Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
1	6	2	appeared	v	əˈpɪə	to start to be seen, to arrive, or to exist in a place, especially suddenly	Have unusual names appeared only recently?
1	6	2	behave	v	bɪˈheɪv	to do things in a particular way	He was a little boy, but he behaved as if he was an adult.
1	6	2	choice	n	tʃɪɪs	if you have a choice, you can choose between several things	You have the choice of a hotel or self-catering accommodation.
1	6	2	choose	v	tʃuːz	to decide which one of a number of things you want	It took us ages to choose a new carpet.
1	6	2	empty	adj	ˈempti	having nothing inside	The fuel tank's almost empty.
1	6	2	garage	n	ˈgærɪdʒ	a building for keeping a car in, usually next to or attached to a house	I'll just go and put the car in the garage.
1	6	2	lawyer	n	ˈlɔːjə	someone whose job is to advise people about laws, write formal agreements, or represent people in court	You'll need to get a lawyer to help you with this problem.
1	6	2	marks	n	mɑːks	a letter or number given by a teacher to show how good a student's work is	He got top marks in the English test.
1	6	2	popular	adj	ˈpɒpjələ	liked by a lot of people	Coffee is probably the most popular drink in the world.
1	6	2	scientist	n	ˈsaɪəntɪst	someone who works or is trained in science	My brother is a scientist at the university.
1	6	2	unusual	adj	ʌnˈjuːʒuəl	different from what is usual or normal	It's unusual for David to be late.
1	6	2	vote for	v	vəʊt	to show which person or party you want, or whether you support a plan, by marking a piece of paper, raising your hand, etc	I voted for the Labour candidate in the last election.
1	7	3	affect	v	əˈfekt	to do something that produces an effect or change I something or in someone's situation	His decision will affect many people.
1	7	3	middle name	n	ˌmidl ˈneɪm	the name that is between your first name and your family name	My middle name is Sophie.
1	7	7	destiny	n	ˈdestəni	the things that will happen to someone in the future	The country is fighting to control its own destiny.
1	7	7	surname	n	ˈsɜːneɪm	family name; the name that you share with your parents, or often with your husband if you are a married woman, and which in English comes at the end of your full name	Smith is a common surname in the UK.
1	7	7	vacation	n	vəˈkeɪʃən	(Am E) a holiday, or time spent not working	We're planning a vacation in Europe.
1	7	9	identity	n	aɪˈdentəti	the qualities and attitudes that a person or group of people have, that make them different from other people	What kind of things give you a sense of identity?

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
1	7	9	sense	n	sens	a feeling about something	He looked around the room with a sense of achievement.
1	8	1	have in common	n	hæv ɪn ˈkɒmən	if objects or ideas have something in common, they share the same features	I found I had a lot in common with these people.
1	8	4	competition	n	ˌkɒmpəˈtɪʃən	an organised event in which people or teams compete against each other	She won a competition for a holiday in South America.
1	8	4	suitcase	n	ˈsuːtkeɪs	a large case with a handle, used for carrying clothes and possessions when you travel	She took two suitcases with her on holiday.
1	9	1	colleague	n	ˈkɒliːg	someone you work with	She discussed the idea with some of her colleagues.
1	9	1	spending time	v	ˈspendɪŋ taɪm	to use your time doing a particular thing or pass time in a particular place	She loves spending time with her children.
1	9	2	adventure	n	ədˈventʃə	an exciting experience in which dangerous or unusual things happen	He's always looking for adventure wherever he goes.
1	9	2	agreeable	adj	əˈgriːəbəl	pleasant	He is an agreeable young man.
1	9	2	ambitious	adj	æmˈbɪʃəs	determined to be successful or powerful	Alfred is young and very ambitious and I'm sure he'll be successful.
1	9	2	anxious	adj	ˈæŋkʃəs	worried about something	He is quite anxious about his job interview next week.
1	9	2	belief	n	bəˈliːf	an idea or set of ideas that you believe to be true	I have a strong belief in the importance of education.
1	9	2	care about	v	keə	to be concerned about or interested in something or someone	The only thing he seems to care about is money.
1	9	2	character	n	ˈkærəktə	the qualities that makes someone a particular type of person	He has a cheerful but quiet character.
1	9	2	cheerful	adj	ˈtʃɪəfəl	happy or behaving in a way that shows you are happy	She's feeling more cheerful today.
1	9	2	conscientious	adj	ˌkɒnʃiˈenʃəs	careful to do everything that it is your job or duty to do	a conscientious teacher may feel inclined to take work home.
1	9	2	curious	adj	ˈkjʊəriəs	wanting to know or learn about something	He was curious about how she would react.
1	9	2	energy	n	ˈenədʒi	the physical and mental strength that makes you able to do things without getting tired	She's always full of energy.
1	9	2	exciting	adj	ɪkˈsaɪtɪŋ	making you feel happy, interested or hopeful because something good has happened or is expected	He was very excited when he heard the news.
1	9	2	extroverted	adj	ˈekstrəvːtəd	having a confident character and enjoying the company of other people	I think Jake is a very extroverted person.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
1	9	2	generous	adj	ˈdʒenərəs	willing to give money, time etc in order to help people or give them pleasure	She's always very generous to the kids.
1	9	2	honest	adj	ˈɒnəst	someone who is honest always tells the truth and does not cheat or steal	He was a hard-working honest man.
1	9	2	nervous	adj	ˈnɜːvəs	worried or frightened about something, and unable to relax	She was so nervous about her exams that she couldn't sleep.
1	9	2	organised	adj	ˈɔːgənaɪzd	good at planning the things you have to do and doing them at the right time	Martha is always well organised.
1	9	2	punctual	adj	ˈpʌŋktʃuəl	arriving, happening, or being done at exactly the time that has been arranged	She's always very punctual for appointments.
1	9	2	reliable	adj	riˈlaɪəbəl	someone or something that is reliable can be trusted or depended on	Miller was a quiet and reliable man.
1	9	2	sensitive	adj	ˈsensətɪv	able to understand other people's feelings and problems	The film has made me much more sensitive to the needs of the disabled.
1	9	2	shy	adj	ʃaɪ	nervous and embarrassed about meeting and speaking to other people, especially people you do not know	He was a quiet, shy man.
1	9	2	strange	adj	streɪndʒ	unusual or surprising, especially in a way that is difficult to explain or understand	It's strange that we've never met before.
1	9	4	bald	adj	bɔːld	having little or no hair on your head	Dad started going bald when he was in his thirties.
1	9	4	beard	n	bɪəd	hair that grows around a man's chin and cheeks	Her husband has got a long beard.
1	9	4	engineer	n	ˌendʒəˈnɪə	someone whose job is to design or build roads, bridges, machines etc	He's an engineer at the car factory.
1	9	4	exactly	adv	ɪgˈzæktli	used when empasising that something is completely correct in every detail	I can’t remember exactly what she said.
1	9	4	Formula 1	n	ˌfɔːmjələ ˈwʌn	the highest level of international car racing	He wants to be a Formula 1 engineer one day.
1	9	4	good-looking	adj	ˌgʊd ˈlʊkɪŋ	attractive to look at	He's good-looking, but he's rather boring.
1	9	4	medium-height	adj	ˌmiːdiəm ˈhaɪt	is quite tall but not very tall	The man who ran away was medium-height.
1	9	4	middle-aged	adj	ˌmidlˈeɪdzd	between the ages of about 40 and 60	He is a middle-aged businessman.
1	9	4	overweight	adj	ˌəʊvəweɪt	too heavy or too fat	Sally was 20 kilos overweight.
1	9	4	promises	v	ˈprɒməs	to tell someone that you will definitely do something, or that something will happen	I promise to finish this by Friday.
1	9	4	sad	n	sæd	not happy, especially because something unpleasant has happened	Lily felt sad that Christmas was over.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
1	9	4	smartly dressed	adj phrase	ˈsmɑːtli ˌdrest	wearing clothes that are neat and attractive	My job involves meeting customers so I have to be smartly dressed.
1	9	4	in his 20s	n phrase	ɪn hɪz ˈtwentiːz	between the agest of 20 and 29	Jane and Lukas are in their twenties.
1	9	4	well-built	adj	ˌwel ˈbɪlt	having a big strong body	Julie's boyfriend is very well-built.
1	9	6	similar to	adj	ˈsɪmələ	almost the same	Her ideas are similar to mine.
1	10	1	profile	n	ˈprəʊfaɪl	a short description that gives important details about a person, a group of people, or a place	He's updated his profile on Facebook with his new job.
1	10	1	social networking	n	ˌsəʊʃəl ˈnetwɜːkɪŋ	the use of websites or apps to communicate with people and share information, photos etc	Social networking is the best way to meet people with similar interests.
1	10	2	active	adj	ˈæktɪv	always busy doing things, especially physical or mental activities	She's over 80, but is still very active.
1	10	2	artistic	adj	aːˈtɪstɪk	good at painting, drawing, or producing beautiful things	John is very artistic.
1	10	2	having fun	n	fʌn	an experience or activity that is very enjoyable and exciting	The children were having so much fun, I hated to call them inside.
1	10	2	imagination	n	ɪˌmædʒəˈneɪʃən	the ability to form pictures or ideas in your mind	He's got an incredible imagination.
1	10	2	get married	adj	ˈmærid	become husband and wife	They got married last year.
1	10	2	proud	adj	praʊd	feeling pleased about something that you have done or own, or about someone you know	Her parents are very proud of her.
1	10	2	relaxing	adj	rɪˈlæksɪŋ	making you feel calm	He spends a lot of time thinking about living in a more relaxing place.
1	10	2	rule	n	ruːl	an official instruction that says how things must be done or what is allowed, especially in a game, organisation or job	The rules of the game are very simple.
1	10	2	stressful	adj	ˈstresfəl	a job, experience, or situation that is stressful makes you worry a lot	Moving to a new house is a very stressful experience.
1	10	2	talents	n	ˈtælənt	a natural ability to do something well	He has a lot of talent, and his work is fresh and interesting.
1	11	3	ability	n	əˈbɪləti	someone's level of skill at doing something	This photo says that you think your many creative and athletic abilities are important.
1	11	3	alone	adv	əˈləʊn	having no one else with you	He likes spending time alone.
1	11	3	athletic	adj	æθˈletɪk	physically strong and good at sport	My brother is very athletic and fit.
1	11	3	pay attention	n phrase	pei əˈtenʃən	carefully listen to, look at, or think about	She tried to pay attention to what he was saying.
1	11	3	care for	phrasal v	ˈkeə fɔː	to look after something or someone; to be concerned about or interested in someone	The thanked the nurse who had cared for him.
1	11	3	carefree	adj	ˈkeəfriː	having no worries or problems	He thought back to the carefree days of his childhood.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
1	11	3	confident	adj	ˈkɒnfədənt	sure that you have the ability to do things well or deal with situations successfully	I feel much more confident about myself and my abilities these days.
1	11	3	deep	adj	diːp	a deep feeling, belief etc is very strong and sincere	The letters show her deep affection for him.
1	11	3	dreamer	n	ˈdriːmə	someone who has ideas or plans that are often not practical	She was always a dreamer.
1	11	3	image	n	ˈɪmɪdʒ	a picture or photograph	The image on this page shows people having fun.
1	11	3	independent	adj	ˌɪndəˈpendənt	confident and able to do things by yourself in your own way, without needing help or advice	Now that my sons are more independent, I have more time for myself.
1	11	3	lively	adj	ˈlaɪvli	someone who is lively has a lot of energy and is very active	Her son is a very lively child.
1	11	3	relationship	n	riˈleɪʃənʃɪp	a situation in which two people have romantic feelings for each other; the attitude two people or groups have towards each other	When her relationship with Simon ended, she suddenly felt free!
1	11	3	serious relationship	adj	ˈsɪəriəs riˈleɪʃənʃɪp	a romantic relationship which is likely to continue for a long time	Heather and Philip are in a serious relationship.
1	11	3	sex	n	seks	whether a person, plant, animal is male or female	A photo with a friend of the same sex shows that you are a talented storyteller.
1	11	3	suggest	v	səˈdʒest	to make someone think that a particular thing is true	Opinion polls suggest that only 10% of the population trust the government.
1	11	3	thought	n	θɔːt	the act process of thinking	Derek was staring out of the window, lost in thought.
1	11	3	worry	v	ˈwʌri	to be anxious or unhappy about something	She's worried about her driving test.
1	11	5	connected with	adj	kəˈnektəd	having some kind of relationship with	Mr Edelson was closely connected with Trinity College.
1	11	5	talented	adj	ˈtæləntəd	having a natural ability to do something well	He was a very talented actor.
1	11	6	suitable	adj	ˈsuːtəbəl	having the right qualities for a particular person or situation	The house is not really suitable for a large family.
1	12	4	girlfriend	n	ˈgɜːlfrend	a girl or woman that you having a romantic relationship with	He lives in Chicago with his girlfriend.
1	12	4	would you mind	v phrast	ˈwʊdʒjə maind	phrase used to politely ask someone's permission	Would you mind if I opened the window?
1	12	4	single	adj	ˈsɪŋgəl	not married, or not involved in a romantic relationship with anyone	John is single at the moment.
1	12	7	earn	v	ɜːn	to receive an amount of money for the work that you do	You don’t earn much money being a nurse.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
1	12	7	do something for a living	n phrase	ˌduː fər ə ˈlɪvɪŋg	have a particular job; the way that you earn money or the money that you earn	What do you do for a living?
1	12	7	rent	n	rent	the money that you pay regularly to use a room, house etc that belongs to someone else	I pay the rent at the beginning of every month.
1	12	7	weigh	v	weɪ	to measure how heavy someone or something is	How much do you weigh?
1	13	1	feather boa	n	ˌfeðə ˈbəʊə	a long scarf made of feathers and worn around the neck	She was wearing a bright pink feather boa.
1	13	1	leather	n	ˈleðə	animal skin used for making shoes, bags etc	She was wearing elegant leather boots.
1	13	1	makeup	n	ˈmeɪkʌp	coloured substances that are put on your face to improve or change your appearance	I don't usually wear much makeup.
1	13	1	pants	n	pants	(Am E) a piece of clothing that covers you from you waist to your feet and has a separate part for each leg (Br E = trousers)	My dad was wearing leather pants.
1	13	1	pretty much	adv	ˈprɪti mʌtʃ	almost completely	The guard left us pretty much alone.
1	13	1	rock (music)	n	rɒk	a type of music with a strong loud beat, played using guitars and drums	Komuro formed a rock band with some friends.
1	13	1	snake	n	sneɪk	an animal with a long thin body and no legs, that often has a poisonous bite	The snake was curled up on the chair.
1	13	1	star	n	stɑː	a famous and successful person, e.g. actor, musician, or sports player	By the age of 20, she was already a big star.
1	13	1	wielded	v	wiːld	to hold a weapon or tool that you are going to use	She had her car windows smashed by a gang wielding baseball bats.
1	13	3	cool	adj	kuːl	very attractive, fashionable, interesting etc in a way that people admire	Everyone thinks my dad is cool.
1	13	3	embarrassed	adj	ɪnˈbærəst	feeling uncomfortable or nervous and worrying about what people think of you, for example because you have made a silly mistake, or because you have to talk or sing in public	He looked embarrassed when I asked him where he had been.
1	13	3	old-fashioned	adj	ˌəʊld ˈfæʃənd	not considered to be modern or fashionable any more	She wears really old-fashioned clothes.
1	13	3	loads	n	ləʊd	a lot of something	There's loads to see in Paris.
1	13	3	personality	n	ˌpɜːsəˈnæləti	someone's character, especially the way they behave towards other people	Unfortunately, the illness can lead to changes in personality.
1	13	3	strict	adj	strɪkt	expecting people to obey rules or to do what you say	This company is very strict about punctuality.
2	14	1	benefits	n	ˈbenəfɪt	an advantage, improvement, or help that you get from something	What are the health benefits of eating well?
2	14	1	health	n	helθ	the general condition of your body and how healthy you are	I'm worried about my father's health.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
2	14	2	alcohol	n	ˈælkəhɒl	drinks such as beer or wine that contain a substance which can make you drunk	You shouldn't drive if you've had any alcohol.
2	14	2	chip	n	tʃɪp	a long thin piece of potato cooked in oil	They eat fish and chips every Friday.
2	14	2	fish	n	fɪʃ	an animal that lives, breathes and swims in water	I eat fish several times a week.
2	14	2	fruit	n	fruːt	something that grows on a plant, tree, or bush, contains seeds or a stone and is usually sweet	Try to eat plenty of fresh fruit.
2	14	2	juice	n	dʒuːs	the liquid that comes from fruit and vegetables, or a drink that is made from this	I'd like an orange juice, please.
2	14	2	meat	n	miːt	the flesh of animals and birds eaten as food	I gave up eating meat a few months ago.
2	14	2	potatoes	n	pəˈteɪtəʊ	a round white vegetable with a brown, red, or pale yellow skin, that grows under ground	Marie stood at the sink, peeling potatoes.
2	14	2	rice	n	raɪs	food that consists of small white or brown grains that you cook in water	Serve the vegetables with rice.
2	14	2	salt	n	sɔːlt	a natural white mineral that is added to food to make it taste better or to preserve it	This might need some salt and pepper.
2	14	2	sausage	n	ˈsɒsɪdʒ	a small tube of skin filled with a mixture of meat, spices etc, eaten hot or cold after it has been cooked	We had sausage and mash for dinner last night.
2	14	2	sugar	n	ˈʃʊgə	a sweet white or brown substance that is used to make food and drinks sweet	Do you take sugar in your coffee?
2	14	2	vegetables	n	ˈvedʒtəbəl	a plant that is eaten raw or cooked, such as a cabbage, a carrot, or peas	We always buy fresh fruit and vegetables.
2	14	3	habit	n	ˈhæbət	something that you do regularly or usually, often without thinking about it because you have done it so many times before	Regular exercise is a good habit.
2	14	4	amount	n	əˈmaʊnt	a quantity of something such as time, money, or a substance	You should limit the amount of fat you eat.
2	14	4	boiled	v	bɔɪl	to cook something in boiling water	She had boiled rice with her fish.
2	14	4	on a diet	n	ɒn ə ˈdaɪət	someone who is on a diet is only eating certain foods, in order to lose weight, or to improve their health	She always seems to be on a diet.
2	14	4	fatty	adj	ˈfæti	containing a lot of fat	It is best to avoid eating fatty foods.
2	14	4	fresh	adj	freʃ	new and different; (food) recently picked or prepared	The beans are fresh from the garden.
2	14	4	ingredients	n	ɪnˈgriːdiənt	the different foods that you use to make a particular food or dish	Combine the ingredients in a large bowl.
2	14	4	raw	adj	rɔː	not cooked	Cabbage can be eaten raw.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
2	14	4	soft drink	n	ˌsɒft drɪŋk	a cold drink that does not contain alcohol	The children can have a soft drink once a day.
2	14	4	local speciality	n	ˈlokəl ˌspeʃɪˈæləti	a type of food that an area is well known for	The local speciality is a cheese made from goat's milk.
2	14	4	stir-fry	v	ˈstɜː fraɪ	to cook small pieces of food quickly by moving them around continuously in very hot oil	I always enjoy stir-fried vegetables.
2	15	5	cake	n	keɪk	soft sweet food made by baking a mixture of flour, butter, sugar, and eggs	We had cake and ice-cream.
2	15	5	cook	v	kʊk	to prepare for eating by using heat	We always have a cooked meal in the evening.
2	15	5	favourite	adj	ˈfeɪvərət	the one that you like the most	What's your favourite colour?
2	15	5	frozen	adj	ˈfrəʊzən	frozen food has been stored at a very low temperature in order to preserve it	You can use fresh or frozen fish.
2	15	5	region	n	ˈriːdʒən	a large area of a country, or of the world, usually without exact limits	We live in the mountainous region of the country.
2	15	5	sauce	n	sɔːs	a thick cooked liquid that is served with food to give it a particular taste	She loves vanilla ice cream with chocolate sauce.
2	15	7	experience [countable]	n	ɪkˈspɪəriəns	something that happens to you	I must say that it was a very interesting experience.
2	15	11	farm	n	fɑːm	an area of land used for growing crops or keeping animals	Joe had worked on the farm all his life.
2	15	11	internet	n	ˈɪntənet	a computer system that allows millions of computer users around the world to exchange information	Do you have access to the internet?
2	15	11	product	n	ˈprɒdʌkt	something that is grown or made in a factory in large quantities, usually in order to be sold	The London factory assembles the finished product.
2	15	11	supermarket	n	ˈsuːpəmɑːkət	a very large shop that sells food, drinks, and things that people need regularly in their homes	We'll have to go to the supermarket later.
2	15	11	theme	n	θiːm	the main subject or idea in a piece of writing, film etc	The book's theme is the conflict between love and duty.
2	16	3	acceptable	adj	əkˈseptəbəl	good enough to be used for a particular purpose or to be considered satisfactory	Students who achieve an acceptable standard will receive a certificate.
2	16	3	according to	prep	əˈkɔːdɪŋ tʊ	as shown by something or stated by someone	According to the police, his attackers beat him with a blunt instrument.
2	16	3	advertise	v	ˈædvətaɪz	to tell the public about a product or service on order to persuade them to buy it	They no longer advertise alcohol or cigarettes at sporting events.
2	16	3	advise	v	ədˈvaɪz	to tell someone what you think they should do, especially when you know more than they do about something	She needed someone to advise her.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
2	16	3	armful	n	ˈɑːmfʊl	the amount of something that you can hold in one or both arms	She was carrying an armful of books.
2	16	3	art	n	ɑːt	the use of painting, drawing, sculpture etc to represent things or express ideas	We got the paint in that new art shop.
2	16	3	bright	adj	braɪt	shining strongly, or with plenty of light or colour	We want the picture to look brighter.
2	16	3	camera	n	ˈkæmərə	a piece of equipment used to take photographs or make films or television programmes	Have you got your camera with you?
2	16	3	challenging	adj	ˈtʃæləndʒɪŋ	difficult in an interesting or enjoyable way	Teaching young children is a challenging and rewarding job.
2	16	3	colourful	adj	ˈkʌləfəl	having bright colours or a lot of different colours	There was a colourful display of flowers on the table.
2	16	3	deal with	phrasal v	ˈdiːl wɪð	to take the necessary action, especially in order to solve a problem	Don't worry, I'll deal with this.
2	16	3	definitely	adv	ˈdefɪnətli	without any doubt	I'll definitely be there by 7.30.
2	16	3	dessert	n	dɪˈzɜːt	sweet food served after the main part of a meal	What are we having for dessert?
2	16	3	dry	adj	draɪ	not wet; (weather) with very little rain	The food goes dry very quickly.
2	16	3	equipment	n	ɪˈkwɪpmənt	the tools, machines etc that you need to do a particular job or activity	We need to buy some camping equipment.
2	16	3	gorgeous	adj	ˈgɔːdʒəs	extremely beautiful or attractive	You look gorgeous, Maria.
2	16	3	hairspray	n	ˈheəspreɪ	a sticky liquid that you spray on your hair to keep it in place	She carefully pinned her hair up then added hairspray to keep it in place.
2	16	3	magazine	n	ˌmægəziːn	a large thin book with a paper cover that contains news stories, articles, photographs etc, and is sold weekly or monthly	She's the editor of a popular women's magazine.
2	16	3	melt	v	melt	if something solid melts or if heat melts it, it becomes liquid	Melt the butter in a saucepan.
2	16	3	patience	n	ˈpeɪʃəns	the ability to continue waiting or doing something for a long time without becoming angry or anxious	I wouldn't have the patience to sit sewing all day.
2	16	3	pharmacy	n	ˈfɑːməsi	a shop or a part of a shop where medicines are prepared and sold	We got the oil from a pharmacy.
2	16	3	photographer	n	fəˈtɒgrəfə	someone who takes photographs especially as a professional or as an artist	Sam is a photographer for the local newspaper.
2	16	3	photography	n	fəˈtɒgrəfi	the art, profession, or method of producing photographs or the scenes in films	His hobby is photography.
2	16	3	plastic	adj	ˈplæstɪk	made of a cheap light material which is produced by a chemical process and used for making many different objects	Some people put plastic fruit in their fruit bowls.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
2	16	3	shoe polish	n	ʃʊː ˈpɒlɪʃ	a liquid, powder etc that you rub into shoes to make them shiny or add colour	I often buy a matching shoe polish when I buy a new pair of shoes.
2	16	3	prediction	n	prɪˈdɪkʃən	a statement about what you think is going to happen, or the act of making this statement	The data can be used to make useful economic predictions.
2	16	3	the real thing	adj	ðə rɪəl θɪŋ	something that is real is actually what it seems to be and not false or artificial	Artificial flowers can sometimes look better than the real thing.
2	16	3	realise	v	ˈrɪəlaɪz	to know and understand something, or suddenly to begin to understand it	It was only later that I realised my mistake.
2	16	3	recipe	n	ˈresəpi	a set of instructions for cooking a particular types of food	Have you got that recipe for red pepper soup?
2	16	3	spoonful	n	ˈspuːnfʊl	the amount that a spoon will hold	Two spoonfuls of sugar, please.
2	16	3	trick	n	trɪk	something you do in order to make someone believe something which is not true (sometimes done for entertainment)	The boys were always playing tricks on their teacher.
2	16	3	useless	adj	ˈjuːsləs	not useful or effective in any way	This new cooker is useless. It keeps turning itself off.
2	17	4	amazed	adj	əˈmeɪzd	very surprised	You'd be amazed how much money you can save.
2	17	4	closely	adv	ˈkləʊsli	very carefully	The detective watched him closely, waiting for a reply.
2	17	4	creative	adj	kriˈeɪtɪv	involving the use of imagination to produce new ideas or things	I teach creative writing at the local college.
2	17	4	describe	v	dɪˈskraɪb	to say what something or someone is like by giving details about them	The police asked her to describe the man.
2	17	4	dishonest	adj	dɪsˈɒnəst	not honest, and so deceiving or cheating people	Photographers shouldn't be dishonest about their pictures.
2	17	4	employ	v	ɪmˈplɔɪ	to use a particular object, method, skill etc in order to achieve something	The report examines teaching methods employed in the classroom.
2	17	4	encourage	v	ɪnˈkʌrɪdʒ	to give someone the courage or confidence to do something	My mother always encouraged me to do my best.
2	17	4	examine	v	ɪgˈzæmən	to look at something carefully and thoroughly	A team of divers was sent down to examine the wreck.
2	17	4	open	adj	ˈəʊpən	(person) honest and not wanting to hide any facts from other people	She was quite open about her ambitions.
2	17	4	option	n	ˈɒpʃən	a choice you can make in a particular situation	There are a number of options available.
2	17	4	practice	n	ˈpræktəs	something that people do often, especially a social or religious custom	I dislike the practice of putting dangerous chemicals into the sea.
2	17	4	professional	n	prəˈfeʃənəl	someone who earns money by doing a job, sport or activity that many other people do just for fun	He signed a professional in 1987.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
2	17	4	refuse	v	rɪˈfjʊːz	to say firmly that you will not do something that someone has asked you to do	Mum refused to go back to hospital.
2	17	4	skill	n	skɪl	an ability to do something well, especially because you have learned and practised it	Reading and writing are two different skills.
2	17	4	technique	n	tekˈniːk	a special way of doing something	There are various techniques for dealing with industrial pollution.
2	17	4	tool	n	tuːl	something that you hold in your hand and use to do a particular job	We need to buy some garden tools.
2	17	4	view	n	vjuː	opinion; what you think or believe about something	What's your view on the subject?
2	17	4	worried	adj	ˈwʌrid	unhappy because you keep thinking about a problem or about something bad that might happen	I'm really worried about my brother.
2	17	7	baked	adj	beɪk	cooked using dry heat, in an oven	I love the smell of freshly baked bread.
2	17	7	knife	n	naɪf	a metal blade fixed into a handle, used for cutting or as a weapon	This knife won’t cut anything.
2	17	7	motor	n	ˈməʊtə	the part of a machine that makes it work or move, by changing power, especially electrical power, into movement	Don’t forget to buy the motor oil.
2	17	7	pepper	n	ˈpepə	a hollow read, green, or yellow vegetable eaten either raw or cooked with other food	We made stuffed peppers for supper.
2	17	7	smell	n	smel	the quality that people and animals recognise by using their nose	There's a terrible smell in this room.
2	17	8	hungry	adj	ˈhʌŋgri	wanting to eat something	Do you still feel hungry?
2	17	8	in a hurry	n phrase	ɪn ə ˈhʌri	doing things more quickly than usual	Sorry, I can’t stop. I'm in a hurry.
2	17	8	microwave	n	ˈmaɪkrəweɪv	a type of oven that cooks food very quickly by using electric waves instead of heat	I'll heat the food up in the microwave.
2	17	8	smell	v	smel	to notice or recognise a particular smell	Smell these flowers, they're lovely.
2	17	8	spicy	adj	ˈspaɪsi	with a strong taste, giving you a burning feeling in your mouth	I love spicy food!
2	18	2	attends	v	əˈtend	to go to an event such as a meeting or a class	Only 12 people attended the meeting.
2	18	2	dream job	n	driːm	your dream job is the job that seems perfect for you	She was lucky enough to find her dream job.
2	18	2	factory	n	ˈfæktəri	a building or group of buildings in which goods are produced in large quantities, using machines	The biscuit factory is closing down next month.
2	18	2	flavours	n	ˈfleɪvə	the particular taste of a food or drink	Ice cream comes in many different flavours.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
2	18	2	ice cream	n	ˌaɪs ˈkriːm	a frozen sweet food made of milk, cream, and sugar, with fruit, nuts, chocolate etc sometimes added	Mummy, can I have an ice cream?
2	18	2	prefer	v	prɪˈfɜː	to like someone or something more than someone or something else	She prefers her coffee black.
2	18	2	taste	v	teɪst	to eat or drink a small amount of something to see what it is like	Her dream job is tasting ice cream.
2	18	3	permanent	adj	ˈpɜːmənənt	continuing to exist for a long time or for all the time in the future	He gave up a permanent job in order to do freelance.
2	18	3	temporary	adj	ˈtempərəri	continuing for only a limited period of time	I'm living with my parents, but it's only temporary.
2	18	4	amazing	adj	əˈmeɪzɪŋ	very good, especially in an unexpected way	He's an amazing player to watch.
2	18	4	frequency	n	ˈfriːkwənsi	the number of times that something happens within a particular period of time	The frequency of serious road accidents is increasing.
2	18	4	guide	n	gaɪd	something that provides information and helps you to form an opinion or make a decision	The guide book tells you which places to visit.
2	18	4	market	n	ˈmɑːkət	a time when people buy and sell goods, food etc, or the place, usually outside or in a large building, where this happens	I usually buy my vegetables at the market.
2	18	4	tourist	n	ˈtʊərəst	someone who is visiting a place for pleasure on holiday	Cambridge is always full of tourists in the summer.
2	19	1	deal	n	diːl	if you have a good or special deal, you buy something at a good price	The company is offering special deals if we buy before the end of the month.
2	19	1	deliver	v	dɪˈlɪvə	to take goods, letter, packages etc to a particular place or person	The morning post has just been delivered.
2	19	1	online	adj	ˈɒnlaɪn	connected to other computers through the internet or available through the internet	I usually buy my food online.
2	19	1	quality	n	ˈkwɒləti	how good or bad something is	Use only high quality ingredients.
2	19	1	scan a product	v	skæn	(in a shop) to pass a product over an electrical beam - this sends the product information to a computer which then tells you how much the product is	She took ages to scan all her products by herself.
2	19	4	technology	n	tekˈnɒlədʒi	new machines, equipment and ways of doing things that are based on modern knowledge about science and computers	Modern technology makes moving money around much easier than it used to be.
2	19	5	cheap	adj	tʃiːp	not at all expensive, or lower in price than you expected	The equipment is relatively cheap and simple to use.
2	19	5	customer	n	ˈkʌstəmə	someone who buys goods or services from a shop, company et	We've had several letters from satisfied customers.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
2	19	5	normal	adj	ˈnɔːməl	usual, typical, or expected	A normal working week is 40 hours.
2	19	5	practical	adj	ˈpræktɪkəl	relating to real situations and events rather than ideas, emotions etc	She's a very practical person.
2	19	5	shampoo	n	ˈʃæmpuː	a liquid soap for washing your hair	What kind of shampoo do you use?
2	19	5	sound	v	saʊnd	to seem, from what you have heard about something	That sounded really unpleasant.
2	19	5	transport	n	ˈtrænspɔːt	a system for carrying people or things from one place to another	Improved rail transport is essential for business.
2	19	5	unpleasant	adj	ʌnˈplezənt	not pleasant or enjoyable	It was an extremely unpleasant experience.
2	19	5	unsure	adj	ˌʌnˈsɔː	not certain	If you are unsure about anything, just ask.
2	19	5	welcome	v	ˈwelkəm	(+ something) to be glad that something has happened because you think it is a good idea	Economists have welcomed the decision to raise interest rates.
2	20	2	bill	n	bɪl	a written list showing how much you have to pay for services you have received, work that has been done etc	Have you paid the phone bill?
2	20	2	champagne	n	sæmˈpeɪn	a French white wine with a lot of bubbles, drunk on special occasions	We had champagne at her birthday party.
2	20	2	hotdog	n	ˈhɒt dɒg	a cooked sausage in a long piece of bread	She had a hotdog for lunch.
2	20	2	lemon	n	ˈlemən	fruit with a hard yellow skin and sour juice	Just add a few drops of lemon juice.
2	20	2	order	v	ˈɔːdə	to ask for food or a drink in a restaurant, bar etc	Anne ordered another glass of wine.
2	20	2	shape	n	ʃeɪp	the form that something has for example round, square, triangular etc	You can recognise a lemon by its shape and colour.
2	20	2	use-by date	n	ˈjuːz baɪ ˌdeɪt	the date after which a product should not be used	The use-by date on this cheese is last month.
2	20	2	vegetarian	adj	ˌvedʒəˈteəriən	someone who does not eat meat or fish	Our youngest daughter is vegetarian.
2	21	1	memorable	adj	ˈmemərəbəl	very good, enjoyable, or unusual, and worth remembering	We want to make this a truly memorable day for the children.
2	21	1	recommend	v	ˌrekəˈmend	to advise someone to do something, especially because you have special knowledge of a situation or subject	I would recommend that restaurant.
2	21	2	beat	v	biːt	(heart) when you heart beats, it moves in a regular rhythm as it pumps your blood	Jennifer's heart was beating fast.
2	21	2	can't believe your eyes	v phrase	kɑːnt bɛˈliːv jər aɪz	*can't believe your eyes* is used to say that someone is very surprised by something they see	When the food arrived, we couldn’t believe our eyes.
2	21	2	finally	adv	ˈfaɪnəl-i	after a long time	We finally arrived home.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
2	21	2	mention	n	ˈmenʃən	refer to something or someone in a conversation, piece of writing etc (common phrase: make no mention of = not refer to)	He made no mention of his wife's illness.
2	21	2	purpose (of)	n	ˈpɜːpəs (əv)	reason (for)	What's the purpose of your visit?
2	21	2	steak	n	steɪk	large thick piece of any good quality red meat	We ordered steaks and salad.
2	21	3	for ages	n	fərˈeɪdʒəz	for a long time	I haven't seen him for ages.
2	21	3	dish	n	dɪʃ	food cooked or prepared in a particular way as a meal	He made a wonderful pasta dish.
2	21	3	drop	v	drɒp	to stop holding something so that it falls	The waiter dropped the plates.
2	21	3	eventually	adv	ɪˈventʃuəli	after a long time, or after a lot of things have happened	Eventually, she got a job and moved to London.
2	21	3	slip	v	slɪp	to slide short distance accidentally, and fall or lose your balance slightly	He slipped on the ice.
2	21	3	wallet	n	ˈwɒlət	a small flat case, often made of leather, that you carry in your pocket, for holding paper money, bank cards etc	He lost his wallet last night.
3	24	3	candidate	n	ˈkændədeɪt	someone who is taking an examination	Candidates are not allowed to use calculator in this exam,
3	24	3	examiner	n	ɪgˈzæmənə	someone from a university, college, or professional institution who tests students' knowledge or ability	The examiners were quite friendly.
3	24	3	interact	v	ˌɪntərˈækt	if people interact with each other, they talk to each other, work together etc	Lucy interacts well with the other children in the class.
3	24	4	agree	v	əˈgriː	to have or express the same opinion about something as someone else	We don't agree about everything, of course.
3	24	4	go ahead	adv	gəʊ əˈhed	*go ahead* is used to tell someone they can do something	Can I borrow your pen? Yeah, go ahead.
3	24	4	get what someone means	v	get wɒt (juː) ˌmiːn	to understand something that someone says	I don't get what you mean.
3	25	6	carefully	adv	ˈkeəfəli	in a careful way, paying attention to detail	You need to think very carefully about which course you want to do.
3	25	6	neighbour	n	ˈneɪbə	someone who lives next door to you or near you	One of the neighbours complained about the noise from the party.
3	25	6	owner	n	ˈəʊnə	the person to whom something belongs	I met the owner of the local hotel.
3	25	7	continue	v	kənˈtɪnjuː	to not stop (happening, existing, or doing something)	Sheila continued to work after she had her baby.
3	25	7	dirt	n	dɜːt	any substance that makes things dirty, such as mud or dust	His face and hands were black with dirt.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
3	25	7	remove	v	rɪˈmuːv	to take something away from, out of or off the place where it is	Remove the old wallpaper and fill ay holes in the walls.
3	25	7	be responsible for	adj	rɪˈspɒnsəbəl	if someone is responsible for something or someone, they are in charge of them	He's responsible for the rest of the class.
3	25	7	volume	n	ˈvɒljuːm	the amount of sound produced by a television, radio etc	Can you turn the volume up?
3	25	8	clean up after	phrasal v	ˈkliːn ʌp ɑːftə	if you clean up after someone or something you make a place clean after it has been used	She always has to clean up after her children.
3	25	8	get along (with)	phrasal v	ˈget əˌlɒŋ (wɪð)	if two or more people get along (with each other), they have a friendly relationship	They seem to be getting along with each other.
3	25	8	give up	phrasal v	ˈgɪv ʌp	to stop trying to do something	You shouldn't give up so easily.
3	25	8	hand in	phrasal v	ˈhænd ɪn	to give something to someone in authority	We've already handed in our homework to the teacher.
3	25	8	hang out (with)	phrasal v	ˈhæŋ aʊt (wɪð)	to spend a lot of time in a particular place or with particular people	He likes to hang out with his friends at the weekend.
3	25	8	hurry up	phrasal v	ˈhʌri ʌp	to (make someone) do something more quickly	Hurry up! We're going to be late!
3	25	8	keep on	phrasal v	ˈkiːp ɒn	to continue doing something, or to do something many times	You just have to keep on trying.
3	25	8	look after	phrasal v	ˈlʊk ˌɑːftə	to take care of someone by helping the, giving them what they need, or keeping them safe	Don't worry I'll look after the kids tomorrow.
3	25	8	look sth up	phrasal v	ˈlʊk ʌp	if you look up information in a book, on a computer etc, you try to find it there	I'll just look up the train times.
3	25	8	queue	v	kjuː	to form or join a line of people or vehicles waiting to do something or go somewhere	Some of the people are queuing for tickets had been there since dawn.
3	25	8	turn (something) up	phrasal v	ˈtɜːn ʌp	to turn a switch on a machine such as an oven, radio etc so that it produces more heat, sound etc	Can you turn up the radio, please?
3	26	1	amused	adj	əˈmjuːzd	if you are amused by something, you think it is funny and you smile or laugh	Ellen seemed amused by the whole situation.
3	26	1	annoyed	adj	əˈnɔɪd	slightly angry	I'll be annoyed if we don't finish by eight.
3	26	1	disgusted	adj	dɪsˈgʌstəd	very annoyed or upset by something that is not acceptable	The disgusted onlooker claimed the driver was more concerned about his car than about the victim.
3	26	1	excited	adj	ɪkˈsaɪtəd	happy, interested, or hopeful because something good has happened or will happen	Maria's starting to get pretty excited about the wedding.
3	26	1	hamburger	n	ˈhæmbɜːgə	a flat round piece of finely cut beef which is cooked and eaten in a bread bun	The kids had hamburgers an chips for lunch.
3	26	1	insect	n	ˈɪnsekt	a small creature such as a fly or ant, that has six legs and sometimes wings	Look at all these insects by the river.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
3	26	1	lasagne	n	ləˈsænjə	a type of Italian food made with flat pieces of pasta, meat, or vegetables, and cheese	She made a wonderful lasagne for dinner.
3	26	1	salesperson	n	ˈseɪlzˌpɜːsən	someone whose job is selling things	You could get a job as a salesperson.
3	26	1	satisfied	adj	ˈsætəsfaɪd	feeling that something is as good as it should be, or that something has happened in the way that you want	They have plenty of satisfied customers.
3	26	3	match sth up with sth	phrasal v	ˈmatʃ ʌp (wɪð)	to put two people or things together that are related to or suitable for each other	At the dance class, I was matched up with a partner the same height as me.
3	26	3	sign up	phrasal v	ˈsaɪn ʌp	to put your name down on a list for something because you want to take part in it	I'm thinking of signing up for a yoga class.
3	26	3	take turns	n	teɪk tɜːnz	if two or more people take turns to do something, they do it one after the other, for example in order to share the work or play fairly	The students were taking turns reading aloud.
3	26	6	entertainment	n	ˌentəˈteɪnmənt	things such as films, television, performances etc that are intended to amuse or interest other people	The town provides a wide choice of entertainment.
3	27	2	friendship	n	ˈfrendʃɪp	a relationship between friends	The friendship between the father and son has improved.
3	27	5	made my day	n	meɪd maɪ deɪ	if you make someone's day, you make them very happy	Hearing her voice on the phone really made my day.
3	27	5	break up with someone	phrasal v	ˈbreɪk ʌp wɪð	to leave a person, especially if you have had a disagreement with them or no longer want to be with them	Her boyfriend broke up with her yesterday.
3	27	5	give something back	phrasal v	ˈgɪv sʌmθɪŋ ˌbæk	to return something to the person it belongs to	He picked up the book and gave it back to her.
3	27	5	guy	n	gaɪ	a man (informal)	Dave's a nice guy when you get to know him.
3	27	5	huge	adj	hjuːdʒ	extremely large in size, amount or degree	You room's huge compared to mine.
3	27	5	lately	adv	ˈleɪtli	recently	What have you been doing lately?
3	27	5	underground	n	ˌʌndəgraʊnd	a railway system under the ground	Whenever I'm in London I take the underground - it's so much quicker than the buses.
3	27	6	recently	adv	ˈriːsəntli	not long ago	He has recently been promoted to Assistant Manager.
3	28	1	manners	n	ˈmænəz	polite ways of behaving in social situations	It's bad manners to talk with your mouth full.
3	28	1	text message	n	text ˈmesɪdʒ	a written message that is sent or received on a mobile phone	He's just sent me a text message.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
3	28	1	ringtone	n	ˈrɪŋtəʊn	the sound made by a telephone, especially a mobile phone, when someone is calling it	I like your new ringtone.
3	28	3	in advance	n	ədˈvɑːns	before something happens or is expected to happen	You need to buy the tickets in advance.
3	28	3	break down	phrasal v	ˈbreɪk daʊn	if a car, machine or signal breaks down, it stops working	If the signal breaks down you should wait for the person to call you back.
3	28	3	call someone back	phrasal v	ˈkɔːl bæk	if you call somebody back, you telephone someone again, for example because they were not at home when you telephoned last time	I'll call back later.
3	28	3	condition	n	kənˈdɪʃən	the situation in which something happens	You can only use your phone in a car under certain conditions.
3	28	3	location	n	ləʊˈkeɪʃən	a particular place, especially in relation to other areas, building etc	His apartment is in a really good location.
3	28	3	permit	v	pəˈmɪt	to allow something to happen, especially by an official decision, rule or law.	Smoking is only permitted in the garden.
3	28	3	in public	n	ˈpʌblɪk	if you do something in public, you do it where anyone can see you	Her husband is always nice to her in public
3	28	3	publish	v	ˈpʌblɪʃ	to arrange for a book, magazine etc to be written, printed, and sold	The first edition was published in 1765.
3	28	3	research	n	rɪˈsɜːtʃ	serious study of a subject, in order to discover new facts or test new ideas	It's a good idea to do some research before you buy a house.
3	28	3	save (time)	v	seɪv	to use less money, time, energy etc so that you do not waste any	We'll save a lot of time if we go by car.
3	28	3	signal	n	ˈsɪgnəl	a series of light waves, sound waves etc that carry electronic information , for example in radio or mobile phones	I can't use my phone here - there's no signal.
3	28	3	silent	adj	ˈsaɪlənt	without any sound, or not making any sound	She put her phone on silent when she was at the meeting.
3	28	7	public transport	n	ˌpʌblɪk ˈtrænspɔːt	buses, trains etc that are available for everyone to use	The public transport in the city is excellent and quite cheap.
3	29	4	annoying	adj	əˈnɔɪ-ɪŋ	making you feel slightly angry	The annoying thing is he's usually right.
3	29	4	argument	n	ˈɑːgjəmənt	a situation in which two or more people disagree, often angrily	She had a big argument with her husband.
3	29	4	call	n	kɔːl	when you speak to someone on the telephone	How many calls did you make on my phone?
3	29	4	caller	n	ˈkɔːlə	someone making a telephone call	Could you hold on for one moment? he asked the caller.
3	29	4	carry on	phrasal v	ˈkæri ɒn	to continue doing something	And don't carry on mobile phone calls while you are being served in shops etc.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
3	29	4	deserve	v	dɪˈzɜːv	to have earned something by good or bad actions or behaviour	I think we deserve a rest after all that hard work.
3	29	4	disturb	v	dɪˈstɜːb	to interrupt someone so that they cannot continue what they are doing	The phone users were disturbing the other passengers.
3	29	4	dive (into)	v	daɪv	if you dive into your bag, you put your hand quickly in your bag in order to get something out	They dived into their bags to get their phones.
3	29	4	effect	n	ɪˈfekt	a change that is caused by an event, action etc	Most people still continue to use their phones in public without thinking about the effect on others.
3	29	4	fine	n	faɪn	money that you have to pay as a punishment	She was ordered to pay £150 in paring fines, plus court costs.
3	29	4	function	n	ˈfʌŋkʃən	the purpose that something has	You should use the silent function on your phone when you are in a meeting.
3	29	4	grateful	adj	ˈgreɪtfəl	feeling that you want to thank someone	I'm so grateful for all your help.
3	29	4	hands-free	adj	ˈhændzfriː	a hands-free machine is one that you can use without using your hands	You can only use a hands-free phone while you are driving.
3	29	4	hang up	phrasal v	ˈhæŋ ʧp	to finish a telephone conversation	I said goodbye and hung up.
3	29	4	impolite	adj	ˌɪmpəlaɪt	rude; not correct for the social situation you are in	He was most impolite when we met him.
3	29	4	interview	v	ˌɪntəvjuː	to ask someone questions during a formal meeting, e.g. for a job	Most people interviewed said other people's manners were terrible.
3	29	4	legal	adj	ˈliːgəl	permitted or necessary, by law	What the company has done is perfectly legal.
3	29	4	mid-conversation	adv/adj phrase	mɪd ˌkɒnvəˈseɪʃən	in the middle of a conversation	Don't look at tour phone mid-conversation.
3	29	4	respectful	adj	riˈspektfəl	feeling or showing respect	He was always respectful of my independence.
3	29	4	ring up	phrasal v	ˈrɪŋ ʌp	to telephone someone	I'll ring the manager up tomorrow.
3	29	4	scream	v	skriːm	to make a loud high noise with your voice because you are hurt, frightened, excited etc	She jumped to her feet, screaming in terror.
3	29	4	shout	v	ʃaʊt	to say something very loudly	I wish you'd stop shouting at the children.
3	29	4	subject	n	ˈsʌbdʒekt	the thing you are talking about in a conversation, book, film etc	While we're on the subject of money, do you have the £10 you owe me?
3	29	4	switch off	phrasal v	ˈswɪtʃ ɒf	to turn off a machine, light, radio etc using a switch	The burglar alarm was switched off.
3	29	4	text	v	ˈtekstɪŋ	to send someone a written message on a mobile phone	She's always texting and never speaks to me.
3	29	4	turn (something) on	phrasal v	ˈtɜːn ɒn	to start a piece of equipment such as a television, light etc by pushing a button etc	I haven't turned my phone on yet.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
3	29	4	unless	conj	ʌnˈles	linking word used to say that something will happen if something else does not happen	Unless some extra money is found, the theatre will close.
3	29	4	vibrate	v	vaɪˈbreɪt	to shake quickly and continuously with very small movements	The bass was so loud the walls of the nightclub were vibrating.
3	29	4	zone	n	zəʊn	an area that is different form other areas around it in some way	Don't use your phone in 'quiet zones' on trains.
3	30	1	argue	v	ˈɑːgjuː	to disagree with someone in words, often in an angry way	We could hear the neighbours arguing.
3	30	3	afford	v	əˈfɔːd	to have enough money to buy or pay for something	We can't afford a holiday this year.
3	30	3	allergic	adj	əˈlɜːdʒɪk	having a medical condition in which you become ill or in which your skin becomes red and painful because you have eaten or touched a particular substance	I am allergic to cats.
3	30	3	announce	v	əˈnaʊns	to officially tell people about something, especially about a plan or decision	Cordon announced his resignation to staff members on Wednesday.
3	30	3	challenge	n	ˈtʃæləndʒ	something that tests strength, skill, or ability, especially in a way that is interesting	I look forward to the challenge of setting up my first home.
3	30	3	fortunate	adj	ˈfɔːtʃənət	someone who is fortunate has something good happen to them, or is in a good situation	I've been fortunate to find a career that I love.
3	30	3	hit	n	hɪt	something such as a film, play, song etc that is very popular and successful	It's hoped the new museum will be a big hit with families.
3	30	3	mother-in-law	n	ˈmʌðə ɪn lɔː	the mother of your wife or husband	Sarah doesn't get on very well with her mother-in-law.
3	30	3	regret	v	riˈgret	to feel sorry about something you have done and wish you had not done it	Don't do anything you might regret.
3	30	3	respect	v	rɪˈspekt	to have a feeling of admiring someone or what they do	I have the greatest respect for Jane's work.
3	30	3	rise	v	raɪz	to get up (formal)	Everyone rises early in our house.
3	30	3	feel sorry for	adj	fiːl sɒri fɔː	if you feel sorry for someone, you feel pity or sympathy for someone because something bad has happened to them or because they are in a bad situation	Tina felt sorry for her. She seemed so lonely.
3	30	3	tradition	n	trəˈdɪʃən	a belief, custom, or way of doing something that has existed for a long time	By tradition, it's the bride's parents who pay for the wedding.
3	30	3	wedding	n	ˈwedɪŋ	a marriage ceremony	She's busy planning her daughter's wedding.
3	30	4	obligation	n	ˌɒbləˈgeɪʃən	a moral or legal duty to do something	Employers have an obligation to treat all employees equally.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
3	30	4	personal	adj	ˈpɜːsənəl	connected with one particular person, rather than to other people or to people in general	My personal view is that we shouldn't offer him the job.
3	30	5	bullying	n	ˈbʊli-ɪŋ	the action of threatening someone or frightening them, especially someone smaller or weaker	There was a lot of bullying in the playground at school.
3	30	5	disrespectful	adj	ˌdɪsrɪˈspekfəl	lacking of respect for someone or something	He was very disrespectful to his parents.
3	30	5	in-laws	n	ˌɪn lɔːʒ	your relatives by marriage, especially the father and mother of your husband or wife	We have to spend the holidays with the in-laws.
3	30	5	a load of rubbish	n	ləʊd	bad, untrue or stupid	What you're saying is a load of rubbish.
3	30	5	terribly	adv	ˈterəbli	very	I'm terribly sorry to have kept you waiting.
3	31	1	themed	adj	θiːmd	designed around one subject to make people feel like they are in a particular place or historical period	They went to themed restaurant called 'Jungle Land'.
3	31	2	I'm afraid	adj	əˈfreɪd	phrase used to politely tell someone something that may annoy, upset, or disappoint them	I'm afraid you've come to the wrong address.
3	31	2	celebrate	v	ˈseləbreɪt	to do something special or enjoyable in order to show that an event or occasion is important	My folks are celebrating their 50th anniversary.
3	31	2	Congratulations!	n	kəŋˈgrætʃəˈleɪʃənz	used when you want to tell someone that you are happy because they have achieved something or because something nice has happened to them	Congratulations on your engagement.
3	31	2	be engaged	adj	ɪŋˈgeɪdʒd	if two people are engaged, they have agreed to marry	She is engaged to be married.
3	31	2	engagement	n	ɪn ˈgeɪdʒmənt	an agreement between two people to marry, or the period or time they are engaged	They're having an engagement party next week.
3	31	3	apologise	v	əˈpɒlədʒaɪz	to tell someone that you are sorry (often because you have done something wrong)	I think you should apologise to your brother.
3	31	3	include	v	ɪnˈkluːd	if one thing includes another, the second thing is part of the first	Does the price include postage?
3	31	3	offer	v	ˈɒfə	to say that you are willing to do something	My dad has offered to pick us up.
3	31	3	thank	v	θæŋk	to tell someone that you are pleased and grateful for something they have done	I haven't had a chance to thank him yet.
3	32	3	ordinary	adj	ˈɔːdənəri	average, common, or usual, not different or special	It's just an ordinary camera.
4	31	3	accept	v	əkˈsept	to take something that someone offers you, or to agree to do something that someone asks you to do	Rick accepted her offer of coffee.
4	32	1	historical	adj	hɪˈstɒrɪkəl	relating to the past, or connected to the study of history	It's interesting to look at historical records.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
4	32	3	although	conj	ɔːlˈðəʊ	linking word used to introduce a statement that makes your main statement seem surprising or unlikely	Although I worked hard, I didn't get the marks I expected.
4	32	3	ancient	adj	ˈeɪnʃənt	belonging to a time long ago in history, especially thousands of years ago	They've discovered a new ancient village in the hills.
4	32	3	despite	prep	dɪˈspaɪt	linking word used to say that something happens or is true even though something else might have prevented it	Despite all our efforts to save the school, the authorities decided to close it.
4	32	3	discover	v	dɪsˈkʌvə	to find someone or something, either by accident or because you were looking for them	David Kenny has discovered almost 2,000 ancient sites in Saudi Arabia.
4	32	3	discovery	n	dɪsˈkʌvəri	a fact or thing that someone finds out about, when it was not known about before	The Hubble Telescope allowed astronomers to make significant discoveries about our galaxy.
4	32	3	history	n	ˈhɪstəri	all the things that happened in the past, especially the political, social, or economic development of a nation	We have a museum devoted to local history.
4	32	3	get involved	phrasal v	ɪnˈvɒlvd	if you get involved in something, you take part in an activity or event, or are connected with it in some way	I don't want to get involved in some lengthy argument about who is to blame.
4	32	3	professor	n	prəˈfesə	a teacher of the highest rank in a university department	Professor David Kenny found the new site.
4	32	3	satellite	n	ˈsætəlaɪt	a machine that has been sent into space and goes around the Earth, moon etc, used for radio, television, and other electronic communication	They've just launched another weather satellite.
4	32	3	site	n	saɪt	a place where something important or interesting happened	The house is built on the site of a medieval prison.
4	33	4	approve	v	əˈpruːv	to think that someone or something is good, right, or suitable	I don't approve of cosmetic surgery.
4	33	4	arrange	v	əˈreɪndʒ	to organise or make plans for something such as a meeting, party, or trip	Contact our office to arrange a visit.
4	33	4	available	adj	əˈveɪləbəl	something that is available is able to be used or can easily be bought or found	Tickets are available from the box office.
4	33	4	check	v	tʃek	to find out whether something really is correct, true, or in good condition	Check the tiles carefully before you buy them.
4	33	4	compare	v	kəmˈpeə	to consider two or more things or people, in order to show how they are similar or different	The report compares the different types of home computer available.
4	33	4	confirm	v	kənˈfɜːm	to show something is definitely true	New evidence has confirmed that the risk is higher for women.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
4	33	4	display	v	dɪˈspleɪ	to show something to people, or put it in a place where people can see it easily	All the exam results will be displayed on the noticeboard.
4	33	4	even	adv	ˈɪːvən	used to emphasise something that is unexpected or surprising in what you are saying	It was quite difficult to see, even with the light on.
4	33	4	instead	adv	ɪnˈsted	used to say that something is done, used etc when something else is not done or used	You probably picked up my keys instead of yours.
4	33	4	measure	v	ˈmeʒə	to judge the size, importance or value of something	Doctors say it is too early to measure the effectiveness of the drug.
4	33	4	rather	adv	ˈrɑːðə	fairly; to some degree	I was rather surprised to see him at the party last night.
4	33	4	share	v	ʃeə	to have or use something with other people	The three of us shared a taxi.
4	33	4	spare	adj	speə	not being used or not needed at the present time	I'll go and see if there are any spare seats.
4	33	4	suppose	v	səˈpəʊz	to think that something is probably true, based on what you know about it	There were many more deaths than we first supposed.
4	34	2	bury	v	ˈberi	to put something under the ground, often in order to hide it	Electric cables are buried beneath the streets.
4	34	2	community	n	kəˈmjuːnəti	a group of people who live in the same area, town etc	The new arts centre will serve the whole community.
4	34	2	decade	n	ˈdekeɪd	a period of ten years	They had been hidden for decades.
4	34	2	exploration	n	ˌekspləˈreɪʃən	the act of travelling through a place in order to find out about it or find something such as oil or gold in it	You can then used this hut as a base for explorations into the mountains around.
4	34	2	have a go	v phrase	hæv ə ˈgəʊ	to try to do something	I had a good go at cleaning the silver.
4	34	2	literature	n	ˈlɪtərətʃə	books, plays, poems etc that people think are important and good	He has read many of the major works of literature.
4	34	2	percent	n	pəˈsent	two percent is an amount equal to two parts out of a total of 100 parts	In fact, they've examined just two percent.
4	34	2	project	n	ˈprɒdʒekt	a carefully planned piece of work to get information about something, to build something, to improve something etc	The project aims to provide and analysis of children's emotions.
4	34	2	rubbish	n	ˈrʌbɪʃ	food, paper etc that is no longer needed and has been thrown away	We have to put all our rubbish in the black bins.
4	34	2	sand	n	sænd	the substance that forms beaches and deserts, which consists of very small pieces of rocks and minerals	I have sand in my shoe.
4	34	2	translate	v	trænsˈleɪt	to change written or spoken words into another language	She translated the text from Italian into English.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
4	34	2	valuable	adj	ˈvæljuəbəl	worth a lot of money or something that is very useful	They found some very valuable documents.
4	34	6	hairstyle	n	ˈheəstaɪl	the style in which someone's hair has been cut or shaped	Do you like my new hairstyle?
4	34	6	musician	n	mjuːˈzɪʃən	someone who plays a musical instrument, especially very well or as a job	My friend John is a talented musician.
4	35	1	throw out	phrasal v	ˈthrəʊ ɑʊt	to get rid of something that you do not want or need	We usually throw out all our old magazines.
4	35	2	concert	n	ˈkɒnsət	a performance given by musicians or singers	She still does about 100 concerts every year.
4	35	2	programme	n	ˈprəʊgræm	a small book or piece of paper that gives information about a play, concert etc and who the performers are	We can look in the programme to find out who that actor is.
4	35	2	soft toy	n	ˌsɒft ˈtəʊ	a toy for young children that is made of cloth and filled with soft material	She bought some soft toys for her sister's new baby,.
4	35	2	ticket	n	ˈtɪkət	a printed piece of paper which shows that you have paid to enter a cinema, travel on a bus, plane etc	How much are the tickets for the concert?
4	35	4	memory	n	ˈmeməri	someone's ability to remember things, places, experiences etc	She has a terrible memory for names.
4	35	5	exhibition	n	ˌeksəˈbɪʃən	a show of paintings, photographs, or other objects that people can go to see	The museum is staging an exhibition of Picasso's work.
4	35	5	invention	n	ɪnˈvenʃən	a useful machine, tool, instrument etc that someone has made, designed or though of	The dishwasher is a wonderful invention.
4	35	5	useful	adj	ˈjuːsfəl	helping you to do or get what you want	The space under the desk is useful for storing CDs.
4	35	6	summarise	v	ˈsʌməraɪz	to make a short statement giving only the main information and not the details of a plan, event, report etc	The authors summarise their views in the introduction.
4	36	1	art gallery	n	ˈɑːt ˌgæləri	a building where painting are shown to the public	They're building a new art gallery in town.
4	36	1	museum	n	mjuːˈziəm	a building where important cultural, historical, or scientific objects are kept and shown to the public	The museum has an extensive collection of early photographs.
4	36	3	damage	v	ˈdæmɪdʒ	to cause physical harm to something	Some paintings were damaged in the fire.
4	37	1	record	n	ˈrekɔːd	information about something that is written down or stored on a computer, film etc	According to official records, five people were killed last year neat that road junction.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
4	37	3	fashion	n	ˈfæʃən	a style of clothes, hair etc that is popular at a particular time; the business of making or selling new clothes	She's studying fashion at college.
4	37	3	leader	n	ˈliːdə	someone who is usually the first to do something	I would describe her as a leader of fashion.
4	37	5	earring	n	ˈɪəeɪŋ	a piece of jewellery that you wear in your ear	She was wearing a pair of beautiful diamond earrings.
4	37	5	glasses	n	glɑːsəs	two pieces of specially cut glass or plastic in a frame, which you wear in order to see more clearly	Cynthia is the one wearing glasses.
4	37	5	haircut	n	ˈheəkʌt	when you have a haircut, someone cuts your hair for you	I haven't had a haircut for months.
4	37	5	smile	n	smaɪl	an expression in which your mouth curves upwards, when you are being friendly or are happy or amused	He had a big smile on his face.
4	37	5	sweet	adj	swiːt	looking pretty and attractive	Your little boy looks very sweet in his new coat.
4	37	7	famous	adj	ˈfeɪməs	known about by many people in many places	He's quite a famous actor.
4	38	2	climate	n	ˈklaɪmət	the typical weather conditions in a particular area	Los Angeles has a warm dry climate.
4	38	2	facility	n	fəˈsɪləti	rooms, equipment, or services that are provided for a particular purpose	The hotel has excellent business facilities.
4	38	2	growth	n	grəʊθ	an increase in amount, number, or size	There has been a rapid growth in world population.
4	38	2	lack	n	læk	not enough of something	Too many teachers are treated with a lack of respect.
4	38	2	mild	adj	maɪld	(weather) fairly warm	We had an exceptionally mild winter last year.
4	38	2	opportunity	n	ˌɒpəˈtjuːnəti	a chance to do something or an occasion when it is easy for you to do something	This is a rare opportunity to see inside this historic building.
4	38	2	playground	n	ˈpleɪgraʊnd	an area for children to play that often has special equipment for climbing on, riding etc	The children go in the playground at lunch time.
4	38	2	population	n	ˌpɒpjəˈleɪʃən	the number of people living in a particular area, country etc	India has a population of more than one billion.
4	38	3	attractive	adj	əˈtræktɪv	having qualities that make you want to accept something or be involved in it	What sounds attractive about living in Shanghai?
4	38	5	opinion	n	əˈpɪnjən	a person's ideas or beliefs about a particular subject	What's your opinion of Cathy?

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
4	38	5	service	n	ˈsɜːvɪs	the system for providing something, especially something that everyone in a country needs to have, e.g. water, electricity	There has been a decline in public services in recent years.
4	38	5	toilet	n	ˈtɔɪlət	a large bowl that you sit on to get rid of waste from your body	Where are the toilets?
4	38	7	anywhere	adv	ˈeniweə	any place	Sit anywhere you like.
4	38	7	friendly	adj	ˈfrendli	behaving towards someone in a way that shows you like them and are ready to talk to them or help them	Betty's very friendly with the Jacksons.
4	38	7	neighbourhood	n	ˈneɪbəhʊd	the area around you or around a particular place and the people who live there	It's a friendly neighbourhood round here.
4	38	9	distance	n	ˈdɪstəns	the amount of space between two places or things	The cottage is some distance from the road.
4	38	9	environment	n	ɪnˈvaɪrənmənt	the air, water, and land on Earth , which is affected by man's activities	Some of these chemicals are very damaging to the environment.
4	38	9	lifestyle	n	ˈlaɪfstaɪl	the way a person or group of people live, including the place they live in, the things they own, the kind of job they do, and the activities they enjoy	They lead an extremely luxurious lifestyle.
4	38	9	method	n	ˈmeθəd	a planned way of doing something, especially one that a lot of people know about and use	I think we should try again using a different method.
4	38	9	suburb	n	ˈsʌbɜːb	an area where people live which is on the edge of a town or city	They live in the suburbs.
4	39	1	collect	v	kəˈlekt	to get things of the same type from different places and bring them together	The company collects information about consumer trends.
4	39	3	adult	n	ˈædʌlt	a fully-grown person, or one who is considered to be legally responsible for their actions	Some children find it difficult to talk to adults.
4	39	3	expensive	adj	ɪkˈspensɪv	costing a lot of money	Petrol is becoming more and more expensive.
4	39	3	government	n	ˈgʌvənmənt	the group of people who govern a country or state	The government are planning further cuts in public spending.
4	39	3	individual	adj	ˌɪndəˈvɪdʒuəl	considered separately from other people or things in the same group	No information about individual people is shown to the public.
5	42	1	catwalk	n	kætwɔːk	a long raised structure that models walk along in a fashion show	They watched the models on the catwalk.
5	42	1	swap	v	swɒp	to give something to someone and get something in return	He swapped his watch for a video game.
5	42	2	funny	adj	fʌni	making you laugh	I've got a lot of funny stories to tell you.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	42	2	receive	v	rɪˈsiːv	to be given something	She received no support from her parents.
5	42	3	dark	n	dɑːk	where there is no light, especially because the sun has gone down	I got dressed in the dark this morning.
5	42	3	fit	v	fɪt	if a piece of clothing fits you, it is the right size for your body	His clothes did not fit him very well.
5	42	3	go with	phrasal v	gəʊ wɪθ	if colours, tastes, styles etc go with each other, they look, taste etc good together	Do you think this shirt will go with the skirt I bought?
5	42	3	iron	v	ˈaɪən	to make clothes smooth using an iron	Have you ironed my shirt?
5	42	3	jeans	n	dʒiːnz	trousers made of denim (a strong, usually blue, cotton cloth)	Are you wearing jeans tonight?
5	42	3	shirt	n	shɜːt	a piece of clothing that covers the upper part of your body and your arms, usually has a collar, and is fastened at the front by buttons	I have to wear a shirt and tie to work.
5	42	3	sweater	n	ˈswetə	a piece of warm wool or cotton clothing with long sleeves, which covers the top half of your body	Do you like my new sweater?
5	42	3	try on	phrasal v	ˈtraɪ ɒn	to put on a piece of clothing to see if it fits you or if it suits you, especially in a shop	Meg was trying on some red sandals.
5	42	3	wear out	phrasal v	ˈweə aʊt	to become damaged and useless, or to make something like this by using it a lot or for a long time	My boots are beginning to wear out.
5	42	5	hole	n	həʊl	a space in something solid that allows light or things to pass through	These socks are full of holes.
5	43	7	lovely	adj	lʌvli	beautiful and attractive	What a lovely house!
5	43	7	manbag	n	ˈmænbæg	a man's handbag	He was carrying a manbag.
5	43	7	material [cloth]	n	məˈtɪəriəl	cloth used for making clothes, curtains etc	I used the old material from the curtains to make her a new dress.
5	43	7	purple	adj	ˈpɜːpəl	having a dark colour that is a mixture of red and blue	She was wearing a purple coat.
5	43	7	size	n	saɪz	how big or small something is	What size shoes do you take?
5	43	7	trousers	n	ˈtraʊzəz	a piece of clothing that covers the lower half of your body, with a separate part fitting over each leg	His trousers were slightly too short.
5	43	8	awful	adj	ˈɜːfəl	very bad or unpleasant	The weather was awful.
5	43	8	borrow	v	ˈbɒrəʊ	to use something that belongs to someone else and that you must give back to them later	Can I borrow your dictionary, please?
5	43	8	cotton	n	ˈkɒtn	cloth or thread made from the white hairs of the cotton plant	His shirt was made form 100% cotton.
5	43	8	fantastic	adj	fænˈtæstɪk	extremely good, attractive, enjoyable etc	It's a fantastic place, really beautiful.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	43	8	jacket	n	ˈdʒækət,	a short light coat	He was wearing a leather jacket.
5	43	8	jumper	n	ˈdʒʌmpə	a piece of clothing made of wool that covers the upper part of your body and arms	He's the man in the blue jumper.
5	43	8	laptop	n	ˈlæptɒp	a small computer that you can carry with you	He left his laptop on the train.
5	43	8	trainers	n	ˈtreɪnə	a type of strong shoe that you wear for sport	He wants some new trainers.
5	43	8	woollen	adj	ˈwʊlən	made of the soft thick hair that sheep, goats etc have on their body	I've bought a new thick woollen jumper.
5	43	11	else	adv	els	besides or in addition to	What else do you want to do?
5	43	13	fashionable	adj	ˈfæʃənəbəl	popular, especially for a short period of time	Strong colours are very fashionable at the moment.
5	43	13	taste	n	teɪst	the kind of things someone likes	I didn't think much of her taste in clothes.
5	44	1	drive	v	draɪv	to make a car, truck, bus etc move along	He drives 12 miles to work.
5	44	1	rent	v	ˈrent	to pay money to use something for a period of time	We rented a car for the two week holiday.
5	44	2	predict	v	prɪˈdɪkt	to say that something will happen, before it happens	Sales were lower than predicted.
5	44	2	rented	adj	ˈrentəd	houses, cars etc that people pay rent for	We can share a rented car.
5	44	4	annual	adj	ˈænjuəl	happening once a year	The school trip became an annual event.
5	44	4	application	n	ˌæplɪˈkeɪʃən	a formal, usually written request for something such as a job, place at university, or permission to do something	You must fill in the application form.
5	44	4	apply	v	əˈplaɪ	to make a formal request for something such as a job, a place at a university, or permission to do something	He applied to join the tennis club.
5	44	4	book	v	bʊk	to make arrangements to stay in a place, eat in restaurant, go to a theatre etc at a particular time in the future	We've booked a rental car for the holiday.
5	44	4	charge	n	tʃɑːdʒ	the amount of money you have to pay for goods or services	There is a charge for the use of the swimming pool.
5	44	4	daily	adj	ˈdeɪli	happening or done every day	There are daily flights to Miami.
5	44	4	fee	n	fiː	an amount of money that you pay to do something or that you pay to a professional person for their work.	The membership fee is £200 per year.
5	44	4	join	v	dʒɔɪn	to become a member of an organisation, society, or group	He joined a car share scheme.
5	44	4	member	n	ˈmembə	a person that belongs to a group or organisation	He is a member of the local tennis club.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	44	4	membership	n	ˈmembəʃɪp	when someone is a member of a club, group, or organisation	I forgot to renew my membership in the sailing club.
5	44	4	scheme	n	skiːm	an official plan that is intended to help people in some way, for example by providing education or training.	
5	45	1	convenient	adj	kənˈviːniənt	useful to you because it saves you time, or does not spoil your plans or cause you problems	Online shopping is a convenient way to shop.
5	45	1	expect	v	ɪkˈspekt	to think that something will happen because it seems likely or has been planned	I expect to be back within a week.
5	45	1	imagine	v	ɪˈmædʒən,	to form a picture in your mind about what something could be like	It was better than I imagined.
5	45	1	insure	v	ɪnˈʃʊə	to buy insurance so that you will receive money if something bad happens to you, your family, your possessions etc	Have you insured the contents of your home?
5	45	1	repair	n	rɪˈpeə	something that you do to fix a thing that is damaged, broken, or not working	His job is to make minor repairs on all the machines.
5	45	1	stressed	adj	strest	so worried and tired that you cannot relax	I always eat when I'm stressed.
5	45	1	trip	n	trɪp	a visit to a place that involves a journey, for pleasure or a particular purpose	Did you enjoy your trip to Disneyland?
5	45	3	efficient	adj	ɪˈfɪʃənt	if someone or something is efficient, they work well without wasting time, money, or energy	He was an efficient worker.
5	45	4	healthy	adj	ˈhelθi	good for your body	Cycling will make you healthy.
5	46	1	home	n	həʊm	the house, apartment, or place where you live	They have a beautiful home in California.
5	46	2	advertisement	n	ədˈvɜːtəsmənt,	something which is intended to persuade people to buy a product or use a service	The Sunday papers are full of advertisements for cars.
5	46	2	break the bank	v phrase	breɪk ðə bænk	to cost a lot of money, or more money than you have	A new hard drive doesn't have to break the bank.
5	46	2	description	n	dɪˈskrɪpʃən	a piece of writing or speech that gives details about what someone or something is like	The booklet gives a brief description of each place.
5	46	2	exchange	n	ɪksˈtʃeɪndʒ	the act of giving someone something and receiving something else from them	We're thinking of doing a home exchange for this holiday.
5	46	2	explain	v	ɪkˈspleɪn	to tell someone about something in a way that is clear or easy to understand	He carefully explained the procedure.
5	46	2	match	n	mætʃ	a situation in which something is suitable for something else, so that the two things work together successfully	Explain where you'd like to stay and find your perfect match.
5	46	2	website	n	ˈwebsaɪt	a person, company or group's place on the Internet	For more information on weight loss and healthy eating, visit our website.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	46	3	advantage	n	ədˈvɑːntɪdʒ	a good feature which something has, which makes it better than something else	Financial advantages aren't the only reason to do it.
5	46	3	financial	adj	fəˈnænʃəl	relating to money or the management of money	t was a wonderful film, but not exactly a financial success.
5	46	3	holidaymaker	n	ˈhɒlədiˌmeɪkə,	someone who has travelled to a place on holiday	There were thousands of holidaymakers on the beach.
5	46	3	homepage	n	ˈhəʊmpeɪdʒ	the first page of a website, which often contains links to other pages on that website	If you go back to the homepage, you can link to their other product ranges.
5	46	3	reason	n	ˈriːzən	why something happens, or why someone does something	People give different reasons for wanting to change jobs.
5	46	3	long weekend	n	lɒŋ ˌwiːkˈend	a long weekend is Saturday and Sunday, and also Friday or Monday or both	We're going to Paris for a long weekend.
5	46	4	countryside	n	ˈkʌntrisaɪd	land that is outside cities and towns	The house had lovely views over open countryside.
5	46	4	enjoy	v	ɪnˈdʒɔɪ	to get pleasure from something	Sandra enjoys her job in the city.
5	46	4	exercise	v	ˈeksəsaɪz	to do sports or physical activities in order to stay healthy and become stronger	It's important to exercise regularly.
5	46	4	flatmate	n	ˈflætmeɪt	someone who shares a flat with other people	My flatmate is out at the moment.
5	46	4	don't mind	v	dəʊnt maɪnd	if you don't mind doing something, you are willing to do it	I don't mind driving if you are tired.
5	46	4	peaceful	adj	ˈpiːsfəl	quiet and calm without any worry or excitement	It's very peaceful out here in the woods.
5	46	4	pet	n	pet	an animal such as a cat or a dog which you keep and care for at home	We weren't allowed pets at school.
5	46	4	play	n	pleɪ	a story that is written to be performed by actors, especially in a theatre	This is a major theme of Miller's plays.
5	46	4	regularly	adv	ˈregjələli,	often; at the same time each day, week, month etc	I see them pretty regularly.
5	46	4	safe	adj	seɪf	not in danger of being harmed, lost or stolen	She doesn't feel safe in the house on her own.
5	47	4	access	n	ˈækses	the way you enter a building or get to aplace, or how easy this is	Access to the restrooms is through the foyer.
5	47	4	air-conditioning	n	ˈeə kənˌdɪʃənɪŋ	a system that makes the air in a room or building cooler and drier	My new car has air-conditioning.
5	47	4	antique	adj	ˌænˈtiːk	antique furniture, jewellery etc is old and often valuable	He's got a lot of antique furniture.
5	47	4	apartment	n	əˈpɑːtmənt	a set of rooms on one floor of a large building, where someone lives	She lives in a small apartment.
5	47	4	attic	n	ˈætɪk	a space or room just below the roof of a house, often used for storing things	The children's playroom is in the attic.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	47	4	balcony	n	ˈbælkəni	a structure that you can stand on, that is attached to the outside wall of a building, above ground level	Has your flat got a balcony?
5	47	4	basement	n	ˈbeɪsmənt	a room or area in a building that is under the level of the ground	I have a quiet one-bedroom flat in the basement of a house in central London.
5	47	4	blanket	n	ˈblæŋkət,	a cover for a bed, usually made of wool	My grandmother knitted this blanket for me when I was a child.
5	47	4	blind	n	blaɪnd	a covering that can be rolled up and down to cover a window inside a building	The blinds were drawn to protect the new furniture from the sun.
5	47	4	block of flats	n	blɒk əˈflæts	a block of flats or apartment block is a large building divided into separate parts	She lives in that block of flats over there.
5	47	4	bus stop	n	ˈbʌs stɒp	a place at the side of a road, marked with a sign, where buses stop for passengers	She was waiting at the bus stop for ages.
5	47	4	carpet	n	ˈkɑːpət,	(countable) heavy woven material for covering floors or stairs, or a piece of this material	My bedroom carpet is green.
5	47	4	central heating	n	ˌsentrəl ˈhiːtɪŋ	a system of heating buildings in which water or air is heated in one place and then sent around the rest of the building through pipes etc	It's freezing because the central heating isn't working.
5	47	4	chimney	n	ˈtʃɪmni	a vertical pipe that allows smoke from a fire to pass out of a building up into the air	We can't light a fire because the chimney hasn't been swept.
5	47	4	coast	n	kəʊst	the area where the land meets the sea	We drove along the Pacific coast to Seattle.
5	47	4	comfortable	adj	ˈkʌmftəbəl	making you feel physically relaxed, without any pain or without being too hot, cold etc	The bed wasn't particularly comfortable.
5	47	4	around the corner	n	əraʊnd ðə ˈkɔːnə	near	Around the corner you'll find local nightclubs and restaurants serving meals from around the world.
5	47	4	cottage	n	ˈkɒtɪdʒ	a small house in the country	We're staying in a holiday cottage in Dorset.
5	47	4	cultural	adj	ˈkʌltʃərəl	belonging or relating to a particular society and its way of life	There is a very real historical and cultural differences between our two societies.
5	47	4	curtain	n	ˈkɜːtn	piece of hanging cloth that can be pulled across to cover a window, divide a room etc	Ella drew the curtains and switched the light on.
5	47	4	duvet	n	ˈduːveɪ	a large cloth bag filled with feathers or similar material that you use to cover yourself in bed	She pulled the duvet up over her to keep warm.
5	47	4	fan [machine]	n	fæn	a machine with turning blades that is used to cool the air in a room by moving it around	There was a ceiling fan in the room.
5	47	4	feed	v	fiːd	to give food to a person or animal	Have you fed the cat?

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	47	4	floor	n	flɔ:	the flat surface that you stand on inside a building:	The flat has a polished wooden floor.
5	47	4	top floor	n	tɒp flɔ:	highest levels in a building	Our office is on the top floor.
5	47	4	on foot	n	ɒn ˈfʊt	if you go somewhere on foot, you walk there	It takes about 30 minutes on foot, or 10 minutes by car.
5	47	4	furniture	n	ˈfɜːnɪtʃə	large objects such as chairs, tables, beds, and cupboards	I helped him choose the furniture for the house.
5	47	4	gym	n	dʒɪm	a special building or room that has equipment for doing physical exercise	I try and work out at the local gym once a week.
5	47	4	lake	n	leɪk	a large area of water surrounded by land:	They went fishing the lake.
5	47	4	leisure centre	n	ˈleʒə ˌsentə	a place where people can do many different sports activities, exercise classes etc	We can meet at the leisure centre tomorrow afternoon.
5	47	4	luxury	n	ˈlʌkʃəri	very great comfort and pleasure, such as you get from expensive food, beautiful houses, cars etc	He was leading a life of luxury in Australia.
5	47	4	nearby	adj	ˈnɪəbaɪ	not far away	Dan found work on one of the farms nearby.
5	47	4	nightclub	n	ˈnaɪtklʌb	a place where people go to dance and drink, which is open late at night	We often go to nightclubs at the weekend.
5	47	4	opposite	prep	ˈɒpəzət,	one thing or person is opposite another, they are facing each other	The people sitting opposite us looked very familiar.
5	47	4	pool	n	puːl	a place that has been made for people to swim in	They have a nice pool in their backyard.
5	47	4	quiet	adj	ˈkwaɪət	not making much noise, or making no noise at all	We'll have to be quiet so as not to wake the baby.
5	47	4	secure	adj	sɪˈkʊə	a situation that is secure is one that you can depend on because it is not likely to change	There are no secure jobs these days.
5	47	4	security	n	sɪˈkjʊərəti	things that are done to keep a person, building, or country safe from danger or crime	The building has excellent security.
5	47	4	serve	v	sɜːv	to give someone food or drink, especially as part of a meal or in a restaurant, bar etc:	Meals can be served to you in your room.
5	47	4	theatre	n	ˈθɪətə	a building or place with a stage where plays and shows are performed	We saw a great play a the local theatre last week.
5	47	4	train station	n	ˈtreɪn ˌsteɪʃən	a place where trains stop for passengers to get on and off	The train station is in the centre of town.
5	47	4	village	n	ˈvɪlɪdʒ	a very small town in the countryside	He comes form a very small fishing village.
5	47	4	wooden	adj	ˈwʊdn	made of wood	They had wooden blinds.
5	47	7	feather	n	ˈleðə	one of the light soft things that cover a bird's body	The girl found a colourful feather on the ground.
5	47	7	modern	adj	ˈmɒdn	belonging to the present time or most recent time	Such companies must change if they are to compete in the modern world.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
5	47	7	sofa	n	ˈsəʊfə	a comfortable seat with raised arms and a back, that is wide enough for two or three people to sit on	We've just bought a new sofa.
5	48	2	freeze	v	friːz	of a liquid: to be so cold it turns solid; of a person: to feel very cold	We froze when we went out last night.
5	48	2	passing through	v	pɑːsɪŋ θrʊː	to be going or travelling along or through a place	We were just passing through and thought we'd drop in to see you.
5	48	2	skiing	n	ˈskiːɪŋ	the sport of moving down hills, across land in the snow or on water, wearing skis	We're going to go skiing in Colorado this winter.
5	48	2	slope	n	sləʊp	(skiing) an area of steep ground covered with snow that people ski down	We got to Tahoe on Friday, and hit the slopes the next day.
5	48	2	wet	adj	wet	covered in or full of water or another liquid	Take an umbrella or you'll get wet.
5	48	6	enough	determiner	ɪˈnʌf	as many or as much as is needed or wanted	Have I given you enough money?
5	48	8	abroad	adv	əˈbrɔːd	in or to a foreign country	I've never lived abroad before.
5	48	8	miss	v	mis	to not go somewhere or do something, especially when you want to but cannot	She was upset at missing all the excitement.
5	49	1	barbecue	n	ˈbɑːbɪkjuː	a meal or party during which food is cooked over a fire and eaten outdoors	We had a barbecue on the beach.
5	49	1	burger	n	ˈbɜːgə	a flat round piece of finely cut beef, which is cooked and eaten, or one of these served in a bread bun	Do you fancy a burger tonight?
5	49	1	plateful	n	ˈpleɪtfʊl	all the food that is on a plate	He ate a huge plateful of spaghetti.
5	49	1	polar bear	n	ˌpəʊlə ˈbeə	a large white bear that lives near the North Pole	I've only seen polar bears in a zoo.
5	49	1	reindeer	n	ˈreɪndɪə	a large deer with long wide antlers	I ate a plateful of reindeer burgers from a barbecue last month
5	49	1	reminder	n	rɪˈmaɪndə	something that makes you notice, remember, or think about something	Just a quick reminder - don't forget to bring a torch.
5	49	1	rise	n	raɪz	if the sun rises, it appears in the sky	The sun rises early in the summer.
5	49	1	torch	n	tɔːtʃ	a small electric lamp that you carry in your hand	We shone our torches around the cavern.
5	49	1	on the watch	n	ɒn G844ə wɒtʃ	to be looking and waiting for something that might happen or someone you might see	Be on the watch for anything suspicious.
5	49	4	scooter	n	ˈskuːtə	a type of small, less powerful motorcycle with small wheels	Did you use the scooters on the snow?
6	50	2	ability	n	əˈbɪləti,	the state of being able to do something	The health centre serves all patients, regardless of their ability to pay.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	50	2	blog	n	blɒg	a web page containing information or opinions from a particular person or about a particular subject, to which new information is added regularly	Have you read her latest blog?
6	50	2	cable TV	n	ˌkeɪbəl ˈtiː viː	a system of broadcasting television programmes by cable	Have you got cable TV in your home?
6	50	2	cartoon	n	kɑːˈtuːn	a short film that is made by animating drawings	My favrouite cartoon character used to be Donald Duck.
6	50	2	comment	n	ˈkɒment	an opinion that you express about someone or something	She left some amusing comments on my Facebook page.
6	50	2	computerise	v	kəmˈpjuːtəraɪz	to use a computer to control the way something is done, to store information etc	All the information is computerised nowadays.
6	50	2	cousin	n	kʌzən	the child of your uncle or aunt	John is a cousin on my mother's side.
6	50	2	disk	n	dɪsk	a small flat piece of plastic or metal which is used for storing computer or electronic information	We don't use disks anymore to store information.
6	50	2	download	v	ˌdaʊnˈləʊd	to move information or programs from a computer network to a small computer	Many games can be downloaded free from the internet.
6	50	2	in the end	n	ˌɪn ðiːjˈend	after a period of time, or after everything has been done	What did you decide in the end?
6	50	2	explanation	n	ˌeksləˈneɪʃən	the reasons you give for why something happened or why you did something	Can you think of any explanation for this failure?
6	50	2	in fact	n	ɪn fækt	used when you are adding something, especially something surprising, to emphasize what you have just said	I know the mayor really well. In fact, I had dinner with her last week.
6	50	2	at first	n	æt fɜːst	at first is used to talk about the beginning of a situation, especially when it is different now	At first, Gregory was shy and hardly spoke. Now he's really outgoing!
6	50	2	foreign	adj	ˈfɒrən	from or relating to a country that is not your own	I thought she sounded foreign.
6	50	2	in book form	n	ɪn ˈbʊk fɔːm	presented as a printed book, rather than electronically	I rarely read novels in book form any more. I buy them on my e-reader instead.
6	50	2	at least	determiner	æt liːst	not less than a particular number or amount	It will take you at least 20 minutes to get there.
6	50	2	movie	n	ˈmuːvi	a film made to be shown at the cinema or on television	She once played the innocent victim in a horror movie.
6	50	2	review	v	rɪˈvjuː	to examine, consider, and judge a situation or process carefully in order to see if changes are necessary	We will review your situation and decide how we can help you.
6	50	2	skim	v	skɪm	to read something quickly to find the main facts or ideas in it	Julie skimmed the sports page.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	50	2	topic	n	ˈtɒpɪk	a subject that people talk or write about	The environment is a popular topic these days.
6	50	2	unhelpful	adj	ʌnˈhelpfəl	not helping in a situation and sometimes making it worse	The authorities are being particularly unhelpful.
6	50	2	VHS video	n	viː eɪtʃˈes ˈvɪdiəʊ	a plastic box containing special tape for recording video material such as TV programmes	We used to have loads of VHS videos. Now everything is digitally recorded.
6	51	3	complain	v	kəmˈpleɪn	to say that you are annoyed, not satisfied, or unhappy about something or someone	Residents are complaining because traffic in the area has increased.
6	51	3	material [substance]	n	məˈtɪəriəl	the things that are used for making or doing something	Videos often make good teaching material.
6	51	3	speed	n	spiːd	the rate at which something moves or travels	The truck was travelling at a speed of 50 mph.
6	51	3	videotape	n	ˈvɪdiəʊteɪp	special tape for recording video material such as TV programmes	He made a videotape of his trip round Cuba.
6	51	3	vocabulary	n	vəˈkæbjələri,	all the words that someone knows or uses	Teachers were impressed by his vocabulary.
6	51	5	slightly	adv	ˈslaɪtli	a little	He was someone I already knew slightly.
6	51	6	blogging	n	ˈblɒgɪŋ	the activity of making a blog	She's always blogging when she's not working.
6	51	6	boring	adj	ˈbɔːrɪŋ	dull; not interesting in any way	Her husband is about the most boring person I've ever met.
6	51	6	comedy	n	ˈkɒmədi,	entertainment that is intended to make people laugh	I enjoy going to comedy shows.
6	51	6	documentary	n	ˌdɒkjəˈmentəri	a film or a television or radio programme that gives detailed information about a particular subject	A local film crew is making a documentary about volcanoes.
6	51	6	forum	n	ˈfɔːrəm	an online discussion site where people have conversations by posting messages	He often joins internet forums about sport.
6	51	6	humour	n	ˈhjuːmə	the quality in something that makes it funny and makes people laugh	He didn't see the humour of the situation.
6	51	6	be keen on	phrasal v	biː kiːn ɒn	to want to do something or wanting something to happen very much	I wasn't keen on going there on my own.
6	51	6	postage	n	ˈpəʊstɪdʒ	the money charged for sending a letter, package etc by post	How much is the postage for a postcard?
6	52	1	throughout	adv	θruːˈaʊt	during all of a particular period, from the beginning to the end	We are open every weekend throughout the year.
6	52	3	perform	v	pəˈfɔːm	to do something to entertain people, for example by dancing or or playing a piece of music	The children perform two plays each school year.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	52	3	performance	n	pəˈfɔːməns	when someone performs a play or a piece of music	This evening's performance will begin at 8.00 pm.
6	52	3	rewarding	adj	rɪˈwɔːdɪŋ	making you feel happy and satisfied because you feel you are doing something useful or important, even if you do not earn much money	Teaching can be a very rewarding career.
6	52	5	audience	n	ˈɔːdiəns	a group of people who come to watch and listen to someone speaking or performing in public	The audience began clapping and cheering.
6	52	5	complete	v	kəmˈpliːt	to finish doing or making something, especially when it has taken a long time	Students must complete the course.
6	52	5	joke	n	dʒəʊk	something that you say or do to make people laugh, especially a funny story	He told me a very funny joke.
6	52	5	in progress	n	ɪn ˈprəʊgres	in progress means that something is happening now, and isn't finished yet	finished: A lecture was in progress in the main hall.
6	52	7	angry	adj	ˈæŋgri	feeling strong emotions because you think that a person or situation is unfair, unacceptable etc	I was angry because he hadn't told me his plans.
6	52	7	cinema	n	ˈsɪnəmə,	a building in which films are shown	We decided to go to the cinema.
6	52	7	lorry	n	ˈlɒri	a large vehicle for carrying heavy goods	The lorry driver shouted something at me.
6	52	7	penguin	n	ˈpeŋgwən,	a large black and white Antarctic sea bird, which cannot fly but uses its wings for swimming	We saw a lot of penguins at the zoo.
6	53	2	base on	phrasal v	ˈbeɪs ɒn	to use something as the thing from which something else is developed	Their relationship was based upon mutual respect.
6	53	2	basically	adv	ˈbeɪsɪkli	used to emphasize the most important reason or fact about something	Well, basically, it's a matter of filling in a few forms.
6	53	2	broadly	adv	ˈbrɔːdli	in a general way, relating to the main facts rather than details	Broadly speaking we need to make many changes to the plan.
6	53	2	build	v	bɪld	to make something, especially a building or something large	The road took many years to build.
6	53	2	childhood	n	ˈtʃaɪldhʊd	the period of time when you are a child	I had a very happy childhood.
6	53	2	concentrate	v	ˈkɒnsəntreɪt	to think very carefully about something that you are doing	Adrian was finding it difficult to concentrate.
6	53	2	considerably	adv	kənˈsɪdərəbli	much or a lot	Conditions have improved considerably over the past few years.
6	53	2	design	n	dɪˈzaɪn	the process of planning something (especially artwork) to show how you will make it or what it will look like	The new plane is in its final design stage.
6	53	2	draw	v	drɔː	to produce a picture of something using a pencil, pen	I've never been able to draw very well.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	53	2	effort	n	ˈefət	the physical or mental energy that is needed to do something	Frank put a lot of effort into the party.
6	53	2	knock (something) down	phrasal v	ˈnɒk daʊn	to destroy a building or part of a building	They want to knock the house down and rebuild it.
6	53	2	library	n	ˈlaɪbrəri	a room or building containing books that can be looked at or borrowed	They're building a new library at the university.
6	53	2	model	n	ˈmɒdl	a small copy of a building, vehicle, machine etc	They showed us a model of the building.
6	53	2	originally	adv	əˈrɪdʒɪnəli	in the beginning, before other things happened or before things changed	The family originally came from France.
6	53	2	it's a pity	phrase	ɪtsə ˈpɪti	*it's a pity* is used to show that you are disappointed about something and you wish things could happen differently	It’s a pity that he didn’t accept the job.
6	53	2	play around	phrasal v	ˈpleɪj əˌraʊnd	to behave in a silly way or waste time, when you should be doing something more serious	When the teacher wasn’t looking, we used to play about a lot.
6	53	2	pleasure	n	ˈpleʒə	the feeling of happiness, enjoyment, or satisfaction that you get from an experience	She sipped her drink with obvious pleasure.
6	53	2	make (good) progress	n	meɪk (gʊd) ˈprəʊgres	the process of getting better at doing something, or getting closer to finishing or achieving something	He's made good progress this year.
6	53	2	pyramid	n	ˈpɪrəmɪd	a large stone building with four triangular (=three-sided) walls that slope in to a point at the top, especially in Egypt and Central America	Have you seen the ancient pyramids of Egypt?
6	53	2	register	v	ˈredʒəstə	to put someone’s or something’s name on an official list	You should register for extra classes.
6	53	2	revise	v	rɪˈvaɪz	to study facts again, in order to learn them before an examination	She’s revising for her history exam.
6	53	2	simple	adj	ˈsɪmpəl	not difficult or complicated to do or understand	There is no simple answer to this question.
6	53	2	technical	adj	ˈteknɪkəl	connected with knowledge of how machines work	Our staff will be available to give you technical support.
6	53	5	confused	adj	kənˈfjuːzd	unable to understand or think clearly about what someone is saying or what is happening	I’m totally confused. Could you explain that again?
6	53	5	difficulty	n	ˈdɪfɪkəlti	if you have difficulty doing something, it is hard or difficult for you to do	He got to his feet with difficulty.
6	53	5	grade	n	ɡreɪd	a mark that a student is given for their work or for an examination	Tim worked hard and got good grades.
6	54	1	primary school	n	ˈpraɪmeri ˌskuːl	a school for children between 5 and 11 years old	Her children both go to the local primary school.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	54	1	secondary school	n	ˈsekəndəri ˌskuːl	a school for children between the ages of 11 and 16 or 18	There is a new secondary school on the edge of town.
6	54	2	dress sense	n	ˈdres sens	the ability to choose clothes that make you look attractive	Her mother has very good dress sense.
6	54	2	time management	n	taɪm ˈmænɪdʒmənt	the way that people control and organize different situations that happen in their lives or their work	He isn't very good at time management.
6	54	3	career	n	kəˈrɪə	job or profession that you have been trained for, and which you do for a long period of your life	He realized that his acting career was over.
6	54	3	disappear	v	ˌdɪsəˈpɪə	to stop existing	All his problems suddenly disappeared.
6	54	3	lifestyle	n	ˈlaɪfstaɪl	the way a person or group of people live, including the place they live in, the things they own, the kind of job they do, and the activities they enjoy	Regular exercise is part of a healthy lifestyle.
6	54	3	waitress	n	ˈweɪtrəs,	a woman who serves food and drink at the tables in a restaurant	She got a job as waitress at the weekends.
6	54	5	teens	n	tiːnz	the period of life between 13 and 19 years old	She was in her teens when she met him.
6	55	1	develop	v	dɪˈveləp	to grow or change into something bigger, stronger, or more advanced, or to make someone or something do this	These young people have developed into responsible adults.
6	55	1	quality	n	ˈkwɒləti,	something that people may have as part of their character, for example courage or intelligence	He has many good qualities.
6	55	1	teenager	n	ˈtiːneɪdʒə	someone who is between 13 and 19 years old	These films really appeal to teenagers.
6	55	1	value	n	ˈvæljuː	your values are your ideas about what is right and wrong, or what is important in life	We need to develop traditional values in our young people.
6	55	1	youth club	n	juːθ klʌb	a meeting place for young people where they can have drinks, play games etc	Let's meet at the youth club later.
6	55	3	busy	adj	ˈbɪzi	if you are busy, you are working hard and have a lot of things to do	She's busy now – can you phone later?
6	55	3	experience [uncountable]	n	ɪkˈspɪəriəns	knowledge or skill that you gain from doing a job or activity, or the process of doing this	He had no previous experience of managing a farm.
6	55	3	I guess	phrase	aɪ ges	used to say that you think something is true or likely, although you are not sure	His light's on, so I guess he's still up.
6	55	3	kid	n	kɪd	child	She'd always loved animals since she was a little kid.
6	55	3	street dance	n	striːt dɑːns	an informal style of dance which is popular with young people and often takes place in public spaces	The young people love street dance.
6	56	2	birthday	n	ˈbɜːθdeɪ	your birthday is a day that is an exact number of years after the day you were born	My aunt called to wish me a happy birthday.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	56	2	complex	adj	ˈkɒmpleks	consisting of many different parts and often difficult to understand	Peter seemed to have an instant understanding of the most complex issues.
6	56	2	criticise	v	ˈkrɪtəsaɪz	to express your disapproval of someone or something, or to talk about their faults	Ron does nothing but criticize and complain all the time.
6	56	2	department	n	dɪˈpɑːtmənt	one of the groups of people who work together in a particular part of a large organization such as a hospital, university, company, or government	He works in the planning department.
6	56	2	direction	n	dəˈrekʃən	the general way in which someone or something changes or develops	The company is hoping to extend its operations in new directions.
6	56	2	failed	adj	feɪld	a failed actor/writer etc is someone who wanted to be an actor etc but was unsuccessful	Is Kim Yong a failed genius?
6	56	2	genius	n	ˈdʒiːniəs	a very high level of intelligence, mental skill, or ability, which only a few people have	Freud was a genius.
6	56	2	graduate	v	ˈgrædʒueɪt	to obtain a degree, especially a first degree, from a college or university	Kate graduated from medical school last year.
6	56	2	media	n	ˈmiːdiə	television, radio, newspapers and magazines	The scandal was widely reported in the national media.
6	56	2	NASA	N	ˈnæsə	(National Aeronautics and Space Administration) a US government organization that controls space travel and the scientific study of space	He works for NASA now.
6	56	2	PhD	n	ˌpiː eɪtʃ ˈdiː	(Doctor of Philosophy) a university degree of a very high level, which involves doing advanced research	He’s got a PhD in Biochemistry.
6	56	2	solve	v	sɒlv	to find a way of dealing with a problem	Charlie thinks money will solve all his problems.
6	56	2	top	adj	tɒp	best or most successful	She got top marks.
6	56	2	turn (seven)	v	tɜːn (sevən)	to become a particular age, or to reach a particular time	My son’s just turned 18.
6	56	5	background	n	ˈbækgraʊnd	someone’s family, education, previous work etc	Students with a background in chemistry will probably find the course easier.
6	56	5	chess	n	tʃes	a game for two players, who move their playing pieces according to particular rules across a special board to try to trap their opponent’s king (=most important piece)	They meet fairly often to play chess.
6	56	5	game	n	ɡeɪm	an activity or sport in which people compete with each other according to agreed rules	We used to love playing games like chess or backgammon.
6	56	5	grandmaster	n	ˌɡrænd ˈmɑːstə	a chess player of a very high standard	He became an international chess grandmaster.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	56	5	international	adj	ˌɪntəˈnæʃənəl	relating to or involving more than one nation	I work for a very international company - we have offices all over the world!
6	56	6	achieve	v	əˈtʃiːv	to succeed in getting a good result or in doing something you want	Wilson has achieved great success as an artist.
6	56	6	admire	v	ədˈmaɪə	to respect and like someone because they have done something that you think is good	I really admire the way she brings up those kids all on her own.
6	57	1	escape	n	ɪˈskeɪp	to leave a place when someone is trying to catch you or stop you, or when there is a dangerous situation	He broke down the locked door and escaped.
6	57	1	lucky	adj	ˈlʌki	having good luck	We've been very lucky with the weather.
6	57	2	death	n	deθ	the end of the life of a person or animal	The death of his mother came as a tremendous shock.
6	57	2	tell off	phrasal v	ˈtel ɒf	if someone in authority tells you off, they speak to you angrily about something wrong that you have done	Shelley was one of those kids who was always getting told off at school.
6	57	3	bell	n	bel	a piece of electrical equipment that makes a ringing sound, used as a signal or to get someone's attention	She walked up the path and rang the door bell.
6	57	3	calm	adj	kɑːm	relaxed and quiet, not angry, nervous, or upset	Sally tried to stay calm and just ignore him.
6	57	3	care	v	keə	to think that something is important, so that you are interested in it, worried about it etc	I don't care what you say.
6	57	3	fail	v	feɪl	to not succeed in achieving something	It looks likely that the peace talks will fail.
6	57	3	matter	v	mætə	to be important, especially to be important to you, or to have an effect on what happens	It doesn't matter what you wear, as long as you look neat and tidy.
6	57	3	president	n	ˈprezədənt	the official leader of a country that does not have a king or queen	That's the President of France.
6	57	3	warn	v	wɔːn	to tell someone that something bad or dangerous may happen, so that they can avoid it or prevent it	I warned you not to walk home alone.
6	57	5	cliff	n	klɪf	a large area of rock or a mountain with a very steep side, often at the edge of the sea or a river	They were standing on top of the cliffs.
6	57	5	climb	v	klaɪm	to move up, down, or across something using your feet and hands, especially when this is difficult to do	Harry climbed the stairs.
6	57	5	panic	v	ˈpænɪk	to suddenly feel so frightened that you cannot think clearly or behave sensibly	He started to panic when he saw the gun.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
6	57	5	rock	n	rɒk	the hard substance that forms the main surface of the Earth	Most of the country is desert and bare rock.
6	57	5	step	n	step	a flat narrow piece of wood or stone, especially one in a series, that you put your foot on when you are going up or down, especially outside a building	He climbed the wooden steps and rang the bell.
6	57	5	suddenly	adv	ˈsʌdnli	quickly and unexpectedly	I suddenly realized that there was someone following me.
6	57	5	surfer	n	ˈsɜːfə	someone who rides on waves while standing on a special board	All the surfers were enjoying the huge waves.
6	57	5	surfing	n	ˈsɜːfɪŋ	the activity or sport of riding over the waves on a special board	When we were in Hawaii, we went surfing every day.
6	57	5	wave	n	weɪv	a line of raised water that moves across the surface of the sea	Dee watched the waves breaking on the shore.
7	60	2	towel	n	ˈtaʊəl	a piece of cloth that you use for drying your skin or for drying things such as dishes	She dried her hands on the kitchen towel.
7	60	4	cool	v	kuːl	to make something slightly colder, or to become slightly colder	The air conditioning doesn't seem to be cooling the room much.
7	60	4	cruise ship	n	ˈkruːz ʃɪp	a large ship with restaurants, bars etc that people have holidays on	The cruise ship we were on was more like a floating city than a ship.
7	60	4	dangerous	adj	ˈdeɪndʒərəs	able or likely to harm or kill you	Some of these prisoners are extremely dangerous.
7	60	4	efficiently	adv	ɪˈfɪʃəntli	well, without wasting time, money, or energy	The showers on the ship work very efficiently.
7	60	4	environmentally	adv	ɪnˌvaɪrənˈmentli	concerning or affecting the air, land, or water on Earth	Companies need to be responsible environmentally these days.
7	61	4	water	v	ˈwɔːtə	to pour water on plants or the ground they are growing in	The garden needs watering daily.
7	61	5	advice	n	ədˈvaɪs	an opinion you give someone about what they should do	He gave me some good advice.
7	61	5	caviar	n	ˈkæviɑː	the preserved eggs of various large fish, eaten as a special very expensive food	They ate caviar at the reception party.
7	61	5	chef	n	ʃef	a skilled cook, especially in a hotel or restaurant	Hans is head chef in that new restaurant.
7	61	5	comfort	n	ˈkʌmfət	a feeling of being physically relaxed and satisfied	
7	61	5	expert	adj	ˈekspɜːt	someone who has a special skill or special knowledge of a subject	He's a world expert on marine mammals.
7	61	5	litre	n	ˈliːtə	the basic unit for measuring liquid in the metric system	They had ten litres of water in the car.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
7	61	5	metre	n	ˈmiːtə	the basic unit for measuring length in the metric system	The room is ten metres long.
7	61	5	midnight	n	ˈmɪdnaɪt	12 o'clock at night	The train is due in at midnight.
7	61	5	rock artist	n	ˈrɒk ɑːtɪst	a rock artist is someone who is famous for playing a types of popular modern music with a strong loud beat using guitars and drums	Choose from concerts by top rock artists.
7	61	5	scuba diving	n	ˈskuːbə ˌdaɪvɪŋ	the sport of swimming under water while breathing through a tube that is connected to a container of air on your back	We like to go scuba diving when we are on holiday.
7	61	5	toast	n	təʊst	bread that has been heated so that it is brown on both sides and no longer soft	I had a piece of toast for breakfast.
7	61	6	kilogramme	n	ˈkɪləgræm	a unit for measuring weight, equal to 1,000 grams	The suitcase weighs 15 kilogrammes.
7	61	6	kilometre	n	ˈkɪləˌmiːtə,	a unit for measuring distance, equal to 1,000 metres	The town is 100 kilomteres away from the capital city.
7	61	6	measurement	n	ˈmeʒəmənt	the length, height etc of something	Take measurements of the room before you buy any new furniture.
7	61	6	smoke	n	sməʊk	white, grey, or black gas that is produced by something burning	Smoke from burning fields drifted across nearby roads.
7	61	6	steam	n	stiːm	hot mist, for example that water produces when it is boiled	Steam rose from the hot tub.
7	61	6	unit	n	ˈjuːnət,	an amount of something used as a standard of measurement	The watt is a unit of electrical power.
7	61	9	view	n	vjuː	the whole area that you can see from somewhere, especially when it is very beautiful or impressive	From the top you get a panoramic view of the city.
7	62	1	degree	n	dɪˈgriː	a unit for measuring temperature. It can be shown as a symbol after a number. For example, 70º means 70 degrees	The temperature dropped to five degrees Centigrade.
7	62	1	heavy rain	adj	ˈhevi ˈreɪn	a lot of water falling	There was heavy rain all week so we stayed inside most days.
7	62	1	high temperature	adj	haɪ ˈtemprətʃə,	If something has a high temperature, it is hot	I had a high temperature so I went to the doctor.
7	62	1	ice	n	aɪs	water that has frozen into a solid state	Would you like some ice in your drink?
7	62	1	lightning	n	ˈlaɪtnɪŋ	powerful flash of light in the sky caused by electricity and usually followed by thunder	Two farmworkers were struck by lightning.
7	62	1	low temperature	adj	ləʊ ˈtemprətʃə,	if something has a low temperature, it is cold	The temperature is much colder this week than it has been all winter.
7	62	1	snowfall	n	ˈsnəʊfɔːl	when snow falls, or the amount that falls	Heavy snowfalls are forecast.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
7	62	1	storm	n	stɔːm	a period of very bad weather when there is a lot of rain or snow, strong winds, and often lightning:	The weather forecast is for severe storms tonight.
7	62	1	sunny	adj	ˈsʌni	full of light from the sun	I hope it's sunny tomorrow.
7	62	1	sunshine	n	ˈsʌnʃaɪn	the light and heat that come from the sun	We had three days of spring sunshine.
7	62	1	temperature	n	ˈtemprətʃə,	a measure of how hot or cold a place or thing is	The temperature of the water was just right for swimming.
7	62	1	windy	adj	ˈwɪndi	if it is windy, there is a lot of wind	It's too windy for a picnic.
7	62	4	blow	v	bləʊ	if the wind or a current of air blows, it moves	A cold wind was blowing hard.
7	62	4	centigrade	n	ˈsentəgreɪd	a scale for measuring temperature	It's 10 degrees centigrade today.
7	62	4	clear	v	klɪə	if the weather, sky, mist etc clears, it becomes better and there is more sun	The haze usually clears by lunchtime.
7	62	4	cool	adj	kuːl	low in temperature, but not cold, often in a way that feels pleasant	She swam out into the cool water.
7	62	4	fog	n	fɒg	cloudy air near the ground which is difficult to see through	We got lost in the thick fog.
7	62	4	frost	n	frɒst	very cold weather, when water freezes	The grass and trees were white with frost.
7	62	4	gale	n	geɪl	a very strong wind	It was blowing a gale outside.
7	62	4	garden	n	ˈgɑːdn	the area of land next to a house, where there are flowers, grass, etc	He's outside in the garden.
7	62	4	lunchtime	n	ˈlʌntʃtaɪm	the time in the middle of the day when people usually eat their lunch	Some people prefer to eat their main meal at lunchtime.
7	62	4	shower	n	ˈʃaʊə	(weather) a short period of rain	Let's wait for the rain to stop - hopefully it's just a shower.
7	62	4	thunderstorm	n	ˈθʌndəstɔːm	a storm with thunder and lightning	They sheltered in their tents during the thunderstorm.
7	62	5	social activity	n	ˈsəʊʃəl ækˈtɪvəti,	activity where you talk to other people and do things with them for enjoyment. Common terms include 'social life', 'social event'.	The social life at college is brilliant!
7	63	1	race	n	reɪs	a competition in which people or animals compete to run, drive etc fastest and finish first	He will be the youngest runner in the race.
7	63	2	swimming costume	n	ˈswɪmɪŋ ˌkɒstjʊm	a piece of clothing worn by women for swimming	Have you bought a new swimming costume for your holiday?
7	63	2	T-shirt	n	ˈtiːʃɜːt	a soft shirt with short sleeves and no collar	She was wearing jeans and a T-shirt.
7	63	5	energy bar	n	ˈenədʒi bɑː	a rectangular shaped snack designed to give you energy quickly	I like to have those energy bars when I'm feeling tired.
7	63	5	ski gloves	n	ˈskiː glʌvz	clothing that you wear on your hands to keep them warm while you are skiing	Have you packed your ski gloves?

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
7	63	5	snow shoes	n	ˈsnəʊʃuː	special wide flat frames that you attach to your shoes so that you can walk on deep snow	They needed snow shoes to walk across the fields.
7	63	5	sunglasses	n	ˈsʌnˌglɑːsəz,	dark glasses that you wear to protect your eyes when the sun is very bright	He always wears his sunglasses, even at night.
7	63	5	woolly	n	ˈwʊli	made of or feeling like wool	He was wearing a woolly hat.
7	63	6	marathon	n	ˈmærəθən	a long running race of about 26 miles or 42 kilometres	Garcia ran the marathon in just under four hours.
7	63	7	physical	adj	ˈfɪzɪkəl	related to someone's body rather than their mind or emotions	He was obsessed with physical fitness.
7	63	7	rescue	v	ˈreskjuː	to save someone or something from a situation of danger or harm	Survivors of the crash were rescued by helicopter.
7	64	2	brochure	n	ˈbrəʊʃə	a thin book giving information or advertising something	I got a brochure for a new adventure travel company in the post this morning.
7	64	2	hydrotherapy	n	haɪdrəʊˈθɛrəpɪ	the use of water to treat certain diseases, for example with exercises in a pool	One of our most popular facilities is the Hydrotherapy Bath.
7	64	2	be located	v	biː ləʊˈkeɪtɪd	to be in a particular position or place	The business is located right in the centre of town.
7	64	2	mineral water	n	ˈmɪnərəl ˌwɔːtə	water that comes from under the ground and contains a lot of minerals - often sold as drinking water	We bathed in the pool of mineral water.
7	64	2	get results	n	gɛt rɪˈzʌltz	achieve a lot	With our new 30-minute workout, you'll get amazing results, guaranteed!
7	64	2	result	n	rɪˈzʌlt	something that happens because of something else	High unemployment is a direct result of the recession.
7	64	2	spa	n	spɑː	a place where the water has special minerals in it, and where people go to improve their health by drinking the water or swimming in it	Bath is a historic spa town.
7	64	6	attract	v	əˈtrækt	to make someone interested in something, or make them want to take part in something	The story attracted a lot of interest from the media.
7	64	6	be familiar with	adj	biː fəˈmɪliə wɪθ	someone or something that you are familiar with is well-known to you and easy to recognize	I'm familiar with the main systems I'd need in the new job.
7	64	6	be fond of	adj	biː 'fɒnd əv	to like something or someone very much	Over the years we've grown very fond of each other.
7	65	3	accommodation	n	əˌkɒməˈdeɪʃən	a place for someone to stay, live, or work	The price for the holiday includes flights and accommodation.
7	65	3	additional	adj	əˈdɪʃənəl	more than what was agreed or expected	An additional charge is made on baggage exceeding the weight allowance.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
7	65	3	award-winning	n	əˈwɔːd ˈwɪnɪŋ	if something is award-winning, it has won something such as a prize or money	We went to an award-winning restaurant.
7	65	3	bathhouse	n	ˈbɑːθˌhaʊs	(old fashioned) a building with facilities for bathing	The Romans had their bathhouses.
7	65	3	blood	n	blʌd	the red liquid that your heart pumps around your body	Blood oozed from a cut on his forehead.
7	65	3	century	n	ˈsentʃəri	period of 100 years	The church was built in the 13th century.
7	65	3	cover	v	ˈkʌvə	if something covers a surface, it forms a layer over it	Snow covered the ground.
7	65	3	float	v	ˈfləʊt	to stay on the surface of a liquid without sinking	I spotted a fly floating in my drink.
7	65	3	flow	n	fləʊ	a smooth steady movement of liquid, gas, or electricity	He struggled to swim against the flow of the water.
7	65	3	forest	n	ˈfɒrəst	a large area of land that is covered with trees	Much of Scandinavia is covered in dense forest.
7	65	3	improve	v	ɪmˈpruːv	to make something better, or to become better	You could use the money for improving your home.
7	65	3	mind	n	maɪnd	your thoughts or your ability to think, feel, and imagine things	Meditation involves focusing the mind on a single object or word.
7	65	3	prevent	v	prɪˈvent	to stop something from happening, or stop someone from doing something	The rules are intended to prevent accidents.
7	65	3	relaxation	n	ˌriːlækˈseɪʃən	a way of resting and enjoying yourself	I play the piano for relaxation.
7	65	3	on request	n	ɒn rɪˈkwest	if you ask (a polite or formal)	Further details will be sent on request.
7	65	3	session	n	ˈseʃən	a period of time used for a particular activity, especially by a group of people	However, three 30-minute sessions are recommended for the full benefits to be felt.
7	65	3	shoot out of	v	ʃuːt aʊt əv	to move quickly from something in a particular direction	Water shoots out of the bottom and sides of the bath to help you to feel relaxed.
7	65	3	sick	adj	sɪk	suffering from a disease or illness	Maria can't come in today because she's sick.
7	65	3	skin	n	skɪn	the natural outer layer of a person's or animal's body	She had thick black hair and smooth dark skin.
7	65	3	stress	n	stres	a feeling of worry that prevents you from relaxing	I've been under a lot of stress lately.
7	66	2	essential	adj	ɪˈsenʃəl	extremely important and necessary	A good diet is essential for everyone.
7	66	2	fisherman	n	ˈfɪʃəmən	someone who catches fish as a sport or as a job	They watched the fishermen go out to sea early in the morning.
7	66	2	season	n	ˈsiːzən	period into which a year is divided, with a particular type of weather. The seasons are spring, summer, autumn, and winter	My favourite season is spring.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
7	66	2	skilled	adj	skɪld	having the training and experience that is needed to do something well	The company is fortunate to have such highly skilled workers.
7	66	3	traditionally	adv	trəˈdɪʃənəli	being part of the traditions of a country or group of people	More women are entering traditionally male jobs.
7	66	6	water meter	n	wɔːtə ˌmiːtə	a piece of equipment that measures how much water is used in a building	The water meter helped us to see how much water we were saving.
7	67	2	accurate	n	ˈækjərət	correct and true in every detail	The brochure tries to give a fair and accurate description of each hotel.
7	67	3	shampoo	v	ʃæmˈpuː	to wash something (usually your hair) with a special soap	She showered and shampooed her short dark hair.
7	67	3	wasteful	adj	ˈweɪstfəl	using more of something than you should, especially money, time, or effort	The software is very wasteful of memory.
8	68	2	ballet dancer	n	ˈbæleɪ ˌdɑːnsə	someone who dances ballet	Margot Fonteyn was a famous British ballet dancer.
8	68	2	celebrity	n	səˈlebrəti	a famous living person	They invited a local celebrity to open the show.
8	68	2	chat show	n	ˈtʃæt ʃəʊ	a television or radio show on which people talk about themselves in reply to questions	Did you see Johnny Depp on that chat show last night?
8	68	2	television commercial	n	teləˈvɪʒən kəˈmɜːʃəl	a television commercial is an advertisement on television	I find the television commercials really annoying when I'm watching a film.
8	68	2	magazine cover	n	mægəˈziːn ˈkʌvə	a magazine cover is the outer front or back part of the magazine	Instead, they might be posing for magazine covers.
8	68	2	designer clothes	adj	dɪˈzeɪnə kləʊðz	clothes made by a well-known and fashionable designer	She always wears designer clothes.
8	68	2	disappointed	adj	ˌdɪsəˈpɔɪntəd	unhappy because something you hoped for did not happen, or because someone or something was not as good as you expected	Local residents were disappointed with the decision.
8	68	2	engineering	n	ˌendʒəˈnɪərɪŋ	the work involved in designing and building roads, bridges, machines etc	He wants a career in engineering.
8	68	2	film studio	n	ˈfɪlm ˌstjuːdiəʊ	special building where films are made	They're in the film studio now, shooting the new Pirates movie.
8	68	2	healthcare	n	helθkeə	the service that is responsible for looking after the health of all the people in a country or an area	There are many different career paths available in the healthcare industry.
8	68	2	industry	n	ˈɪndəstri	businesses that produce a particular type of thing or provide a particular service	There will always be local jobs in the healthcare industry.
8	68	2	pose	v	pəʊz	to sit or stand in a particular position in order to be photographed or painted	We posed for photographs.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	68	2	reality TV	n	riˈæləti tiːˈvi	television programmes that feature real people doing real things, filmed continuously over a period of weeks or months	She's always wanted to take part in a reality TV show.
8	68	2	record	v	rɪˈkɔːd	to store music, sound, etc so that people can listen to them or watch them again	The group has just recorded a new album.
8	68	2	show business	n	ˈʃəʊ ˌbɪznəs	the entertainment industry, for example television, films, popular theatre etc	So why is show business so attractive?
8	68	2	soap opera	n	ˈsəʊp ˌɒpərə	a regular television or radio story about the daily lives and relationships of the same group of people	Coronation Street is the longest-running soap opera on British television.
8	68	2	stadium concert	n	ˈsteɪdiəm ˈkɒnsət	very large music event where a band plays to an audience filling a football or olympic stadium	U2 are doing a stadium concert in London next week.
8	68	2	stage actor	n	ˈsteɪdʒ æktə	someone who acts in a theatre	He is a well-known stage actor.
8	68	2	star in	v	stɑː ɪn	if someone stars in a film, television show etc, they are one of the main characters in it	Clint Eastwood starred in 'The Good, the Bad, and the Ugly'.
8	68	2	survey	n	ˈsɜːveɪ	a set of questions that you ask a large number of people in order to find out about their opinions or behaviour	We conducted a survey of parents in the village.
8	68	2	unfortunately	adv	ʌnˈfɔːtʃənətli	used when you are mentioning a fact that you wish was not true	Unfortunately, you were out when we called.
8	69	3	editor	n	ˈedətə	the person who decides what should be included in a newspaper, magazine etc	He's the editor of the Sunday Times.
8	69	3	slim	adj	slɪm	someone who is slim is attractively thin	She's a slim young woman.
8	69	5	in the background	n	ɪn ðə ˈbækgraʊnd	in the area that is behind the main thing that you are looking at, especially in a picture	In the background you can just see my grandparents.
8	69	5	on the right-hand side	adj	ɒn ðə ˌraɪt ˈhænd saɪd	on the right side of something	There is a map on the right-hand side of the page.
8	69	5	surrounding	adj	səˈraʊndɪŋ	all around a particular place	We decided to explore the surrounding countryside.
8	69	8	actually	adv	ˈæktʃuəli	used to add new information to what you have just said, to give your opinion, or to start a new conversation	I've known Barbara for years. Since we were babies, actually.
8	69	8	romantic	adj	rəʊˈmæntɪk	a romantic story or film is about love	She enjoys romantic comedies.
8	70	2	brand	n	brænd	a product that a particular company makes	What brand of detergent do you use?
8	70	2	depressing	adj	dɪˈpresɪŋ	making you feel very sad	The whole experience was very depressing.
8	70	2	encouraged	adj	ɪnˈkʌrɪdʒd	getting the courage or confidence to do something (from something or someone else)	She felt encouraged by the amount of support.
8	70	2	fascinated	adj	ˈfæsəneɪtəd	extremely interested by something or someone	I was fascinated by her voice.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	70	2	frightening	adj	ˈfraɪtn-ɪŋ	making you feel afraid or nervous	Going into hospital can be very frightening for a child.
8	70	2	interesting	adj	ˈɪntrəstɪŋ	if something is interesting, you give it your attention because it seems unusual or exciting or provides information that you did not know about	That's an interesting question.
8	70	2	surprised	adj	səˈpraɪzd	having a feeling of surprise because something unusual or unexpected has happened	He looked surprised to see Cassie standing by the front door.
8	71	7	confidence	n	kɒnfədəns	belief in your ability to do things well or be liked by people	I had practiced so much I had confidence that I'd perform well on the day.
8	71	7	unexpected	adj	ˌʌnɪkˈspektəd	used to describe something that is surprising because you did not think it would happen	The experiment produced some unexpected results.
8	71	10	successful	adj	səkˈsesfəl	achieving what you wanted, or having the effect or result you intended	The operation was successful.
8	71	11	debate	n	dɪˈbeɪt	discussion of a particular subject that often continues for a long time and in which people express different opinions	The new drug has become the subject of heated debate within the medical profession.
8	72	1	fame	n	feɪm	the state of being known about by a lot of people because of your achievements	He claims he's not really interested in fame.
8	72	2	in the public eye	adj	ɪn ðə ˈpʌblɪk aɪ	seen a lot on television, written about in newspapers etc	It is a job that brings him constantly into the public eye.
8	72	3	avoid	v	əˈvɔɪd	to prevent something bad from happening	It's importance to take measure to avoid the risk of fire.
8	72	3	smooth	adj	smuːð	happening or operating successfully, without any problems	He is a smooth actor.
8	72	5	hairdresser	n	ˈheəˌdresə	a person who cuts, washes, and arranges people’s hair in particular styles	Her daughter's a really good hair dresser.
8	72	5	monkey	n	ˈmʌŋki	a small brown animal with a long tail, which uses its hands to climb trees and lives in hot countries	He wanted to have a monkey as a pet.
8	73	1	prize	n	praɪz	something that is given to someone who is successful in a competition, race, game of chance etc	The first prize has gone to Dr John Gentle.
8	73	1	producer	n	prəˈdjuːsə	someone whose job is to control the preparation of a play, film, record etc	He's a famous Hollywood producer.
8	73	1	select	v	səˈlekt	to choose something or someone by thinking carefully about which is the best, most suitable etc	He had hopes of being selected for the national team.
8	73	4	discount	n	ˈdɪskaʊnt	a reduction in the usual price of something	Members get a 15% discount.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	73	4	screen	n	skriːn	the part of a television or computer where the picture or information appears	Her picture appeared on the screen.
8	74	2	personal assistant	n	ˌpɜːsənəl ˈəsɪstənt	someone who works for one person and helps them do their job	She's the producer's personal assistant.
8	74	6	audition	n	ɔːˈdɪʃən	a short recording by an actor, singer etc. to test whether he or she is good enough to perform in a play, concert, etc.	Before she became famous she had been to thousands of auditions.
8	74	8	director	n	dəˈrektə	the person who gives instructions to the actors and other people working on a film or play	The director won an Oscar.
8	75	3	bottom	n	ˈbɒtəm	the lowest part of something	I knew there was a town at the bottom of the mountain.
8	75	3	brave	adj	breɪv	dealing with danger, pain, or difficult situations with courage and confidence	It was brave of you to speak in front of all those people.
8	75	3	crew	n	kruː	a group of people working together with special skills	A TV film crew was following around all day.
8	75	3	die	v	daɪ	to stop living and become dead	He died in 1985 at the age of 76.
8	75	3	presenter	n	prɪˈzentə	someone who introduces the different parts of a television or radio show	Chris Evans is a famous radio presenter in the UK.
8	75	3	set off	phrasal v	ˈset ɒf	to leave and start going somewhere	I'll set off early to avoid the traffic.
8	75	6	set the scene	n	ˌset ðə ˈsiːn	if you set the scene you provide the conditions in which any event can happen	Before we watched part of the film, the writer set the scene for us.
8	76	1	alternative	n	ɔːlˈtɜːnətɪv	something you can choose to do or use instead of something else	I had no alternative but to report him to the police.
8	76	1	hardly	adv	ˈhɑːdli	almost not	The children were so excited they could hardly speak.
8	76	1	tap water	n	ˈtæp ˌwɔːtə	water that comes out of a tap rather than a bottle	Make sure you boil the tap water before you drink it.
8	76	3	alarm	n	əˈlɑːm	a noise that warns people of danger or tells you it's a particular time; or the machine that makes the noise	My flight leaves early tomorrow so I've set my alarm for 4.30am.
8	77	5	heart attack	n	ˈhɑːt əˌtæk	a sudden serious medical condition in which someone’s heart stops working normally	He suffered a heart attack while performing on stage.
8	77	5	infection	n	ɪnˈfekʃən	a disease that affects a particular part of your body and is caused by bacteria or a virus	The baby had an ear infection.
8	77	6	autobiography	n	ˌɔːtəbaɪˈɒgrəfi	a book in which someone writes about their own life, or books of this type	He wrote his autobiography last year.
8	77	7	plastic surgery	n	ˌplæstɪk ˈsɜːdʒəri	the medical practice of changing the appearance of people’s faces or bodies, either to improve their appearance or to repair injuries	Do you think she's had plastic surgery?

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
8	77	9	incredible	adj	ɪnˈkredəbəl	extremely good, large, or great	The view is just incredible.
8	77	9	luxurious	adj	lʌgˈzjʊəriəs	very expensive, beautiful, and comfortable	The room was very luxurious.
9	78	1	intelligent	adj	ɪnˈteləʤənt	with a high level of mental ability, good at understanding ideas and thinking clearly	He's a very intelligent person.
9	78	2	space ship	n	ˈspeɪsˌʃɪp	a vehicle for carrying people through space	The space ship will return to Earth next week.
9	78	2	square	adj	skweə	having four straight equal sides and 90° angles at the corners	The kitchen is a large square room.
9	79	8	awake	adj	əˈweɪk	not sleeping	I hope he's awake now.
9	79	8	embarrassing	adj	ɪmˈbærəsɪŋ	making you feel ashamed, nervous, or uncomfortable	She asked a lot of embarrassing questions.
9	79	8	hopefully	adv	ˈhəʊpfəli	used when you're saying what you hope will happen	Hopefully, I'll be back home by ten o'clock.
9	79	8	produce	v	prəˈdjuːs	to make something to be bought, used, or enjoyed by people	How did you manage to produce a meal so quickly?
9	80	2	landscape	n	ˈlændskeɪp	a picture showing an area of countryside or land	He wanted to do landscape photography.
9	80	2	standard	adj	ˈstændəd	accepted as normal or usual	We paid them a standard rate.
9	81	2	beginner	n	bɪˈgɪnə	someone who has just started to do or learn something	This is a course for beginners.
9	81	2	considerable	adj	kənˈsɪdərəbəl	fairly large, especially large enough to have an effect or be important	We've saved a considerable amount of money.
9	81	2	content	adj	kənˈtent	happy and satisfied	We'll be content with a draw in tomorrow's match.
9	81	2	digital	adj	ˈdɪdʒətl	using a system in which information is recorded or sent out electronically in the form of numbers	All equipment seems to be digital these days.
9	81	2	edit	v	ˈedət	to prepare a book, piece of film etc for printing or broadcasting by removing mistakes or parts that are not acceptable	You'll learn how to use digital technology to edit your photos.
9	81	2	outdoor	adj	aʊtˈdɔː	existing, happening, or used outside, not inside a building	We often visit the outdoor market.
9	81	2	professional	adj	prəˈfeʃənəl	relating to a job that needs special education and training	What professional qualifications does he have?
9	81	2	request	v	rɪˈkwest	to ask for something in a polite or formal way	You have to request permission if you want to take any photographs.
9	81	2	venue	n	ˈvenjuː	a place where an organized meeting, concert etc takes place	The first thing to do is book a venue.
9	81	4	certificate	n	səˈtɪfɪkət	an official paper stating that you have completed a course of study or passed an examination	At the end of the course you will get a certificate.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
9	81	6	anyway	adv	ˈeniweɪ	used when you are changing the subject of a conversation or returning to a previous subject	Anyway, I can't believe I won the prize.
9	82	4	aim	n	eɪm	something you hope to achieve by doing something	The aim of the research is to find new food sources.
9	82	4	artwork	n	ˈɑːtwɜːk	drawings and photographs that are specially prepared to be in a book, magazine, game etc	He produced some amazing artwork for the project.
9	82	4	gamer	n	ˈgeɪmə	someone who plays computer games	All his friends are gamers.
9	83	1	realistic	adl	rɪəˈlɪstɪk	realistic pictures or stories show things as they are in real life	The computer-generated people are very realistic.
9	83	2	characteristic	n	ˌkærəktəˈrɪstɪk	a quality or feature of something or someone that is typical of them and easy to recognize	Violent images are a defining characteristic of his work.
9	83	2	compete	v	kəmˈpiːt	to take part in a competition or sports event	How many runners will be competing in the marathon?
9	83	2	create	v	kriˈeɪt	to make something exist that did not exist before	He's created some wonderful characters.
9	83	2	enjoyable	adj	ɪnˈdʒɔɪəbəl	something enjoyable gives you pleasure	Games can make learning more enjoyable.
9	83	2	everyday	adj	ˈevrideɪ	ordinary, usual, or happening every day	Describe it in ordinary everyday language.
9	83	4	helicopter	n	ˈheləkɒptə	a type of aircraft with large metal blades on top which turn around very quickly to make it fly	The helicopter was launched to rescue the swimmers who were in trouble.
9	83	4	theory	n	ˈθɪəri	an idea or set of ideas that is intended to explain something about life or the world	There are many theories about why the dinosours became extinct.
9	83	5	CFC gases	n	ˌsiː ef ˈsiː gæsɪs	(chlorofluorocarbon) a gas used in fridges and aerosol cans, believed to be responsible for damaging the ozone layer	CFC gases have done a lot of of damage to the environment.
9	83	5	Chief Executive	n	ˌtʃiːf ɪgˈzekjətɪv	the person with the most authority in a large company	The company has been extremely successful since the new Chief Executive started.
9	83	5	lead	n	led	a soft heavy grey metal that melts easily and is poisonous, used to cover roofs, or in the past, for water pipes. It is a chemical element: symbol Pb	The factory has been leaking lead into the river for years.
9	83	5	Nobel prize	n	nəʊˈbel ˌpraɪz	one of the prizes established by Alfred Nobel, given each year to people who have done important work in physics, chemistry, economics, literature, or peace	He won the Nobel prize for literature last year.
9	83	5	petrol	n	ˈpetrəl	a liquid obtained from petroleum that is used to supply power to the engine of cars and other vehicles	The petrol tank is leaking.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
9	83	5	radioactivity	n	ˌreɪdiəʊækˈtɪvəti	the sending out of radiation (=a form of energy) when the nucleus (=central part) of an atom has broken apart	They found high levels of radioactivity in the ground.
9	84	3	problem-solving	adj	ˈprɒbləm sɒlvɪŋ	when you find ways of doing things, or answers to problems	We need to find people with good problem-solving skills.
9	84	5	disagree	v	ˌdɪsəˈgriː	to have or express a different opinion from someone else	Experts disagree on how much the program will cost.
9	84	5	impossible	adj	ɪmˈpɒsəbəl	something that is impossible cannot happen or be done	It's impossible to be accurate about these things.
9	84	5	irregular	adj	ɪˈregjələ	not happening at times that are an equal distance from each other	I have to work irregular hours.
9	84	5	rebuild	v	riːˈbɪld	to build something again, after it has been damaged or destroyed	The church was completely rebuilt in the last century.
9	84	5	self-confident	adj	ˌself ˈkɒnfədənt	sure that you can do things well, that people like you etc	He's been much more self-confident since he got that new job.
9	84	5	uninteresting	adj	ʌnˈɪntrəstɪŋ	not interesting	People sometimes think my job's uninteresting.
9	84	6	impatient	adj	ɪmˈpeɪʃənt	not able to wait calmly for a long time; not able to accept difficulties, people's annoying behaviour etc without becoming angry	My friend Sarah is so impatient she leaves if I'm 5 minutes late!
9	84	6	unemployment	n	ʌnɪmˈplɔɪmənt	when someone does not have a job or the number of people who do not have jobs	Unemployment has been very high since the beginning of the year.
9	85	1	memory	n	ˈmeməri	something that you remember from the past about a person, place, or experience	He has lots of happy memories of his stay in Japan.
9	85	4	album	n	ˈælbəm	group of songs or pieces of music on a CD, record etc	The band plan to release their new album next week.
9	85	4	fan [person]	n	fæn	someone who likes a particular sport, performer, art form etc very much	He's a big fan of Elvis Presley.
9	85	4	previous	adj	ˈpriːviəs	before the event, time, or thing that you are talking about now	I've met him before on two previous occasions.
9	85	7	worth	adj	wɜːθ	be worth doing is used to say that something is interesting, useful, or helpful	lot of the small towns in the area are definitely worth visiting.
10	86	1	auction	n	ˈɔːkʃən	where land, buildings, paintings etc are sold to the person who offers the most money for them	The house was sold at auction.
10	86	1	charity	n	ˈtʃærəti	an organization that gives money, goods, or help to people who are poor, sick etc	Several charities sent aid to the flood victims.
10	86	1	object	n	ˈɒbdʒɪkt	a solid thing that you can hold, touch, or see but that is not alive	What objects are valuable to you?

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
10	86	2	flight	n	flaɪt	[countable] a journey in a plane, or the plane that is making the journey	He immediately booked a flight to Toulouse.
10	86	2	poster	n	ˈpəʊstə	a large printed notice, picture, or photograph, used to advertise something or as a decoration	A team of volunteers were putting up posters.
10	86	3	homeless	adj	ˈhəʊmləs	without a home	Thousands of people have been made homeless.
10	87	4	bite	v	baɪt	to use your teeth to cut, crush, or chew something	She bit into a croissant and took a sip of coffee.
10	87	4	contents	n	ˈkɒntents	[plural] the things that are inside a box, bag, room etc	Most of the gallery's contents were damaged in the fire.
10	87	4	cornflake	n	ˈkɔːnfleɪk	small flat piece of crushed corn, usually eaten at breakfast with milk	I usually have conrnflakes for breakfast.
10	87	4	cough up	phrasal v	ˈkɒf ʌp	to push something out of your throat or lungs into your mouth	You must go to the doctor if you're coughing up blood.
10	87	4	crazy	adj	ˈkreɪzi	very strange or not sensible	The neighbours must think we're crazy.
10	87	4	horrible	adj	hɒrəbəl	very bad – used, for example, about things you see, taste, or smell, or about the weather	The food looked horrible, but it tasted OK.
10	87	4	mineral	n	ˈmɪnərəl	a substance that is formed naturally in the earth, such as coal, salt, stone, or gold	The area is very rich in minerals.
10	87	4	perfume	n	ˈpɜːfjuːm	a liquid with a strong pleasant smell that women put on their skin or clothing to make themselves smell nice	She was wearing the perfume that he'd bought her.
10	87	4	rare	adj	reə	not seen or found very often, or not happening very often	This species of plant is becoming increasingly rare.
10	87	4	state	n	steɪt	one of the areas with limited law-making powers that together make up a country controlled by a central government, such as the US and Australia	Queensland is one of the states of Australia.
10	87	4	stomach	n	ˈstʌmək	the part of your body where food begins to be digested	I was so hungry my stomach hurt.
10	87	4	value	v	ˈvæljuː	to decide how much money something is worth, by comparing it with similar things	We decided to get the house valued.
10	87	4	whale	n	weɪl	a very large animal that lives in the sea	Many people are trying to save the whales from extinction.
10	87	5	touch	v	tʌtʃ	to put your hand, finger etc on someone or something	If your house has been burgled, you shouldn't touch anything until the police arrive.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
10	87	10	laser pointer	n	ˈleɪzə ˌpɔɪntə	a small piece of equipment that produces a laser beam, used by teachers and people who are giving talks in order to point at things on a map, board etc	The speaker used the laser pointer to show us the section of the chart.
10	87	10	view	v	vjuː	to think about something or someone in a particular way	It's an issue that can be viewed from several perspectives.
10	88	1	shopping centre	n	ˈʃɒpɪŋ ˌsentə	a group of shops together in one area, often in one large building	We can meet in the new cafe in the shopping centre.
10	88	2	by airmail	n	baɪ ˈeəmeɪl	letters and packages that are sent somewhere using a plane, or the system of doing this	Send the letter by airmail.
10	88	2	make an appointment	n	maɪk ən əˈpɔɪntmənt	arrange a meeting at an agreed time and place, for a particular purpose	I've made an appointment with the doctor for this afternoon.
10	88	2	beauty salon	n	ˈbjuːti ˌsælɒn	a place where you can receive treatments for your skin, hair, nails etc to make you look more attractive	Shall we go to the beauty salon this afternoon?
10	88	2	blow-dry	n	bləʊ draɪ	when someone dries hair and give it shape by using an electric hairdryer	I just want a cut and blow-dry.
10	88	2	chemist's	n	ˈkeməsts	(BrE) a shop where you can buy medicines, beauty products etc (AmE: pharmacy)	You can buy those things at the chemist's.
10	88	2	deposit	n	dɪˈpɒzət	a part of the cost of something you are buying that you pay some time before you pay the rest of it	A deposit of 10% is required.
10	88	2	dry cleaner's	n	ˌdraɪ ˈkliːnəz	a shop where you can take clothes etc to be cleaned with chemicals instead of water	Can you take this suit to the dry cleaner's for me, please?
10	88	2	medicine	n	ˈmedsən	a substance used for treating illness, especially a liquid you drink	Medicines should be kept out of the reach of children.
10	88	2	parcel	n	ˈpɑːsəl	an object that has been wrapped in paper or put in a special envelope, especially so that it can be sent by post	The parcel was delivered last week.
10	88	2	post office	n	ˈpəʊst ˌɒfɪs	a place where you can buy stamps, send letters and packages etc	I took the parcel to the post office.
10	88	2	sculpture	n	ˈskʌlptʃə	an object made out of stone, wood, clay etc by an artist	He bought a lovely sculpture of an elephant.
10	88	2	spray tan	n	ˈspreɪ tæn	a process in which someone is sprayed with a coloured substance so that their skin looks as if it has been turned brown by the sun	I'm going to have a spray tan before my holiday next week.
10	88	2	sweet	n	swiːt	(BrE) a small piece of sweet food made of sugar or chocolate (AmE: candy)	Eating sweets is bad for your teeth.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
10	88	2	throat	n	θrəʊt	the passage from the back of your mouth to the top of the tubes that go down the inside of yoru neck	The singer complained of a sore throat after Wednesday's show.
10	88	5	bargain	n	ˈbɑːgən	something you buy cheaply or for less than its usual price	There are no bargains in the clothes shops at the moment.
10	88	5	card	n	kɑːd	a piece of folded thick stiff paper with a picture on the front, that you send to people on special occasions	I forgot to send her a birthday card.
10	88	5	habit	n	ˈhæbət	something that you do regularly or usually, often without thinking about it because you have done it so many times before	Regular exercise is a good habit.
10	88	5	hunt	v	hʌnt	to look for someone or something very carefully	Detectives are busy hunting for clues.
10	88	5	quiz	n	kwɪz	a competition or game in which people have to answer questions	I get fed up with television quiz shows.
10	88	5	big spender	n	bɪg ˈspendə	someone who spends a lot of money	The new casino hopes to attract big spenders
10	88	5	takeaway	n	ˈteɪkəweɪ	a meal that you buy at a shop or restaurant to eat at home	Let's have a takeaway tonight.
10	89	2	appearance	n	əˈpɪərəns	the way someone or something looks to other people	He was always criticising his wife's appearance.
10	89	2	personal grooming	n	ˈpəːsənəl ˈgruːmɪŋ	the process of washing yourself and making yourself look good	The male personal grooming industry is much larger than it was ten years ago.
10	89	2	nail	n	neɪl	your nails are the hard smooth layers on the ends of your fingers and toes	She was having her nails done.
10	89	2	get ready	v phrase	get ˈredi	prepare for what you are going to do	Why does it take you so long to get ready to go out?
10	89	2	style	v	staɪl	to design clothing, furniture, or the shape of someone's hair in a particular way	She has her hair styled by Giorgio.
10	89	2	wax	v	wæks	if you wax your legs, arms etc, you remove the hair from them using wax	She has her legs waxed every four weeks.
10	89	6	fix	v	fɪks	to repair something that is broken or not working properly	He's outside fixing the brakes on the car.
10	89	6	gardener	n	ˈgɑːdnə	someone whose job is to work in gardens	Mr Jessop employs a full-time gardener.
10	89	6	grass	n	ɡrɑːs	a very common plant with thin leaves that covers the ground in fields and gardens and is often eaten by animals	Shall we have our picnic on the grass here?
10	89	6	suit	n	suːt	a set of clothes made of the same material, usually including a jacket with trousers or a skirt	She was wearing a black trouser suit.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
10	89	6	tailor	n	ˈteɪlə	someone whose job is to make men's clothes, that are measured to fit each customer perfectly	I took my trousers to the tailor to be repaired.
10	90	1	the sales	n	ðə seɪlz	(BrE) when all the shops have a sale	I picked up some real bargains in the January sales this year.
10	90	1	special offer	adj	ˈspeʃəl ɒfə	when something is sold at a lower price than usual	Don't miss our special offer - two t-shirts for the price of one!
10	90	1	wasted	adj	ˈweɪstəd	wasted food is food which has been left or not used	If food prices were higher, less would be wasted!
10	90	2	label	n	ˈleɪbəl	a piece of paper or another material that is attached to something and gives information about it, for example the ingredients, the designer or the washing instructions	It says 'Dry clean' on the label.
10	90	4	double	n	ˈdʌbəl	twice as big, twice as much, or twice as many as usual	The city was enclosed by walls of double thickness.
10	90	4	DVD	n	ˌdiː viː ˈdiː	a film stored on a disc; a type of computer disc that can store a large amount of information, sound, pictures, and video	The film is now out on video and DVD.
10	90	4	normally	adv	ˈnɔːməli	usually	The journey normally takes about two hours.
10	90	5	cause	v	kɔːz	to make something happen, especially something bad	Heavy traffic is causing delays on the motorway.
10	90	5	currently	adv	ˈkʌrəntli	at the present time	He is currently working on his first novel.
10	90	5	disabled	adj	dɪsˈeɪbəld	someone who is disabled cannot use a part of their body properly, or cannot learn easily	Disabled customers can use the lifts.
10	90	5	unavailable	adj	ˌʌnəˈveɪləbəl	not able to be obtained	Funding for the new school is unavailable.
10	90	5	wheelchair	n	ˈwiːltʃeə	a chair with wheels, used by people who cannot walk	He'll be in a wheelchair for the rest of his life.
10	91	5	existing	adj	ɪgˈzɪstɪŋ	present or being used now	The service is available to all existing customers.
10	91	5	non-returnable	adj	ˌnɒn-rɪˈtɜːnəbəl	a non-returnable amount of money cannot be paid back to you	Please send this form back with a non-returnable deposit of £60.
10	91	5	receipt	n	rɪˈsiːt	a piece of paper that you are given which shows that you have paid for something	Keep your receipt in case you want to bring it back.
10	91	5	refund	n	ˈriːfʌnd	an amount of money that is given back to you if you are not satisfied with the goods or services that you have paid for	They refused to give me a refund.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
10	91	5	webcam	n	ˈwebkæm	a video camera that broadcasts what it is filming on a website	There are webcams all around the zoo so you can log in and see the animals at any time.
10	91	6	science fiction	n	ˌsaɪəns ˈfɪkʃən	stories about events in the future which are affected by imaginary developments in science, for example about travelling in time or to other planets with life on them	Have you seen that new science fiction movie?
10	91	7	insist	v	ɪnˈsɪst	to demand that something should happen	He insisted I should take a taxi.
10	91	7	search	v	sɜːtʃ	to try to find someone or something by looking very carefully	It was too dark to search further.
10	92	1	gift	n	ɡɪft	something that you give someone, for example to thank them or because you like them, especially on a special occasion	The earrings were a gift from my aunt.
10	92	2	account	n	əˈkaʊnt	an arrangement that you have with a shop or company, which allows you to buy goods or use a service	You have to open an account to use the service.
10	92	2	cancel	v	ˈkænsəl	to decide that something that was officially planned will not happen	Our flight was cancelled.
10	92	2	original	adj	əˈrɪdʒɪnəl	existing or happening first, before other people or things	The land was returned to its original owner.
10	92	3	consider	v	kənˈsɪdə	to think about something carefully, especially before making a choice or decision	We are considering whether to change our advice to tourists.
10	92	4	I couldn't agree more	v phrase	aɪ ˈkʊdənt əˈgriː mɔː	if you couldn't agree more, you agree completely	That's right. I couldn't agree more.
10	93	6	diamond	n	ˈdaɪəmənd	a clear, very hard valuable stone, used in jewellery and in industry	He bought her a diamond engagement ring.
10	93	6	gold	adj	ɡəʊld	a valuable soft yellow metal that is used to make coins, jewellery etc. It is a chemical element: symbol Au	He always wore a gold ring on his little finger.
10	93	6	ring	n	rɪŋ	a piece of jewellery that you wear on your finger	I love your new diamond ring.
11	97	2	badly-behaved	adj	bædli bɪˈheɪvd	doing things that annoy or offend people	Residents have had enough of badly-behaved visitors.
11	97	2	brightly-lit	adj	braɪtli ˈlɪt	if something is brightly lit there is a lot of light around it	You can hike through the rainforests and admire the brightly-lit water as the sun rises.
11	97	2	living conditions	n	lɪvɪŋ kənˌdɪʃənz	the environment in which people live	The living conditions in the 1600s were apalling.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
11	97	2	well-controlled	adj	wel kənˈtrəʊl	if something is well controlled it happens in a way that you want and how you want it	They believe that well-controlled tourism can help improve living conditions in the area.
11	97	2	world-famous	adj	ˌwɜːldˈfeɪməs	known about by people all over the world	She's a world-famous opera singer.
11	97	2	local	adj	ˈləʊkəl	connected to the place where you are or the place that you are talking about	The hotel was fantastic and there were lots of local attractions.
11	97	2	twenty-minute	adj	twentiˈmɪnət	lasting for twenty minutes	It's just a twenty-minute bus ride to the centre of town.
11	97	2	polite	adj	pəˈlaɪt	speaking or behaving in a way that shows respect for other people	It is polite to say please and thank you.
11	97	2	play a role in	v phrase	pleɪ ə ˈroʊl ɪn	to be involved in (an activity or situation)	The company plays a major role in the world's economy.
11	97	2	rude	adj	ruːd	speaking or behaving in a way that is not polite	Don't be so rude to your mother!
11	97	2	eco-tourism	n	iːkəʊˌtʊərɪzəm	the business of organizing holidays in a way that will not hurt the environment	Eco-tourism is a rapidly growing industry.
11	97	2	wildlife	n	ˈwaɪldlaɪf	animals and plants growing in natural conditions	
11	97	5	well-behaved	adj	wel bɪˈheɪvd	polite and not causing trouble	My dog was really well-behaved at the vets this morning.
11	97	5	built-up	adj	bɪlt ʌp	a built-up area has a lot of buildings and not many open spaces	The council is trying to plant more trees in built-up areas.
11	97	5	energy-efficient	adj	ˌenədʒi əˈfɪʃənt	power that is used to provide heat, operate machines etc	The water is heated using energy from the sun.
11	97	5	hand-made	adj	hænd ˈmeɪd	made by a person and not a machine	The bookshop sells beautiful handmade cards.
11	97	5	one-way	adj	wʌn ˈweɪ	street: where cars can travel in only one direction; ticket: for travelling to a place, but not for coming back.	I bought a one-way ticket into town today because I'd like to walk home.
11	97	5	badly-paid	adj	ˌbædli ˈpeɪd	not earning much money	My brother has a badly-paid job in a theatre but he loves what he does so he's happy.
11	97	5	self-service	adj	self ˈsɜːvəs	a self-service restaurant, shop, garage etc is one where you get food, petrol etc for yourself before paying for it.	This is a self-service restaurant.
11	98	2	catch up with	phrasal v	kætʃ ˌʌp wɪθ	to spend time finding out what has been happening while you have been away or during the time you have not seen someone	It's good to catch up with friends
11	98	2	destination	n	ˌdestəˈneɪʃən,	the place that someone or something is going to	Maui is a popular tourist destination.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
11	98	2	end up	phrasal v	ˈend ʌp	to be in a particular situation, state, or place after a series of events, especially when you did not plan it	Whenever I diet, I always end up putting the wight back on.
11	98	2	get a good exchange rate	v phrase	ˌget ə ˌɡʊd ɪksˈtʃeɪndʒ reɪt	to get good value when changing the money of one country to the money of another country	I got a really good exchange rate so I can afford a slightly nicer hotel!
11	98	2	finalist	n	ˈfaɪnəl-əst	one of the people or teams that reaches the final game in a competition	She was one of the finalists on the X Factor last year.
11	98	2	guidebook	n	ˈɡaɪdbʊk	a book about a city, country etc	I've bought a guidebook so we know the best things to see in Australia.
11	98	2	look for	phrasal v	ˈlʊk fə	to try to find a particular kind of thing or person	We are looking for the best place to go shopping.
11	98	2	take a photo	v phrase	ˈteɪk ə ˈfoʊtoʊ	to capture an image of something using a camera	I've taken loads of photos this holiday!
11	98	2	pick (someone) up	phrasal v	ˈpɪk ʌp	to let someone get into your car, boat etc and take them somewhere	The driver picked me up from the airport.
11	98	2	publish a brochure	v phrase	ˌpʌblɪʃ ə ˈbrəʊʃə,	to create and make available a small publication advertising a place, product or service	The hotel we went to last year have just published their new brochure and there are some really good deals.
11	98	2	make a reservation	v phrase	ˌrezəˈveɪʃən	to make an arrangement so that a place in a hotel, restaurant, plane etc is kept for you at a particular time in the future	Customers are advised to make seat reservations well in advance.
11	98	2	get rid of	phrasal v	get ˈrɪd əv	if you get rid of something you throw it away or destroy it because you do not want it anymore	It’s time we got rid of all these old toys.
11	98	2	set (something) up	phrasal v	ˈset ʌp	to prepare the equipment that will be needed for an activity so that it is ready to be used	The next band was already setting up on the other stage.
11	98	2	set off	phrasal v	set ɔf	to leave and start going somewhere	We'd better set off before it gets dark.
11	98	2	sightseeing	n	ˈsaɪtˌsiːɪŋ	when you visit famous or interesting places, especially as tourists	She swam and sunbathed, went sightseeing, and relaxed.
11	98	2	snowless	adj	snəʊləs	without any snow	You can’t go skiing on a snowless mountain.
11	98	2	buy a souvenir	v phrase	ˌbaɪ ə suːvəˈnɪə	to buy an object to remind yourself of a special occasion or a place you have visited	I bought a model of the Eiffel Tower as a souvenir of Paris.
11	98	2	surroundings	n	səˈraʊndɪŋz	the objects, buildings, natural things etc that are around a person or thing at a particular time	I need to work in pleasant surroundings.
11	98	2	turn (something) into	phrasal v	tɜːn ɪntə	to become something different, or to make someone or something do this	The sofa turns into a bed.
11	98	2	unforgettable	adj	ˌʌnfəˈɡetəbəl	an unforgettable experience, sight etc affects you so strongly that you will never forget it, especially because it is particularly good or beautiful	A visit to Morocco is a truly unforgettable experience.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
11	98	5	absence	n	ˈæbsəns	when you are not in the place where people expect you to be, or the time that you are away	Ms Leighton will be in charge during my absence
11	99	3	climbing wall	n	ˈklaɪmɪŋ ˌwɔːl	a wall with holes and ledges where people can practice the sport of climbing	I've been training at the climbing wall for months and am nearly ready to try outdoor climbing.
11	99	3	preview	v	ˈpriːvjuː	an occasion when you can see a film, play, painting etc before it is shown to the public	We went to a preview of the new Star Wars film.
11	99	3	rental	n	ˈrentəl	money that you pay to use a car, television etc for a period of time	Ski rental is $14.
11	99	3	silly	adj	ˈsɪli	stupid in a childish or embarrassing way	I hate their parties – we always end up playing silly games.
11	99	3	snowboarding	n	ˈsnəʊbɔːdɪŋ	the sport of going down snow-covered hills on a snowboard	We usually go snowboarding in winter.
11	99	3	sore	adj	sɔː	a part of your body that is sore is painful, because of infection or because you have used a muscle too much	My arms are sore from all the lifting.
11	99	3	stuff	n	stʌf	used when talking about different activities, subjects, or ideas, when you do not say exactly what these are:	I've got so much stuff to do this weekend.
11	99	3	swing	v	swɪŋ	to move smoothly in a curved direction	A car swung into the driveway.
11	99	3	twist	v	twɪst	if you twist your ankle/wrist/knee, you hurt your wrist etc by pulling or turning it too suddenly while you are moving	Harriet slipped on the stairs and twisted her ankle.
11	100	1	frighten	v	ˈfraɪtn	to make someone feel afraid	Computers used to frighten me, but not now.
11	100	2	blame	v	bleɪm	to say or think that someone or something is responsible for something bad	The report blames poor safety standards for the accident.
11	100	2	conference	n	ˈkɒnfərəns	a large formal meeting where a lot of people discuss important matters such as business, politics, or science, especially for several days	Representatives from over 100 countries attended the International Peace Conference in Geneva.
11	100	2	conserve	v	kənˈsɜːv	to protect something and prevent it from changing or being damaged	We must conserve our woodlands for future generations.
11	100	2	die out	phrasal v	ˈdaɪ aʊt	to disappear or stop existing completely	The wild population of koalas is in danger of dying out.
11	100	2	human	n	ˈhjuːmən	a person	Many animals have died out because of humans.
11	100	2	panda	n	pændə	a large black and white animal that looks like a bear and lives in the mountains of China	They went to see the pandas in the zoo.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
11	100	2	protect	v	prəˈtekt	to keep someone or something safe from harm, damage, or illness	Are we doing enough to protect the environment?
11	100	5	talk rubbish	n	tɔːk ˈrʌbɪʃ	an idea, statement, etc that is rubbish is silly or wrong and does not deserve serious attention	You do talk rubbish sometimes.
11	101	4	pattern	n	ˈpætən	a regularly repeated arrangement of shapes, colours, or lines on a surface, usually as decoration	I like the patterns on a giraffe has on its skin.
11	102	2	oil	n	ɔɪl	a thick dark liquid from under the ground, used to make petrol	Texas was built on money from the oil industry.
11	102	2	run out	phrasal v	ˈrʌn aʊt	to use all of something and not have any more left	They ran out of money and had to abandon the project.
11	102	2	tax	n	tæks	an amount of money that you must pay to the government according to your income, property, goods etc and that is used to pay for public services	He already pays 40% tax on his income.
11	102	2	throw away	phrasal v	ˈthrəʊ əˈweɪ	to get rid of something that you do not want or need	The average household throws away 25% of all the food they buy.
11	102	2	wage	n	weɪdʒ	the money that someone recieves as payment for working	He earns a good wage.
11	102	5	obvious	adj	ˈɒbviəs	easy to notice or understand	It was obvious that Gina was lying.
11	102	5	planet	n	ˈplænət	a very large round object in space that moves around the Sun or another star	Mercury is the smallest of all the planets.
11	102	5	solution	n	səˈluːʃən	a way of solving a problem or dealing with a difficult situation	There are no simple solutions to the problem of overpopulation.
11	103	3	atmosphere	n	ˈætməsfɪə	the feeling that an event or place gives you	The hotel had a lovely relaxed atmosphere.
11	103	3	carnival	n	ˈkɑːnəvəl	a public event at which people play music, wear special clothes, and dance in the streets:	The town has a carnival every year.
12	104	2	discomfort	n	dɪsˈkʌmfət	a feeling of slight pain or of being physically uncomfortable:	If the exercise causes discomfort, stop immediately.
12	104	2	magnet	n	ˈmægnət	a piece of iron or steel that can stick to metal or make other metal objects move towards itself	Liew Thow Lin is a human magnet.
12	104	2	metal	n	ˈmetl	a hard, usually shiny substance such as iron, gold, or steel	The gate is made of metal.
12	104	2	power	n	ˈpaʊə	a natural or special ability to do something	He uses the power of his mind to control his body.
12	104	2	stick to	v	stɪk	to attach something to something else using a substance, or to become attached to a surface	I could feel my shirt sticking to my back.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
12	104	2	superhuman	adj	ˌsuːpəˈhjuːmən	much greater than ordinary human powers or abilities	It seems that the man had superhuman powers.
12	104	2	wire	n	waɪə	a piece of metal like this, used for carrying electrical currents or signals	Ma Xiangang can create electricity by holding two wires in his hands.
12	105	5	chain	n	tʃeɪn	a line of metal rings connected together	My bibycle chain has come off.
12	105	5	hidden	adj	ˈhɪdn	difficult to see or find	There are cameras hidden in the bushes so the animals can't see them.
12	105	8	bend	v	bend	to change the shape of something so that it is not straight	You need a special tool to bend the steel.
12	105	8	face-to-face	adj	ˌfeɪs tə ˌfeɪs	a face-to-face meeting, conversation etc is one where you are with another person and talking to them	I prefer face-to-face meetings to phone calls.
12	105	8	lock (someone) out	phrasal v	lɔkt aʊt	to prevent someone from entering a place by locking the door.	I left my keys on the table and locked my self out of my house!
12	105	8	squeeze	v	skwiːz	to press something firmly together with your fingers or hand	She smiled as he squeezed her hand.
12	106	1	danger	n	ˈdeɪndʒə	the possibility that someone or something will be harmed, destroyed, or killed	The danger of a fire in the home increases during the holidays.
12	106	1	extreme	adj	ɪkˈstriːm	very unusual and severe or serious	He loves doing extreme sports.
12	106	3	brain	n	breɪn	[countable] the organ inside your head that controls how you think, feel, and move	Messages from the brain are carried by the central nervous system.
12	106	3	delighted	adj	dɪˈlaɪtəd	very pleased and happy	Sandy will be delighted to see you.
12	106	3	downhill	adv	ˌdaʊnˈhɪl	towards the bottom of a hill or towards lower land	I was going downhill and my brakes failed.
12	106	3	poisonous	adj	ˈpɔɪzənəs	containing poison or producing poison	Some mushrooms are extremely poisonous.
12	106	3	spider	n	ˈspaɪdə	a small creature with eight legs, which catches insects using a fine network of sticky threads	Jane is frightened of spiders.
12	106	3	survival	n	səˈvaɪvəl	the state of continuing to live or exist	The doctors gave him a one in ten chance of survival.
12	106	5	shallow	adj	ˈʃæləʊ	not deep; measuring only a short distance from the top to the bottom	The lake is quite shallow.
12	106	7	machinery	n	məˈʃiːnəri	machines, especially large ones	The use of heavy machinery has damaged the site.
12	106	7	safety	n	ˈseɪfti	when someone or something is safe from danger or harm	We were able to watch the lions in complete safety.
12	106	7	sensible	adj	ˈsensəbəl	reasonable, practical, and showing good judgement	She seems very sensible.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
12	106	7	sound	n	saʊnd	something that you hear, or what can be heard	There were strange sounds coming from the next room.
12	106	7	warning	n	ˈwɔːnɪŋ	something, especially a statement, that tells you that something bad, dangerous, or annoying might happen so that you can be ready or avoid it	There was a flood warning on the news last night.
12	106	photo	alert	n	əˈlɜːt	a warning to be ready for possible danger	The bomb alert was raised soon after midnight.
12	107	7	pedestrian	n	pəˈdestriən	someone who is walking, especially along a street or other place used by cars	The centre of town is now only for pedestrians.
12	107	7	railway	n	ˈreɪlweɪ	a system of tracks along which trains run, or a system of trains	The railway company belongs to the government.
12	107	7	remember	v	rɪˈmembə	to have a picture or idea in your mind of people, events, places etc from the past	I can't remember her exact words.
12	107	7	remind	v	rɪˈmaɪnd	to make someone remember something that they must do:	Remind me to buy some milk tonight.
12	107	7	track	n	træk	the two metal lines along which trains travel	It's dangerous to walk along railway tracks.
12	107	7	travel	v	ˈtrævəl	to go from one place to another, or to several places, especially ones that are far away	We're planning to travel across America this summer.
12	107	7	voyage	n	ˈvɔɪjɪdʒ	a journey in a ship or spacecraft	The voyage from England to India used to take six months.
12	108	2	go clubbing	n	ˈklʌbɪŋ	the activity of going to nightclubs	She always goes clubbing when she's in New York.
12	108	2	outsider	n	aʊtˈsaɪdə	someone who is not from a particular area or accepted as a member of a particular social group	I'm an outsider, the only foreign woman in the group.
12	108	2	sandy beaches	adj	ˈsændi beːtʃɪz	beaches which are covered with sand, often used to describe beautiful coastlines	The holiday resort was amazing with sandy beaches and palm trees everywhere.
12	108	2	steep	adj	stiːp	(mountain) going up or down at a shart angle	The cottage was at the top of a steep mountain track.
12	108	3	local	n	ˈləʊkəl	someone who lives in the place where you are or the place that you are talking about	about: We asked one of the locals to recommend a restaurant.
12	110	2	enter (a competition)	v	ˈentə	to arrange to take part in a race, competition, examination etc, or to arrange for someone else to take part	At least 30 schools entered the competition.
12	110	2	injury	n	ˈɪndʒərɪ	damage to part of yoru body that you get in an accident or attack	She was taken to hospital with serious head injuries

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
12	110	2	newcomer	n	ˈnjuːkʌmə	someone who has recently arrived somewhere or recently started doing an activity	I'm still a realtive newcomer to teaching.
12	110	2	rope	n	roʊp	very strong thick string	He tied the dog to a tree with a long rope.
12	110	4	do athletics	n	æθˈletɪks,	sports such as running and jumping	She hopes to take part in the athletics competition.
12	110	4	(play) baseball	n	ˈbeɪsbɔːl	an outdoor game between two teams of nine players, in which players try to get points by hitting a ball and running around four bases	He loves playing baseball.
12	110	4	(play) basketball	n	ˈbɑːskətbɔːl	a game played indoors between two teams of five players, in which each team tries to win points by throwing a ball through a net	Basketball is very popular in the USA.
12	110	4	(go) dancing	n	ˈdɑːnsɪŋ	the activity of moving your feet and body in a away that matches the style and speed of music	We're going dancing tonight, do you want to come?
12	110	4	experienced	adj	ɪkˈspɪəriənst	possessing skills or knowledge because you have done something often or for a long time	She is experienced and self-assured.
12	110	4	(go) fishing	n	ˈfɪʃɪŋ	the sport or business of catching fish	Fishing is one of his hobbies.
12	110	4	fitness	n	ˈfɪtnəs	when you are healthy and strong enough to do hard work or play sports	Running marathons requires a high level of physical fitness.
12	110	4	(play) golf	n	ɡɒlf	a game in which the players hit a small white ball into holes in the ground with a set of golf clubs, using as few hits as possible	He always plays golf on Sundays.
12	110	4	(do) gymnastics	n	dʒɪmˈnæstɪks	a sport involving physical exercises and movements that need skill, strength, and control, and that are often performed in competitions	We don't do gymnastics at school.
12	110	4	(play) hockey	n	ˈhɒki	a game played on grass by two teams of 11 players, with sticks and a ball	Did you play hockey at school?
12	110	4	(go) horse-riding	n	ˈhɔːsˌraɪdɪŋ	the activity of riding horses	She used to go horse-riding when she was younger.
12	110	4	instructor	n	ɪnˈstrʌktə	someone who teaches a sport or practical skill	My father is a driving instructor.
12	110	4	(go) jogging	n	ˈdʒɒɡɪŋ	the activity of running slowly and steadily as a way of exercising	He goes jogging every morning before work.
12	110	4	join in	phrasal v	ˈdʒɔɪn ɪn	to take part in something that a group of people are doing or that someone else does	In the evening there was a barbecue, with the whole village joining in the fun.
12	110	4	(do) karate	n	kəˈrɑːti	a Japanese fighting sport, in which you use your feet and hands to hit and kick	My brother is a karate champion.
12	110	4	take part in	v	pɑːt	to be involved in an activity, sport, event etc with other people	About 400 students took part in the protest.

Gold Preliminary Wordlist

Unit	Page	Act.	Word or phrase	Part of Speech	Pron	Definition	Example sentence
12	110	4	practice	n	ˈpræktəs	the act of doing an activity, often regularly, in order to improve your skill or to prepare for a test	She goes straight to band practice after school every Tuesday.
12	110	4	practise	v	ˈpræktəs	to do an activity, often regularly, in order to improve your skill or to prepare for a test	They moved the furniture back to practise their dance routine.
12	110	4	(play) rugby	n	ˈrʌgbi	an outdoor game played by two teams with an oval (=egg-shaped) ball that you kick or carry	We always watch the rugby matches on TV.
12	110	4	(go) sailing	n	ˈseɪlɪŋ	the sport or activity of travelling in or directing a small boat with sails	Bud has invited us to go sailing this weekend.
12	110	4	(play) squash	n	skwɒʃ	a game played by two people who use rackets to hit a small rubber ball against the walls of a square court	He usually plays squash with his brother at the weekend.
12	110	4	(play) table tennis	n	ˈteɪbəlˌtenəs	an indoor game played on a table by two or four players who hit a small plastic ball to each other across a net	The Chinese are very good at table tennis.
12	110	4	train	v	treɪn	to teach someone the skills of a particular job or activity, or to be taught these skills	She’s training to be a doctor.
12	110	4	(do) yoga	n	ˈjəʊgə	a system of exercises that help you control your mind and body in order to relax	The village hall holds yoga classes three times a week.
12	111	1	(go) cycling	n	ˈsaɪklɪŋ	the activity of riding a bicycle	Cycling is very healthy and also good for the environment.
12	111	1	(row / go) rowing	n	ˈrəʊɪŋ	the sport or activity of making a boat move through water with oars	He was in the Olympic rowing team.
12	111	3	calorie	n	ˈkæləri	a unit for measuring the amount of energy that food will produce	A potato has about 90 calories.
12	111	3	demanding	adj	dɪˈmɑːndɪŋ	needing a lot of ability, effort, or skill	He's got a very demanding job.
12	111	3	heartbeat	n	ˈhɑːtbiːt	the action or sound of your heart as it pumps blood through your body	His heartbeat was only 28 beats a minute.
12	123	2	brush (something) off	phrasal v	brʌʃ ɔf	to remove something with a brush or your hand	She brushed the crumbs off her skirt.
12	123	2	stand still	v phrase	stænd stɪl	not move	Stand still while I take your photo.
12	123	2	survive	v	səˈvaɪv	to continue to live after an accident, war, illness etc	They may not survive the winter.