking for something	He has a passion for football.
3	27	2	fare	n	feə	the price you pay to travel somewhere by bus, train, plane etc.	Air fares have shot up by 20 percent this year.
3	27	2	abroad	adv	əˈbrɔːd	in or to a foreign country	I've never lived abroad before.
3	27	2	borrow	v	ˈbɒrəʊ	to use something that belongs to someone else and that you must give back to them later	Can I borrow your pen for a minute?
3	27	2	despite	prep	dɪˈspaɪt	used to say that something happens or is true even though something else might have prevented it	Despite all our efforts to save the school, the authorities decided to close it.
3	27	2	relieved	adj	rɪˈliːvd	feeling happy because you are no longer worried about something	She looked very relieved when she heard the news.
3	27	2	madness	n	ˈmædnəs	very stupid behaviour that could be dangerous or have a very bad effect	It would be madness to drive all that way on your own.
3	27	2	fortunate	adj	ˈfɔːtʃənət	someone who is fortunate has something good happen to them, or is in a good situation	I've been fortunate to find a career that I love.
3	27	2	confuse	v	kənˈfjuːz	to think wrongly that a person or thing is someone or something else	I always confuse you with your sister - you look so alike.
3	27	2	obsession	n	əbˈseʃən	an extreme, unhealthy interest in something, which stops you from thinking about anything else	The game pachinko became a national obsession in Japan.
3	27	2	dream	n	driːm	a series of images, and feelings that you experience when you are asleep	He has the strangest dreams.
3	27	2	sensible	adj	ˈsensəbəl	reasonable, practical, and showing good judgement	She seems very sensible.
3	27	2	employee	n	ɪmˈplɔɪ-I	someone who is paid to work for someone else	The company has over one hundred employees.
3	27	2	employer	n	ɪmˈplɔɪə	a person, company, or organisation that employs people	The shoe factory is the largest employer in this area.
3	27	2	straightfor	adj	ˌstreɪtˈfɔːw	simple and easy to understand	Installing the program on your

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
3	27	2	sob	v	əd sɒb	to cry noisily in short sudden bursts upset or unhappy because someone has said or done something unkind dishonest, or unfair	computer is very straightforward. He began sobbing noisily.
3	27	2	hurt	adj	hɜ:t	a feeling of unhappiness because something is not as good as you expected, or has not happened in the way you hoped	I'm so sorry if you were hurt by my comments.
3	27	2	disappoint ment	n	ˌdɪsə'pɔɪnt mənt	a strong feeling of interest and enjoyment about something and an eagerness to be involved in it	He could see the disappointment in her eyes.
3	27	2	enthusias m	n	ɪn'θju:ziæz əm	to put your arms around someone and hold them to show love or friendship	They greeted the speakers with great enthusiasm.
3	27	2	hug	v	hʌg	the people who live in the same area, town etc.	We hugged and promised to stay in touch.
3	27	2	communit y	n	kə'mju:nəti	to laugh at someone and make jokes in order to have fun by embarrassing them, either in a friendly way or in an unkind way	The new arts centre will serve the whole community.
3	27	2	tease	v	ti:z	to be so interested in someone that you do not pay attention to other things	Don't get upset, I was only teasing.
3	27	2	absorbed	v	bi: əb'sɔ:bd	a sudden expression of emotion	They are delighted to become absorbed by something outside home.
3	27	2	explosion	n	ɪk'spləʊʒən	if a particular type of person or thing is thin on the ground, there are very few available	Explosions of joy are normally thin on the ground.
3	27	2	thin on the ground	adj phrase	'θɪn ɒn ðə ,graʊnd	an occasion or party when you celebrate something	Taxis seem to be thin on the ground.
3	27	2	celebration	n	ˌselə'breɪʃən	to see and experience important events or changes	If you follow a football team, there are celebrations all the time.
3	27	2	witness	v	'wɪtnəs	slightly wet, often in an unpleasant way	Witness the behaviour that tennis brings about at Wimbledon.
3	27	2	damp	adj	dæmp	to make a long loud high sound or cry	Wipe the table with a damp cloth.
3	27	2	squeal	v	skwi:l		The children squealed with delight.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
3	27	2	spurt	v	spɜ:t	if liquid or flames spurt from something, they come out of it quickly and suddenly to describe something correctly and thoroughly, and to say what standards, limits, qualities etc. it has that make it different from other things	Water spurted through the whole in the dam.
3	27	2	define	v	dɪ'faɪn	a large amount of money, property etc. that a person or country owns	What defines us as human is not only language.
3	27	2	wealth	n	welθ	a time when all the people involved in a big event practise before it happens	The country's wealth comes from its oil.
3	27	2	rehearsal	n	rɪ'hɜ:səl	something that stops you paying attention to what you are doing	We only had a couple of rehearsals before the performance.
3	27	2	distraction	n	dɪ'strækʃən	to not do something that someone trusts or expects you to do, making them upset	I prefer studying in the library as there are too many distractions at home.
3	27	2	let down	v	let 'daʊn	unhappy because you keep thinking about a problem, or about something bad that might happen	He had been let down badly in the past.
3	27	5	worried	adj	'wɒrɪd	slightly angry	She gave me a worried look.
3	27	5	annoyed	adj	ə'noɪd	feeling uncomfortable or nervous and worrying about what people think of you, for example because you have made a silly mistake	I'll be annoyed if we don't finish by eight.
3	27	5	embarrassed	adj	ɪm'bærəst	to like someone or something very much	Lori gets embarrassed if we ask her to sing.
3	28	1	mad about	adj	'mæd ə'baʊt	a small horse	I've been mad about horses for most of my life.
3	28	1	pony	n	'peʊni	someone you work with - used especially by professional people	I used to have a pony when I was young.
3	28	1	colleague	n	'kɒli:g	to make someone decide to do something, especially by giving them reasons why they should do it, or asking them many times to do it	She discussed the idea with some of her colleagues.
3	28	1	persuade	v	pə'sweɪd		I finally persuaded her to go out for dinner with me.

# Gold First New Edition Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
3	28	1	keep up	v	ki:p 'ʌp	to continue to practise a skill so that you do not lose it	I used to speak French, but I haven't kept it up.
3	28	4	relevant	adj	'reləvənt	directly relating to the subject or problem being discussed or considered	We received all the relevant information.
3	28	6	so far	adv	səu 'fɑ:	until now	So far we have not had to borrow any money.
3	29	1	regard	v	rɪ'gɑ:d	to think about someone or something in a particular way	I have always regarded you as a friend.
3	29	3	therapy	n	'θerəpi	the treatment of an illness or injury over a fairly long period of time	Music for me is a kind of therapy.
3	29	3	mood	n	mu:d	the way you feel at a particular time	You're in a good mood this morning!
3	29	3	volume	n	'vɒlju:m	the amount of sound produced by a television, radio etc.	Can you turn the volume on the TV up?
3	29	3	cheerful	adj	'tʃɪəfəl	happy, or behaving in a way that shows you are happy	I can't hear it properly.
3	29	3	cheerful	adj	'tʃɪəfəl	very great comfort and pleasure, such as you get from expensive food, beautiful houses, cars etc.	Danny is always very cheerful.
3	30	1	luxury	n	'lʌkjəri	a business that serves a sophisticated or specialised clientele	He was leading a life of luxury in Australia.
3	30	1	boutique	n	bu:'ti:k	something such as a bag, belt, or jewellery that you wear or carry because it is attractive	She runs a boutique hotel in Brighton.
3	30	1	accessory	n	ək'sesəri	to have a value in money	She bought accessories to match her dress.
3	30	1	worth the money	n phrase	'wɜ:θ ðə ,mʌni	used to say that something is worth what you pay for it	The food was expensive but it was worth the money.
3	30	1	good value for money	n phrase	gʊd 'vælju: fə ,mʌni	if something is waste of money, it is not worth the money that you have spent	The lunch special is really good value for money.
3	30	1	waste of money	n phrase	'weɪst əv ,mʌni	to show by your actions that you really believe what you say	The beach holiday was a total waste of money - it rained every day.
3	30	1	put your money where	n phrase	put jə 'mʌni weə		If you think it's such a good idea, why don't you put your money where your mouth is?
3	30	2	your	n phrase	jə ,maʊθ ɪz		

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
3	30	2	mouth is have money to burn	n phrase	hæv 'mʌni tə ,bɜ:n	to have more money than you need, so that you spend it on unnecessary things	John won the lottery, so now he's got money to burn.
3	30	2	not made of money	n phrase	nɒt ' meɪd əv ,mʌni	used to say that you cannot afford something when someone asks you to pay for it	I can't buy a new car - I'm not made of money, you know.
3	30	2	have more money than sense	n phrase	hæv mɔ: 'mʌni ðən ,sens	to have so much money that you spend it unwisely	He's got more money than sense.
3	30	2	short of money	adj phrase	'ʃɔ:t əv ,mʌni	if you are short of money you do not have enough of it	I'm a bit short of money this month.
3	30	2	be worth a fortune	n phrase	bi: ,wɜ:θ ə 'fɔ:tʃən	someone who has an enormous amount of money, or something that costs an enormous amount of money	That watch must be worth a fortune.
3	30	2	money is tight	adj phrase	'mʌni ɪz ,taɪt	if money is tight, you do not have enough of it	Money was tight, but we didn't mind because we were doing what we loved.
3	30	2	make ends meet	n phrase	meɪk 'endz ,mi:t	to have only just enough money to buy the things you need	When Mike lost his job, we could barely make ends meet.
3	30	3	live within your means	n phrase	lɪv wɪð 'ɪn jə ,mi:nz	if you live with your means, you do not spend more money than you have	You should teach your children to live within their means.
3	30	3	in debt	n phrase	ɪn 'det	when you owe money to someone	Nearly half the students said they were in debt.
3	30	3	on a budget	n phrase	ɒn ə 'bʌdʒət	if you are on a budget, you can only spend a small (usually limited) amount of money	Travellers on a budget might prefer to camp.
3	30	3	give away	phrasal v	ɡɪv ə 'wei 'kredət	to give something to someone because you do not want or need it for yourself	He gave most of his money away to animal charities.
3	30	3	credit card	n	kɑ:d	a plastic card that you use to buy things and pay for them later	Can I pay by credit card?
3	30	3	standard of living	n	'stændəd əv ,lɪvɪŋ	the amount of wealth, comfort, and other things that a particular person, group,	Young people today have a higher standard of living than their

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						country etc. has	grandparents' generation.
3	31	6	charity	n	'tʃærɪti	an organisation that gives money, goods, or help to people who are poor, sick etc.	Several charities sent aid to the flood victims.
3	31	6	profit	n	'prɒfɪt	money that you gain by selling things or doing business, after your costs have been paid	She sold her business and bought a farm with the profit.
3	31	9	inherit	v	ɪn'hɪərət	to receive money, property etc. from someone after they have died	He inherited a fortune from his grandmother.
3	31	5	stall	n	stɔ:l	a table or a small shop with an open front, especially outdoors, where goods are sold	His business started on a market stall.
3	31	5	rapidly	adv	'ræpədli	very quickly and in a short time	Sarah rose rapidly in her company, and became a manager when she was just 25.
3	31	5	take time out	n	teɪk 'taɪm ,aʊt	to rest or do something different from your usual job or activities	In between jobs, Liz always took time out to return to her first love, travelling.
3	31	5	loads of	n phrase	'ləʊdz əv	a lot of something	Don't worry, there's loads of time.
3	31	5	satisfying	adj	'sætəsfaɪ-ɪŋ	making you feel pleased and happy, especially because you have got what you wanted	I find working in my garden very satisfying.
3	31	5	loan	n	ləʊn	an amount of money that you borrow from a bank, wealthy person etc.	I had to take out a loan to buy my car.
3	31	5	case	n	keɪs	an example of a particular situation or of something happening	In many cases standards have improved.
3	31	5	poverty	n	'pɒvəti	the situation or experience of being poor	Our foundation helps people living in poverty.
3	31	5	operational	adj	ˌɒpə'reɪʃən əl	working and ready to be used	The new system became operational in March.
3	31	5	privileged	adj	'prɪvəlɪdʒd	having advantages because of your wealth, social position etc.	Students from a privileged background have an advantage at university.



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
3	31	5	audio appreciate	v	ə'pri:ʃieɪt	to understand how serious or important a situation or problem is or what someone's feelings are	We appreciate that caring for children is an important job.
3	31	5	audio finance	v	'faɪnæns	to provide money, especially a lot of money, to pay for something	The concerts are financed by the Arts Council.
3	31	5	audio security	n	sɪ'kjʊərəti	protection from bad things that could happen to you	Parenting is about giving your child security and love.
3	31	5	audio yacht	n	jɒt	a large boat with a sail, used for pleasure or sport	I don't think a yacht or a Ferrari would bring them happiness.
3	33	4	graduation	n	ˌgrædʒu'eɪʃən	the time when you complete a university degree course or your education at an American high school	After graduation, Nancy became an art teacher.
3	33	4	ceremony	n	'serəməni	an important social or religious event, when a traditional set of actions is performed in a formal way	We really enjoyed the opening ceremony of the Olympic Games.
3	33	5	whereas	conj	weər'æz	used to say that although something is true of one thing, it is not true of another	The old system was fairly complicated, whereas the new system is really very simple.
3	34	1	publish	v	'pʌblɪʃ	to arrange for a book, magazine etc. to be written, printed, and sold	They are publishing the dictionary on CD-ROM.
3	34	2	precious	adj	'preʃəs	something that is precious is valuable and important and should not be wasted or used without care	We cannot afford to waste precious time.
3	34	3	user-friendly	adj	ˌju:zə'frendli	easy to use, understand, or operate	I need to find a user-friendly guide to computers.
3	35	1	treasure	n	'treɪzə	a very valuable and important object such as a painting or ancient document	The British Museum is full of treasures - many of the objects are priceless.
3	35	1	resource	n	rɪ'zɔ:s	something such as useful land, or minerals such as oil or coal, that exists in a country and can be used to increase its wealth	Canada has vast mineral resources.
4	36	1	volcano	n	vɒl'keɪnəʊ	a mountain with a large hole at the top, through which lava is sometimes forced	Pompeii was destroyed when the volcano erupted in 79AD.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						out	
4	36	1	desert	n	'dezət	a large area of land where it is always very dry, and there is a lot of sand	This area of the country is mostly desert.
4	36	1	mountain range	n	'maʊntən ,reɪndʒ	a group of mountains or hills, usually in a line	It's a land of high mountain ranges and deep valleys.
4	36	1	tropical	adj	'trɒpɪkəl	coming from or existing in the hottest parts of the world	They travelled through tropical rain forests.
4	36	1	penguin	n	'penɡwən	a black and white sea bird, which cannot fly but uses its wings for swimming.	The film Happy Feet was about penguins.
4	36	1	seal	n	si:l	a large sea animal that eats fish and lives around coasts	There were a lot of grey seals on the rocks.
4	36	1	polar bear	n	,pəʊlə 'beə	a large white bear that lives near the North Pole	There are no polar bears in Antarctica.
4	36	1	South Pole	n	,saʊθ 'pəʊl	the most southern point on the surface of the Earth	They travelled across the ice to the South Pole.
4	36	1	expedition	n	,ekspə'dɪʃən	a long and carefully organised journey, especially to a dangerous or unfamiliar place, or the people that make this journey	Ernest Shackleton's expedition to the South Pole is very famous.
4	36	1	survive	v	sə'vaɪv	to continue to live after an accident, war, or illness	Everyone except Shackleton survived the trip.
4	36	title	battle	v	'bætl	to try very hard to achieve something that is difficult or dangerous	We battled through the storm back to the house.
4	36	title	nature	n	'neɪtʃə	everything in the physical world that is not controlled by humans, such as wild plants and animals, earth and rocks, and the weather	We grew up in the countryside surrounded by the beauties of nature.
4	37	2	record	n	'rekɔ:d	the fastest speed, longest distance, highest or lowest level etc. that has ever been achieved or reached, especially in sport	The American team set a new world record in the sprint relay.
4	37	2	break a	n	breɪk ə	to do better or be greater than an	They were trying to break a world

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase record	Part of Speech	Pron	Definition	Example sentence
					'rekɔ:d	existing record	record.
4	37	2	mentally	adv	'mentli	relating to the mind and thinking, or happening only in the mind	It's important to prepare mentally for a trip like this.
						in relation to your body rather than your mind or emotions	She is young and physically fit, so she has a good chance of completing the marathon.
4	37	2	physically	adv	'fɪzɪkli	someone who is fit is strong and healthy, especially because they exercise regularly	I swim twice a week to try and keep fit.
4	37	2	fit	adj	fɪt	a way from one place to another	They took the most direct route home.
4	37	2	route	n	ru:t	to use all of something and not have any more left	They ran out of money and had to abandon the project.
4	37	2	run out of	phrasal v	rʌn 'aʊt əv	to think that something may not be true or that it is unlikely	I doubt we'll ever see him again.
4	37	2	doubt	v	dʌʊt	the person who directs or controls a group, organisation, country etc.	His air of confidence makes him a natural leader.
4	37	2	leader	n	'li:də	a strong desire to achieve something	She had always had an ambition to be a pilot.
4	37	2	ambition	n	æm'brɪʃən	actions, behaviour, or an attitude that shows courage and confidence	His bravery saved the woman's life.
4	37	2	bravery	n	'breɪvəri	to be able to understand something	I just can't get my head round what's been going on here.
			get your head round		get jə 'hed	if you come face to face with something difficult, you experience it and have to deal with it	It was the first time he had come face to face with death.
4	37	6	round	n phrase	,raʊnd	to say something without thinking carefully, so that you embarrass or upset someone	I've really put my foot in it this time.
			come face to face with		kʌm 'feɪs tə 'feɪs wɪð	if two people see eye to eye, they agree with each other	We didn't exactly see eye to eye.
4	37	6	with	n phrase		to attract someone's attention and make them look at something	As he drove through the city, a billboard caught his eye.
			put your foot in it		put jə 'fʊt ɪn ,ɪt		
4	37	6	see eye to eye	n phrase			
4	37	6	eye	v phrase	si: 'aɪ tə ,aɪ		
			catch somebody's eye		'kætʃ ,sʌmbədɪz ,aɪ		
4	37	6	s eye	v phrase			

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
4	37	6	keep an eye on	n phrase	ki:p ən 'aɪ n	to look after someone or something and make sure that they are safe	Mary will keep an eye on the kids this afternoon.
4	37	6	keep a straight face	n phrase	ki:p ə 'streɪt ,feɪs	to not laugh or smile, even though something is funny	I couldn't keep a straight face when she said that.
4	37	6	get cold feet	adj phrase	get kəʊld fi:t	to suddenly feel that you are not brave enough to do something you planned to do	The plan failed after sponsors got cold feet.
4	37	6	can't face	v phrase	kɑ:nt 'feɪs	if you can't face something, you feel unable to do it because it seems too unpleasant or difficult	I can't face going out tonight - I'm far too tired.
4	37	6	put your foot down	n phrase	pʊt jə 'fʊt ,daʊn	to say very firmly that someone must do something or must stop doing something	You'll just have to put your foot down and tell him he can't stay out on school nights.
4	37	audio 3	review	v	rɪ'vju:	to write a short article describing and judging a new book, film, experience etc.	Mark Kermode reviews new films for the BBC.
4	37	audio 3	veteran	n	'vetərən	someone who has had a lot of experience of a particular activity	Leo Stone is a veteran of several polar expeditions.
4	37	audio 3	polar	adj	'pəʊlə	close to or relating to the North Pole or the South Pole	As our climate warms up, the polar ice caps will begin to melt.
4	37	audio 3	descendant	n	dɪ'sendənt	someone who is related to a person who lived a long time ago, or to a family, group of people etc. that existed in the past	He was a direct descendant of Napoleon Bonaparte.
4	37	audio 3	compass	n	'kʌmpəs	an instrument that shows directions and has a needle that always points north	Worsley took the compass Shackleton used.
4	37	audio 3	marathon	n	'mærəθən	a long running race of about 26 miles or (42 kilometres)	Juan ran the marathon in just under three hours.
4	37	audio 3	hell	n	hel ,nævə'geɪf	a place or situation in which people suffer very much, either physically or emotionally	Honestly, the town centre is absolute hell on Saturday afternoons.
4	37	audio 3	navigation	n	ən	the science or job of planning which way you need to go when you are travelling	The team had a map and modern navigation equipment.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						from one place to another	
4	37	audio	endure	v	ɪn'dʒʊə	to be in a difficult or painful situation for a long time without complaining	It seemed impossible that anyone could endure such pain.
4	37	audio	spare	v	speə	to not damage or harm someone or something, even though other people or things are being damaged	One of Shackleton's team fell seriously ill, which luckily the 21st century team was spared.
4	37	audio	crevasse	n	krɪ'væs	a deep open crack in the thick ice on a mountain	There were incredibly dangerous crevasses on the Beardmore Glacier.
4	37	audio	plateau	n	'plætəʊ	a large area of flat land that is higher than the land around it	They reached the Antarctic plateau.
4	37	audio	glacier	n	'glæsiə	a large mass of ice which moves slowly down a mountain valley	The plateau was more difficult to cross than the glacier.
4	37	audio	climax	n	'klaɪmæks	the most exciting or important part of a story or experience, which usually comes near the end	The climax of the story is when they arrive at the place that Shackleton turned back.
4	37	audio	inspiring	adj	ɪn'spaɪərɪŋ	giving people a feeling of excitement and a desire to do something great	Dr King was a great orator and an inspiring leader.
4	37	audio	memorable	adj	'memərəbəl	very good, enjoyable, or unusual, and worth remembering	We want to make this a truly memorable day for the children.
4	37	audio	relief	n	ri'li:f	a feeling of comfort when something frightening, worrying, or painful, has ended or has not happened	I felt a huge surge of relief and happiness.
4	37	audio	reputation	n	,repjə'teɪʃən	the opinion that people have about someone or something because of what has happened in the past	That judge has a reputation for being strict but fair.
4	37	audio	hero	n	'hɪərəʊ	someone who is admired for doing something extremely brave	His father was a war hero, a former fighter pilot.
4	38	1	shipwrecked	v	'ʃɪprekd	if someone is shipwrecked, they are in a boat or ship when it is destroyed in an accident	They were shipwrecked off the coast of Africa.
4	38	1	set off	phrasal	set 'ɒf	to start to go somewhere	I'll set off early to avoid the traffic.
4	38	1	cabin	n	'kæbən	a large motorboat with one or more	He set off from Florida in his cabin

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
			cruiser		,kru:zə	cabins for people to sleep in to travel on or across an area of water in a boat or ship	cruiser.
4	38	1	sail	v	seɪl	if bad weather blows up, it suddenly arrives	Three tall ships sailed past.
4	38	1	blow up	v	bləʊ 'ʌp	to start something, usually something big and important	It looks as if there's a storm blowing up.
4	38	4	launch	v	ləʊntʃ	a long thin piece of food made from a mixture of flour, water, and eggs, usually cooked in soup or boiling water	The Canadian police plan to launch an investigation into the deal.
4	38	4	noodle	n	'nu:dl	on or towards the shore of a lake, river, sea etc.	Serve the meat with rice or noodles.
4	38	4	ashore	adv	ə'ʃɔ:	someone whose job at a beach or swimming pool is to help swimmers who are in danger	Seals come ashore to breed in the spring.
4	38	6	life guard	n	'laɪfgɑ:d	a building or an area with a roof over it that protects you from the weather or from danger	He works as a lifeguard at the local swimming pool.
4	39	1	shelter	n	'ʃeltə	not covered up	They are in need of food and shelter.
4	39	1	bare	adj	beə	a flat floating structure, usually made of pieces of wood tied together, used as a boat	She felt the warm sun on her bare arms.
4	39	1	raft	n	rɑ:ft	a long thin pole with a string and a hook attached to it, used to catch fish	They built a raft to escape from the island.
4	39	1	fishing rod	n	,fɪʃɪŋ rɒd	in natural and free conditions, not kept or controlled by people	He has just bought a new fishing rod.
4	39	7	in the wild	n	'waɪld	someone or something that is regarded as a possible danger	There are very few pandas living in the wild now.
4	39	7	threat	n	θret	a medical condition in which someone looks pale and their heart and lungs are not working correctly, usually after a sudden very unpleasant experience	The fighting is a major threat to stability in the region.
4	40	1	shock	n	ʃɒk		He was suffering from shock.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
4	40	1	frostbite	n	'frɒstbaɪt	a condition caused by extreme cold, that makes your fingers and toes swell, become darker, and sometimes fall off	I nearly got frostbite.
4	40	1	hypothermia	n	ˌhaɪpəʊ'θɜːmiə	a serious medical condition caused by extreme cold	When they found the climbers, they were suffering from hypothermia.
4	40	4	panic	v	'pænɪk	to suddenly feel so frightened that you cannot think clearly or behave sensibly, or to make someone do this	He panicked when the car went out of control.
4	40	4	faint	v	feɪnt	to suddenly become unconscious for a short time	Several fans fainted in the blazing heat at the festival.
4	40	4	incident	n	'ɪnsədənt	an event, especially one that is unusual, important or violent	Roads were sealed off because of a major incident.
4	40	4	multiple	adj	'mʌltəpəl	many or involving many things, people, events etc.	She's published multiple articles on the subject of conservation.
4	40	4	deafness	n	'defnəs	the condition of being physically unable to hear anything or unable to hear well	Deafness is not a barrier to enjoying films or music.
4	40	4	variation	n	ˌveəri'eɪʃən	a difference between similar things, or a change from the usual amount or form of something	At this time of year there's not much variation in temperature - it's always warm and dry.
4	40	6	soaking	adj	'səʊkɪŋ	very wet	I got caught in the storm and am soaking wet.
4	40	6	dense	adj	dens	difficult to see through or breathe	The jungle was so dense, we worried that we would lose our way.
4	40	6	torrential rain	adj phrase	tə'renfəl ˌreɪn	very heavy rain	The torrential rain last night caused severe flooding.
4	40	7	freeze	v	friːz	to stop moving suddenly and stay completely still and quiet	I froze and listened; someone was in my apartment.
4	40	7	storm out of	v phrase	stɔːm 'aʊt əv	to leave somewhere in a noisy, fast way that shows you are extremely angry	He stormed out of the room.
4	40	7	like lightning	n phrase	laɪk 'laɪtnɪŋ	if you move like lightning you move extremely quickly	Mitch moved like lightning and caught the little girl before she fell.
4	40	7	be icy with	adj phrase	biː 'aɪsi wið	if you are icy with someone you show that you feel annoyed with or unfriendly	She was icy with me and refused to say hello.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						towards them	
4	40	7	cloud over a face like	phrasal v	klaʊd 'əʊvə ə 'feɪs laɪk	if someone's face or eyes cloud over, they start to look angry or sad	His face clouded over in disappointment.
4	40	7	thunder	n phrase	θʌndə	a very angry expression	The boss had a face like thunder when he arrived this morning.
4	41	2	avalanche	n	'ævələ:ntʃ	a large mass of snow, ice, and rocks that falls down the side of a mountain	Luckily nobody was injured in the avalanche.
4	41	2	warning	n	'wɔ:nɪŋ	something, especially a statement, that tells you that something bad, dangerous, or annoying might happen	The weather forecast gave warnings of severe flooding this evening.
4	41	2	instant	adj	'ɪnstənt	happening immediately	We had an instant connection, as soon as we met.
4	41	2	curl up	phrasal v	kɜ:l 'ʌp	to move so that you are lying or sitting with your arms and legs bent close to your body	I just wanted to curl up and go to sleep.
4	41	2	packed	adj	pækt	containing a lot of a particular type of thing	My mouth was packed with snow.
4	41	2	lose it	v	'lu:z ɪt	to become very angry and upset	She completely lost it with one of the kids in the class.
4	41	2	be out of your mind	n phrase	bi: 'aʊt əv jə 'maɪnd	to be stupid or crazy	He must have been out of his mind to employ her.
4	41	2	upside down	adv	ʌpsaɪd 'daʊn	with the top at the bottom and the bottom at the top	To get the plant out of the pot, turn it upside down and give it a gentle knock.
4	41	2	over the moon	n phrase	'əʊvə ðə 'mu:n	very happy	She's over the moon about her new job.
4	41	2	drown	v	draʊn	to die from being underwater for too long	Many people drowned when the boat overturned.
4	41	2	tremendous	adj	tri'mendəs	very big, fast, powerful etc.	Suddenly, there was a tremendous bang, and the whole building shook.
4	41	2	pitch	n	pɪtʃ	a black sticky substance that is used on roofs, the bottoms of ships etc. to stop water coming through	The night was as black as pitch.



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
4	41	2	violent	adj	'vaɪələnt	happening with a lot of force	There was a violent storm last night.
4	41	2	anxious	adj	'æŋkʃəs	worried about something	He was a bit anxious about the safety of the machinery.
4	41	2	despairing	adj	dɪ'speərɪŋ	a feeling that you have no hope at all	She gave me a despairing look.
4	41	2	unbearabl e	adj	ʌn'beərəbə l	too unpleasant, painful, or annoying to deal with	The pain was almost unbearable.
4	41	2	vision	n	'vɪʒən	the idea of what you think something should be like	He had a clear vision of how he hoped the company would develop.
4	41	2	grab	v	græb	to take hold of someone or something with a sudden or violent movement	I grabbed my bag and ran to catch the train.
4	41	2	rail	n	reɪl	a bar that is fastened along or around something, for safety or to restrict movement	Several passengers were leaning against the ship's rail.
4	41	2	afloat	adj	ə'fləʊt	floating on water	Somehow we kept the ship afloat.
4	41	2	vividly	adv	'vɪvədli	if you remember something vividly, you remember it very clearly	I can vividly remember the day we met.
4	41	2	tornado	n	tɔ:'neɪdəʊ	an extremely violent storm consisting of air that spins very quickly and causes a lot of damage [American English] tornado: an extremely violent storm made up of air that spins very quickly and causes a lot of damage	John survived a tornado in Mississippi.
4	41	2	twister	n	'twɪstə	things which are carried by road, train etc.	Did you hear about the twister in Iowa last week?
4	41	2	goods	n	ɡʊdz	a loud high sound made by the wind blowing	The goods train thundered past the towns.
4	41	2	howl	n	haʊl	to shake violently	The howl of the wind was terrifying.
4	41	2	shudder	v	'ʃʌdə	a vehicle that can be pulled behind a car, used for living and sleeping in	The ground shuddered as the tornado swept through.
4	41	2	trailer	n	'treɪlə	to break with a sudden sharp noise	The rain against the side of the trailer sounded like machine-gun fire.
4	41	2	snap	v	snæp		A twig snapped under my feet.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
4	41	2	consciousness	n	'kɒŋʃəsnəs	the condition of being awake and able to understand what is happening around you	David lost consciousness at 8 o'clock and only woke up a few hours later.
4	41	2	end up	phrasal v	end 'ʌp	to be in a particular situation, state, or place after a series of events, especially when you did not plan it	He came round for a coffee and we ended up having a meal together.
4	41	2	concussion	n	kən'kʌʃən	a small amount of damage to the brain that makes you lose consciousness or feel sick for a short time, usually caused by something hitting your head.	He was rushed into hospital with concussion.
4	41	2	lung	n	lʌŋ	one of the two organs in your body that you breathe with	Smoking can cause lung cancer.
4	41	2	cracked	adj	krækt	something that is cracked has one or more lines on its surface because it is damaged but not completely broken	He escaped with a cracked rib and bruising.
4	41	2	rib	n	rɪb	one of the 12 pairs of curved bones that surround your chest.	I think I might have broken a rib when I fell off my horse this morning.
4	41	2	shattered	v	'ʃætə	broken into very small pieces	The cup fell off the shelf and shattered on the floor.
4	41	2	surgeon	n	'sɜ:dʒən	a doctor who does operations in a hospital	The surgeons managed to save his life.
4	41	2	sew	v	səʊ	to use a needle and thread to make or repair something	She sewed the two sides together.
4	41	2	drizzle	v	'drɪzəl	if it is drizzling, light rain and mist come out of the sky	The rain isn't too bad - it's only drizzling.
4	41	2	lightning	n	'laɪtnɪŋ	a powerful flash of light in the sky caused by electricity and usually followed by thunder	I find storms with thunder and lightning really exciting.
4	41	2	dull ache	adj phrase	dʌl eɪk	a dull ache or pain is not severe but does not stop	She had a dull ache in her back.
4	42	4	skid	v	skɪd	if a vehicle or wheel skids, it suddenly slides sideways and you cannot control it	The car skidded as she turned onto the highway.
4	42	4	emergency	n	ɪ'mɜ:dʒənsi	an unexpected and dangerous situation	Lifeguards are trained to deal with

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
4	43	1	unsuccessful	adj	ˌʌnsək'sesf əl	that must be dealt with immediately not having a successful result or not achieving what you wanted to achieve	emergencies. We have been unsuccessful in finding a new manager.
4	43	1	discourage	adj	dɪs'kʌrɪdʒd	no longer having the confidence you need to continue doing something	A lot of players get discouraged and quit.
4	43	1	impossible	adj	ɪm'pɒsəbəl	something that is impossible cannot happen or be done	It's impossible to be accurate about these things.
4	43	1	misunderstand	v	ˌmɪsʌndə's tænd	to fail to understand someone or something correctly	They misunderstood our instructions and went the wrong way.
4	43	1	advantage	n	əd'vɑːntɪdʒ	something that helps you to be more successful than others, or the state of having this	Younger workers tend to be at an advantage.
4	43	2	disadvantage	n	ˌdɪsəd'vɑːn tɪdʒ	something that causes problems, or that makes someone or something less likely to be successful or effective	The disadvantage of the material is that it fades in strong sunlight.
4	43	2	misread	v	ˌmɪs'riːd	to read something incorrectly	The doctor must have misread the notes.
4	43	2	likely	adj	'laɪkli	something that is likely to happen will probably happen or is probably true	Snow showers are likely tomorrow.
4	43	2	unlikely	adj	ʌn'laɪkli	not likely to happen	The weather is unlikely to improve over the next few days.
4	43	2	impatient	adj	ɪm'peɪjənt	annoyed because of delays, someone else's mistakes etc.	He turned away with an impatient gesture.
4	43	2	regular	adj	'regjələ	normal or usual	Our regular opening hours are 10a.m. to 7p.m.
4	43	2	irregular	adj	ɪ'regjələ	not happening at the normal time for doing something	They work irregular hours.
4	43	2	incapable	adj	ɪn'keɪpəbəl	not able to do something	He seemed incapable of understanding how she felt.
4	43	6	heatstroke	n	'hiːtstrəʊk	fever and weakness caused by being outside in the heat of the sun for too long	Heatstroke often occurs when the body is unable to control its temperature.
4	43	6	dizzy	adj	'dɪzi	feeling unable to stand steadily, for example because you are looking down	I hate heights - they make me feel dizzy.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						from a great height or because you are ill	
5	46	2	snack	n	snæk	a small amount of food that is eaten between main meals or instead of a meal	Drinks and light snacks are served at the bar.
5	46	2	organic	adj	ɔ:'gænik	food grown and produced without using artificial chemicals	The shop sells organic food.
5	46	2	be allergic to	adj	bi: ə'lɜ:dʒɪk tə	if you are allergic to something, you do not like it and try to avoid it	I'm allergic to feathers.
5	46	3	diet	n	'daɪət	the food that a person or animal eats every day	She doesn't eat a very healthy diet.
5	46	3	strict	adj	strikt	exact and correct, often in a way that seems unreasonable	He follows a strict vegetarian diet.
5	46	3	vegetarian	adj	ˌvedʒə'teəriən	not eating meat or fish	Let's go to the new vegetarian restaurant.
5	46	3	vitamin	n	'vɪtəmən	a chemical substance found in food that is necessary for good health	Try to eat foods that are rich in vitamins and minerals.
5	46	3	well-balanced	adj	ˌwel'bælənst	a well-balanced meal or diet contains all the different things you need to keep you healthy	He makes sure he has a well-balanced diet.
5	46	3	salt	n	sɔ:lt	a natural white mineral that is added to food to make it taste better or to preserve it	This might need some salt and pepper.
5	46	3	dairy-free	adj	'deəri fri:	not containing any dairy products such as milk, butter, cheese etc.	She's on a dairy-free diet at the moment.
5	47	5	honey	n	'hʌni	a sweet sticky substance produced by bees	Honey is a good natural sweetener.
5	47	5	curry	n	ˌkʌri	a type of food, consisting of meat or vegetables in a spicy sauce	She ordered chicken curry for lunch.
5	47	5	rice	n	raɪs	a food that consists of small white or brown grains that you boil in water until they become soft enough to eat	Serve the meat with plain boiled rice.
5	47	5	chicken	n	'tʃɪkən	a common farm bird that is kept for its meat and eggs	We're having roast chicken for dinner tonight.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	48	1	can't stand	v	kɑːnt 'stænd	used to say that you do not like someone or something at all, or that you think that something is extremely unpleasant	I can't stand bad table manners.
5	48	1	chilli	n	'tʃɪli	a small thin red or green pepper with a very strong hot taste	Some people can't stand the taste of chilli.
5	48	1	spice	n	spaɪs	a type of powder or seed, taken from plants, that you put into food you are cooking to give it a special taste	I love food which has lots of spice in it.
5	48	1	flavour	n	'fleɪvə	the particular taste of food or drink	Which flavour do you want - chocolate or vanilla?
5	48	2	addictive for the	adj	ə'dɪktəv fə ðə 'seɪk	if a substance is addictive, your body starts to need it regularly and you are unable to stop taking it	Scientists say that chocolate can actually be addictive.
5	48	2	sake of	n phrase	əv	in order to help improve, or please someone or something	He moved to the the seaside for the sake of his health.
5	48	2	bitter	adj	'bɪtə	having a strong sharp taste	Lemon cordial is bitter but refreshing.
5	48	2	caffeine	n	'kæfiːn	a substance in tea, coffee, and some other drinks that makes you feel more active	Avoid drinks with caffeine in them before bedtime.
5	48	2	ingredient	n	ɪn'ɡriːdiənt	one of the foods that you use to make a particular dish	Combine all the ingredients in a large bowl.
5	48	2	culture	n	'kʌltʃə	the beliefs, way of life, art, and customs that are shared and accepted by people in a particular society	In our culture, it is rude to ask someone how much they earn.
5	49	6	raw	adj	rɔː	not cooked	Cabbage can be eaten raw.
5	49	4	chew	v	tʃuː	to bite food several times before swallowing it	The meat's so tough I can hardly chew it.
5	49	4	leisure	n	'leɪʒə	time when you are not working or studying and can relax and do things you enjoy	Most people now enjoy shorter working hours and more leisure time.
5	49	4	brain	n	breɪn	the organ inside your head that controls how you think, feel, and move	Our brains are much more developed than other animals'.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	49	4 audio	tradition	n	trə'dɪʃən	a belief, custom, or way of doing something that has existed for a long time, or these beliefs, customs etc. in general	It's tradition that the eldest son inherits the property.
5	49	4 audio	ice age	n	ˌaɪs eɪdʒ	one of the long periods of time, thousands of years ago, when ice covered many northern countries	During the ice age, most of Britain was uninhabited.
5	50	1	common	adj	'kɒmən	happening often and to many people or in many places	Bad dreams are fairly common among children.
5	50	2	critic	n	'krɪtɪk	someone whose job is to make judgments about the good and bad qualities of art, music, films etc.	He has become a food critic.
5	50	2	hummus	n	'hu:məs	a Greek food made from a soft mixture of chickpeas, oil, and garlic	They suggested he grab some hummus from his usual Greek takeout.
5	50	2	takeout	n	'teɪkaʊt	a meal that you buy from a restaurant to eat at home	He eats too many takeouts.
5	50	2	reflective	adj	rɪ'flektɪv	a reflective surface reflects light	Always wear reflective clothes when you ride your bike at night.
5	50	2	jar	n	ʃɑ:	a glass container with a wide top and a lid, used for storing food such as jam or honey	There was only half a jar of peanut butter left.
5	50	2	olive	n	'ɒləv	a small bitter egg-shaped black or green fruit, used as food and for making oil	I don't really like olives - they're so salty.
5	50	2	artichoke	n	'ɑ:tətʃəʊk	a type of round green vegetable, which has buds with leaves that you eat, which are like the petals of a flower	There were jars of artichokes on the walls.
5	50	2	turn out	phrasal v	tɜ:n aʊt	to happen in a particular way, or to have a particular result, especially one that you did not expect	To my surprise it turned out that I was wrong.
5	50	2	turn somebody away	phrasal v	tɜ:n ˌsʌmbədi ə'wei	to refuse to give someone sympathy, help, or support	A year before, he had been turned away from the half-empty restaurant.
5	50	2	unaccomp	adj	ˌʌnə'kʌmpə	someone or something that is	Unaccompanied children are not

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	50	2	unaccompanied squeeze somebody in	phrasal v	nɪd skwiːz ,sʌmbədi 'ɪn	unaccompanied has no one with them to managed to find space for someone even though a place is full	allowed on the premises. The restaurant was full, but the waitress squeezed him in.
5	51	2	impress	v	ɪm'pres	to make someone feel admiration and respect	We were very impressed by the standard of his work.
5	51	2	stare	v	steə	to look at something or someone for along time without moving your eyes	She stared at me in disbelief.
5	51	2	cash	n	kæʃ	money in the form of coins or notes rather than cheques, credit cards etc.	You can pay with cash or with a credit card.
5	51	2	strike up	phrasal v	straɪk 'ʌp	if you strike up a conversation with someone, you to start talking to them	I struck up a conversation with the girl sitting next to me.
5	51	2	mousse	n	muːs	a sweet food made form a mixture of cream, eggs, and fruit or chocolate, which is eaten cold	I had chocolate mousse for dessert.
5	51	2	arugula	n	ə'ruːgjələ	also known as 'rocket' - a plant with green leaves and a strong taste, eaten raw in salads	He recommended they try the arugula salad.
5	51	2	leather- bound	adj	'leðəbaʊnd	a leather-bound book is covered on the outside with leather	He owned a leather-bound volume of Shakespeare's plays.
5	51	2	softish	adj	sɒftɪʃ	if something is softish it is rather or quite soft	The restaurant played softish jazz music.
5	51	2	overly	adv	'əʊvəli	too or very	I'm not overly fond of cats.
5	51	2	sickly- sweet	adv	,sɪkli 'swi:t	if something is sickly-sweet it is unpleasantly sweet	There were no sickly-sweet smiles.
5	51	2	insulting	adj	ɪn'sʌltɪŋ	very rude and offensive to someone	He made several insulting remarks.
5	51	2	complimen- tary	adj	,kɒmplə'm entəri	given free to people	Please accept this complimentary dessert.
5	51	2	tripe	n	traɪp	the stomach of a cow or pig, cooked and used as food	He was given a complimentary tripe stew.
5	51	2	stew	n	stjuː	a hot meal made by cooking meat and vegetables slowly in liquid for a long time	He didn't know what was in the stew.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	51	2	intestine	n	ɪn'testən	the long tube in the body through which food passes after it leaves the stomach	You can eat intestines - they're delicious with onions and peppers.
5	51	2	media	n	'mi:diə	the organisations, such as television, radio, and newspapers, that provide news and entertainment for the public, or the people who do this work	The scandal was widely reported in the national media.
5	51	2	contestant	n	kən'testənt	someone who competes in a contest	He was a contestant on a TV game show.
5	51	2	tender years	adj	'tendə jɪəz	the time when you are young or do not have much experience	Despite his tender years, he is now reviewing some of the city's top restaurants.
5	51	4	publication	n	ˌpʌblə'keɪʃən	the process of printing a book, magazine etc. and offering it for sale	He spent his holiday writing reviews for publication.
5	51	4	keen	adj	ki:n	wanting to do something or wanting something to happen very much	He told me he was keen to help.
5	51	4	reserve	v	rɪ'zɜ:v	to arrange for a place in a hotel, restaurant, plane etc. to be kept for you to use at a particular time in the future	I'd like to reserve a table for two.
5	51	4	celebrity	n	sə'lebrəti	a famous living person	He's a national celebrity.
5	51	4	fuss	n	fʌs	if someone makes a fuss they complain or become angry about something, especially when it is not necessary	Josie made a fuss because the soup was too salty.
5	51	6	turn somebody off	phrasal v	tɜ:n ,sʌmbədi 'ɒf	to make someone decide they do not like something	Any prospective buyer would be turned off by the sight of rotting wood.
5	51	6	turn something down	phrasal v	tɜ:n ,sʌmθɪŋ 'daʊn	to refuse an offer, request, or invitation	They offered her the job but she turned it down.
5	51	6	turn on somebody	phrasal v	tɜ:n 'ɒn ,sʌmbədi	to suddenly attack someone, using physical violence or unpleasant words	Peter turned on Rai and screamed, 'Get out of my sight!'
5	52	1	feast	n	fi:st	a large meal where a lot of people celebrate a special occasion	The king promised to hold a great feast for all his people.



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	52	1	provide	v	prə'vaɪd	to give something to someone or make it available to them, because they need it or want it	Tea and biscuits will be provided.
5	52	1	monkey	n	'mʌŋki	a small brown animal with a long tail, which uses its hands to climb trees and lives in hot countries	I'm a bit scared of monkeys.
5	52	1	jungle	n	'dʒʌŋɡəl	a thick tropical forest with many large plants growing very close together	He lived in the Amazon jungle for several years.
5	52	3	wedding	n	'wedɪŋ	a marriage ceremony, especially one with a religious service	She's busy planning her daughter's wedding.
5	52	3	sugared	adj	'ʃʊɡəd	covered in sugar	They gave away sugared almonds to all the wedding guests.
5	52	3	almond	n	'ɑ:mənd	a flat pale nut with brown skin that tastes sweet	Don't forget to stir in the ground almonds and coconut milk.
5	52	3	anniversary	n	,æənə'vɜ:səri	a date on which something special or important happened in a previous year	Jack and Kim celebrated their twentieth wedding anniversary in January.
5	52	3	y	n			We were thrilled to hear about the baby.
5	52	3	thrilled	adj	θrɪld	very excited, happy and pleased	
5	52	3	reception	n	rɪ'sepʃən	a large formal party, especially a wedding, to celebrate an event or to welcome someone	It's an ideal location for a wedding reception.
5	52	6	curious	adj	'kjʊəriəs	wanting to know about something	Puppies are naturally curious animals.
5	52	6	consume	v	kən'sju:m	to eat or drink something	Alcohol may not be consumed on the premises.
5	52	6	estimate	v	'estəmeɪt	to try to judge the value, size, speed, cost etc. of something, without calculating it exactly	The tree is estimated to be at least 700 years old.
5	52	6	aggressive	adj	ə'ɡresɪv	behaving in an angry threatening way, as if you want to fight or attack someone	Jim's voice became aggressive.
5	53	1	atmosphere	n	'ætməsfɪə	the feeling that an event or place gives you	The hotel had a lovely relaxed atmosphere.
5	54	1	location	n	ləʊ'keɪʃən	a particular place, especially in relation to other areas, buildings etc.	His apartment is in a really good location.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	54	1	avoid	v	ə'vɔɪd	to stay away from someone or something, or not to use something	I'd always avoided visiting the Hard Rock Café.
5	54	1	legendary	adj	'ledʒəndəri	very famous and admired	Her singing was legendary.
5	54	1	overpriced	adj	ˌəʊvə'praɪs	something that is overpriced is more expensive than it should be	I thought the food was overpriced.
5	54	1	outstandin g	adj	ˌaʊt'stændɪŋ	extremely good	His performance was outstanding.
5	54	1	tempt	v	tempt	to try to persuade something to do something by making it seem attractive	The new programme is designed to tempt young people into studying engineering.
5	54	1	veggie	adj	'vedʒi	shortened form of vegetarian	I ordered the veggie burger.
5	54	1	stodgy	adj	'stɒdʒi	stodgy food is heavy and makes you feel full very quickly	The pudding was very stodgy.
5	54	1	bland	adj	blænd	food that is bland has very little taste	Because of her illness, she's on a very bland diet at the moment.
5	54	1	downside	n	'daʊnsaɪd	the negative part or disadvantage of something	The downside of the book is that it is written in a rather boring style.
5	54	1	literally	adv	'lɪtərəli	used to emphasise that something, especially a large number, is actually true	The Olympic Games were watched by literally billions of people.
6	58	1	performan ce	n	pə'fɔ:mænd	when someone performs a play or a piece of music	Their performance of Mozart's Concerto in E flat was finely controlled and dramatic.
6	58	1	performer	n	pə'fɔ:mə	an comedian, actor, musician etc. who performs to entertain people	He was a better songwriter than performer.
6	58	2	obvious	adj	'ɒbvɪəs	easy to notice or understand	The obvious way of reducing pollution is to use cars less.
6	58	2	additional	adj	ə'dɪʃənəl	more than what was agreed or expected	Additional information can be obtained from the centre.
6	58	2	considerab le	adj	kən'sɪdərəbəl	fairly large, especially large enough to have an effect or be important	We've saved a considerable amount of money.
6	58	3	circus	n	'sɜ:kəs	a group of people and animals who travel to different places performing skilful tricks as entertainment	He had always wanted to be a circus performer.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	58	3	stress	n	stres	continuous feelings of worry about your work or personal life, that prevent you from relaxing	Your headaches are due to stress.
6	58	4	talent	n	'tælənt	a natural ability to do something	He has a lot of talent, and his work is fresh and interesting.
6	59	8	production	n	prə'dʌkʃən	a play, film, broadcast etc. that is produced for the public, or the process of producing it	It was a wonderful production.
6	59	8	script	n	skript	the written form of a speech, play, film etc.	They write all their own scripts.
6	59	8	set	n	set	the scenery, furniture etc. used on a stage in a play or in the place where a film or television show is being made	I'm working on the set for the new Shakespeare production.
6	59	9	landscape	n	'lændskeɪp	a picture showing an area of countryside or land	My parents have several landscape paintings on their walls.
6	59	9	graffiti	n	græ'fi:ti	writing and pictures painted on the walls of buildings, trains etc.	The walls are covered in graffiti.
6	59	9	still life	n	,stɪl 'laɪf	a picture of an arrangement of objects, for example flowers or fruit	I find his still life paintings very realistic.
6	59	9	abstract	adj	'æbstrækt	abstract paintings, designs etc. consist of shapes and patterns that do not look like real people or things	He does abstract paintings mostly.
6	59	9	portrait	n	'pɔ:treɪt	a painting, drawing, or photograph of one person	She's been commissioned to paint Jackson's portrait.
6	59	10	on display	n	ɒn dɪ'spleɪ	something that is on display is in a public place where people can look at it	Mapplethorpe's photographs were first put on display in New York.
6	60	1	costume	n	'kɒstjʊm	a set of clothes worn by an actor or by someone to make them look like something such as an animal, famous person etc.	The film had wonderful costumes and spectacular sets.
6	60	3	chat show	n	,tʃæt ʃəʊ	a television or radio show on which people talk about themselves in reply to questions	I saw Tom Cruise on a chat show last night.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	60	3	comedy	n	'kɒmədi	entertainment that is intended to make people laugh	He wrote a very successful TV comedy.
6	60	3	festival	n	'festəvəl	an occasion when there are performances of many films, plays, pieces of music etc., usually happening in the same place every year	She always goes to the Swansea Festival of Music and Arts.
6	60	3	venue	n	'venju:	a place where an organised meeting, concert etc. takes place	We need to book a venue for the party.
6	60	3	retire	v	rɪ'taɪə	to stop working, usually because you have reached a certain age	Most people retire at 65.
6	60	3	exhibition	n	,eksə'biʃən	a show of paintings, photographs, or other objects that people can go to see	We went to the new exhibition of her paintings.
6	60	3	content	n	'kɒntent	the things that are inside a box, bag, room etc.	Most of the gallery's contents were damaged in the fire.
6	60	3	state	v	steɪt	to formally say or write a piece of information or your opinion	Rembert again stated his intention to resign from Parliament.
6	60	1 audio	futuristic	adj	,fju:tʃə'rɪstɪk	something which is futuristic looks unusual and modern, as if it belongs in the future instead of the present	The futuristic sports stadium is the pride of the city.
6	60	1 audio	stunning	adj	'stʌnɪŋ	extremely attractive or beautiful	You look absolutely stunning in that dress.
6	60	1 audio	contrast	v	ken'trɑ:st	if two things contrast, the difference between them is very easy to see and is sometimes surprising	The snow was icy and white, contrasting with the brilliant blue sky.
6	60	1 audio	hoodie	n	'hʊdi	a loose jacket or top made of soft material, which has a hood	Young people today all seem to wear jeans and hoodies.
6	60	1 audio	compose	v	kəm'pəʊz	to write a piece of music	Barrington has composed the music for a new production of A Midsummer Night's Dream.
6	60	1 audio	threatening	adj	'θretn-ɪŋ	if someone's behaviour is threatening, you believe they intend to harm you	His voice sounded threatening on the phone.
6	60	3 audio	be starving	v	bi: 'stɑ:vɪŋ	to be very hungry	I was starving when I got home.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	60	3 audio	queue	v	kju:	to join a line of people or vehicles waiting to do something	Some of the people queuing for tickets had been there since dawn.
6	60	3 audio	premiere	n	'premieə	the first public performance of a film, play or piece of music	The new film has its premiere next week.
6	60	3 audio	alongside	adv	əˌlɒŋ'saɪd	used to say that people or things do something or exist together at the same time.	Brad Pitt starred alongside his wife in the last film.
6	60	3 audio	contemporary	adj	kən'tempə rəri	belonging to the present time	There is an exhibition of contemporary British designs at the museum.
6	60	3 audio	it's a shame	n phrase	ɪts ə 'ʃeɪm	used when you wish a situation was different, and you feel sad or disappointed	It's a shame that you have to leave to soon.
6	60	3 audio	challenging	adj	'tʃæləndʒɪŋ	difficult in an interesting or enjoyable way	Teaching young children is a challenging and rewarding job.
6	60	3 audio	audition	n	əˈdɪʃən	a short performance by an actor, singer etc. that someone watches to judge if they are good enough to act in a play, sing in a concert etc.	I've got an audition for the Bournemouth Symphony Orchestra on Friday.
6	62	2	blockbuster	n	'blɒkˌbʌstə	a book or film that is very popular and successful	Have you seen the latest Hollywood blockbuster?
6	62	2	niche	adj	niːʃ	relating to selling goods to a particular small group of people who have similar needs, interests etc.	Niche' films are doing well these days.
6	62	5	digital	adj	'dɪdʒətl	using a system in which information is recorded or sent out electronically in the form of numbers, usually ones and zeros	Digital technology has had a huge effect on the film industry.
6	62	6	access	n	'æksəs	the right to enter a place, use something, see someone	Access to the papers is restricted to senior management
6	62	6	accessible	adj	ək'sesəbəl	easy to obtain and use	We need a health service that is accessible to everyone.
6	62	6	anxiety	n	æŋ'zaɪəti	the feeling of being very worried about something	There is considerable anxiety among staff about job losses.

# Gold First New Edition Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	62	6	romance	n	rəʊ'mæns	the feeling of excitement and adventure that is related to a particular place, activity etc.	Michelle married him after a whirlwind romance.
6	62	6	romantic	adj	rəʊ'mæntɪk	beautiful in a way that affects your emotions and makes you think of love and adventure	Tom is very romantic and always sends her red roses on her birthday.
6	62	6	succeed	n	sək'ses	when you achieve what you want or intend	The experiment was a big success.
6	62	6	successful	adj	sək'sesfəl	achieving what you wanted, or having the effect or result you intended	The operation was successful.
6	62	6	choose	v	tʃu:z	to decide which one of a number of things or people you want	It took us ages to choose a new carpet.
6	62	6	choice	n	tʃɔɪs	if you have a choice, you can choose between several things	You have a choice of hotel or self-catering accommodation.
6	62	6	entertain	v	,entə'teɪn	to amuse or interest people in a way that gives them pleasure	She entertained the children with stories, songs and drama.
6	62	6	entertainment	n	,entə'teɪnmənt	things such as films, television, performances etc. that are intended to amuse or interest people	The town provides a wide choice of entertainment.
6	62	6	grow	v	grəʊ	to increase in amount, size, number, or strength	Sales of new cars grew by 10 percent last year.
6	62	6	growth	n	grəʊθ	an increase in amount, number, or size	There has been a rapid growth of world population.
6	62	6	produce	v	prə'dju:s	if someone produces a film or play, they find the money for it and control the way it is made	Costner produced and directed the film.
6	62	6	separate	v	'sepə'reɪt	to divide or split into different parts, or to make something do this	At this point the satellite separates from its launcher.
6	62	6	separation	n	'sepə'reɪʃən	when something separates or is separate	This is the zone of separation between the warring factions.
6	62	6	supply	v	sə'plai	to provide people with something that they need or want, especially regularly over a long period of time	Paint for the project was supplied by the city.

# Gold First New Edition Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	62	6	supply	n	sə'plai	the amount of something that is available to be used	I've only got a week's supply of tablets left.
6	63	2	shoot	v	ʃu:t	to take photographs or make a film of something	The movie was shot in New Zealand.
6	63	2	distribute	v	dɪ'strɪbjʊ:t	to share things among a group of people, especially in a planned way	The man is distributing leaflets to passers-by.
6	63	2	vastly	adv	'vɑ:stli	very much, hugely	This book is vastly superior to his last one.
6	63	2	tighten your grip on	v phrase	'taɪn jə grɪp ɒn	to control a place or situation more strictly	The military have tightened their grip on the capital.
6	63	2	sell-out	n	ˌseləʊt	a performance, sports game etc. for which all the tickets have been sold	The concert was expected to be a sell-out.
6	63	2	at the expense of	n	æt ði: ɪk'spens əv	if something is done at the expense of someone or something else, it is only achieved by doing something that could harm the other person or thing	The growth in short breaks is at the expense of longer package holidays.
6	63	2	near miss	n	nɪə mɪs	a situation in which something almost happens, or someone almost achieves something	Several of his films have been near misses.
6	63	2	box office	n	'bɒks ˌɒfɪs	a place on a theatre, cinema etc. where tickets are sold	Collect your tickets at the box office.
6	63	2	media-hyped	v	'mi:diəˌhaɪpt	when the media try to make people think something is good or important by talking about it a lot	Many people only go to see the media-hyped blockbusters.
6	63	2	handy	adj	'hændi	useful	It's very handy having a light above your desk.
6	63	2	alphabetically	adv	ˌælfəˈbetɪklɪ	relating to the alphabet, in alphabetical order	All the iTunes files are arranged alphabetically.
6	63	2	conservative	adj	kən'sɜ:vətɪv	not liking changes or new ideas	He has a conservative attitude to education.
6	63	2	cancel	v	'kænsəl	to decide that something that was officially planned will not happen	Our flight was cancelled.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	63	2	approve	v	ə'pru:v	to think that someone or something is good, right, or suitable	I don't approve of cosmetic surgery.
6	63	2	demand	n	dɪ'mɑ:nd	the need or desire that people have for particular goods and services	There is a huge demand for new housing.
6	63	2	option	n	'ɒpʃən	a choice you can make in a particular situation	There are a number of options available.
6	63	2	raise your game	v phrase	'reɪz jə 'geɪm	if you raise your game, you improve the way you do something	So the media industry must raise its game now.
6	63	2	guarantee	v	ˌgærən'ti	to promise to do something or to promise that something will happen	I guarantee you'll love this film.
6	63	2	delight	v	dɪ'lɑ:t	to give someone great satisfaction and enjoyment	Her fabulous recipes will delight anyone who loves chocolate.
6	63	2	format	n	'fɔ:mæt	used to talk about CD, internet files etc. when saying what type of equipment it can be played on	You can see the film in a wide variety of formats.
6	63	2	offering	n	'ɒfərɪŋ	a book, play, piece of music etc. that someone has written recently	This is the latest offering from Nanci Griffith.
6	63	2	climate	n	'klaɪmət	the general feeling or situation in a place at a particular time	Small businesses are finding it hard to survive in the present economic climate.
6	64	1	project	v	prə'dʒekt	to make the picture of a film, photograph etc. appear in a larger form on a screen or flat surface	They project films onto the wall in that restaurant.
6	64	1	screen	n	skri:n	the large, flat part of a television or computer where the picture or information appears	He went on staring at the television screen.
6	64	1	monitor	v	'mɒnɪtə	to carefully watch and check a situation in order to see how it changes over a period of time	The temperature is carefully monitored.
6	64	1	avatar	n	'ævə:tə:	a small picture of a person or animal that represents you on a computer screen, for example in some chat rooms or when you are playing games over the internet	Your thoughts will be able to control your avatar.



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	65	1	get <sup>1</sup>	v	get	to understand something	I don't think she got the joke.
6	65	1	get <sup>2</sup>	v	get	to persuade or force someone to do something	We couldn't get him to sign the agreement.
6	65	1	get <sup>3</sup>	v	get	to have, do, or experience something	I never get the time to read these days.
6	65	1	get <sup>4</sup>	v	get	to change to a new feeling, situation, or state (to become)	She soon got bored with the job.
6	65	1	get <sup>5</sup>	v	get	to travel somewhere on a train, bus etc.	Let's get the bus to the airport.
6	65	1	get <sup>6</sup>	v	get	to receive something that someone give you or sends you	We get a lot of junk mail.
6	65	2	gadget	n	'gædʒət	a small, useful, and cleverly-designed machine or tool	I've just bought a neat gadget for sharpening knives.
6	65	2	hoverboard	n	'hɒvəbɔ:d	a board you stand on, like a skateboard, but which can stay up in the air	Michael Fox used a hoverboard in the film Back to the Future.
6	65	2	tarmac	n	'tɑ:mæk	a mixture of tar and very small stones, used for making the surface of roads	Careful! They've just put new tarmac on the driveway.
6	65	2	roll	n	rəʊl	a small round loaf of bread for one person	He had a bacon roll for breakfast.
6	65	2	vacuum cleaner	n	'vakjuəm ,kli:nə	a machine that cleans floors by sucking up dirt	She went over the carpet with the vacuum cleaner.
6	65	2	commercially	adv	kə'mɜ:ʃəli	if a new product is commercially available, you can buy it in shops	Robotic vacuum cleaners are already commercially available.
6	65	2	touchscreen technology	n	'tʌtʃskri:n tek,nɒlədʒi	technology which allows you to control a computer, or phone, by touching the screen	Touch-screen technology has revolutionised the way we use computers.
6	65	2	fiction	n	'fɪkʃən	books, films, stories etc. about imaginary people and events	I prefer reading fiction to biographies.
6	65	2	astonishing	adj	ə'stɒnɪʃɪŋ	so surprising that it is difficult to believe	Their success is astonishing.
6	65	2	amazing	adj	ə'meɪzɪŋ	very good especially in an unexpected way	He's an amazing player to watch.
6	65	2	predict	v	pri'dɪkt	to say something will happen, before it happens	Sales were five percent lower than predicted.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	66	1	outline	v	'aʊtlɑɪn	to describe something in a general way, giving the main points but not the details	The new president outlined plans to deal with crime, drugs, and education.
6	66	1	potential	adj	pə'tensəl	likely to develop into a particular type of person or thing in the future	There is a potential problem with the new equipment.
6	66	1	recommen dation	n	,rekəmen'd eɪʃən	a suggestion to someone that they should choose a particular thing or person that you think is very good	We will review the case and make recommendations.
6	66	1	consult	v	kən'sʌlt	to ask for information or advice from someone because it is their job to know something	I need to consult my lawyer before we go ahead with the sale.
6	66	1	widen	v	'waɪdn	to become large in degree or range, or to make something do this	They are trying to widen the discussion to include environmental issues.
6	66	1	appeal	n	ə'pi:l	a quality that makes people like something or someone	The film has great appeal for young audiences.
6	66	1	raise concerns	n	kən'sɜ:n	to begin to talk or write about worries that you want to be considered	The incident has raised concerns over safety at the power station.
6	66	1	pay your way	v	'peɪ jə ,wei	if something pays its way, the money it saves over a period of time is as much as the product cost to buy	A new boiler would pay its way within two years.
6	66	1	outweigh	v	aʊt'wei	to be more important or valuable than something else	The benefits of the scheme outweigh the disadvantages.
6	67	1	stand-up comedy	n	'stændʌp ,kɒmədi	telling jokes in front of people as a job	He started doing stand-up comedy in small clubs.
6	67	2	interval	n	'ɪntəvəl	the short period of time between the parts of a play	We can get some drinks in the interval.
6	67	3	series	n	'siəri:z	a set of television or radio programmes that have the same characters or deal with the same type of subject, and are usually broadcast every week or several times a week	The new crime series is very good.
7	68	1	emigrate	v	'eməgreɪt	to leave your own country in order to live in another country	He emigrated to Australia as a young man.
7	68	1	presume	v	prɪ'zju:m	to think that something is true, although	I presume he will be there by six

# Gold First New Edition Wordlist

Pag Unit	e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
7	68	1	routine	n	ru:'ti:n	you are not certain the usual order in which you do things, or the things you do regularly	o'clock. John's departure had upset their daily routine.
7	68	1	single out	phrasal v	'sɪŋɡəl 'aʊt	to choose one person or thing from among a group because they are better, worse, more important etc. than others	I don't see why he should be singled out for special treatment.
7	68	1	rush	n	rʌʃ	a situation in which you need to hurry	I knew there would be a last-minute rush to meet the deadline.
7	68	1	fizzy	adj	'fizi	like a fizzy liquid, full of bubbles of gas	She was fizzy with excitement.
7	68	1	precisely	adv	prɪ'saɪsli	exactly or correctly	He arrived at precisely four o'clock.
7	68	1	lose your nerve	n phrase	lu:z jə 'nɜ:v	suddenly lose the courage or confidence to do something	I wanted to ask him the question, but I lost my nerve.
7	68	1	remind	v	rɪ'maɪnd	to make someone remember something that they must do	Remind me to buy some milk tonight.
7	68	1	hide	v	haɪd	to keep your real feelings, plans, or the truth secret, so that they cannot be known by other people	She laughed to hide her nervousness.
7	68	1	kill	v	kɪl	to make someone feel very annoyed, sad or concerned	It kills me to see him working so hard.
7	68	1	wear a look	v	weə ə 'lʊk	to have a particular expression on your face	His face wore a welcoming smile.
7	68	1	strained	adj	streɪnd	showing the effects of worry or too much work	Nina's voice sounded strained.
7	68	1	be taken aback	phrasal v	bi: teɪkən ə'bæk	to be very surprised about something	Emma was taken aback by his honesty.
7	68	1	tone	n	təʊn	the way your voice sounds, which shows how you are feeling or what you mean	Her tone was sharp with anger.
7	68	1	hallway	n	'hɔ:lweɪ	the area just inside the door of a house or other building, that leads to other rooms	She followed her mother into the hallway.
7	68	1	small talk	n	'smɔ:l tɔ:k	polite friendly conversation about unimportant subjects	We stood around making small talk.
7	68	1	resume	v	rɪ'zju:m	to start doing something again after	She hopes to resume work after the

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
7	68	1	unbidden	adv	ʌn'bidn	stopping or being interrupted without being asked for, expected, or invited	baby is born.
7	68	1	arrangeme nt	n	ə'reɪndʒmənt	plans and preparations that you must make so that something can happen	The thought came to her unbidden.
7	68	1	bustle	n	'bʌsəl	busy and often noisy activity	Have you made all your travel arrangements?
7	68	1	dread	n	dred	a strong fear of something that is going to happen or may happen	There was a lot of bustle and talk.
7	68	1	unfamiliar	adj	ˌʌnfə'mɪliə	not known to you	The prospect of flying filled me with dread.
7	68	1	bright	adj	braɪt	happy and full of energy	She stood on the deck to gaze at the unfamiliar surroundings.
7	69	3	adjust	v	ə'dʒʌst	to gradually become familiar with a new situation	Her voice was bright and cheerful.
7	69	3	departure	n	dɪ'pɑ:tʃə	an act of leaving a place, especially at the start of a journey	It took a few seconds for her eyes to adjust to the darkness.
7	69	3	get over something	phrasal v	get 'əʊvə ,sʌmθɪŋ	to begin to feel better after an upsetting experience	I saw Simon shortly before his departure for Russia.
7	69	3	emotion	n	ɪ'məʊʃən	a strong human feeling such as love, hate, or anger	She never got over the death of her son.
7	70	5	clubbing	n	'klʌbɪŋ	the activity of going to nightclubs	Her voice was full of emotion.
7	70	5	blind as a bat	adj	'blaɪnd əz ə ,bæt	unable to see well	She usually goes out clubbing at the weekend.
7	71	3	luxurious	adj	lʌg'zjʊəriəs	very expensive, beautiful, and comfortable	I'm blind as a bat without my glasses.
7	71	2	eco-friendly	adj	'i:kəʊ ,frendli	not harmful to the environment	We stayed in a luxurious hotel.
7	71	2	weird	adj	wɪəd	very strange and unusual, and difficult to understand or explain	I only buy eco-friendly products.
7	72	1	monastery	n	'mɒnəstri	a place where monks live	A really weird thing happened last night.
7	72	1	breathtaking	adj	'breθ ,teɪkɪŋ	very impressive, exciting, or surprising	The monastery has a magnificent library.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
7	72	1	magnificent	adj	mæg'ɪnfəs ənt	very good or beautiful, and very impressive	She looked magnificent in a long red dress.
7	72	1	mysterious	adj	mɪ'stɪəriəs	events or situations that are difficult to explain or understand	Benson later disappeared in mysterious circumstances.
7	72	1	peaceful	adj	'pi:sfəl	a peaceful time, place, or situation is quiet and calm without any worry or excitement	We had a peaceful afternoon without the children.
7	72	1	remote	adj	rɪ'məʊt	far from towns or other places where people live	She lives in a remote border town.
7	72	1	spiritual	adj	'spɪrətʃuəl	relating to your spirit rather than to your body or mind	Painting helps fill a spiritual need for beauty.
7	72	3	imaginary	adj	ɪ'mædʒənəri	not real, but produced from pictures or ideas in your mind	As she listened, she played an imaginary piano on her knees.
7	72	3	paradise	n	'pærədəɪs	a place or situation that is extremely pleasant, beautiful, or enjoyable	The hotel felt like paradise after two weeks of camping.
7	72	3	utopia	n	ju:'təʊpiə	an imaginary perfect world where everyone is happy	To outsiders it seemed to be a mountaintop utopia.
7	73	4	source of income	n	'sɔ:s əv 'ɪŋkʌm	where you get the money you receive to live on	His job was his only source of income.
7	73	7	domestic	adj	də'mestɪk	relating or happening in one particular country and not involving any other countries	You can get a domestic flight to the north of the country.
7	73	7	direct	adj	də'rekt	a ticket that allows you to go straight from place to another	Which is the most direct route to London?
						a ticket that allows you to make a lot of journeys during a particular period of time, or go to all the games, concerts etc. being held during a particular time. Season tickets cost less than it would cost to buy a ticket for each journey, game etc.	He bought a season ticket for his train journey to work.
7	73	7	season ticket	n	'si:zen ,tɪkət		
7	73	7	return	adj	rɪ'tɜ:n	a ticket that allows you to travel from one place to another and back again	They didn't buy return tickets.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
7	73	7	open ticket sightseein	adj	'əʊpən ,tɪkət	an open ticket is one without fixed dates of travel	He gave her an open ticket to Australia in case she changed her mind.
7	73	7	g	n	'saɪt,si:ɪŋ	when you visit famous or interesting places, especially as tourists	She went on a sightseeing tour around the city.
7	73	7	package tour	n phrase	'pækɪdʒ tʊə	a holiday organised by a company at a fixed price that includes the cost of travel, hotel etc.	They got a cheap package deal to Tenerife.
7	73	7	guided tour	n	,gaɪdəd 'tʊə	if someone takes you on a guided tour, they show you around a place of interest and tell you all about it	You will be taken on a guided tour of the palace.
7	73	7	excursion	n	ɪk'skɜ:ʃən	a short journey arranged so that a group of people can visit a place, especially while they are on holiday	Included in the tour is an excursion to the Grand Canyon.
7	73	7	round trip	n	'raʊnd trɪp	a journey to a place and back again	It's a round trip of about 90 miles.
7	73	8	out of this world	n phrase	'aʊt əv ðɪs ,wɜ:ld	extremely good, enjoyable etc.	The scenery is absolutely out of this world.
7	73	8	in a world of your own	n phrase	ɪn ə 'wɜ:ld əv jə ,əʊn	used to say that someone seems to spend a lot of time thinking or imagining things, and does not seem to notice what is happening around them	She was a shy child who seemed to live in a world of her own.
7	73	8	have the world at your feet	n phrase	hæv ðə 'wɜ:ld æt jə ,fi:t	to be in a position where you have the chance to become very successful	He is a bright young lad with the world at his feet.
7	73	8	mean the world to somebody	n phrase	mi:n ðə 'wɜ:ld tə ,sʌmbədi	if someone means the world to you they are very important to you and you love or respect them very much	Lee thinks the world of that dog.
7	73	1	audio synonym	n	'sɪnənɪm	a word with the same meaning as another word in the same language	Shut' is a synonym for 'closed'.
7	73	1	audio popularity	n	,pɒpjə'lærə ti	when something or someone is liked or supported by a lot of people	The popularity of the internet has soared.
7	73	1	audio fantasy	n	'fæntəsi	an exciting and unusual experience or situation you imagine happening to you, but which will probably never happen.	He lived in a fantasy world of his own, even as a small boy.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
7	73	audio	1 harmonious	adj	hɑ: 'mæʊniəs	harmonious relationships are ones in which people are friendly and helpful to one another	He read a fantasy about somewhere that was peaceful and harmonious.
7	73	audio	1 fateful	adj	'feɪtʃəl	having an important, especially bad, effect on future events	When his rent was raised, he made the fateful decision.
7	73	audio	1 violence	n	'vaɪələns	behaviour that is intended to hurt other people physically	There is too much violence on television these days.
7	73	audio	1 material	adj	mə 'tɪəriəl	relating to your money, possessions, living conditions etc. rather than the needs of your mind or soul	The spiritual life is more important than material possessions.
7	73	audio	1 wisdom	n	'wɪzdəm	good sense and judgment, based especially on your experience of life	He is a man of great wisdom.
7	73	audio	1 humanity	n	hju: 'mænəti	people in general	We want a clean healthy environment for all humanity.
7	73	audio	1 scenery	n	'si:nəri	the natural features of a particular part of a country that you can see, such as mountains, forests, deserts etc.	The best part of the trip was the fantastic scenery.
7	73	audio	1 kingdom	n	'kɪŋdəm	a country ruled by a king or queen	According to this legend, Shambhala was a kingdom.
7	73	audio	1 cut off from	v	ɒt 'ɒf frəm	to be a long way from other places and be difficult to get to	The kingdom was cut off from the outside world.
7	73	audio	1 dominate	v	'dɒmənert	to be larger and more noticeable than anything else in a place	The cathedral dominates the city.
7	73	audio	1 accidental	adj	ˌæksə'dentl	happening without being planned or intended	These similarities aren't accidental.
7	73	audio	1 authentic	adj	ɔ: 'θentɪk	done or made in the traditional or original way	They serve authentic French food in the new restaurant.
7	73	audio	1 investment	n	ɪn'vestmənt	the use of money to get profit or to make a business activity successful	Each of us put in \$5,000 as an investment.
7	73	audio	1 reliant	adj	rɪ'laɪənt	dependent on someone or something	Most companies are now reliant on computer technology.
7	73	audio	1 live up to	phrasal v	lɪv 'ʌp tə	if something or someone lives up to a particular standard or promise, they do	The film has certainly lived up to my expectations.

# Gold First New Edition Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						as well as they were expected to, do what they promised etc.	
7	74	1	abundance	n	ə'bʌndəns	a large quantity of something	One quality the team possessed in abundance was fighting spirit.
7	74	1	geyser	n	'gi:zə	a natural spring that sends hot water and steam suddenly into the air from a hole in the ground	Iceland's main attraction is its volcanoes and geysers.
7	74	1	dependent	adj	dɪ'pendənt	needing someone or something in order to exist, be successful, be healthy etc.	Norway's economy is dependent on natural resources.
7	74	1	on	phrase	ɒn		The Blue Lagoon is a naturally heated pool of seawater in the middle of a lava field.
7	74	1	lava	n	'lɑ:və	hot liquid rock that flows from a volcano, or this rock when it has become solid	I hate driving in foggy conditions.
7	75	4	foggy	adj	'fɒgi	if the weather is foggy, there is fog	They say the young girl's ghost still haunts the house.
7	75	4	ghost	n	gəʊst	the spirit of a dead person that some people think they can feel or see in a place	The schedule isn't final, but we don't anticipate many changes.
7	76	2	anticipate	v	æn'tɪsəpeɪt	to expect that something will happen and be ready for it	The team has lost the last two games and, to make matters worse, two of its best players are injured.
7	76	5	make matters worse	n phrase	meɪk 'mætəz ,wɜ:s	used to say that something makes a bad situation worse	On top of everything else I have to go to work next Saturday.
7	76	5	on top of that	n phrase	ɒn 'tɒp əv ðæt	if something bad happens to you on top of something else, it happens when you already have other problems	I've been fortunate to find a career that I love and, what's more, I get well paid for it.
7	76	5	what's more	phrase	wɒts 'mɔ:	used to add more information that emphasises what you are saying	I spotted a police car behind us.
7	77	1	spot	v	spɒt	to notice someone or something, especially when they are difficult to see or recognise	We agreed never to refer to the matter again.
7	77	2	refer	v	rɪ'fɜ:	to mention or speak about someone or something	Harry can be very charming.
7	77	2	charming	adj	'tʃɑ:mɪŋ	very pleasant or attractive	



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
7	77	2	seafront	n	'si:frʌnt	the part of a town where the shops, houses etc. are next to the beach	The hotel is right on the seafront.
7	77	2	in tune		ɪn 'tju:n	able to realise, understand, or agree with what someone else thinks or wants	The industry is changing in tune with demand.
7	77	2	with overestima	n	wɪð ,əʊvə'estə	to think something is better, more important etc. than it really is	He tends to overestimate his own abilities.
7	77	2	te	v	meɪt	extremely impressive, serious, or difficult so that you feel great respect, worry, or fear	Their last concert was really awesome.
7	77	2	awesome	adj	'ɔ:səm		We're staying in a holiday cottage in Dorset.
7	77	2	cottage	n	'kɒtɪdʒ	a small house in the country	The town has very pretty cottages and clapboard houses.
7	77	2	clapboard	n	'klæpbɔ:d	a set of boards used to cover the outside of a building, or one of these boards	It was a cold, misty morning.
7	77	2	misty	adj	'mɪsti	misty weather is weather with a lot of mist (a light cloud low over the ground that makes it difficult for you to see very far)	The bathroom's a bit chilly.
7	77	2	chilly	adj	'tʃɪli	chilly weather or places are cold enough to make you feel uncomfortable	Do you know what profession you want after university?
8	78	1	profession	n	prə'feʃən	a job that needs a high level of education and training	Social networking sites are very popular these days.
8	78	1	social-networkin g	n	,səʊʃəl'net wɜ:kɪŋ	related to the use of the internet to make information about yourself available to other people, especially people you share an interest or connection with and to send messages to them	She's seeing a counsellor about her problems.
8	78	1	counsellor	n	'kaʊnsələ	someone whose job is to help and support people with problems	Vertical farmers will be able to get food from the farm to the supermarket in less than two hours.
8	78	1	vertical farmer	n	'vɜ:tɪkəl ,fɑ:mə	someone who commercially grows vegetables on shelves in giant greenhouses	He's studying robotics at university.
8	78	1	robotics	n	rəʊ'bɒtɪks	the study of how robots are made and used	

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	78	1	engineer	n	ˌendʒəˈniə	someone whose job is to design or build machines, roads, bridges etc.	He works as a robotics engineer, making robots for medical uses.
8	78	1	virtual	adj	ˈvɜːtʃuəl	made, done, seen etc. on the internet or on a computer, rather than in the real world	The website allows you to take a virtual tour of the art gallery.
8	78	1	lawyer	n	ˈlɔːjə	someone whose job is to advise people about laws, write formal agreements, or represent people in court	I'll have to speak to my lawyer first.
8	78	1	spaceship	n	ˈspeɪs.ʃɪp	a vehicle for carrying people through outer space	He's learning to be a spaceship pilot.
8	78	2	qualification	n	ˌkwɒləfəˈkeɪʃən	if you have a qualification, you have passed an examination or course to show you have a particular level of skill or knowledge in a subject	We're looking for graduates with qualifications in maths or science.
8	78	5	demanding	adj	dɪˈmɑːndɪŋ	needing a lot of ability, effort, or skill	Climbing is physically demanding.
8	78	2	cyber-bullying	n	ˈsaɪbəˌbʊlɪɪŋ	the activity of sending internet or text messages that threaten or insult someone	Unfortunately, cyberbullying seems to be on the increase.
8	78	2	trend	n	trend	a general tendency in the way a situation is changing or developing	Lately there has been a trend towards hiring younger, cheaper employees.
8	78	2	occur	v	əˈkɜː	to happen	The explosion occurred at 5.30 a.m.
8	78	2	counselling	n	ˈkaʊnsəlɪŋ	advice and support given by a counsellor to someone with problems	You should use the debt counselling service they've set up.
8	78	2	online	adj	ˈɒnlaɪn	connected to other computers through the internet, or available through the internet	I prefer to shop online.
8	78	2	pattern	n	ˈpætən	the regular way in which something happens, develops, or is done	The child showed a normal pattern of development.
8	78	2	affordable	adj	əˈfɔːdəbəl	inexpensive and reasonably priced	Building robots is slowly becoming more affordable.
8	78	2	recruit	v	rɪˈkruːt	to find new people to work in a company, join and organisation, do a job etc.	We're having difficulty recruiting enough qualified staff.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	78	2 audio	individual	n	ˌɪndəˈvɪdʒuəl	a person, considered separately from the rest of the group or society that they live in	Each individual receives two genes, one inherited from each parent.
8	78	2 audio	hire	v	haɪə	to employ someone for a short time to do a particular job	Employers hire skilled people on fixed-term contracts.
8	78	2 audio	destination	n	ˌdestəˈneɪʃən	the place that someone or something is going to	Allow plenty of time to get to your destination.
8	78	2 audio	pollution	n	pəˈluːʃən	the process of making air, water, soil etc. dangerously dirty and not suitable for people to use	The costs of pollution must be considered.
8	78	2 audio	recycle	v	ˌrɪːˈsaɪkəl	to put used objects or material through a special process so that they can be used again	We take all our bottles to be recycled.
8	79	6	work	n	wɜ:k	a job or activity that you do regularly, especially in order to earn money	There is a lot of work at this time of year.
8	79	6	job	n	dʒɒb	the regular paid work that you do for an employer	Do you enjoy your job?
8	79	6	satisfaction	n	ˌsætəsˈfækʃən	a feeling of happiness or pleasure because you have achieved something or got what you wanted	She got great satisfaction from helping people to learn.
8	79	6	employment	n	ɪmˈplɔɪmənt	the condition of having a paid job	She was offered employment in the sales office.
8	79	6	occupation	n	ˌɒkjəˈpeɪʃən	a job or profession	Please state your name, address and occupation.
8	79	6	employment agency	n	ɪmˈplɔɪmənt ˌeɪdʒənsi	a business that makes money by finding jobs for people	The employment agency found me a job in sales.
8	79	7	work out	phrasal v	wɜ:k ˈaʊt	to calculate an answer, amount, price etc.	See if you can work this bill out.
8	79	7	work out well	phrasal v	wɜ:k ˈaʊt wel	if a situation works out in a particular way, it happens in that way	Financially things have worked out well for us.
8	79	7	work out	phrasal v	wɜ:k ˈaʊt	to make our body fit and strong by doing exercise	I work out at the gym three of four times a week.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	79	7	work out	phrasal v	wɜ:k 'aʊt	to think carefully about how you are going to do something and plan a good way of doing it	We need to work out who would be the best person for the job.
8	79	7	worked up	adj	wɜ:kt 'ʌp	to become very upset or excited about something	You shouldn't get worked up about it.
8	79	7	work around something	phrasal v	ˌwɜ: ˌə'raʊnd ˌsʌmθɪŋ	to arrange or organise something so that you avoid problems that may stop you from doing something	John won't be here on the 15th so we'll have to work round that.
8	80	2	litter	n	'lɪtə	waste paper, cans etc. that people have thrown away and left on the ground in a public place	People who drop litter can be fined in some cases.
8	80	2	security camera	n	sɪ'kjæərəti ˌkæməɹə	a camera that takes photographs of people in buildings or public places	He was seen on a car park security camera.
8	80	2	criminal	n	'krɪmənəl	someone who is involved in illegal activities or has been proved guilty of a crime	Police have described the man as a violent and dangerous criminal.
8	80	2	deal with	phrasal v	'di:l wið	to take the necessary action, especially in order to solve a problem	Don't worry, I'll deal with this.
8	80	2	firefighter	n	'faɪəˌfaɪtə	someone whose job is to stop fires burning	Firefighters perform a valuable service to communities.
8	80	2	unemployed	n	ˌʌnɪm'plɔɪd	without a job	I've only been unemployed for a few weeks.
8	80	3	actually	adv	'æktʃʊəli	used to add new information to what you have just said, to give your opinion, or to start a new conversation	Actually, on second thoughts, I don't think I want to go out tonight.
8	81	1	accuse	v	ə'kju:z	to say that you believe someone is guilty of a crime or of doing something bad	He was accused of murder.
8	81	1	apologise	v	ə'pɒlədʒaɪz	to tell someone that you are sorry that you have done something wrong	You should apologise for being so rude.
8	81	2	advise	v	əd'vaɪz	to tell someone what you think they should do, especially when you know more than they do about something	She needed someone to advise her.
8	81	2	deny	v	dɪ'naɪ	to say that something is not true, or that	I never denied that there was a housing

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	81	2	explain	v	ɪk'spleɪn	you do not believe something to tell someone about something in a way that is clear or easy to understand to say that you are willing to do something	problem. He carefully explained the procedure.
8	81	2	offer	v	'ɒfə	to advise someone to do something, especially because you have special knowledge of a situation or subject to tell someone your ideas about what they should do, where they should go etc.	My dad offered to pick to us up.
8	81	2	recommen d	v	,rekə'mend	to tell someone that something bad or dangerous may happen, so that they can avoid it or prevent it	I recommend you get some professional advice.
8	81	2	suggest	v	sə'dʒest	continuing for a short time	Her mother suggested that she should go and see the doctor.
8	81	2	warn	v	wɔ:n	the person who asks the questions in an interview	Salmon farmers are warning of the severe crisis facing the industry.
8	81	1	audio brief	adj	bri:f	to learn words, music etc. so that you know them perfectly	We stopped at Alice's house for a brief visit.
8	81	1	audio interviewe r	n	'ɪntəvjʊə	someone who is likely to do a particular thing or achieve a particular position	The interviewer was a senior lawyer.
8	81	1	audio memorise	v	'meməraɪz	a specific thing, person, or group is one particular things, person or group	You should memorise the key information.
8	81	1	audio prospectiv e	adj	prə'spektɪv	when you decide not to have something valuable, in order to get something that is more important	Find out as much as you can about your prospective employer.
8	82	3	specific	adj	spə'sɪfɪk	belonging to a simple way of life that existed in the past and does not have modern industries and machines	The games are suitable for specific age groups.
8	82	3	sacrifice	v	'sækrəfaɪs	something that is exotic seems unusual and interesting because it is related to a foreign country	The minister stressed the need for economic sacrifice.
8	82	3	primitive	adj	'prɪmətɪv		They live in a very primitive environment.
8	83	1	exotic	adj	ɪg'zɒtɪk		The five people talk about working in exotic locations.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	83	1	surgery	n	'sɜ:dʒəri	the place where a doctor or dentist gives treatments	Surgery is from 9 am to 1 pm on weekdays.
8	83	1	blood pressure	n	'blʌd ,prefə	the force with which blood travels through your body	The nurse will take your blood pressure.
8	83	1	stretch	v	'stretʃ	to make someone use all of their skill, abilities, or intelligence	The work's too easy. The students aren't being stretched enough.
8	83	1	somebody	v phrase	,sʌmbədi	to make a formal request, usually written, for something such as a job, a place at a university, or permission to do something	She applied for a job with the local newspaper
8	83	1	apply	v	ə'plai	wild country that has not been cleared, especially in Australia or Africa	We doctors are dropped off by plane at remote houses in the bush.
8	83	1	the bush	n	bʊʃ	the bite of a poisonous snake	A lot of people need the doctor because of snake bites.
8	83	1	snake bite	n	'sneɪk baɪt	a sudden strong interest in travelling, or a strong need to keep travelling	She's got the travel bug.
8	83	1	travel bug	n phrase	'trævəl ,bʌg	relating to the work of managing a company or organisation	The job is mainly administrative.
8	83	1	administra tive	adj	əd'mɪnəstr ətɪv	the activity of travelling for pleasure, usually without very much money, and carrying a backpack	They decided to go backpacking.
8	83	1	backpackin g	n	'bæk ,pæki ŋ	to find or discover something by chance and unexpectedly	Researchers have stumbled across a drug that may help patients with Parkinson's disease.
8	83	1	stumble across	phrasal v	'stʌmbəl ə ,krɒs	a web page containing information or opinions from a particular person or about a particular subject, to which new information is added regularly	I wrote a blog about my experiences working as a vet in South Africa.
8	83	1	blog	n	blɒg	to have a lot of something or be filled with something	I could have burst with excitement.
8	83	1	burst	v	bɜ:st	someone who combines pictures, words, and decoration in the production of books, magazines etc.	He works as a graphic designer.
8	83	1	graphic designer	n	,græfɪk de'zainə		

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	83	1	redundant	adj	ri'dʌndənt	if you are redundant, your employer no longer has a job for you	Seventy factory workers were made redundant in the resulting cuts.
8	83	1	hit on the idea	phrasal v	hɪt ˌɒn ðiː aɪ'diə	to have an idea or discover something suddenly or unexpectedly	Then we hit on the idea of asking viewers to donate money over the net.
8	83	1	lifestyle	n	'laɪfstɑːl	the way a person or group of people live, including the place they live in, the things they own, the work they do, and the activities they enjoy	Regular exercise is part of a healthy lifestyle.
8	83	1	freelance	adj	'friːlɑːns	working independently for different companies rather than being employed by one particular company	She does freelance work from her home.
8	83	1	agonising	adj	'ægənaɪzɪŋ	very unpleasant to experience, especially because of involving a difficult choice or a long wait	She had to make an agonising decision.
8	83	1	correspondent	n	ˌkɒrə'spɒndənt	someone who is employed by a newspaper or a television station etc. to report news from a particular area or on a particular subject	Our correspondent in Thailand sent this report.
8	83	1	issue	n	'ɪsuː	a subject or problem that is often discussed or argued about, especially a social or political matter that affects the interests of a lot of people	What are the main issues raised in this article?
8	83	1	settle in	phrasal v	ˌsetl 'ɪn	to begin to feel happy and relaxed in a new situation, home, job or school	It takes a few months to settle into life at college.
8	83	1	enormity	n	ɪ'nɔːməti	the great size, seriousness, or difficult of a situation, problem, event etc.	Even now, the full enormity of his crimes has not been exposed.
8	83	1	previously	adv	'priːviəsli	before a particular time	Almost half the group had previously been teachers.
8	83	1	frustrated	adj	frʌ'stretəd	feeling annoyed, upset, and impatient, because you cannot control or change a situation, or achieve something	He gets frustrated when people don't understand what he's saying.
8	83	1	survival	n	sə'vaɪvəl	the state of continuing to live or exist	The doctors gave him a one in ten chance of survival.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	83	1	be faced with	v phrase	bi: 'feɪst wið	if you are faced with a situation, it is going to affect you and you must deal with it	I was faced with a lot of work when I came back from holiday.
8	83	1	runway	n	'rʌnweɪ	a long, specially prepared hard surface like a road on which aircraft land and take off	He had to land the plane on an ice runway.
8	83	1	iceberg	n	'aɪsbɜ:g	a very large mass of ice floating in the sea, most of which is under the surface of the water	Seeing giant icebergs for the first time blew my mind.
8	83	1	blow somebody's mind	v	bləʊ ,sʌnbɒdi:z 'maɪnd	to make somebody feel very surprised and excited by something	Seeing her again really blew my mind.
8	83	6	enrol	v	ɪn'rəʊl	to officially arrange to join a school, university, or course, or to arrange for someone else to do this	I decided to enrol on the 'Art for Beginners' evening class.
8	83	6	salary	n	'sæləri	money that you receive as payment from the organisation you work for, usually paid to you every month	The average salary for a teacher is \$39,000 a year.
8	84	2	teenager	n	'ti:neɪdʒə	someone who is between 13 and 19 years old	My work is involved with looking after teenagers.
8	84	2	fingers crossed	n phrase	'fɪŋgəz ,krɒst	if you keep your fingers crossed, you hope that something will happen the way you want	We're keeping our fingers crossed that she's going to be OK.
8	84	6	vacancy	n	'veɪkənsi	a job that is available for someone to start doing	There are still two vacancies on the school board.
8	85	1	engineering	n	,endʒə'niər ɪŋ	the work involved in designing and building machines, roads, bridges etc.	He wants to go into engineering.
8	85	1	journalist	n	'dʒɜ:nəl-əst	someone who writes news reports for newspapers, magazines, television, or radio	He's a well known journalist.
8	85	1	journalism	n	'dʒɜ:nəl-ɪzəm	the job or activity of writing news reports for newspapers, magazines, television, or radio	Luca has a successful career in journalism.



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	85	1	musician	n	mju:'zɪʃən	someone who plays a musical instrument, especially very well or as a job	Her son is a talented musician.
8	85	2	creation	n	kri'eɪʃən	the act of creating something	I'm involved in the creation of a new course at college.
8	85	2	create	v	kri'eɪt	to make something exist that did not exist before	Her behaviour is creating a lot of problems.
8	85	2	advice	n	əd'vaɪs	an opinion you give someone about what they should do	You should have followed my advice.
8	85	2	adviser/advisor	n	əd'vaɪzə	someone whose job is to give advice because they know a lot about a subject, especially in business, law, or politics	He needs to speak to his financial adviser.
8	85	2	tourism	n	'tʊərɪzəm	the business of providing things for people to do, places for them to stay etc. while they are on holiday	The country depends on tourism for much of its income.
8	85	2	tourist	n	'tʊərəst	someone who is visiting a place for pleasure on holiday	Cambridge is always full of tourists in the summer.
8	85	2	application	n	,æplɪ'keɪʃən	a formal, usually written, request for something such as a job, place at university, or permission to do something	The university welcomes applications from overseas students.
8	85	2	applicant	n	'æplɪkənt	someone who has formally asked, usually in writing, for a job, university place etc.	He was one of 30 applicants for the manager's job.
8	85	2	representation	n	,reprɪzən'teɪʃən	when you have someone to speak, vote, or make decisions for you	Minority groups need more representation in the Government.
8	85	2	representative	n	,reprɪ'zentətɪv	someone who has been chosen to speak, vote, or make decisions for someone else	He works as a sales representative.
8	85	2	childhood	n	'tʃaɪldhʊd	the period of time when you are a child	I had a very happy childhood.
8	85	2	politics	n	'pɒlətɪks	ideas and activities relating to gaining and using power in a country, city, etc.	He has always been interested in politics.
8	85	2	politician	n	,pɒlə'tɪʃən	someone who works in politics, especially an elected member of the government	Several politicians are trying to get the minority vote.
8	85	3	confide	v	kən'faɪd	to tell someone you trust about personal things that you do not want other people to know	He confided to his friends that he didn't have much hope for his marriage.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	85	3	permit	v	pə'mɪt	to allow something to happen, especially by an official decision, rule, or law	You are not permitted to park here.
8	85	3	permit	n	'pɜ:mɪt	an official written statement giving you the right to do something	A permit is required for fishing in the canal.
8	85	5	licence	n	'laɪsəns	an official document giving you permission to own or do something for a period of time	The dealers applied for an export licence.
8	85	5	code	n	kəʊd	a set of instructions that tell a computer what to do	The code is what makes the game work.
8	86	1	recent	adj	'ri:sənt	having happened or started only a short time ago	This is his most recent book.
8	86	1	position	n	pə'zɪʃən	a job	Bill took up his new position as Senior Manager in October.
8	86	5	demonstrate	v	'demənstreɪt	to show or prove something clearly	This section will attempt to demonstrate how the Bank of England operates.
8	87	2	crisis	n	'kraɪsəs	a situation in which there are a lot of problems that must be dealt with quickly so that the situation does not get worse or more dangerous	The country now faces an economic crisis.
8	87	2	resign	v	rɪ'zaɪn	to officially announce that you have decided to leave your job or an organisation	I decided to resign, because I wasn't happy at work.
8	87	3	the press	n	ðə 'pres	people who write reports for newspapers, radio, television etc.	The press have been very nasty about him.
9	88	1	role model	n	'rəʊl ,mɒdl	someone whose behaviour, attitudes etc. people try to copy because they admire them	I want to be a positive role model for my sister.
9	88	1	sprinter	n	'prɪntə	someone who runs in fast races over short distances	Usain Bolt is a sprinter.
9	88	3	persuasion	n	pə'sweɪʒən	the act of persuading someone to do something	After a little persuasion, Debbie agreed to see the film I wanted.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
9	88	3	cheetah	n	'tʃi:tə	a member of the cat family that has long legs and black spots on its fur, and can run extremely fast	His manager says he runs like a cheetah.
9	88	4	grounded	adj	'graʊndəd	someone who is grounded understands their own character and knows what is really important	Simmons says that her family keeps her grounded.
9	88	4	legend	n	'ledʒənd	someone who is famous and admired for being extremely talented	Roger Federer is a tennis legend in his own lifetime.
9	89	2	track and field	n	'træk ən 'fi:ld	sports such as running and jumping	I prefer watching track and field events to the other sports.
9	89	2	concentrate	v	'kɒnsəntreɪt	to think very carefully about something that you are doing	Adrian was finding it difficult to concentrate.
9	89	2	hold a light to	n phrase	həʊld ə laɪt tu:	[variation of 'hold a candle to somebody'] if something or someone cannot hold a candle to something or someone else, they are not as good as the other thing or person	Nobody can hold a light to Usain Bolt.
9	89	2	one-off	n	ˌwʌn'ɒf	someone who is completely different from anyone else	Usain Bolt is a one-off.
9	89	2	scoliosis	n	ˌskɒli'əʊsəs	[medical condition] a side-to-side curvature of the spine	Usain Bolt suffered from scoliosis.
9	89	2	spine	n	spaɪn	the row of bones down the centre of your back that supports your body	As a young man he damaged his spine in a car accident.
9	89	2	warm-up	n	'wɔ:mʌp	a set of gentle exercises you do to prepare your body for sport, dancing etc.	Bolt looks really calm at warm-up.
9	89	2	rival	n	'raɪvəl	a person, group, or organisation that you compete with in sport, business, a fight etc.	This gives the company a competitive advantage over its rivals.
9	89	2	explode	v	ɪk'spləʊd	to suddenly express strong feelings such as anger	She exploded with grief and anger.
9	89	2	tension	n	'tenʃən	a nervous worried feeling that makes it impossible for you to relax	The tension was becoming unbearable, and I felt quite uncomfortable.
9	89	2	laid-back	adj	ˌleɪd'bæk	relaxed and seeming not to be worried	I don't know how you can be so laid-

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
9	89	2	uptight	adj	'ʌptart	about anything behaving in an angry way because you are feeling nervous and worried	back about your exams. You have to learn to laugh instead of getting uptight.
9	89	2	medallist	n	'medl-əst	someone who has won a medal in a competition	He is an Olympic gold medallist.
9	89	2	undisciplined	adj	ˌʌn'dɪsəplənd	if someone is undisciplined, they do not obey rules or control their behaviour	People said that Bolt was undisciplined.
9	89	2	party	v	'pɑːti	to enjoy yourself with a group of other people by eating, dancing etc.	They also said that Bolt partied too much.
9	89	2	criticise	v	'krɪtəsaɪz	to express your disapproval of someone or something, or talk about their faults	Rowena does nothing but criticise and complain all the time.
9	89	2	hold somebody back	phrasal v	həʊld ˌsʌmbədi 'bæk	to be unwilling to do something, especially because you are being careful, or to make someone unwilling to do something	My mum held my brother back from rushing into drama school.
9	89	2	respect	n	rɪ'spekt	a feeling of admiring someone or what they do, especially because of their personal qualities, knowledge, or skill	I have the greatest respect for Jane's work.
9	89	2	beg	v	beg	to ask for something in an anxious or urgent way, because you want or need it very much	She begged and pleaded with them until they finally agreed.
9	89	2	image	n	'ɪmədʒ	the opinion people have of a person, organisation, product etc., or the way a person, organisation etc. seems to be to the public	You have an image of celebrities' lives as perfect and easy.
9	89	2	easy-going	adj	ˌiːzi'gəʊɪŋ	not easily upset, annoyed, or worried	Her easy-going nature made her popular.
9	89	2	tense	adj	tens	feeling worried, uncomfortable, and unable to relax	Is anything wrong? You look a little tense.
9	89	2	blank	adj	blæŋk	a blank face or look shows no emotion, understanding, or interest	Zoe looked at me with a blank expression.
9	89	2	stride	n	straɪd	a long step you make while you are walking	Paco reached the door in only three strides.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
9	89	2	mechanics	n	mɪ'kænɪk	the way in which something works or is done	The mechanics of this process are quite complex.
9	89	2	generate	v	'dʒenəreɪt	to produce or cause something	The program would generate a lot of new jobs.
9	89	2	hamstring	n	'hæm,striŋ	an area behind your knee which sometimes gets injured when you do sport	He pulled a hamstring in training.
9	89	2	uncommu- nicative	adj	,ʌnkə'mju: nəkətɪv	not able to talk easily to other people	Tom was uncommunicative, and kept himself to himself.
9	89	2	self- important	adj	,selfɪm'pɔ:t ənt	behaving in a way that shows you think you are more important than other people	He was a self-important and pompous little man.
9	89	2	opinionate	adj	ə'pɪnjənɪt əd	expressing very strong opinions about things	I found him very arrogant and opinionated.
9	89	2	fulfil	v	fʊl'fɪl	if you fulfil a hope, wish, or aim, you achieve the thing that you hoped for, wished for etc.	Visiting Disneyland has fulfilled a boyhood dream.
9	89	2	potential	n	pə'tenʃəl	if people or things have potential, they have a natural ability or quality that could develop to make them very good	She has the potential to become a champion.
9	89	5	competitiv e streak	n phrase	kem'petətɪ v ,stri:k	a strong part of someone's character, that makes them want to compete against others	Sports people need to have a competitive streak.
9	89	5	overcome	v	,əʊvə'kʌm	to successfully control a feeling or problem that prevents you from achieving something	He struggled to overcome his shyness.
9	89	5	setback	n	'setbæk	a problem that delays or prevents progress, or makes things worse than they were	The team's hopes of playing Europe suffered a major setback last night.
9	89	5	motivated	adj	'məʊtəvɜ:t əd	very keen to do something or achieve something, especially because you find it interesting	The students are all highly motivated.
9	89	5	set a goal	n phrase	set ə 'gəʊl	decide what you or someone else should	It helps if you set yourself clear goals.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
9	89	5	make a go of something	n	meɪk ə ɡəʊ əv ˌsʌmθɪŋ	try to achieve to make something succeed, especially a business or marriage	This year I'm going to make a go of my dancing career.
9	89	5	stamina	n	ˈstæməni	physical or mental strength that lets you continue doing something for a long time without getting tired	Elaine has the stamina and determination to succeed.
9	89	5	single-minded	adj	ˌsɪŋɡəlˈmaɪndəd	someone who is single-minded has one clear aim and works very hard to achieve it	He worked with single-minded determination.
9	89	5	commitment	n	kəˈmɪtmənt	hard work and loyalty that someone gives to an organisation, activity etc.	I was impressed by the energy and commitment shown by the players.
9	89	6	cope with	v phrase	kəʊp wɪð	to succeed in dealing with a difficult problem or situation	She feared she wouldn't be able to cope with two new babies.
9	89	6	aim for	v phrase	aɪm fə	to try or intend to achieve something	We're aiming for a big improvement.
9	89	6	take on	phrasal v	teɪk ˈɒn	to compete against someone or start a fight with someone, especially someone bigger or better than you	Nigeria will take on Argentina in the first round of the World Cup on Saturday.
9	89	6	give in to	phrasal v	ɡɪv ˈɪn tə	to no longer try to stop yourself from doing something you want to do	Don't give in to the temptation to argue back.
9	89	6	face up to	phrasal v	feɪs ʌp tə	to accept and deal with a difficult fact or problem	I finally faced up to my lack of commitment, and ended my gym membership.
9	90	2	dedication	n	ˌdedəˈkeɪʃən	hard work or effort that someone puts into a particular activity because they care about it a lot	To reach a high level of skill requires talent, dedication, and a lot of hard work.
9	90	3	as far as I know	v phrase	əz ˈfɑː əz aɪ ˌnəʊ	used when you think something is true but you are not sure	As far as I know, they're arriving on Saturday.
9	92	3	fortune	n	ˈfɔːtʃən	chance or luck, and the effect that is has on your life	I had the good fortune to work with a brilliant Head of Department.
9	92	3	facilities	n	fəˈsɪləti	rooms, equipment, or services that are provided for a particular purpose	The hotel has its own pool and leisure facilities.
9	92	2	champion	n	ˈtʃæmɪən	someone or something that has won a	What is it that makes a champion?

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
9	92	audio	2 achieveme nt	n	ə'tʃi:vmənt	big competition, especially in sport something important that you succeed in doing through your own efforts to say or think that someone or something is responsible for something bad	We try to celebrate the achievements of our students.
9	92	audio	2 blame	v	bleɪm	a period of time between two dates or events	I'm not sure who's to blame here.
9	92	audio	3 span	n	spæn	to make a great effort to achieve something	It'll be difficult to hire that many new staff in such a short time span.
9	92	audio	3 strive	v	straɪv	the act of improving something or the state of being improved	I was still striving to be successful.
9	92	audio	3 improvem ent	n	ɪm'pru:v ənt	to be the reason why something happens	There's been a big improvement in the children's behaviour.
9	92	audio	3 account for	phrasal v	ə'kaʊnt fə	the level that is considered to be acceptable, or the level that someone or something has achieved	Recent pressure at work may account for his behaviour.
9	92	audio	3 standards	n	'stændəd	to keep a feeling, idea, or belief strong or help it to grow stronger	We have very high standards here at the restaurant.
9	92	audio	3 nourish	v	'nʌrɪʃ	unusually good	We need to nourish our hopes and dreams.
9	92	audio	3 exceptiona l	adj	ɪk'sepʃənəl	having a special skill or special knowledge of a subject	He's an exceptional student.
9	92	audio	3 expert	adj	'ekspɜ:t	teaching, especially in small groups	The police are expert at handling situations like this.
9	92	audio	3 tuition	n	tʃu'ɪʃən	the speed at which something happens over a period of time	I had to have extra tuition in maths.
9	92	audio	3 rate	n	reɪt	one of the several things that influence or cause a situation	Children learn at different rates.
9	92	audio	3 factor	n	'fæktə	to help to make something happen	The rise in crime is mainly due to social and economic factors.
9	92	audio	3 contribute	v	kən'trɪbjʊ:t	busy doing something	Stress is a contributing factor in many illnesses.
9	92	audio	3 occupied	adj	'ɒkjəpaɪd		Her time was occupied with the children.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
9	92	3	endless	adj	'endləs	something that is endless seems to continue forever	The possibilities are endless.
9	92	3	primary school	n	'praɪməri ,sku:l	a school for children between 5 and 11 years old in England and Wales	She was a teacher at Matthew's primary school.
9	92	3	inevitable	adj	ɪ'nevətəbəl	certain to happen and impossible to avoid	It's inevitable that doctors will make the occasional mistake.
9	93	1	compete	v	kəm'pi:t	to try to win something or be more successful than someone else	She and her sister are always competing for attention.
9	93	1	competitive	adj	kəm'petətɪv	determined or trying very hard to be more successful than other people or businesses	Competitive sports encourage children to work together as a team.
9	93	1	competing	adj	kəm'pi:tɪŋ	teams, products etc. that are trying to be more successful than each other	There was disagreement between the competing teams.
9	93	1	referee	n	,refəri:	someone who makes sure that the rules of a sport	They couldn't agree on who was to be the referee.
9	93	1	perfection	n	pə'fekʃən	the state of being perfect	My father expected perfection from all of us.
9	93	1	perfectionist	n	pə'fekʃənəs	someone who is not satisfied with anything unless it is completely perfect	Many top athletes are perfectionists who drive themselves to excel.
9	93	1	imperfect	n	,ɪmpə'fekʃən	the state of being not completely correct	There are always slight imperfections in every gymnast's performance.
9	93	1	gymnast	n	'dʒɪmnæst	someone who is good at gymnastics and competes against other people in gymnastics competitions	His daughter is a world-class gymnast.
9	93	1	athletics	n	æθ'letɪks	sports such as running and jumping	She's talking to her athletics coach.
9	93	1	athlete	n	'æθli:t	someone who competes in sports competitions, or is very good at sport	I was a natural athlete as a child.
9	93	1	athleticism	n	æθ'letəsɪzəm	the ability to play sports or do physical activities well	It requires more athleticism to be a ballet dancer than a footballer.
9	93	3	superstitious	adj	,su:pə'stɪʃəs	influenced by superstitions	Some people are very superstitious.
9	93	3	superstition	n	,su:pə'stɪʃən	beliefs that some objects or actions are lucky or unlucky, or that they cause	There is an old superstition that walking under a ladder is unlucky.



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						events to happen, based on old ideas of magic	
9	93	3	wristband	n	'ristbænd	a band that some tennis players wear around their wrists	He always wore a red wristband.
9	93	3	lucky charm	n	'lʌki tʃɑ:m	a very small object, that is believed to be lucky, often worn on a chain or bracelet	He wouldn't go anywhere without his lucky charm.
9	94	1	ladder	n	'lædə	a piece of equipment used for climbing up to or down from high places.	She climbed up the ladder.
9	94	3	piece of luck	n phrase	,pi:s əv 'lʌk	something good that happens by chance	What a piece of luck that he arrived when he did.
9	94	3	wish somebody	v phrase	wɪʃ ,sʌmbədi	to say that you hope someone will have good luck, a happy life etc.	He shook my hand and wished me luck.
9	94	3	luck can't believe	n phrase	'lʌk 'kɑ:nt bə'li:v jə	to find it impossible that something good has happened to you	I couldn't believe my luck as my number was called out.
9	94	3	your luck somebody's luck runs out	n phrase	,lʌk sʌnbədi:z lʌk rʌnz aʊt	if somebody's luck runs out, they stop having good luck	Finally my luck ran out and they caught me.
9	94	4	miss an opportunity	n phrase	mɪs æn ,ɒpə'tju:nə ti	not to do something you have a chance to do	Dwyer never missed an opportunity to criticise her.
9	94	4	opponent	n	ə'pəʊnənt	someone who you try to defeat in a competition, game, fight, or argument	Graf's opponent in today's final will be Sukova.
9	94	4	beat	v	bi:t	to get the most points, votes etc. in a game, race, or competition	Brazil was beaten 2-1.
9	94	4	target	n	'tɑ:gət	something that you are trying to achieve, such as a total, an amount, or a time	We missed our sales targets last month.
9	94	4	achieve/reach a target	n	ə,tʃi:v / ri:tʃ ə 'tɑ:gət	to complete a goal that you have set, or that has been set for you	The achieved/reached their target with just days to spare.
9	94	5	deserve	v	dɪ'zɜ:v	to have earned something by good or bad actions or behaviour	We didn't deserve to win.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
9	95	4	scuba diving	n	'sku:bə ,daɪvɪŋ	the sport of swimming under water while breathing through a tube that is connected to a container of air on your back	They met while they were doing a scuba diving course.
9	96	1	failure	n	'feɪljə	a lack of success in achieving or doing something	Successful people often aren't very good at dealing with failure.
9	97	1	commit	v	kə'mɪt	to say that someone will definitely do something or must do something	Meeting them doesn't commit us to anything.
9	97	3	attempt	v	ə'tempt	to try to do something, especially something difficult	Weather conditions prevented them from attempting the jump.
9	97	3	recall	v	rɪ'kɔ:l	to remember a particular fact, event, or situation from the past	I seem to recall I've met him before somewhere.
10	98	1	favouritis m	n	'feɪvərətɪzəm	when you treat one person or group better than others, in an unfair way	I think that favouritism is very damaging to a friendship.
10	98	1	damaging	adj	'dæmɪdʒɪŋ	causing physical harm to someone or something	The loss of jobs was damaging to morale.
10	98	1	selfishness	n	'selfɪʃnəs	the state of caring only about yourself and not about other people	Selfishness is something I cannot accept in people.
10	98	1	dishonesty	n	dɪs'ɒnəsti	behaviour in which you deceive or cheat people	I really dislike dishonesty in other people.
10	98	1	favour pick up	n	'feɪvə pɪk 'ʌp	something that you do for someone in order to help them or be kind to them	Could you do me a favour and tell Kelly I can't make it?
10	98	1	where you left off	v phrase	weə jə left ,ɒf	if you pick up where you stopped or were interrupted, you start again from that point	We'll meet again in the morning and we can pick up where we left off.
10	98	1	definitely	adv	'defɪnətli	without any doubt	The hotel fitness centre is definitely worth a visit.
10	98	1	via	prep	'vaɪə	using a particular method, person, machine etc. to send something	I regularly contact my friends via social networking.
10	98	1	loyalty	n	'lɔɪəlti	the quality of remaining faithful to your friends, principles, country etc.	Elizabeth understood her husband's loyalty to his sister.
10	98	1	trust	n	trʌst	a strong belief in the honesty, goodness etc. of someone or something	At first there was a lack of trust between them.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
10	98	1	self-aware	adj	,self'əweə	having knowledge and understanding of yourself	It's important to be self-aware.
10	98	1	outgoing	adj	,aut'gəʊɪŋ	someone who is outgoing likes to meet and talk to new people	We're looking for someone with an outgoing personality.
10	99	4	self-centred	adj	,self'sentəd	paying so much attention to yourself that you do not notice what is happening to other people	He's the most self-centred person I know.
10	99	4	self-confident	adj	,self'kɒnfədənt	sure that you can do things well, that people like you etc.	We need to employ someone who is self-confident and charming.
10	99	4	selfless	adj	'selfləs	caring about other people more than about yourself	She displayed a selfless devotion to others less fortunate than herself.
10	99	4	self-satisfied	adj	,self'sætəsfaɪd	too pleased with yourself and what you have done	A self-satisfied smile settled on his face.
10	99	4	self-sufficient	adj	,selfsə'fɪʃənt	able to provide all the things you need without help from other people	Australia is 65 percent self-sufficient in oil.
10	99	5	share	v	ʃeə	to have or use something with other people	The three of us shared a taxi.
10	99	8	conduct	v	kən'dʌkt	to carry out a particular activity or process, especially in order to get information or prove facts	We are conducting a survey of consumer attitudes towards organic food.
10	99	8	promote	v	prə'məʊt	to give someone a better, more responsible job in a company	Helen was promoted to senior manager.
10	99	8	catch up	phrasal v	kætʃ 'ʌp	to spend time finding out what has been happening while you have been away or during the time you have not seen someone	When I got home I phoned Jo to catch up on all the gossip.
10	99	8	foursome	n	'fɔ:səm	a group of four people who come together for a social activity or sport	Jim and Tina made up a foursome with Jean and Bruce.
10	99	8	at short notice	n phrase	ət 'sɔ:t'nəʊtɪs	if you do something at short notice, you do not have very much time to prepare for it	The trip was planned at short notice.
10	0	1	unless	conj	ən'les	used to say that something will happen to be true if something else does not	I can't sleep unless I have a bath before bed.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						happen or is not true	
10	10	1	even if	adv phrase	'i:vən if	used to emphasise that something will still be true if another thing happens	She's going to have problems finding a job even if she gets her A levels.
10	10	1	as long as	adv phrase	əz 'lɒŋ əz	used to say that one thing can happen or be true only if another thing happens or is true	You can go out to play as long as you stay in the back yard.
10	10	1	otherwise	adv	'ʌðəwaɪz	used when saying what bad thing will happen if something is not done	Put your coat on, otherwise you'll get cold.
10	10	2	provided	conj	prə'vaɪdəd	used to say that something will only be possible if something else happens or is done	He can come with us, provided he pays for his own meals.
10	10	2	whether	conj	'weðə	used to say that something definitely will or will not happen whatever the situation is	I don't know whether I'm free on Friday or not... Can I check and get back to you?
10	10	1	actual	adj	'æktʃuəl	used to emphasise that something is real or exact	I'm not joking. Those were his actual words.
10	10	1	present	adj	'prezənt	happening or existing now	At the present time we have no explanation for this.
10	10	1	current	adj	'kʌrənt	happening or existing now	In its current state, the car is worth £1,000.
10	10	1	typical	adj	'tɪpɪkəl	having the usual features or qualities of a particular group or thing	This painting is typical of his work.
10	10	1	individual	adj	ˌɪndə'vɪdʒuəl	considered separately from other people or things in the same group	Each individual leaf on the tree is different.
10	10	2	keep somebody company	n phrase	ki:p ˌsʌmbədi ˈkʌmpəni	to be with someone so that they do not feel lonely	Mum was out so I stayed at home to keep my younger sister company.
10	10	2	companion ship	n	kəm'pænjə nʃɪp	when you are with someone you enjoy being with, and are not alone	My granny just got a cat, for companionship.
10	10	2	socialise	v	'səʊʃəl-aɪz	to spend time with other people in a friendly way	Some people don't enjoy socialising.
10	10	2	undemanding	adj	ˌʌndɪ'mɑ:n	not needing a lot of ability, effort or skill	She's looking for an undemanding job.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron dɪŋ	Definition	Example sentence
10	1	2	loneliness	n	'ləʊnlɪnəs	the state of being unhappy because you are alone or do not have anyone to talk to	Loneliness is a common problem for the elderly.
10	1	2	complicate d	adj	'kɒmpləkeɪ təd	difficult to understand or deal with, because many parts or details are involved	The situation is very complicated, but I think I understand it now.
10	2	1	proportion	n	prə'pɔːʃən	a part of a number or an amount, considered in relation to the whole	The proportion of women graduates has increased in recent years.
10	2	1	acquaintan ce	n	ə'kweɪntən s	someone you know, but who is not a close friend	She was a casual acquaintance of my family in Vienna.
10	2	1	make fun of	n phrase	meɪk 'fʌn əv	to make unkind insulting remarks about someone or something	I'm not making fun of you. I admire what you did.
10	2	1	survey	n	'sɜːveɪ	a set of questions that you ask a large number of people in order to find out about their opinions or behaviour	We conducted a survey of parents in the village.
10	2	1	reveal	v	rɪ'viːl	to make known something that was previously secret or unknown	The author of the book will be revealed in the newspaper tomorrow.
10	2	1	be worthy of	adj phrase	biː 'wɜːði əv	to deserve to be thought about or treated in a particular way	A couple of other books are worthy of mention.
10	2	1	crop up	phrasal v	krɒp 'ʌp	if a problem crops up, it happens or appears suddenly and in an unexpected way	You'll have to wait. Something's cropped up.
10	2	1	shocked	adj	ʃɒkt	feeling surprised and upset by something very unexpected and unpleasant	I was deeply shocked by the news.
10	2	1	play a character	n phrase	pleɪ ə 'kærəktə	to take on the role of a person that is not real	People often play a character online.
10	2	1	version	n	'vɜːʃən	a copy of something that has been changed so that it is slightly different	I think I preferred the television version to the novel.
10	2	1	alternative	n	ɔːl'tɜːnətɪv	something you can choose to do or use instead of something else	Is there a viable alternative to the present system?
10	2	1	distance	n	'dɪstəns	the amount of space between two places and things	For some, a professional distance between their 'work' selves and their

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
10	10	2	disapprovi ng	adj	ˌdɪsəˈpruːvɪŋ	showing that you think someone or something is bad or wrong	'social' selves is necessary.
10	10	2	concept	n	ˈkɒnsept	an idea of how something is, or how something should be done	He gave her a disapproving look.
10	10	2	distinction	n	dɪˈstɪŋkʃən	a clear difference or separation between two similar things	I like the concept that we are citizens of the world.
10	10	2	meaningful	adj	ˈmiːnɪŋfəl	serious, important, or useful	There is often no clear distinction between an allergy and food intolerance.
10	10	2	interaction	n	ˌɪntərˈæksjən	the activity of talking to other people, working together with them etc.	They want a chance to do meaningful work.
10	10	2	exchange	v	ɪksˈtʃeɪndʒ	to give someone something and receive the same kind of thing from them at the same time	Meaningful human interaction requires time and effort.
10	10	2	update	n	ʌpˈdeɪt	the most recent news or information about something	We exchanged phone numbers.
10	10	2	rushed	adj	rʌʃt	done very quickly or too quickly, because there is not enough time	The report provides a brief update on the progress of the project.
10	10	2	shallow	adj	ˈʃæləʊ	not interested in important or serious matters	We did have a meeting, but it was a bit rushed.
10	10	2	enemy	n	ˈenəmi	someone who hates you and wants to harm you	If he's only interested in your looks, that shows how shallow he is.
10	10	2	element	n	ˈeləmənt	an amount, usually small, of a quality or feeling	She's a dangerous enemy to have.
10	10	2	the net	n	ðə ˈnet	[Internet] the system that allows millions of computer users around the world to exchange information	There's an element of truth in your argument.
10	10	2	awkwardn ess	n	ˈɔːkwəd nə s	the state of feeling embarrassed so that you do not know what to say	You can find more information on the net.
10	10	1	sustain	v	səˈsteɪn	to make something continue to exist or	Making friends online, avoids the social awkwardness that can occur when trying to make new friends.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
	2					happen for a period of time	children's interest.
10	10			phrasal		to stop something from happening or existing, to remove something from your life	The benefit is clear - you cut out all the boring small talk.
	2	1	cut out	v	kʌt 'aʊt		
	10		buzz		bʌz		
10	2	1	around	v phrase	ə'raʊnd	to move quickly around a place	There are always stories buzzing around.
	10					someone you have a very close relationship with because you share the same emotions and interests	Some people say they've met their soulmate online.
10	2	1	soulmate	n	'səʊlmert		
	10			phrasal		to disappear or stop existing completely	The wild population of koalas is in danger of dying out.
10	2	1	die out	v	dai 'aʊt		The traditional notion of marriage goes back thousands of years.
	10					an idea, belief or opinion	Government figures underestimate the problem.
10	2	1	notion	n	'nəʊʃən		That film clip has been shown countless times.
	10					a number representing an amount, especially an official number	
10	2	1	figure	n	'fɪgə		
	10					too many to be counted	
10	2	1	countless	adj	'kaʊntləs		
	10					someone who is disabled cannot use a part of their body properly, or cannot learn easily	If you are elderly or physically disabled, massage can be beneficial to you.
10	2	1	disabled	adj	dɪs'eɪbld		
	10		housebound			not able to leave your house, especially because you are ill or old	Without the internet, many housebound people would have no social contact at all.
10	2	1	d	adj	'haʊsbəʊnd		
	10					not having much experience of how complicated life is, so that you trust people too much and believe that good things will always happen	Jim can be so naive sometimes.
10	2	1	naive	adj	naɪ'ɪ:v		
	10					someone who does not seem to belong in a particular group of people, and who is not accepted by that group because they are very different from the other group members	I was very conscious of being a social misfit at school.
10	2	1	social misfit	n phrase	'səʊʃəl 'mɪs'fɪt		
10	10	2	amusing	adj	ə'mju:zɪŋ	funny and entertaining	I don't find his jokes at all amusing.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
10	3	2	ridiculous	adj	rɪ'dɪkjələs	very silly or unreasonable	That's a ridiculous idea.
10	3	2	functional	adj	'fʌŋkʃənəl	designed to be useful rather than beautiful or attractive	Those buildings are sensitively designed, they're not purely functional.
10	3	2	genuine	adj	'dʒenjuən	someone who is genuine is honest and friendly and you feel you can trust them	She is the most genuine person I've ever met.
10	3	2	worthwhile	adj	,wɜ:θ'waɪl	if something is worthwhile, it is important or useful, or you gain something from it	I thought it was worthwhile to clarify the matter.
10	3	4	quick-tempered	adj	,kwɪk'tempəd	someone who is quick-tempered becomes angry very easily	My sister has always been quick-tempered.
10	3	4	strong-willed	adj	,strɒŋ'wɪld	knowing exactly what you want to do and being determined to achieve it, even if other people advise you against it	I was a strong-willed child, and insisted on having my own way.
10	3	4	have your head in the clouds	n phrase	hæv jə 'hed ɪn ðə ,klaʊdz	to think about something in a way that is not practical or sensible, especially when you think things are much better than they really are	My brother tends to have his head in the clouds. He's the dreamer in the family.
10	3	4	level-headed	adj	,levəl'hedəd	calm and sensible in making judgments or decisions	She is extremely level-headed and sensible.
10	3	4	old-fashioned	adj	,əʊld'fæʃən	not considered to be modern or fashionable any more	The idea seems rather old-fashioned now.
10	3	4	kind-hearted	adj	,kaɪnd'hɑ:təd	kind and generous	She's such a kind-hearted person, I wish I was more like her.
10	4	6	bond	n	bɒnd	something that unites two or more people or groups, such as love, or a shared interest or idea	There is a strong emotional bond between mother and child.
10	5	5	theme park	n	'θi:m pɑ:k	a type of park where you can have fun riding on big machines such as a roller coaster, and where the whole part is based on one subject such as water or space travel	I used to love going to theme parks.
10	10	6	unimagina	adj	,ʌnɪ'mædʒ	not possible to imagine	He has unimaginable wealth.



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
	8		ble		ənəbəl		
10	10		noticeboard		'nəʊtəs,bɔ:d	a special board on a wall which notices	She saw a message on the hospital noticeboard.
	8	6	d	n	d	can be fastened to	
	10					someone who travels and works in a spacecraft	France's space centre was looking for astronauts.
10	8	6	astronaut	n	'æstrənɔ:t		
	10					very impressive show or scene	The Northern Lights are an amazing spectacle.
10	8	6	spectacle	n	'spektəkəl		
	10					someone's ultimate aim is their main and most important aim, that they hope to achieve in the future	Our ultimate objective is to have as many female members of Parliament as there are male.
10	8	7	ultimate	adj	'ʌltəmət		
	11		mountaineer		'maʊntə'niə	someone who climbs mountains as a sport	The article is about a young mountaineer.
11	0	2	er	n	ə		
	11					a sports competition in which competitors run, swim, and cycle long distances	I've never done a triathlon.
11	0	6	triathlon	n	traɪ'æθlən		
	11					to succeed in climbing to the top of a mountain	He is the youngest climber to conquer Everest.
11	1	2	conquer	v	'kɒŋkə		
	11				'ɪnspə'reɪʃən	a person, experience, place etc. that gives you new ideas for something to do	The beaches at Cape Cod were her inspiration.
11	1	2	inspiration	n	n		
	11					your peers are the people who are the same age as you, or who have the same type of job, social class	Staff members are trained by their peers.
11	1	2	peer	n	pɪə		
	11		spark a debate		spɑ:k ə dɪ'beɪt	to be the cause of a debate	His age sparked a debate on whether teenagers should be allowed to do these things.
11	1	2	drop	v phrase	drɒp		
	11		somebody off		'sʌmbɒdi	to take someone or something to a place by car and leave them there on your way to another place	I'll drop you off on your my home.
11	1	2	off	phrasal v	'ɒf		
	11					if you assemble a large number of people or things, or if they assemble, they are gathered together in one place, often for a particular purpose	A large crowd had assembled outside the American embassy.
11	1	2	assemble	v	ə'sembəl		
	11		refer to		rɪ'fɜ:tə	to mention or speak about somebody	They refer to themselves as Team Jordan.
11	1	2	somebody	v phrase	'sʌmbɒdi		

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
11	11	1	comprise	v	kəm'praɪz	to consist of particular parts, groups etc.	The house comprises two bedrooms, a kitchen, and a living room.
11	11	2	stepmothe	n	'stepmʌðə	a woman who is married to your father but who is not your mother	She has a good relationship with her stepmother.
11	11	2	be on	n	bi: ɒn	to be likely to achieve the result you want	We're still on track for 10 percent growth.
11	11	2	track	n	'træk		He has climbed all the highest mountains on the world's seven continents.
11	11	2	continent	n	'kɒntənənt	a large mass of land surrounded by sea	
11	11	2	double life	n	ˌdʌbləl 'laɪf	if someone lives a double life, they deceive people by having two separate homes, families, or sets of activities, one of which they keep secret	Marje had no idea that her husband was leading a double life.
11	11	2	intense	adj	ɪn'tens	having a very strong effect or felt very strongly	Young people today are under intense pressure to succeed.
11	11	2	oxygen	n	'ɒksɪdʒən	a gas that has no colour or smell, is present in air, and is necessary for most animals and plants to live.	He had to get used to low oxygen levels high up on the mountain.
11	11	2	drag	v	dræg	to pull something along the ground, often because it is too heavy to carry	Inge managed to drag the table into the kitchen.
11	11	2	driveway	n	'draɪvweɪ	the hard area or road between your house and the street	They walked up the driveway to the big house.
11	11	2	litter	v	'lɪtə	if things litter an area, there are a lot of them in that place, scattered in an untidy way	Clothes littered the floor.
11	11	2	adventure	n	əd'ventʃə	an exciting experience or journey on which dangerous or unusual things happen	We're going on an adventure tomorrow.
11	11	2	gear	n	ɡɪə	set of equipment or tools you need for a particular activity	We'll need some camping gear.
11	11	2	racer	n	'reɪsə	someone who competes in a race	They have been professional racers for years.
11	11	2	decade	n	'dekeɪd	a period of 10 years	Things have changed a lot on the last

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
	1						decade.
11	11	2	reception	n	ri'sepʃən	a particular type of welcome for someone, or particular type of reaction to their ideas, work etc.	His ideas met with a hostile reception.
11	11	2	solo	adj	'səʊləʊ	done alone without anyone else helping you	He is the youngest solo sailor to sail around the world.
11	11	2	sailor	n	'seɪlə	someone who works on a ship	We were both experienced sailors.
11	11	2	globe	n	gləʊb	the world	He sailed around the globe.
11	11	2	controversy	n	'kɒntɹəvɜ:si	a serious argument about something that involves many people and continues for a long time	The judge's decision provoked controversy.
11	11	2	pre-schooler	n	ˌpri:ˈsku:lə	a child who does not yet go to school, or who goes to preschool	My little brother will be a pre-schooler next year!
11	11	2	neighbourhood	n	'neɪbəhʊd	the area around you or around a particular place, or the people who live there	Be quiet! You'll wake up the whole neighbourhood.
11	11	2	tricycle	n	'traɪsɪkəl	a bicycle with three wheels, especially for young children	He used to win neighbourhood tricycle events.
11	11	2	diagnose somebody with	v phrase	'daɪəgnəʊz ˌsʌmbədi wɪð	to find out what illness someone has, or what the cause of a fault is, after doing tests, examinations etc.	She was diagnosed with breast cancer.
11	11	2	disorder	n	dis'ɔ:də	a mental or physical illness which prevents part of your body from working properly	He suffers from a rare disorder of the liver.
11	11	2	painful	adj	'peɪnfəl	if a part of your body is painful, it hurts	Is your arm very painful?
11	11	2	immobility	n	ˌɪmə'bɪləti	the state of being unable to move or walk normally	The months of immobility seem to have encouraged him to make adventure sports into a lifestyle.
11	11	2	hyper-	prefix	'haɪpə	more than usual, too much	Jordan doesn't have Paul's hyper-competitive gene.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
11	11	2	gene	n	dʒi:n	a part of a cell in a living thing that controls what it looks like, how it grows, and how it develops. People get their genes from their parents.	Information is transferred by genes in much the same way as it is by words.
11	11	2	summit	n	'sʌmət	the top of a mountain	Many people have now reached the summit of Mount Everest.
11	11	2	mouth	v	maʊð	to move your lips in the same way you do when you are saying words, but without making any sound	She silently mouthed the words 'Good luck'.
11	11	2	vague	adj	veɪg	unclear because someone does not give enough detailed information or does not say exactly what they mean	Julia was vague about where she had been and what she had been doing.
11	11	2	driven	adj	'drɪvən	trying extremely hard to achieve what you want	He claims he is not a driven workaholic.
11	11	2	philosophy	n	fə'lɒsəfi	the attitude or set of ideas that guides the behaviour of a person or organisation	The company explained their management philosophy.
11	11	3	sour	adj	sauə	if a relationship or someone's attitude sours, it becomes unfriendly or unfavourable	An unhappy childhood has soured her view of life.
11	11	3	deadly	adj	'dedli	likely to cause death	He climbed one of the world's deadliest mountains.
11	11	3	background	n	'bækgraʊnd	the situation or past events that explain why someone is like they are or why something happens in the way that it does	You have to understand his background.
11	11	3	wilderness	n	'wɪldənəs	a large area of land that has never been developed or farmed	They entered a wilderness race.
11	11	3	calling	n	'kɔ:lɪŋ	a strong desire or feeling of duty to do a particular kind of work, especially religious work	Paul finally felt like he had found his true calling.
11	11	3	justification	n	'dʒʌstəfə'k	a good and acceptable reason for doing something	There is no justification for holding her in jail.
11	11	5	broke	adj	brəʊk	having no money	I'm fed up with being broke all the

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
	2						time.
11	11					to teach a child at a school, college, or university	I have always wanted to educate young children.
	3	2	educate	v	'edʒukeɪt		
	11		educationa		,edʒu'keɪʃə		The educational development of children is very important.
11	3	2	l	adj	nəl	relating to education	Spiders terrify me - I can't be near them.
	11						
11	3	2	terrify	v	'terəfaɪ	to make someone extremely afraid	People fled in terror as fire tore through the building.
	11						
11	3	2	terror	n	'terə	a feeling of extreme fear	He told her of his terrifying experience.
	11						
11	3	2	terrifying	adj	'terəfaɪ-ɪŋ	extremely frightening	Our friendship has steadily strengthened over the years.
	11						
11	3	2	strengthen	v	'streŋθən	to become stronger or make something stronger	She didn't even have the strength to stand up.
	11						
11	3	2	strength	n	streŋθ	the physical power and energy that makes someone strong	He was a big strong man.
	11					having a lot of physical power so that you can life heavy things, do hard physical work	
11	3	2	strong	adj	strɒŋ		Many parents are strongly critical of the school.
	11						
11	3	2	critical	adj	'krɪtɪkəl	if you are critical, you criticise someone or something	If you don't wear a seatbelt, you are endangering yourself and others.
	11						
11	3	2	endanger	v	ɪn'deɪndʒə	to put someone or something in danger of being hurt, damaged or destroyed	The refugees believe that their lives are in danger.
	11						
11	3	2	danger	n	'deɪndʒə	the possibility that someone or something will be harmed, destroyed, or killed	Swimming in the sea at night can be dangerous.
	11						
11	3	2	dangerous	adj	'deɪndʒərəs	able or likely to harm or kill you	I hate the sight of blood.
	11						
11	3	3	blood	n	blʌd	the red liquid that your heart pumps around your body	My sister is such a cheat at cards.
	11						
11	3	3	cheat	n	tʃi:t	someone who is dishonest and cheats	You've got a lot of experience of lecturing.
	11						
11	3	3	experience	n	ɪk'spiəriəns	knowledge or skill that you gain form doing a job or activity, or the process of doing this	

# Gold First New Edition Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
11	11	3	be frozen	adj	'frəʊzən	to feel very cold	The ground is frozen for most of the year.
11	11	3	length	n	lenθ	the measurement of how long something is from one end to the other	We measured the length and width of the living room.
11	11	3	memory	n	'meməri	someone's ability to remember things, places, experiences etc.	She has a terrible memory for names.
11	11	3	modern	adj	'mɒdn	belonging to the present time or most recent time	Such companies must change if they are to compete in the modern world.
11	11	4	in aid of	n	ɪn aɪd əv	in order to help	We're collecting money in aid of cancer research.
11	11	4	well-being	n	,wel'bi:ɪŋ	a feeling of being comfortable, healthy, and happy	We are responsible for the care and well-being of all our patients.
11	11	4	flu	n	flu:	a common illness that makes you feel very tired and weak, gives you a sore throat, and makes you cough and have to clear your nose a lot	Steven's still in bed with flu.
11	11	4	put to the test	v phrase	pʊt tə ðə 'test	to test something	We put 15 rain jackets to the test, and chose the best one.
11	11	2	brave	adj	breɪv	dealing with danger, pain, or difficult situations with courage and confidence	It was brave of you to speak in front of all those people.
11	11	2	determine	adj	dɪ'tɜ:mənd	having a strong desire to do something, so that you will not let anyone stop you	Gwen is a very determined woman.
11	11	2	exciting	adj	ɪk'saɪtɪŋ	making you feel excited	I've got some exciting news for you.
11	11	2	exhausting	adj	ɪg'zɔ:stɪŋ	making you feel extremely tired	It had been an exhausting day.
11	11	2	skilful	adj	'skɪlfəl	good at doing something, especially something that needs special ability or training	After a few years, he became very skilful at drawing.
11	11	4/au	risk-averse	adj	'rɪskə,vɜ:s	not willing to take risks	Shareholders are more risk averse than they used to be.
11	11	4/au	reassure	v	,ri:ə'ʃʊə	to make someone feel calmer and less worried or frightened about a problem or	Teachers reassured anxious parents.

Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						situation	
11	11 4	4/au	slippery	adj	'slɪpəri	something that is slippery is difficult to hold, walk on etc. because it is wet or greasy	In places, the path can be wet and slippery.
11	11 4	4/au	ignore	v	ɪg'no:	to deliberately pay no attention to something that you have been told or that you know about	You can't ignore the fact that many criminals never go to prison.
11	11 4	4/au	headgear	n	'hedgɪə	hats and other things that you wear on your head	Each sport has different safety equipment, from headgear to harnesses.
11	11 4	4/au	harness	n	'hɑ:nəs	a set of bands used to hold someone in a place or to stop them from falling	She always wears a safety harness when she climbs.
11	11 4	4/au	snowboard ing	n	'snəʊbɔ:dɪŋ	the sport of going down snow-covered hills on a snowboard	His favourite sport is snowboarding.
11	11 4	4/au	free- running	n	'fri:ɾʌnɪŋ	the sport of running through city streets and jumping between buildings	Free-running is an extreme sport.
11	11 4	4/au	hormone	n	'hɔ:məʊn	a chemical substance produced by your body that influences its growth, development, and condition	Hormones are released when the body experiences stress.
11	11 4	4/au	adrenalin	n	ə'drenəl- ən	a chemical produced by your body when you are afraid, angry or excited, which makes your heart beat faster	There's nothing like a good horror film to get the adrenalin going.
11	11 4	4/au	basically	adv	'beɪsɪkli	used to emphasise the most important reason or fact about something, or a simple explanation of something	Basically, I'm just lazy.
11	11 4	4/au	stimulation	n	ˌstɪmjə'leɪʃ ən	the feeling of being excited about and interested in something	People who do extreme sports have a need to seek excitement and stimulation.
11	11 4	4/au	destructive	adj	dɪ'strʌktɪv	causing damage to people or things	What is good for the individual can be destructive to the family.
11	11 5	1	committed	adj	kə'mɪtəd	willing to work very hard at something	The party has a core of committed supporters.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
11	11						
11	5	1	devoted	adj	dɪ'vəʊtəd	giving someone or something a lot of love and attention	Isabella was devoted to her brother.
11	11						
11	5	1	concerned	adj	kən'sɜ:nd	worried about something	She is concerned about how much junk food I eat.
11	11						
11	5	1	worried	adj	'wʌrɪd	unhappy because you keep thinking about a problem, or about something bad that might happen	I'm really worried about my brother.
11	11						
11	5	1	timid	adj	'tɪməd	not having courage or confidence	I was a timid child.
11	11		enthusiasti		ɪn'θju:zɪ'æ	feeling or showing a lot of interest an	All the staff are enthusiastic about the
11	5	1	c	adj	stɪk	excitement about something	project.
11	11		complain		kəm'pleɪn	to say that you are annoyed, not	Residents are complaining about the
11	5	3	about	v phrase	ə,bəʊt	satisfied, or unhappy about something or someone	amount of traffic in the area.
11	11						
11	5	3	inaccurate	adj	ɪn'ækjərət	not correct	A lot of what has been written about him is inaccurate.
11	11						
11	5	3	insist on	v	ɪn'sɪst ɒn	to say firmly and often that something is true, especially when other people think it may not be true	She kept insisting on her innocence.
11	11						
11	5	3	admit to	v	əd'mɪt tu	to agree unwillingly that something is true or that someone else is right	Dana admitted to taking the last
11	11		be		bi: ɪn'vɒlvd	to take part in an activity or event, or be connected with it in some way	biscuit.
11	5	3	involved in	adj	ɪn	to stop something from happening, or stop someone from doing something	More than 30 firms were involved in the
11	11		prevent		pri'vent	to stop something from happening, or stop someone from doing something	project.
11	5	3	from	v	frəm	to stop something from happening, or stop someone from doing something	His back injury may prevent him from
11	11						playing in tomorrow's game.
11	5	3	rely on	v	ri'lai ɒn	to trust or depend on someone or something to do that you need or expect them to do	I knew I could rely on David.
11	11		congratula		kən'grætʃəl	to tell someone that you are happy	
11	5	3	te		ert	because they have achieved something	She congratulated me warmly on my
11	11		somebody		'sʌnbɒdi ɒn	or because something nice has happened to them	exam results.
11	5	3	on	v	bæk 'ɒf	to move backwards, away from someone	She backed off and then turned and
11	11	4	back off	phrasal			



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
	5			v		or something	ran.
11	11			phrasal		to decide that a planned even will not take place	The trip to Italy might be called off.
	5	4	call off	v	kɔ:l 'ɒf		
	11			phrasal		to explode or fire	The bomb went off at 6.30 in the morning.
11	5	4	go off	v	gəʊ 'ɒf		
	11			phrasal		to delay doing something or to arrange to do something at a later time or date, especially because there is a problem or you do not want to do it now	The match has been put off until tomorrow because of bad weather.
11	5	4	put off	v	pʊt 'ɒf		
	11			phrasal		to go to an airport, train station etc. to say goodbye to someone	They've gone to the airport to see their son off.
11	5	4	see off	v	si: 'ɒf		
	11			phrasal		if someone in authority tells you off, they speak to you angrily about something wrong that you have done	Shelley was one of those kids who was always getting told off at school.
11	5	4	tell off	v	tel 'ɒf		
	11			phrasal		if pain or the effect of something wears off, it gradually stops	As the day went on, my sleepiness wore off.
11	5	4	wear off	v	weə 'ɒf		
	11			n		a situation in which an area of land becomes covered with water, for example because of heavy rain	The heavy rain has led to serious flooding in some areas.
11	5	5	flooding	n	'flʌdɪŋ		
	11			n		an activity that you enjoy doing in your free time	Susan's hobbies include reading, cooking and drama.
11	6	2/aud	hobby	n	'hɒbi		Boxers have to be very controlled and calm, as well as strong, if they want to win.
	11			n		someone who boxes, especially as a job	I took out a long-term loan to pay for my university course.
11	7	2/aud	boxer	n	'bɒksə		
	11			adj		continuing for a long period of time, or relating to what will happen in the distant future	A yachtswoman has to be very fit and well-trained.
11	7	2/aud	long-term	adj	,lɒŋ'tɜ:m		
	11		yachtswo	n		a woman who sails a yacht	These dogs are absolutely fearless.
11	7	2/aud	man	n	'jɒts,wʊmən		
	11			adj		not afraid of anything	She was congratulated by the Australian Premier.
11	7	2/aud	fearless	adj	'fri:ləs		
	11			n		a prime minister	
11	9	2	premier	n	'premiə		

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
11	11	2	treacherous	adj	'tretʃərəs	ground, roads, weather conditions etc. that are treacherous are particularly dangerous because you cannot see the dangers very easily	Strong winds and loose rocks made climbing treacherous.
11	11	2	moody	adj	'mu:di	often changing quickly from being in a good temper to being in a bad temper	Keith had seemed moody all morning.
11	11	2	homesick	adj	'həʊm,sɪk	feeling unhappy because you are a long way from your home	At first she was a little homesick.
11	11	2	tower	v	'taʊə	to be much taller than other people or things around you	He towered over his mother.
11	11	2	strap yourself into	v phrase	stræp jɔ:'self ɪntə	to fasten something or someone in place with one or more steps	Are the kids strapped in?
11	11	2	bunk	n	bʌŋk	a narrow bed that is attached to the wall, for example on a train or ship	She had to strap herself into her bunk.
12	12	1	prison	n	'prɪzən	a building where people are kept as a punishment for a crime, or while they are waiting to go to court for their trial	The thief was sent to prison for six months.
12	12	2	punish	v	'pʌnɪʃ	to make someone suffer because they have done something wrong or broken the law	My parents punished me by taking away my computer.
12	12	2	discourage	v	dɪs'kʌrɪdʒ	to persuade someone not to do something, especially by making it seem difficult or bad	My father is a lawyer, and he discouraged me from entering the field.
12	12	2	crime	n	kraɪm	an illegal action, which can be punished by law	He insisted that he had not committed a crime.
12	12	2	rehabilitate	v	,rihə'bɪləteɪt	to help someone to live a healthy, useful, or active life again after they have been seriously ill or in prison	Do you think criminals should be rehabilitated into society?
12	12	3	shoplifting	n	'ʃɒp,lɪftɪŋ	the crime of stealing things from shops, for example by hiding them in a bag or under your clothes	She had been falsely accused of shoplifting in a clothing store.
12	12	3	armed	adj	ɑ:md	carrying weapons, especially a gun	The prisoners were kept under armed

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
	0						guard.
12	12						Armed robbers broke into the shop and demanded money from the till.
12	0	3	robber	n	'rɒbə	someone who steals money or property	
12	12						
12	0	3	steal	v	sti:l	to take something that belongs to someone else	He stole money from his parents.
12	12						
12	0	3	terrorist	n	'terərəst	someone who uses violence such as bombing, shooting etc. to obtain political demands	Twenty people were killed in the latest terrorist attack.
12	12						
12	0	3	fine	n	fain	money that you have to pay as a punishment	She was ordered to pay £150 fine, plus court costs.
12	12						
12	0	3	community service	n	kə'mju:nəti 'sɜ:vɪs	work that is not paid that someone does to help other people, sometimes as a punishment for a crime	He was ordered to do 100 hours of community service.
12	12						
12	0	3	sentence	n	'sentəns	a punishment that a judge gives to someone who is guilty of a crime	She received an eight-year prison sentence.
12	12						
12	0	3	serve a sentence	n phrase	sɜ:v ə 'sentəns	to spend time in prison	Her husband is serving a two-year sentence for credit-card fraud.
12	12						
12	0	3	overnight	adv	,əʊvə'naɪt	for or during the night	Pam's staying overnight at my house.
12	12						
12	0	3	curfew	n	'kɜ:fju:	a law that forces people to stay indoors after a particular time at night, or the time people must be indoors	The government imposed a night-time curfew throughout the country.
12	12						
12	0	3	electronic tag	n phrase	,elɪk'trɒnɪk tæg	a piece of equipment that you attach to an animal or person, especially someone who has just left prison, so that you always know where they are	When he got out of prison he had to wear an electronic tag.
12	12						
12	0	4	former	adj	'fɔ:mə	happening or existing before, but not now	Their farm had been reduced to half its former size.
12	12						
12	0	5	willingly	adv	'wɪlɪŋli	prepared to do something, or having no reason to not want to do it	Sixty percent of voters said they would willingly pay higher taxes for better health-care.
12	12						
12	0	5	convert	v	kən'vɜ:t	to change something into a different form, or to change something so that it	The converted the spare bedroom into an office.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
12	12	5	construct	v	kən'strʌkt	can be used for a different purpose or in a different way to build something such as a house, bridge, road etc.	There are plans to construct a new road bridge across the river.
12	12	5	obey	v	əu'bei	to do what someone in authority tells you to do, or what a law or rule says you must do	The little boy made no effort to obey.
12	12	5	admittedly	adv	əd'mɪtədli	used when you are admitting that something is true	This has led to financial losses, thought admittedly on a fairly small scale.
12	12	5	honeymoon	n	'hʌnimu:n	a holiday taken by two people who have just got married	We went to Italy on our honeymoon.
12	12	5	courtyard	n	'kɔ:rtjɑ:d	an open space that is completely or partly surrounded by buildings	Everybody was lined up in the courtyard.
12	12	5	cell	n	sel	a small room in a prison or police station where prisoners are kept	He spent the night in the cells at the local police station.
12	12	5	fingerprint	n	'fɪŋgə,prɪnt	a mark made by the pattern of lines at the end of a person's finger, which is used by the police to find out who has committed a crime	His fingerprints were all over the place.
12	12	5	hunk	n	hʌŋk	a thick piece of something, especially food, that has been taken from a bigger piece	Dinner consisted of a hunk of dry bread and black tea.
12	12	5	sum up	phrasal v	sʌm 'ʌp	to give the main information in a report, speech etc. in a short statement at the end	To sum up, you must take regular exercise in order to have a healthy heart.
12	12	5	comparable	adj	'kɒmpərəbəl	similar to something else in size, number, quality etc., so that you can make a comparison	A car of comparable size would cost far more abroad.
12	12	7	arrest	n	ə'rest	when the police take someone away and guard them because they may have done something illegal	The police made an arrest yesterday morning.
12	12	7	suspect	n	'sʌspekt	someone who is thought to be guilty of a crime	Two suspects were arrested today in connection with the robbery.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
12	12	1	7 witness	n	'wɪtnəs	someone who sees a crime or an accident and can describe what happened	Police have appealed for witnesses to come forward.
						the place where a trial is held, or the people there, especially the judge and the jury who examine the evidence and decide whether someone is guilty or not guilty	It could not be proved in a court of law.
12	12	1	7 court	n	kɔ:t	the official in control of a court, who decides how criminals should be punished	The trial judge specifies the number of years to be spent in prison.
12	12	1	7 judge	n	dʒʌdʒ	severe, cruel, or unkind	His theory met with harsh criticism from colleagues.
12	12	1	7 harsh	adj	hɑ:f	a legal process in which a judge and often a jury in a court of law examine information to decide whether someone is guilty or not	The trial is due to start next week.
12	12	1	7 trial	n	'traɪəl	the person in a court of law who has been accused of doing something illegal	We find the defendant not guilty.
12	12	1	7 defendant	n	dɪ'fendənt	having done something that is a crime	The jury found her guilty of murder.
12	12	1	7 guilty	adj	'gɪlti	an official decision made in a court of law, especially about whether someone is guilty of a crime or how a death happened	The verdict was 'not guilty'.
12	12	1	10 verdict	n	'vɜ:dɪkt	to catch someone while they are doing something illegal	The gang was caught in the act of unloading stolen goods.
12	12	1	10 catch in the act	v	'kætf ɪn ði: ækt	to start breathing normally again	He leant against a tree until he had caught his breath.
12	12	1	10 catch your breath	n	'kætf jə 'breθ	a decision in a court of law that someone is guilty of a crime, or the process of proving that someone is guilty	They had no previous convictions.
12	12	1	10 conviction	n	kən'vɪkʃən	a piece of information that may help you to solve a crime or mystery	The police are following a lead.
12	12	1	10 lead	n	li:d	to say that an action is illegal or not	Smoking is strictly prohibited on trains
12	12	4	prohibit	v	prə'hɪbət		

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
	2					allowed	and inside the station.
12	12					a group of often 12 ordinary people who listen to the details of a case in court and decide whether someone is guilty or not	The jury found him not guilty.
12	2	4	jury	n	'dʒʊəri	criminal activity that involves the use of computers or the internet	How seriously to do you take cybercrime?
12	12					any crime in which someone steals personal information about and belonging to another person, for example their bank account number of the number of their driving licence, an uses this information to deceive other people and get money or goods	
12	3	1	cybercrime	n	m	the act of secretly using or changing the information in other people's computer systems	I was the victim of identity theft once, it was awful.
						when someone writes or prints untrue statements about someone so that other people could have a bad opinion of them	
12	12					a particular type of art, writing, music etc., which has certain features that all examples of this type share	
12	3	2	identity theft/fraud	n	ai'dentəti ,θeft	not wanting to do something and refusing to do it	There is a problem with computer hacking.
						to like someone or something very much, especially when you have known them or liked it for a long time	
12	12					to follow a person or animal quietly in order to catch and attack or kill them	Holt sued the newspaper for libel.
12	3	2	hacking	n	'hækiŋ	very quiet and gentle and unwilling to argue with people	
						lack of courage	
12	12						Crime fiction is now one the best-selling genres.
12	3	2	libel	n	'laɪbəl		His unwillingness to pay the fine landed him in court.
							I'd grown fond of the place and it was difficult to leave.
12	12						Our cat stalks mice through the garden at night.
12	4	1	genre	n	'ʒɒnrə		He was always so meek and quiet.
							His cowardice was made his an outcast.
12	12						
12	4	2	unwillingn	n	ʌn'wɪlɪŋnəs		
12	12						
12	4	2	ess	n			
12	12						
12	4	2	be fond of	adj phrase	bi: fɒnd əv		
12	12						
12	4	2	stalk	v	stɔ:k		
12	12						
12	4	2	meek	adj	mi:k		
12	12						
12	4	2	cowardice	n	'kəʊədəs		

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
12	12 4	2	pacifism	n	'pæsəfɪzəm	the belief that war and violence are always wrong	She was a great believer in pacifism.
12	12 4	2	intervene	v	ˌɪntə'veɪn	to become involved in an argument, fight, or other difficult situation in order to change what happens	The army will have to intervene to prevent further fighting.
12	12 4	2	unfold	v	ʌn'fəʊld	if a series of events unfold, they happen	He had watched the drama unfold from a nearby ship.
12	12 4	2	mode	n	məʊd	a particular way or style of behaving, living, or doing something	They have a relaxed mode of life that suits them well.
12	12 4	2	promenader	n	ˌprɒmə'neɪdə	someone who goes for a walk for pleasure in a public place	The beach was crowded with promenaders enjoying the sunshine.
12	12 4	2	brutal	adj	'bru:təl	very cruel and violent	It was a brutal attack on a defenceless old man.
12	12 4	2	spoil	v	spɔɪl	to have a bad effect on something so that it is no longer attractive, enjoyable, useful etc.	The whole park is spoiled by litter.
12	12 4	2	impromptu	adj	ɪm'prɒmptjuː	done or said without any preparation or planning	The band gave an impromptu concert.
12	12 4	2	faux	adj	fəʊ	artificial, but made to look real	She was wearing faux pearls around her neck.
12	12 4	2	immunity	n	ɪ'mju:nəti	the state or right of being protected from particular laws or from unpleasant things	They were granted immunity from prosecution.
12	12 4	2	voyeur	n	vɔɪ:'jɜ:r	someone who enjoys watching other people's private behaviour or suffering	We had become passive voyeurs of violence.
12	12 4	2	detached	adj	dɪ'tætʃt	not reacting to or becoming involved in something in an emotional way	He appeared to be totally detached from the horrific nature of his crimes.
12	12 4	2	intellectual	adj	ˌɪntə'lektʃuəl	relating to the ability to understand things and think intelligently	This is a job that requires considerable intellectual effort.
12	12 4	2	bellow	n	'beləʊ	a loud deep shout	His voice rose to a bellow.
12	12 4	2	yell	n	jel	a loud shout	She let out a yell when she saw me.
12	12	2	parade-	n	pə'reɪd	a place where soldiers practise marching	His father would shout at him in his

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
	4		ground		,graʊnd	or standing together in rows to wave something around in a dangerous or threatening way, especially a weapon	parade-ground tones. A man leapt out brandishing a kitchen knife.
12	12	4	brandish	v	'brændɪʃ	a situation in which you win a battle, game, election, or dispute	The court's decision represents a victory for all women.
12	12	4	victory	n	'vɪktəri	a hard hit with someone's hand, a tool, or a weapon	She died from a heavy blow to the head.
12	12	4	blow	n	bləʊ	based on instinct and not involving thought	He acted instinctively to save the man.
12	12	4	instinctivel y	adv	ɪn'stɪŋktɪvli	a heavy metal ball on a wire with a handle at the end, which you throw as far as possible as a sport	He swung the bag in hammer-throw fashion.
12	12	4	hammer	n	'hæmə	completely stupid or crazy, often in a way that is dangerous	The whole idea sounds absolutely insane to me.
12	12	4	insane	adj	ɪn'seɪn	to lower your head or body very quickly, especially to avoid being seen or hit	If she hadn't ducked, the ball would have hit her.
12	12	5	duck	v	dʌk	heavy	The weighty edge of the bag hit the man on the shoulder.
12	12	5	weighty	adj	'weɪti	to turn around and around very quickly, or to make something do this	The plane's propellers were spinning.
12	12	5	spin	v	spɪn	the person who is guilty of a crime or doing something wrong	Police finally managed to catch the culprit.
12	12	5	culprit	n	'kʌlprɪt	an object that is thrown at someone in order to hurt them	Demonstrators threw missiles at the police.
12	12	5	missile	n	'mɪsaɪl	unknown by name	Martin tried to make himself an anonymous figure in the queue.
12	12	5	anonymou s	adj	ə'nɒnəməs	someone with a particular type of appearance or character, especially when they are far away or difficult to see	Through the window I could see the commanding figure of Mrs Bradshaw.
12	12	5	figure	n	'fɪgə	to behave as if something is true when in fact you know it is not, in order to deceive people or for fun	Let's pretend we're on the moon.
12	12	5	pretend	v	pri'tend		



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
12	12						
12	5	2	bully	v	'bʊli	to threaten to hurt someone or frighten them, especially someone smaller or weaker	Don't let them bully you into working on Saturdays.
12	12		cling on	phrasal			
12	5	2	to	v	klɪŋ 'ɒn tə	to continue trying to believe or do something, even though it may not be true or useful any longer	He clung on to the hope that she would forgive him.
12	12						
12	5	2	arc	n	ɑ:k	a curved shape or line	The sun moves across the sky in an arc.
12	12		annihilation				
12	5	2	n	n	əˌnaɪəˈleɪʃən	the act of destroying something or someone completely	We must divert the flood waters to avoid total annihilation of the village!
12	12						
12	5	2	hand-clap	n	'hændklæp	if people give someone a slow handclap, they hit their hands together slowly to show that they disapprove of them	They gave Martin a slow hand-clap.
12	12		follow	phrasal			
12	5	2	through	v	ˌfɒləʊ 'θruː	to do what needs to be done to complete something or make it successful	The project went wrong when the staff failed to follow through.
12	12						
12	5	2	set aside	phrasal v	set ə'saɪd	to decide not to consider a particular feeling or thing because something else is more important	Both sides agreed to set aside the question of independence.
12	12						
12	5	3	road rage	n	'rəʊd reɪdʒ	violence and angry behaviour by car drivers towards other car drivers	Road rage seems to be on the increase.
12	12						
12	6	1	break-in	n	'breɪkɪn	an act of entering a building illegally and by force, especially in order to steal things	Since the break-in we've had all our locks changed.
12	12						
12	6	3	ache	v	eɪk	if part of your body aches, you feel a continuous, but not very sharp pain there	His feet were aching from standing so long.
12	12		short-sighted				
12	6	3	sighted	adj	ˌʃɔ:t'saɪtəd	unable to see objects clearly unless they are very close	I need glasses because I'm short-sighted.
12	12						
12	6	3	optician	n	ɒp'tɪʃən	someone who tests people's eyes and sells glasses in a shop	I visited the optician yesterday.
12	12						
12	6	3	shed	n	ʃed	a small building, often made of wood, used especially for storing things	I keep all the tools in the garden shed.
12	12						
12	7	1	go off <sup>1</sup>	phrasal v	gəʊ 'ɒf	if food goes off, it becomes too bad to eat	The milk's gone off.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
12	12			phrasal			
12	7	1	go off <sup>2</sup>	v	gəʊ 'ɒf	to stop liking something or someone	Many women go off coffee during pregnancy.
12	12			phrasal			
12	7	1	go off <sup>3</sup>	v	gəʊ 'ɒf	if a machine or piece of equipment goes off, it stops working	Suddenly, all the lights went off.
12	12			phrasal			
12	7	1	go over	v	gəʊ 'əʊvə	to search or examine something very carefully	I went over my report to make sure I had included everything.
12	12			phrasal			
12	7	1	go on <sup>1</sup>	v	gəʊ 'ɒn	to continue doing something or being in a situation	He went on working until he was 91.
12	12			phrasal			
12	7	1	go on <sup>2</sup>	v	gəʊ 'ɒn	to happen	I don't know what's going on.
12	12			phrasal			
12	7	1	go ahead	v	gəʊ ə'hed	to start to do something, especially after planning it or asking permission to do it	They've decided to go ahead with the plans to build 50 new houses on the site.
12	12			phrasal			
12	7	1	go down	v	gəʊ 'daʊn	if a computer goes down, it stops working for a short time	If one of the file servers goes down, you lose the whole network.
12	12						
12	7	1	sour	adj	sauə	having a sharp acid taste, like the taste of a lemon or a fruit that is not ready to be eaten	Rachel sampled the wine. It was sour.
12	12						
12	7	1	revise	v	rɪ'vaɪz	to change something because of new information or ideas	The college has revised its plans because of local objections.
12	12						
12	7		in the		ɪn ðə	if you follow in somebody's footsteps, you do the same job or work or live in the same way as someone before you, especially someone in your family	He is a doctor and expects his son to follow in his footsteps.
12	12	4	footsteps	n phrase	'fʊtsteps	fictional people, events etc. are imaginary and from a book or story	The novel is set in the fictional German town of Kreiswald.
12	7	4	fictional	adj	'fɪkʃənəl	a police officer whose job it is to discover information about crimes and catch criminals	Sherlock Holmes is a famous fictional detective.
12	12						
12	7	4	detective	n	dɪ'tektɪv	a long written story in which the characters and events are usually imaginary	The novels of Charles Dickens are famous around the world.
12	12						
12	7	4	novel	n	'nɒvəl		

# Gold First New Edition Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
12	12					if people flock to a place, they go there in large numbers because something interesting or exciting is happening there	People have been flocking to the exhibition.
12	7	4	flock	v	flok		
12	12					to state in a court of law whether or not you are guilty of crime	He's probably going to plead guilty.
12	8	5	plead	v	plɪ:d		
12	12					an illegal action or a crime	His solicitor said he committed the offence because he was heavily in debt.
12	9	1	offence	n	ə'fens		
12	12					to find the correct answer to a problem or the explanation for something that is difficult to understand	More than 70 percent of murder cases were solved last year.
12	9	1	solve	v	sɒlv		
13	13					to look like or be similar to someone or something	He grew up to resemble his father.
13	0	1	resemble	v	rɪ'zembəl		
13	13					part of someone's face, such as their eyes, nose etc.	Her eyes were her best feature.
13	0	1	feature	n	'fi:tʃə		
13	13					the state of being unable to see	Some people suffer from 'face blindness'.
13	0	2	blindness	n	'blaɪndnəs		
13	13					an object or piece of information that helps someone solve a crime or mystery	Police have found a vital clue.
13	0	2	clue	n	klu:		
13	13					an illness or health problem that affects you permanently or for a very long time	People suffering from this condition should not smoke.
13	0	2	condition	n	kən'dɪʃən		
13	13		embarrassing		ɪm'bærəsɪŋ	making you feel ashamed, nervous or uncomfortable	She asked a lot of embarrassing questions.
13	1	2	ng	adj	ŋ		
13	13					fairly or more than a little	I'm pretty sure he'll say yes.
13	1	2	pretty	adj	'prɪti		
13	13					on your face or relating to your face	Victor's facial expression didn't change.
13	1	2	facial	adj	'feɪʃəl		
13	13					if you are thrown, you are feel very confused and not certain about what you should do	I can be completely thrown if someone has their hair coloured.
13	1	2	be thrown	v phrase	bi: 'θrəʊn		
13	13					hair that grows around a man's chin and cheeks	His beard has gone very grey this year.
13	1	2	beard	n	brəd		
13	13		contact		'kɒntækt	a small round piece of plastic that you put on your eye to help you see clearly	I've thrown my glasses away now that I've got contact lenses.
13	1	2	lens	n	,lenz		

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
13	13	1	2 studio	n	'stju:diəʊ	a room where a painter, photographer or designer regularly works	Andrea works in a design studio.
13	13	1	2 jewellery	n	'dʒu:əlri	small things that you wear for decoration, such as rings or necklaces	She wears a lot of gold jewellery.
13	13	1	2 tricky	adj	'trɪki	something that is difficult to deal with or do because it is complicated and full of problems	I can get you tickets for the show but it'll be tricky.
13	13	1	2 identical	adj	ai'dentɪkəl	exactly the same, or very similar	The sisters were identical in appearance and character.
13	13	1	2 client	n	'klaɪənt	someone who gets services or advice from a professional person, company, or organisation	He's got a meeting with an important client.
13	13	1	2 obviously	adv	'ɒbvɪəsli	used to mean that a fact can easily be noticed or understood	We're obviously going to need more help.
13	13	1	2 faintly	adv	feɪntli	difficult to see, hear, smell etc.	She smiled faintly.
13	13	1	2 occurrence	n	ə'kʌrəns	something that happens	Flooding is a common occurrence in the area.
13	13	1	2 stand out	phrasal v	stænd 'aʊt	to be much better than other similar people or things	Three of the cars we tested stood out from the rest.
13	13	1	2 birthmark	n	'bɜ:θmɑ:k	a permanent mark on your skin that you have had since you were born	Paul had a birthmark on his left cheek.
13	13	1	2 earplug	n	'iəplʌg	a small piece of rubber that you put inside your ear to keep out noise or water	I have to wear earplugs, otherwise I can't sleep.
13	13	1	2 offend	v	ə'fend	to make someone angry or upset by doing or saying something that they think is rude, unkind etc.	His remarks deeply offended many Scottish people.
13	13	1	2 trigger	v	'trɪgə	to make something happen very quickly, especially a series of events	The protests were triggered by spending cuts.
13	13	1	2 reflection	n	rɪ'flekʃən	an image that you can see in a mirror, glass or water	Can you see your reflection in the glass?
13	13	1	3 strategy	n	'strætədʒi	a planned series of actions for achieving something	The police had a new strategy for dealing with crime.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
13	13	1	come across <sup>1</sup>	phrasal v	kʌm ə'krɒs	to meet, find, or discover someone or something by chance	I came across an old diary in her desk.
13	13	4	come across <sup>2</sup>	phrasal v	kʌm ə'krɒs	if someone comes across in a particular way, they seem to have particular qualities	He comes across as a very intelligent sensitive man.
13	13	4	come up with	phrasal v	kʌm 'ʌp wið	to think of an idea, answer etc.	We've been asked to come up with some new ideas.
13	13	4	come round	phrasal v	kʌm ə'raʊnd	to change your opinion so that you now agree with someone or are no longer angry with them	It took him a while to come round to the idea.
13	13	4	come down with	phrasal v	kʌm 'daʊn wið	to get an illness	I think I'm coming down with a cold.
13	13	4	come into	phrasal v	kʌm 'ɪntə	to receive money, land, or property from someone after they have died	She'll come into quite a lot of money when her father dies.
13	13	4	come out	phrasal v	kʌm 'aʊt	if a book, record etc. comes out, it becomes publicly available	When are the exam results coming out?
13	13	4	come up	phrasal v	kʌm 'ʌp	if something is coming up, it is going to happen soon	With Christmas coming up, people don't have much money to spare.
13	13	2	fancy dress	n	'fænsi 'dres	clothes that you wear, especially to parties, that make you look like a famous person, a character from a story etc.	We're going to fancy dress party tomorrow.
13	13	2	wig	n	wɪɡ	artificial hair that you wear on your head	Everyone is wearing a wig at the party.
13	13	2	minor	adj	'maɪnə	small and not very important or serious, especially when compared with other things	We have made some minor changes to the programme.
13	13	3	speculate	v	'spekjəleɪt	to guess about the possible causes or effects of something, without knowing all the facts or details	She refused to speculate.
13	13	4	go blank	adj phrase	ɡəʊ 'blæŋk	if your mind goes blank, or if you go blank, you are suddenly unable to remember something	My heart began to race and my mind went blank.
13	13	1	lose your	v phrase	lu:z jə	to become crazy	Nicholas stared at her as if she'd lost

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
	4		mind		'maɪnd		her mind.
	13		bear in		'beə ɪn	to remember or think about someone or something when you are doing something	Thanks for your ideas. I'll bear them in mind.
13	4	1	mind	n phrase	'maɪnd		
	13		be in two	number	bi: ɪn 'tu:	to be unable to decide what to do, or what you think about something	I was in two minds about whether or not to go out with him.
13	4	1	minds	phrase	'maɪnds		
			cross		'krɒs		
	13		somebody'		'sʌmbɒdɪz	if something crosses your mind, you have a thought or idea	It never crossed my mind that Lisa might be lying.
13	4	1	s mind	n phrase	'maɪnd		
			slip		'slɪp		
	13		somebody'		'sʌmbɒdɪz	if something slips your mind, you forget it, especially because you are very busy	It had completely slipped her mind that Dave still had a key to the house.
13	4	1	s mind	n phrase	'maɪnd		
			put		pʊt		
	13		somebody'		'sʌmbɒdɪz	to make someone feel less worried or anxious	If you're worried, see a doctor to set your mind at rest.
13	4	1	s mind at	n phrase	'maɪnd ət		
			rest		'rest		
			take		teɪk		
	13		somebody'		'sʌmbɒdɪz	to make someone stop thinking and worrying about something	Going back to work helped take my mind off Ian's illness.
13	4	1	s mind off	n phrase	'maɪnd ɒf		
			something		sʌmθɪŋ		
	13					to write information down or store is in a computer or on film so that it can be looked at in the future	I try to record every film I see in my diary.
13	4	3	record	v	rɪ'kɔ:d		
	13					to save something or someone being harmed or destroyed	It's so important to preserve our rainforests, as they're home to millions of animals.
13	4	3	preserve	v	pɪ'zɜ:v		
	13					to make something continue in the same way or at the same standard as before	Britain wants to maintain its position as a world power.
13	4	3	maintain	v	meɪn'teɪn	to think carefully about something, or to say something that you have been thinking about	He had time to reflect on his successes and failures.
	13					to think about something carefully, especially before making a choice or decision	I seriously considered resigning.
13	4	4	consider	v	kən'sɪdə		

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
13	13 5	1	approximately	adv	ə'prɒksəm ətli	more or less than a number or amount	The disease affects approximately 10 percent of the adult population.
13	13 5	1	remaining	adj	rɪ'meɪnɪŋ	the remaining people or things are those that are left when the others have gone, been used, or been dealt with	The few remaining guests were in the kitchen.
13	13 5	1	significant	adj	sɪɡ'nɪfɪkən t	having an important effect or influence, especially on what will happen in the future	Please inform us if there are any significant changes in your plans.
13	13 5	1	handful	n	'hændfʊl	an amount that you can hold in your hand	The boy picked up a handful of stones and started throwing them at us.
13	13 5	1	delete	v	dɪ'li:t	to remove something that has been written down or stored in a computer	His name was deleted from the list.
13	13 5	1	fraction	n	'frækʃən	a very small amount of something	I got these shoes at a fraction of the original price.
13	13 5	1	vacant	adj	'veɪkənt	a vacant seat, building, room, or piece of land is empty and available for someone to use	Only a few apartments are vacant.
13	13 5	1	valuable	adj	'væljuəbəl	worth a lot of money	Their most valuable belongings were locked in a safe in the bedroom.
13	13 5	1	worthless	adj	'wɜ:θləs	something that is worthless has no value, importance, or use	The house was full of worthless junk.
13	13 6	1	unsociable	adj	ʌn'səʊjəbəl	not wanting to be with people or go to social events	Her colleagues were unsociable.
13	13 6	1	support	n	sə'pɔ:t	approval, encouragement, and perhaps help for a person, idea, plan etc.	Local people have given us a lot of support in our campaign.
13	13 6	1	volunteer	n	,vɒlən'tɪə	someone who does a job willingly without being paid	Most of the relief work was done by volunteers.
13	13 6	4	time flies ahead of	v phrase	taɪm 'flaɪz ə'hed əv jə	used to say that a period of time seems to pass very quickly	They say time flies when you're having fun.
13	13 6	4	your time	n phrase	,taɪm	having or using the most advanced ideas, method, designs, technology etc.	Colerige's understanding of the human mind was way ahead of his time.
13	13 6	1	audio conversational	n	,kɒnvə'seɪʃ ənəl	a conversational style, phrase etc. is informal and commonly used in	The article was written in straightforward, almost conversational

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						conversation	language.
13	13 6	1 audio	straightfor ward	n	,streɪt'fɔ:w əd	simple and easy to understand	This area of law is far from straightforward.
13	13 6	1 audio	compromis e	n	'kɒmprəma ɪz	an agreement that is achieved after everyone involved accepts less than what they wanted at first, or the act of making this agreement	To stop the arguments they decided on a compromise.
13	13 6	1 audio	conservati on	v	,kɒnsə'veɪʃ ən	the protection of natural things such as animals, plants, forests etc., to prevent them from being spoiled or destroyed	She got a job with a conservation magazine.
13	13 6	1 audio	pin number	n phrase	'pɪn ,nʌmbə	a number that you use when you get money from a machine using a plastic card	I couldn't remember the pin number for my credit card.
13	13 7	2	forgetful	adj	fə:ɡetfəl	often forgetting things	He's become very forgetful recently.
13	13 7	2	wallet	n	'wɒlət	a small flat case, often made of leather, that you carry in your pocket, for holding paper money, bank cards etc.	I've only got about £10 in my wallet.
13	13 8	1	lose your temper	n phrase	lu:z jə 'tempə	become angry	It was hot and I was beginning to lose my temper.
13	13 8	2	owe	v	əʊ	to feel that you should do something for someone or give someone something, because they have done something for you or given something to you	I owe Shaun a letter; I must write soon.
13	13 8	2	apology by	n	ə'pɒlədʒi baɪ	something that you say to write to show that you are sorry for doing something wrong	She finally received an apology from the company.
13	13 8	2	accident	n phrase	'æksədənt	in a way that is not planned or intended	I met her quite by accident.
13	13 9	1	coma	n	'kəʊmə	someone who is in a coma has been unconscious for a long time, usually because of a serious illness or injury	He was in a coma for nearly a week.



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
13	13 9	1	curtain	n	'kɜ:tɪn	a piece of hanging cloth that can be pulled across to cover a window, divide a room etc.	Ella drew the curtains and switched on the light.
13	13 9	1	voice	n	vɔɪs	the sounds that you make when you speak, or the ability to make these sounds	He recognised her voice instantly.
13	13 9	1	stranger	n	'streɪndʒə	someone that you do not know	Children must not talk to strangers.
14	14 0	1	accent	n	'æksənt	the way someone pronounces the words of a language, showing which country or which part of a country they come from to raise and then lower your shoulders in order to show that you do not know something or do not care about something	He had a strong Irish accent.  I just shrugged my shoulders and ignored him.
14	14 0	2	shrug	v	ʃrʌɡ		
14	14 0	2	eyebrow	n	'aɪbrəʊ	the line of hair above your eye	He's got thick bushy eyebrows.
14	14 0	2	cross your fingers	v phrase	kɹɒs jə 'fɪŋɡəz	used to say that you hope something will happen the way you want	She hung the washing out, then crossed her fingers for a dry day.
14	14 0	2	roll your eyes	v phrase	rəʊl jɔ:ɹ 'aɪz	to move our eyes around and up, especially in order to show that you are annoyed or think something is silly	Lucy rolled her eyes as Tom sat down beside her.
14	14 0	3	gesture	n	'dʒestʃə	a movement of part of your body, especially your hands or head, to show what you mean or how you feel	Jim raised his hands in a despairing gesture.
14	14 0	4	audio comment	v	'kɒment	to express an opinion about someone or something	People were always commenting on his size.
14	14 0	4	fed up	adj	,fed 'ʌp	annoyed or bored, and wanting something to change	She felt tired and a bit fed up.
14	14 0	4	copy	v	'kɒpi	to deliberately make or produce something that is exactly like another thing	Could you copy this letter and send it out, please?
14	14 14	4	pronounce	v	prə'naʊns	to make the sound of a letter, word etc.	How do you pronounce your last name?

# Gold First New Edition Wordlist

Unit	Pag e	Act. audio	Word or phrase	Part of Speech	Pron	Definition	Example sentence
14	14	0	rude	adj	ru:d	speaking or behaving in a way that is not polite and is likely to offend or annoy people	I didn't mean to be rude, but I had to leave early.
14	14	0	aware	adj	ə'weə	if you are aware that a situation exists, you realise or know that it exists	The children are aware of the dangers of walking alone at night.
14	14	0	privacy	n	'prɪvəsi	the state of being able to be alone, and not seen nor heard by other people	With seven people squashed in one house, you don't get much privacy.
14	14	0	exception	n	ɪk'sepʃən	something or someone that is not included in a general statement or does not follow a rule or pattern	It's been cold, but today's an exception.
14	14	0	arrogant	adj	'ærəgənt	behaving in an unpleasant or rude way because you think you are more important than other people	He was unbearably arrogant.
14	14	0	helpline	n	'helplʌn	a telephone number that you can ring if you need advice or information	I work for a customer service helpline.
14	14	0	interact	v	ˌɪntər'ækt	if people interact with each other, they talk to each other, work together etc.	Lucy interacts well with other children in the class.
14	14	0	non-verbal	adj	ˌnɒn'vɜ:bəl	not using words	Men may be more aware of non-verbal communication.
14	14	0	body language	n	'bɒdi ˌlæŋɡwɪdʒ	changes in your body position and movements that show what you are feeling or thinking	It was obvious from Luke's body language that he was nervous.
14	14	0	awful	adv	'ɔ:fəl	very	These clues tell you an awful lot about someone's personality.
14	14	0	throat	n	θrəʊt	the front of your neck	She fingered the pearls at her throat.
14	14	0	native tongue	adj phrase	'neɪtɪv ˌtʌŋ 'nɒt spi:k ə	the language you spoke when you first learned to speak	Her native tongue is Spanish, but she also speaks English and Portuguese.
14	14	1	not speak a word of	v phrase	'wɜ:d əv	to not speak a particular language at all	I don't speak a word of French.
14	14	1	have a big mouth	n phrase	hæv ə 'bɪɡ ˌmaʊθ	if someone has a big mouth, they say too much or tell another person's secrets	Don't tell her anything - she has such a big mouth.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
14	14	6	forgive	v	fə'gɪv	to stop being angry with someone and stop blaming them, although they have done something wrong	I've tried to forgive him for what he said.
14	14	7	tell the difference	v	tel ðe ,dɪfərəns	to be able to see how one person or thing is different from another	I can't tell the difference between the twins.
14	14	7	tell a joke	n phrase	tel ə 'dʒəʊk	to repeat a funny story	He told us a really good joke.
14	14	7	tell a lie	n phrase	tel ə 'lai	to say something that is not true	He told me a lie.
14	14	7	talk rubbish	n phrase	tɔ:k 'rʌbɪʃ	if you talk rubbish, you say something that is silly or wrong and does not deserve serious attention	You do talk rubbish sometimes.
14	14	7	tell a secret	n phrase	tel ə 'sɪ:krət	if you tell someone a secret, you tell them something that is hidden or is known about by only a few people	Let me tell you a secret.
14	14	7	talk sense	n phrase	tɔ:k 'sens	to try to make someone behave in a more sensible way	She talks a lot of sense.
14	14	7	talk to yourself	n phrase	tɔ:k tə jə'self	to say your thoughts out loud	I often talk to myself.
14	14	8	it goes without saying	v phrase	ɪt ɡəʊz ,wɪðaʊt 'seɪ-ɪŋ	used to say that something is so clearly true that it does not need to be said	It goes without saying that the internet is a good source of information.
14	14	8	actions speak louder than words	idiom	'ækfənz spi:k ,laʊdə ðən ,wɜ:dz	used to say that you are judged by what you do, and not by what you say	I've always thought that actions speak louder than words.
14	14	8	say the word	v phrase	'seɪ ðə ,wɜ:d	used to tell someone that they have only to ask and you will do what they want	Anywhere you want to go, just say the word.
14	14	8	say for yourself	v phrase	'seɪ fə jə'self	used to ask someone for an explanation when they have done something wrong	What have you got to say for yourself?
14	14	8	generally speaking	adv phrase	'dʒenərəli ,spi:kɪŋ	another way of saying 'in general'	Generally speaking, large breeds of dog are becoming less popular.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
14	14 1	8	mind	v phrase	spi:k jə maɪnd	to tell people exactly what you think, even if it offends them	He was a tough politician who wasn't afraid to speak his mind.
14	14 1	9	mumble	v	'mʌmbəl	to say something too quietly or not clearly enough, so that other people cannot understand you	He bumped into someone and mumbled an apology.
14	14 1	9	mutter	v	'mʌtə	to speak in a low voice, especially because you are annoyed about something, or you do not want people to hear you	Elsie muttered something I couldn't catch and walked off.
14	14 1	9	whisper	v	'wɪspə	to speak or say something very quietly, using your breath rather than your voice	You don't have to whisper, no one can hear us.
14	14 2	1	unaccepta ble	adj	ˌʌnək'sept əbəl	something that is unacceptable is so wrong or bad that you think it should not be allowed	I found her attitude totally unacceptable.
14	14 2	2	applause	n	ə'plɔ:z	the sound of many people hitting their hands together and shouting to show that they have enjoyed something	He left the stage to rapturous applause.
14	14 2	2	tip	v	tɪp	to give an additional amount of money to someone such as a waiter or taxi driver	Did you tip the waiter?
14	14 3	5	paraphras e	n	'pærəfreɪz	a statement that expresses in a shorter, clearer, or different way what someone has said or written	If you don't know how to say something, try to use a paraphrase.
14	14 4	1	bark	v	bɑ:k	when a dog barks, it makes a short loud sound or series of sounds	The dog always barks at strangers.
14	14 4	1	growl	v	graʊl	if an animal growls, it makes a long deep angry sound	The dog growled at me.
14	14 4	1	lick	v	lɪk	to move your tongue across the surface of something in order to eat it, wet it, clean it etc.	The dog jumped up and licked her face.
14	14 4	1	sniff	v	snɪf	to breathe air into your nose in order to smell something	He opened the milk and sniffed it.
14	14 4	1	mark its territory	n phrase	'mɑ:k its ˌterətəri	if an animal marks its territory, it does something to show that it regards a	A dog uses urine to mark its territory.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
14	14	1	wag its tail	v phrase	'wæg its ,teɪl	particular area as its own and will defend it against other animals if a dog wags its tail, or if its tail wags, the dog moves its tail many times from one side to the other	Every time my dog sees me it wags its tail.
14	14	1	psychologist	n	sai'kɒlədʒə st	someone who is trained in the study of the mind and how it influences people's behaviour	He is a psychologist who studies dog behaviour.
14	14	2	anthropologist	n	,ænθrə'pɒl ədʒɪst	a person who scientifically studies people, their societies, cultures etc.	He is an anthropologist with several years experience in the field.
14	14	2	engaging	adj	ɪn'geɪdʒɪŋ	pleasant and attracting your interest	He had an engaging smile.
14	14	2	intensity	n	ɪn'tensɪti	the quality of being felt very strongly or having a strong effect	The intensity of the hurricane was frightening.
14	14	2	affection	n	ə'fekʃən	a feeling of liking or love and caring	Bart had a deep affection for the old man.
14	14	2	devote	v	dɪ'vəʊt	to use all or most of your time, effort etc. in order to do something or help someone	He devoted his energies to writing films.
14	14	2	rat	n	ræt	an animal that looks like a large mouse with a long tail	A lot of people keep rats as pets.
14	14	2	crow	n	krəʊ	a large shiny black bird with a loud cry	There are two crows in the garden.
14	14	2	cockroach	n	'kɒk-rəʊtʃ	a large black or brown insect that lives in dirty houses, especially if they are warm and there is food to eat	She screamed when she saw the cockroach.
14	14	2	irritation	n	,ɪrə'teɪʃən	the feeling of being annoyed about something, especially something that happens repeatedly or for a long time	The heavy traffic is a source of irritation.
14	14	2	puzzle	n	'pʌzəl	a game in which you have to think hard to solve a difficult question or problem	She enjoys doing word puzzles.
14	14	2	confirm	v	kən'fɜ:m	to show that something is definitely true, especially by providing more proof	New evidence has confirmed the first witness' story.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
14	14 5	2	prejudice	n	'predʒədəs	an unreasonable dislike and distrust of people who are different from you in some way, especially because of their race, sex, religion etc.	Women still face prejudice in the workplace.
14	14 5	2	signal	n	'sɪɡnəl	a sound or action that you make in order to give information to someone or tell them to do something	At a prearranged signal the lights went out.
14	14 5	2	perspective	n	pə'spektɪv	a way of thinking about something, especially one which is influenced by the type of person you are or by your experiences	His father's death gave him a whole new perspective.
14	14 5	2	come along for the ride	n phrase	kʌm ə'long fə ðə 'raɪd	to join what other people are doing just for pleasure, not because you are seriously interested in it	A couple of friends had come along for the ride.
14	14 5	2	receptor cell	n phrase	rɪ'septə sel	a nerve ending which receives information about changes in light, heat etc. and causes the body to react in particular ways	Sniffing objects gets smells to the brain via receptor cells.
14	14 5	2	convey	v	kən'veɪ	to communicate or express something, with or without using words	All this information can be conveyed in a simple diagram.
14	14 5	2	mating	n	'meɪtɪŋ	sex between animals	Mating happens in the springtime.
14	14 5	2	scent	n	sent	the smell of a particular animal or person that some other animals, for example dogs, can follow	Dogs like to leave their scent on lampposts.
14	14 5	2	mammal	n	'mæməl	a type of animal that drinks milk from its mother's body when it is young. Humans, dogs, and whales are mammals.	All mammals tend to produce the same kinds of sounds.
14	14 5	2	take advantage of	n phrase	teɪk əd'vɑ:ntɪdʒ əv	to treat someone unfairly in order to get what you want, especially someone who is generous or easily persuaded	Don't lend them the car - they're taking advantage of you!
14	14 5	2	range	n	reɪndʒ	the limits within which amounts, quantities, ages etc. vary	Your blood pressure is well within the normal range.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
14	14						
14	5	2	pitch	n	ˈpɪtʃ	how high or low a note or other sound is	Dogs can hear things at a higher pitch than humans can.
14	14						
14	5	2	frequency	n	ˈfriːkwənsi	the number of radio waves, sound waves etc. that pass any point per second	Dolphins produce a high frequency sound.
14	14						
14	5	2	vocal	adj	ˈvəʊkəl	relating to the voice or to singing	Allison's vocal style is influenced by country and blues music.
14	14		domesticat		dəˈmestəˈk		
14	5	2	ed	adj	etəd	animals are able to work for people or live with them as pets	Dogs developed a wider vocal range as they became domesticated.
14	14		reassuranc		ˌriːəˈʃʊərən		
14	5	2	e	n	s	something that is said or done with makes someone feel calmer and less worried or frightened about a problem	Parents are looking for reassurance about their children's safety.
14	14						
14	5	2	guidance	n	ˈgaɪdəns	help and advice that is given to someone about their work, education, or personal life	I asked my manager for guidance on my career.
14	14						
14	5	2	inspect	v	ɪnˈspekt	to examine something carefully in order to find out more about it or to find out what's wrong with it	I got out of the car to inspect the damage.
14	14			phrasal			
14	5	2	spy on	v	ˈspaɪ ˌɒn	to watch someone secretly in order to find out what they are doing	She sent you to spy on me, didn't she?
14	14		comings		ˈkʌmɪŋz ən		
14	5	2	and goings	n phrase	ˌgəʊɪŋz	the movements of people as they arrive at and leave places	Beds are arranged so that patients can watch the comings and goings of visitors and staff.
14	14						
14	5	2	tire	v	taɪə	to start to feel tired, or make someone feel tired	As we neared the summit, we were tiring fast.
14	14						
14	5	2	character	n	ˈkærəktə	the particular combination of qualities that makes someone a particular type of person	He has a cheerful but quiet character.
14	14		contrary to		ˈkɒntrəri tə		
14	5	2	popular	adj	ˈpɒpjələ	used to say that something is true even though people believe the opposite	Contrary to popular belief, a desert can be very cold.
14	14		belief	phrase	bəˈliːf		
14	5	2	wolves	n	wʊlf	a wild animal that looks like a large dog and lives and hunts in groups	Wolves hunt in packs.

# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
14	14	5	2 interpret	v	ɪn'tɜːprət	to believe that something someone does or something that happens has a particular meaning	His refusal to work late was interpreted as a lack of commitment to the company.
14	14	5	his bark is worse than		hɪz 'bɑːk ɪz wɜːs ðən	used to say that someone who seems unpleasant or difficult to deal with is not really too bad	Don't worry, her bark is worse than her bite!
14	14	5	his bite	idiom	hɪz ,baɪt		
14	14	5	let the cat out of the bag	idiom	let ðə 'kæt aʊt əv ðə ,bæg	to tell someone a secret, especially without intending to	Oh dear! I think I let the cat out of the bag.
14	14	5	put the cat among the pigeons	idiom	put ðə 'kæt ə'mɒŋ ðə ,pɪdʒənz	to do or say something that causes arguments, trouble etc.	So she really put the cat among the pigeons by announcing she was getting married.
14	14	5	a big fish in a little pond	idiom	ə 'bɪɡ fɪʃ ɪn ə ,lɪtl pɒnd	someone who is important in or who has influence over a very small area	She was a big fish in a little pond at school.
14	14	5	have kittens	idiom	hæv 'kɪtnz	to be very anxious or upset about something	She's having kittens about what to do next.
14	14	5	kill two birds with one stone	idiom	kɪl 'tuː bɜːdz wɪð ,wʌn stəʊn	to achieve two things with one action	That way we could kill two birds with one stone.
14	14	5	water off a duck's back	idiom	'wɔːtə ɒf ə ,dʌks bæk	if criticism, warnings etc. are like water off a duck's back, they have no effect on the person you are saying them to	Her comments to him were like water off a duck's back.
14	14	5	make a beeline	idiom	meɪk ə 'biːlaɪn	to go quickly and directly towards someone or something	Rob always makes a beeline for beautiful women.
14	14	3	charge somebody with	v phrase	tʃɑːdʒ 'sʌmbədi wɪð	to state officially that someone may be guilty of a crime	Gibbons has been charged with murder.
14	14	4	breed	v	briːd	if animals breed, they mate in order to have babies	All modern rabbits have been bred from the European wild rabbit.
14	14	4	cancer	n	'kænsə	a very serious disease in which cells in one part of the body start to grow in a	A lot of cancers can now be treated successfully.



# Gold First New Edition Wordlist

Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
						way that is not normal	
14	14 7	1	ape	n	ɛp	an animal that is similar to a monkey but has no tail or only a very short tail	But even apes can only produce a very small number of sounds.
14	14 7	1	genetic	adj	dʒəˌnetɪk	relating to genes or genetics	The colour of your hair is genetic, as it the colour of your eyes.
14	14 7	1	species	n	ˈspiːsiːz	a group of animals or plants whose members are similar and can breed together to produce young animals or plants	There are several species of deer living in these woods.
14	14 7	1	reproduce	v	ˌriːprəˈdjuːs	if an animal or plant reproduces, or reproduces itself, it produces young plants or animals	The turtles return to the coast to reproduce.
14	14 7	1	dolphin	n	ˈdɒlfən	a very intelligent sea animal like a fish with a long grey pointed nose	Dolphins can copy whistles.
14	14 7	1	whale	n	weɪl	a very large animal that lives in the sea and looks like a fish, but is actually a mammal	Whales swim for months without stopping.
14	14 7	1	parrot	n	ˈpærət	a tropical bird with a curved beak and brightly coloured feathers that can be taught to copy human speech	Parrots are famous for copying sounds.
14	14 7	1	dissimilar	adj	dɪˈsɪmələ	not the same	Madonna's career is not dissimilar to Cher's.
14	14 7	1	eager	adj	ˈɪːgə	very keen and excited about something that is going to happen or about something you want to do	I was eager to get back to work as soon as possible.
14	14 7	1	shed light on	v phrase	ʃed laɪt ɒn	to make something easier to understand, by providing new or better information	Recent research has shed light on the causes of the disease.
14	15 0	5	simplistic	adj	sɪmˈplɪstɪk	treating difficult subjects in a way that is too simple	This is a very simplistic approach to the problem.
14	15 0	5	westerner	n	ˈwestənə	someone from the western part of the world	As a westerner, I was confused by some of the Japanese traditions at first.
14	15	6	rooftop	n	ˈruːftɒp	the upper surface of a roof	Spectators stood on rooftops to watch

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Unit	Pag e	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
	0						the parade.
	15						
14	0	6	invisible	adj	ɪn'vɪzəbəl	something that is invisible cannot be seen	The plane is meant to be invisible to radar.
	15						
14	0	6	resident	n	'resədənt	someone who lives or stays in a particular place	The town's residents were unhappy with the council's decision.
	15						
14	0	6	leap	n	li:p	a big jump	With one leap, the dog flew from the riverbank into the water.
	15						
14	0	6	handstand	n	'hændstænd	a movement in which you put your hands on the ground and your legs in the air	He did an amazing handstand on the edge of the roof.
						someone who does breakdancing which is a type of dancing to popular music that involves a lot of jumping and rolling on the floor.	
	15		breakdancer	n	'breɪk,dɑ:n	skilful movements of your body, for example jumping through the air or balancing on a rope	He had always wanted to be famous breakdancer.
14	0	6	acrobatics	n	ˌækroʊ'bætɪks		He combines his dance moves with acrobatics.