



Worksheet A

Healthy food/drink:

1 _____

2 _____

3 _____

4 _____

5 _____

Food/Drink I don't like:

1 _____

2 _____

3 _____

Food/Drink popular in my country:

1 _____

2 _____

3 _____

Sweet food/drink:

1 _____

2 _____

3 _____

For breakfast in my country, we usually eat/drink:

1 _____

2 _____

3 _____

Worksheet B

Unhealthy food/drink:

1 _____

2 _____

3 _____

4 _____

5 _____

Food/Drink I like:

1 _____

2 _____

3 _____

Food/Drink not popular in my country:

1 _____

2 _____

3 _____

Savoury food/drink:

1 _____

2 _____

3 _____

For breakfast in my country, we don't usually eat/drink:

1 _____

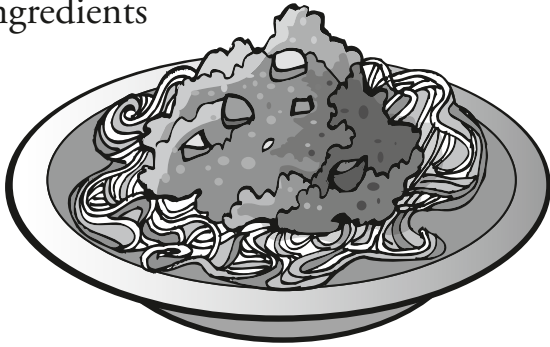
2 _____

3 _____



Spaghetti Bolognese

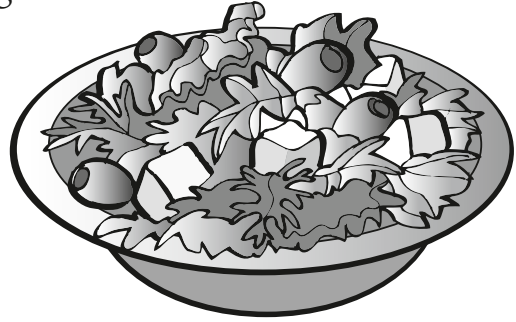
Ingredients



an _____ some _____
 some _____ some _____
 some _____ some _____
 some _____

Greek Salad

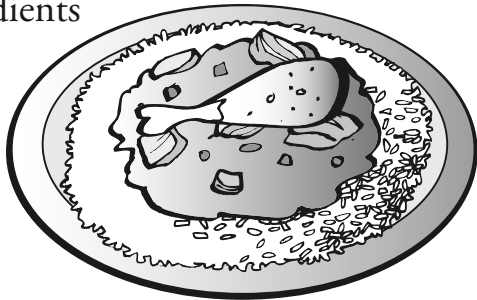
Ingredients



a _____ some _____
 some _____ some _____
 some _____
 a _____

Chicken Curry

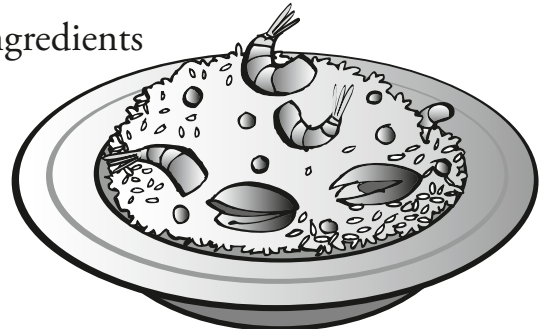
Ingredients



an _____ some _____
 some _____ some _____
 and _____ some _____
 some _____

Prawn Paella

Ingredients



an _____ some _____
 some _____ some _____
 some _____ some _____
 some _____ some _____
 and _____

onion(s)	tomato(es)	herbs	spices	oil	garlic
beef	pasta (Spaghetti)	potato(es)	chicken	rice	cucumber
olives	cheese (Feta)	stock	a lettuce	coconut milk	prawns



<p>a jar of jam</p> <p>Calories: <i>quite a lot</i></p> <p>Salt: <i>not much</i></p> <p>Carbohydrates: <i>a lot</i></p> <p>Saturated fat: <i>not much</i></p> <p>Sugar: <i>quite a lot</i></p>	<p>an avocado</p> <p>Calories: <i>quite a lot</i></p> <p>Salt: <i>none</i></p> <p>Carbohydrates: <i>not many</i></p> <p>Saturated fat: <i>a lot</i></p> <p>Sugar: <i>none</i></p>	<p>a bag of rice</p> <p>Calories: <i>not many</i></p> <p>Salt: <i>none</i></p> <p>Carbohydrates: <i>a lot</i></p> <p>Saturated fat: <i>not much</i></p> <p>Sugar: <i>none</i></p>	<p>a packet of crisps</p> <p>Calories: <i>a lot</i></p> <p>Salt: <i>none</i></p> <p>Carbohydrates: <i>quite a lot</i></p> <p>Saturated fat: <i>quite a lot</i></p> <p>Sugar: <i>not much</i></p>
<p>a mug of black coffee (no sugar)</p> <p>Calories: <i>not many</i></p> <p>Salt: <i>none</i></p> <p>Carbohydrates: <i>not many</i></p> <p>Saturated fat: <i>none</i></p> <p>Sugar: <i>none</i></p>	<p>a bar of chocolate</p> <p>Calories: <i>lots</i></p> <p>Salt: <i>not much</i></p> <p>Carbohydrates: <i>a lot</i></p> <p>Saturated fat: <i>quite a lot</i></p> <p>Sugar: <i>a lot</i></p>	<p>a can of baked beans</p> <p>Calories: <i>not many</i></p> <p>Salt: <i>not much</i></p> <p>Carbohydrates: <i>not many</i></p> <p>Saturated fat: <i>none</i></p> <p>Sugar: <i>not much</i></p>	<p>a carton of orange juice</p> <p>Calories: <i>not many</i></p> <p>Salt: <i>none</i></p> <p>Carbohydrates: <i>not many</i></p> <p>Saturated fat: <i>none</i></p> <p>Sugar: <i>quite a lot</i></p>



	a jar of jam	an avocado	a bag of rice	a packet of crisps	a mug of coffee (no sugar)	a bar of chocolate	a can of baked beans	a carton of orange juice
Calories								
Salt								
Carbohydrates								
Saturated fat								
Sugar								

RESTAURANT

Starter

Price

1 _____

Description: _____

2 _____

Description: _____

Main Course

1 _____

Description: _____

2 _____

Description: _____

3 _____

Description: _____

Dessert

1 _____

Description: _____

2 _____

Description: _____

Drinks

1 _____

2 _____

3 _____